

2023
Summer Football
Information
Packet

www.AcalanesDonsFootball.com
SUMMER FOOTBALL INFORMATION



PACKET INCLUDES:

- Letter from Coach Floyd Burnsed
- Summer Football Registration On-Line Information
- Summer Football Schedule
- 2023 Fall Football Schedule
- Touchdown Club Information
- Dons Youth Football Academy Flyer

Save the date:

Athletic Clearance Booster Fundraiser July 15th

Will be held at Golden Gate Orthopedics – 2625 Shadelands – more details to follow.



2023

Dear DONS Football Parent,

Welcome to the Acalanes football program for the 2023 season. I am looking forward to working with all the young players in our program, as well as meeting all the parents.

I would like for you to be involved with our football program as much as your schedule allows. You are cordially welcome to attend practices and special events such as a Mothers' Night in the fall, Dons Youth Football Academy and all other activities that will be scheduled.

One of the things I would like to emphasize is that football should be fun, and that athletes will be given every opportunity to earn a position. We will teach proper technique and fundamentals that will help each player succeed on the field. We will install offensive and defensive schemes that the players can take with them at the next level. All our players will be taught the value of hard work, accountability, honesty, and respect.

We will also expect our student-athlete football players to have high standards and to be role models on and off campus.

Please feel free to contact me any time. My email is provided below.
Thank you,

Floyd Burnsed
Head Football Coach

Floydburnsed1@gmail.com

www.AcalanesDonsFootball.com



Welcome to the 2023 Dons Summer Football Program

REGISTRATION NOW OPEN

www.AcalanesDonsFootball.com

Look for the 'FORMS' tab

DONS SUMMER FOOTBALL PROGRAM START DATE IS:

JUNE 5th, 2023

****PLAYERS MUST BE REGISTERED BEFORE THEY
CAN PARTICIPATE****

For those in need of financial aid to the Dons Football Summer Program, you will need to fill out the "Financial Aid Application" form (found on our web site www.acalanesdonsfootball.com). Forms will be reviewed prior to June 1. Acalanes Football Program will be using TeamSnap for our registration process. All communications will be sent to the email addresses added during the registration process

No player will be allowed to participate in the summer program until they have registered.

2023 SUMMER CALENDAR

JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	6 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	7 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM	8 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	9 Varsity 9-11:00AM- WW Varsity 6-7:30PM - LL
12 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	13 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	14 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	15 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	16 Varsity 9-11:00AM- WW Varsity 6-7:30PM - LL
19 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	20 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	21 Varsity 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	22 JV & FRESHMAN 5-6:30Pm WW Varsity 6-7:30PM - LL	23 Varsity 9-11:00AM- WW Varsity 6-7:30PM - LL
26 OFF TAHOE CAMP	27 OFF TAHOE CAMP	28 OFF TAHOE CAMP	29 OFF	30 OFF

* WW= Weight Room; LL=Las Lomas

MONDAY	TUESDAY	WEDNESDAY
26	27	28
SUMMER	SUMMER	SUMMER
TAHOE CAMP	TAHOE CAMP	TAHOE CAMP

Depart Sunday 11a-Wednesday arrive approx 4p

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 OFF	4 OFF	5 OFF	6 OFF	7 OFF
10 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	11 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	12 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM	13 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	14 VARSITY 9-11:00AM- WW VARSITY 6-7:30PM - LL
17 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	18 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	19 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM	20 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	21 VARSITY 9-11:00AM- WW VARSITY 6-7:30PM - LL
24 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM - LL	25 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	26 VARSITY 9-11:00AM- WW JV & FRESHMAN 6-7:30PM	27 JV & FRESHMAN 5-6:30Pm WW VARSITY 6-7:30PM - LL	28 VARSITY 9-11:00AM- WW VARSITY 6-7:30PM - LL
31 OFF	1-Aug OFF	2-Aug OFF	3-Aug OFF	4-Aug OFF

* WW= Weight Room; LL=Las Lomas

ACALANES HIGH SCHOOL FOOTBALL PROGRAM BEGINS AUGUST 8TH (PADDED PRACTICES)

