



# St. Louis Suburban Public High School Athletic and Activities Association

## 2023-24 Suburban Yellow Pool All-Conference

*1st Team:* **Brody Owen**

*2nd Team:* **Alex Komorech**

*Honorable Mention:* **Kieran Burnett**

*Sportsmanship Award:* **Kieran Burnett**

## 2022-23 Suburban Yellow Pool All-Conference

*1st Team:* **Owen Walter**

*2nd Team:* **DJ Mays**

*Honorable Mention:* **Jack Ahlbrand**  
**Brody Owen**

*Sportsmanship Award:* **Anthony Rolando**

## 2021-22 Suburban Yellow Pool All-Conference

*1st Team:* **Andrew Young**

*Honorable Mention:* **Jack Ahlbrand**  
**Max Harris**

*Sportsmanship Award:* **Jason Holmes**

## 2020-21 Suburban Yellow Pool All-Conference

*1st Team:* **Owen Marsh**

*Honorable Mention:* **Hunter Hacala**  
**Andrew Young**  
**Cade Woodfin**  
**Carlos Bell**  
**Max Harris**

*Sportsmanship Award:* **Isaiah Skinner**



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## 2019-2020 Suburban Yellow Pool All-Conference

*1st Team:* Owen Marsh

*2nd Team:* Brendan Harter

*Honorable Mention:* Hunter Hacala  
Cade Woodfin  
Josh Merz  
Anthony Caldwell  
Cole Petch

*Newcomer of the Year:* Anthony Caldwell

*Sportsmanship Award:* Josh Merz

## 2018-2019 Suburban Yellow Pool All-Conference

*Player of the Year:* Jason Montgomery

*1st Team:* Jalen White

*2nd Team:* Ilyaas Harris

*Honorable Mention:* Devon Barshow  
Ethan Jenkins  
Jeremiah Jennings  
Josh Merz  
Jake Hansen

