

# **Boys Basketball**

## **Heritage Basketball Philosophy**

#### How do we win?

- Skill Development- Shooting, Position moves, weights, agility
- Attitude
- Character
- Team Chemistry
- Buy in to what we are doing this summer and next fall

#### **Heritage Basketball Culture**

- We all share the same attitude, values, and goals for basketball
- Have Pride in your school, in your team, and in yourself
- Work to become a better person
  - Stand for what is right, even when not being watched
  - Are you accountable?
    - Reflective
    - Communicates
    - Work Ethic

#### Are you coachable?

- Make eye contact when spoken to
- Listen
- Can you compete?
- Can you apply what you learn?
- Do you have a positive attitude?

#### **Team Work**

- For the good of the program
- Do the little things
- In difficult situations, can you succeed?
- Can you cheer for your teammates in times of success especially when you are struggling?
- Accept your role

<sup>\*</sup> Basketball will end one day, but how did it help you grow as a person?

### **Negatives**

- Poor Behavior
- Moody/Bad body language/nonverbal communication
- Disrespect- Teammates and coaches
- Grades
- Work Ethic
- Not open to change
- Lack of follow through- Communication and deadlines

As I make difficult decisions on what our team looks like at the end of the summer and next winter, these beliefs will guide those decisions. Moving up a level, getting cut, or becoming a starter, it all begins now.

What History will we make in the following months?