



Spring/Summer Safety Protocol

Our Investments in Health and Safety:

- All Players and Coaches will receive CDC Approved Washable Cotton Masks
- All Players will receive a set of TheraBand Exercise Bands for their individual use
- We have purchased Hand Sanitizer Dispensers
- We have invested in additional RGF Units that kill all Viruses, Bacteria, Mold, Mildew, Allergens, etc. in the air and on surfaces in our facility
- An Infrared Digital Forehead Thermometer

Our Safety Protocols:

- 3 RGF units (2 in gym and 1 in the strength area and team room) running 24/7 to kill viruses in the air and on surfaces
- Adjusting our practice schedule to reduce the number of people in the gym at one time
- Parents and siblings will not be allowed in the facility during practice to reduce # of people
- Any players or coaches who are sick or are living with someone sick **MUST** stay home
- Players will arrive wearing athletic shoes appropriate for outdoor running, and bring indoor basketball shoes. Please do not arrive wearing slippers, crocs, or sandals.
- Each Player, Coach or Volunteer Parent entering the facility will be required to wear a mask
- Additional Masks will be available for purchase at the front desk for anyone missing a mask
- Everyone entering the facility will sanitize hands at the door
- Players will proceed directly to the team room to change shoes
- Players will sanitize hands before entering the gym or strength area
- Players will check in at the front desk for attendance and will have temperature taken
- Anyone displaying a fever will not be allowed to practice
- Water bottles and drinking fountain use will not be allowed.
- We will have pre-filled disposable paper cups of water ready at water breaks that will be filled by one parent volunteer observing safety protocols.
- Players will take drink breaks in small groups, and will throw out cups after use
- Players will put masks back on, and sanitize hands before re-entering the gym or strength area
- Players will do outdoor conditioning drills/running as part of their Practice/Strength times to reduce time indoors and in close proximity while running. Masks not required outdoors.
- We will limit the number of basketballs used during practice and will wipe down balls after each practice.
- Benches, door knobs, equipment wiped down after each practice.
- During Scrimmages attendance will be limited to college coaches at older ages, and to 1 parent at younger ages to limit the number of people gathered.
- We are working on streaming practices and games for parents and coaches.
- Any other team coming to our facility to scrimmage must abide by these safety protocols