

February 2019



Seymour Basketball
2018-2019

"Mental is to physical as 4 is to 1."

—Bobby Knight

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Jv/Varsity vs. Salem Home Noon Walk through @ 10 AM Freshman: No Practice
3	4 Practice 3:45-5:30 PM Freshman: 6:00-7:30 PM	5 Practice: 3:45-5:30 PM Freshman: 6:00-7:30 PM	6 Varsity Practice 5:30-7:30 AM Freshman/JV After School	7 Practice: 3:45-5:30 PM Freshman: @ Henryville	8 Practice 3:45-5:30 PM Freshman: 6:00-7:30 PM	9 JV/Varsity @ South Ripley 6 PM Bus leaves @ 4 PM Walk through @ 3 PM Freshman: @ Jennings Co. 8:30 AM
10	11 Practice 3:45-5:30 PM	12 JV/Varsity vs. Greensburg Home 6 pm Walk Through @ 4 PM	13 Practice 3:45-5:30 PM	14 Practice 3:45-5:30 PM	15 JV/Varsity @ Austin Bus leaves @ 4:30 PM	16 Practice 9-11 AM
17	18 Practice 3:45-5:30 PM	19 JV/Varsity vs. Columbus North 6 PM Walk through @ 4 PM	20 Practice 3:45-5:30 PM	21 Practice 3:45-5:30 PM	22 Jv/Varsity vs. Silver Creek 6 PM Walk through @ 4 pm	23 Practice 9-11 AM
24	25 Practice 3:45-5:30 PM	26 Sectionals TBD	27 Practice 3:45-5:30 PM	28 Practice 3:45-5:30 PM	1 Sectionals TBD	2 Sectionals TBD