*All-Defensive Team - Post:* Josh Merz

*All-Defensive Team - Perimeter:* Jeremiah Jennings

*Newcomer of the Year:* Devon Barshow

*Sportsmanship Award:* Ross Matzen

*Coach of the Year:* Eric Schweain



### 2017-18 Suburban West All-Conference

*Player of the Year:* **Jason Montgomery**

*1st Team:* **Max Jennings**

*All-Defensive Team:* **Robby Mills**

*Honorable Mention:* **Isaac Schweain**  
**Tyler Sieli**  
**Jake Merz**

### 2016-17 Suburban West All-Conference

*1st Team:* **Nick Bulanda**

*All-Defensive Team:* **Jake Merz**

*Honorable Mention:* **Jason Montgomery**  
**Alex DiSanza**

### 2015-16 Suburban West All-Conference

*Player of the Year:* **Jason Powers**

*1st Team:* **Nick Bulanda**

*All-Defensive Team:* **Andrew Branstetter**

*Honorable Mention:* **Jack Eggmann**

### 2014-15 Suburban West All-Conference

*1st Team:* **Sean McCracken**

*2nd Team:* **Jason Powers**

*All-Defensive Team:* **Spencer Osterman**

*Honorable Mention:* **Jack Matzen**

### 2013-14 Suburban West All-Conference

*2nd Team:* **Brooks Gerrity**

*3rd Team:* **Sean McCracken**

*All-Defensive Team:* **Spencer Osterman**

*Honorable Mention:* **Jason Powers**  
**Jack Matzen**



### 2012-13 Suburban West All-Conference

*Player of the Year:* **Matt Hink**

*2nd Team:* **Brooks Gerrity**

*All-Defensive Team:* **Dillon Jones**

*Honorable Mention:* **Dillon Jones**  
**Chris Lenzen**  
**Tanner Stabenow**

### 2011-12 Suburban West All-Conference

*Player of the Year:* **Ryan Rosburg**

*All-Defensive Team:* **Mitch Cox**

*Honorable Mention:* **Mitch Cox**  
**Dillon Jones**  
**Brooks Gerrity**

### 2010-11 Suburban West All-Conference

*1st Team:* **Ryan Rosburg**

*All-Defensive Team:* **Garrett Roberts**

*Honorable Mention:* **Lanard Williams**

### 2009-10 Suburban West All-Conference

*1st Team:* **Ryan Rosburg**  
**Jordan Jones**

*All-Defensive Team:* **Ryan Rosburg**

*Honorable Mention:* **Kevin Riganti**  
**Martavian Payne**

### 2008-09 Suburban West All-Conference

*1st Team:* **Ryan Rosburg**

*2nd Team:* **Garrett Snead**

*All-Defensive Team:* **Jake Dobkins**

*Honorable Mention:* **PJ Stanley**



### 2007-08 Suburban West All-Conference

*1st Team:* **Andy Rosburg**  
**Chad Haley**

*2nd Team:* **Ky McKeon**

*All-Defensive Team:* **D'Angelo Wood**

*Honorable Mention:* **Eric Phillips**  
**Chris Rosehill**  
**D'Angelo Wood**

### 2006-07 Suburban West All-Conference

*1st Team:* **Andy Rosburg**

*2nd Team:* **Tom Ahlborn**

*Honorable Mention:* **Karlos Washington**  
**Chad Haley**  
**Will Carpenter**

### 2005-06 Suburban West All-Conference

*1st Team:* **Tom Ahlborn**

*2nd Team:* **Andy Rosburg**  
**Tom Blake**

*Honorable Mention:* **Demetrius Davis**  
**Paul Douglass**  
**Jason Lewis**

### 2004-05 Suburban West All-Conference

*1st Team:* **Steve Young**  
**Jason Lewis**

*2nd Team:* **Matt Smith**

*Honorable Mention:* **Paul Douglass**  
**Tom Blake**

### 2003-04 Suburban West All-Conference

*1st Team:* **Steve Young**

*2nd Team:* **Matt Smith**  
**Deonte Cox**

*Honorable Mention:* **Ryan Hayes**  
**Pete Burla**



### 2002-03 Suburban West All-Conference

*1st Team:* **Tim Fahrenhorst**

*2nd Team:* **Ryan Hayes**

*Honorable Mention:* **Garrett Bracken**  
**Deonte Cox**  
**Kyle Elliott**

### 2001-02 Suburban West All-Conference

*Player of the Year:* **Troy Slaten**

*2nd Team:* **Mark Kelly**  
**Tim Fahrenhorst**

*Honorable Mention:* **EJ Basta**  
**Jon Jordan**

### 2000-01 Suburban West All-Conference

*Player of the Year:* **Troy Slaten**

*1st Team:* **Tom Fahrenhorst**

*2nd Team:* **Craig Zumwinkel**

*Honorable Mention:* **Jon Jordan**  
**Mark Kelly**

### 1999-2000 Suburban West All-Conference

*1st Team:* **Troy Slaten**

*2nd Team:* **Matt Rothe**  
**Tom Fahrenhorst**

### 1998-99 Suburban West All-Conference

*1st Team:* **Rob Jeschke**

*2nd Team:* **Jared Polak**

*Honorable Mention:* **Troy Slaten**



### 1997-98 Suburban West All-Conference

*1st Team:* OJ Mills  
Jon Freeman

*2nd Team:* Ken Droege  
Rob Niemeyer

*Honorable Mention:* Pat Ricke

### 1996-97 Suburban West All-Conference

*1st Team:* OJ Mills

*2nd Team:* Tyrone Dennis  
Jon Freeman

*Honorable Mention:* Ken Droege

### 1995-96 Suburban West All-Conference

*Player of the Year:* John Redden

*1st Team:* Cory Roper

*2nd Team:* Steve Johanson  
Tyrone Dennis

*Honorable Mention:* Gavin Freeman  
Aron Rauls

### 1994-95 Suburban West All-Conference

*1st Team:* John Redden  
Cory Roper

*2nd Team:* Steve Johanson