



High School Blue Team Spring-Summer 2022 Season

Building Better Athletes since 2013

What's Included:

(16) Team Practices Mon or Tues 3/21 - 5/24 then 6/27 - 7/19
Up to (37) Pre-Hab Strength Sessions (Avail most M/W/TH)
Up to (32) Skills & Shooting Sessions Avail most W/TH/F except June
(12) Events (Including 2 NCAA Exposure Events)
(1) Weekend Open Gym at the Factory
Weekly Speed Training on our Wall Mounted Resistance System
Paid Coaches + Coaches Travel Expenses

Schedule:

3/26 - 3/27 **Training Camp** – at the Factory
4/3 **Open Gym** at The Factory
4/9 - 4/10 **Michigan Invitational**– Brighton, MI
4/22 - 4/24 **Attack the Rack**- Brighton, MI
4/29 - 5/1 **The May Event** – Mt Pleasant, MI
5/7 - 5/8 **The Cagers Invitational** – Swartz Creek, MI
5/14 - 5/15 **Grassroots Queen of the Rock** – Toledo, OH
5/20 - 5/22 **LBI May Madness (NCAA)** – Brighton, MI
5/28 - 5/29 **Grassroots Memorial Day Classic** – Warsaw, IN
6/12 **West MI Drive / MI Mystics / Factory** – Flint, MI
6/30 **Tune-up games vs Mystics** – Clio, MI
7/5 - 7/9 **USJN Premier Showcase (NCAA)** – Indianapolis, IN
7/17 **Mystics / Factory Showdown** – Clio, MI
7/21-7/22 **The Midwest Showdown** – Brighton, MI

Cost:

\$1145 per player

Uniforms (if needed) **\$150** for 2 uniforms.