



# Jefferson Jr. Bears Basketball League



## Objective:

To help teach the game of basketball to young boys and girls in grades 1-6 using fundamentals and proper technique.

Participants will be given four hours of instruction before being divided up into teams. Teams will be chosen by grade and skill level. Attempts will be made to divide teams up evenly, so the games will be competitive. All division teams will be given an opportunity to play against each other in a round robin pool play format.

-The first two weeks will be instructional (Dec. 7 and Dec. 14 from 9-11 a.m.). Fundamentals and proper technique will be emphasized.

-Participants will be drafted into teams over Christmas break.

-Please check the Jr. Bears website for team rosters ([www.htosports.com/jrbears](http://www.htosports.com/jrbears)) during Christmas break to see what team your participant is on. Players may be asked to switch teams after the first couple of weeks to level the playing field and make games competitive.

-Five weeks of pool play beginning on Jan. 4<sup>th</sup>.

-Single elimination tournament on Feb. 8<sup>th</sup>.

-Each participant will be given a game schedule at their first game on Jan. 4<sup>th</sup>. Reversible jerseys will be provided (included in cost to participate).

-Varsity and JV boys' and girls' basketball players will help coach the teams and run the game clocks. The Jefferson boys and girls basketball staffs will officiate all games.

-Parent volunteer coaches are needed, if interested please contact Coach Hand or Coach Parran

## Game Rules:

-Four 6-minute (running clock) quarters. Clock stops in the last minute of the second half only.

-Overtime will consist in the manner of sudden death. (The first team to score in overtime will be declared the **winner**).

-Common and shooting fouls will be called.

-Common fouls in the last minute of the 4<sup>th</sup> quarter and all of overtime will be shot as one and one.

-Half court man to man defense only. No double teaming is allowed. Pressing will only be allowed in the last minute of the 4<sup>th</sup> quarter.

-Halftime shall consist of three minutes.

-SPORTSMANSHIP and TEAMWORK will be emphasized.

## Entry Fee:

Jefferson District Participant - \$50

\*discounts given to families with two or more participants and to families with hardships. Deadline to Register is December 6<sup>th</sup>. You may register by mailing this form with payment or online through the Dash program on the Jefferson Recreation Center website. **Please make checks payable to Jefferson Schools**

Stay in the loop by signing up to get Jr. Bear messages by using Remind101. To receive text messages, text the message @cbabhd to the number 81010. If you're having trouble with 81010, try texting @cbabhd to (734) 237-1352. Or open your web browser and go to the following link: [rmd.at/cbabhd](http://rmd.at/cbabhd). Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app

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**Detach and Mail to: Jefferson Rec Center - 5707 Williams Rd. Newport, MI 48166 Attn: Alyssa Eppler**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_

Shirt Size: YS, YM, YL, S, M, L, XL **(Circle One)**

Parent/Guardian Name: \_\_\_\_\_ Email: \_\_\_\_\_ Cell: \_\_\_\_\_

**\*If you are interesting in coaching at team please contact Coach Hand or Coach Parran.\***

**I acknowledge and understand that with participation in this basketball league, the possibility exists that my son/daughter may sustain physical injury. I indemnify and hold harmless Jefferson Schools, Coach Doug Hand, Coach Bryan Parran and their staffs, Jefferson Athletic Department, the volunteer staff, and other league participants and their representatives from any claim of personal injury that my son/daughter may sustain during the league. League fee is nonrefundable.**

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Questions? Please contact the following:**  
Doug Hand - Boys' Varsity Basketball Coach  
(734)755-8984 (cell) or [coach\\_hand@yahoo.com](mailto:coach_hand@yahoo.com)