10 PADDED PRACTICES ARE MANDATORY BEFORE A PLAYER CAN SCRIMMAGE OR PLAY IN A GAME

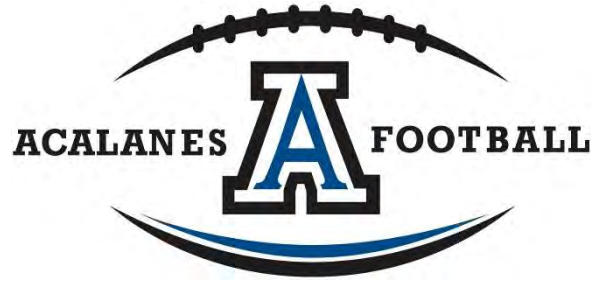
PLEASE PAY YOUR PARTICIPATION FEE ON THE ACALANES WEB STORE FOR THE 2023 SEASON

ACALANES HIGH SCHOOL – 2023 FOOTBALL SCHEDULE
VARSIY & JV

DAY	DATE	OPPONENT	LOCATION	JV	VARSIY
FRIDAY	8/18	SCRIMMAGE	NAPA	4:30	7PM
FRIDAY	8/25	SAN MARIN	AWAY	4:30	7PM
FRIDAY	9/1	SAN RAMON	HOME	4:30	7PM
FRIDAY	9/8	AMADOR VALLEY	HOME	4:30	7PM
FRIDAY	9/15	BYE			
FRIDAY	9/22	COLLEGE PARK	AWAY	4:30	7PM
FRIDAY	9/29	VALLEJO	AWAY	4:30	7PM
FRIDAY	10/6	NORTHGATE	HOME	4:30	7PM
FRIDAY	10/13	BENICIA	HOME	4:30	7PM
FRIDAY	10/20	MIRAMONTE	AWAY	4:30	7PM
FRIDAY	10/27	LAS LOMAS	AWAY	4:30	7PM
FRIDAY	11/3	CAMPOLINDO	HOME	4:30	7PM

FRESHMAN FOOTBALL SCHEDULE

DAY	DATE	OPPONENT	LOCATION	TIME
SATURDAY	8/19	SCRIMMAGE – CAL HI	HOME	TBA
THURSDAY	8/24	SAN MARIN	HOME	5PM
THURSDAY	8/31	MONTE VISTA	HOME	5PM
THURSDAY	9/7	AMADOR VALLEY	AWAY	5:30PM
THURSDAY	9/14	LIVERMORE	HOME	5PM
THURSDAY	9/21	COLLEGE PARK	HOME	5PM
THURSDAY	9/28	DUBLIN	AWAY	5:30PM
THURSDAY	10/5	NORTHGATE/NAPA	AWAY	5PM
THURSDAY	10/12	RANCHO COTATE	HOME	5PM
THURSDAY	10/19	MIRAMONTE/MENLO	HOME	5PM
THURSDAY	10/26	LAS LOMAS/BYE	HOME	5PM
THURSDAY	11/2	CAMPOLINDO	AWAY	5PM



Player Participation Fees

Category	What it pays for	Cost	When to pay	How to pay
Summer Program	Summer workouts, coaching, equipment, and spirit wear	\$650	Now to 5/31/23	acalanesdonsfootball.com
Tahoe Summer Camp	Team Camp / South Lake Tahoe (not finalized)	TBD	TBD	acalanesdonsfootball.com
District Participation Fee	Referees, buses, helmet reconditioning	TBD	TBD	acalaneshs.revtrak.net
TD CLUB Lafayette All American Football Association (501 c3)	Helmets, pads, footballs, other equipment, AV equipment, HUDL, CUBE, scholarships, off season strength & conditioning program, off season trainer, gear for players & coaches	\$1,000 suggested	ASAP	acalanesdonsfootball.com 4 donor levels, corporate match accepted

*When to pay is a suggested date.

Players will not be able to participate until they are registered. Registration includes payment. We do offer a payment plan if you would like to spread out the payment over three months. If you choose the payment plan, the first payment is considered a down payment followed by two remaining payments. The payment plan is available during the registration process in TeamSnap. The payment plan would include the Summer Program and Tahoe Camp.

If you would like to apply for financial assistance (either partial or full), this will need to be requested prior to our summer program. There is a document on acalanesdonsfootball.com A player will not be able to participate if they come to the summer workout without registering with or without financial aid. We have rules to follow by the school district and insurance that only covers players that have registered for the summer program.

**Summer
2023**

**June
19-22**

3-5pm

DONS

YOUTH FOOTBALL ACADEMY

**Improve
your Skills
and
Have
Serious Fun**

Join Acalanes Youth Football Camp as the Dons welcome young athletes of all levels to join the fun this summer and take their game to the next level. Our experienced Dons football staff and players will help each athlete learn the fundamentals while assisting them in developing their skills using proper techniques. Offensive and defensive position drills follow proper stretching and warm-ups, along with fun football competitions. A great opportunity for any young athlete looking to improve their game, have fun, make new friends, and raise their confidence.



Register at: acalanesdonsfootball.com

or Scan QR Code

\$200.00 for the week

Open to boys and girls, grades 4th-8th



ACALANES

2023

FOOTBALL

**DONS
TOUCHDOWN
CLUB**



YOU HAVE BEEN IDENTIFIED AS A POTENTIAL SUPPORTER OF ACALANES FOOTBALL. WE NEED THE HELP OF OUR COMMUNITY AND ALUMNI TO MAXIMIZE THE POTENTIAL OF OUR PROGRAM AND PLAYERS. PLEASE CONSIDER A DONATION TO HELP OFFSET THE FOLLOWING :

- COACHING STAFF AND COACHING STAFF APPAREL
- FOOTBALL EQUIPMENT THAT WILL FULLY PROTECT OUR PLAYERS ON THE FIELD
- RECONDITIONING HELMETS AND PADS THAT NEED TO BE CERTIFIED EACH YEAR



\$5,000. +

ALL LEGACY MEMBER ITEMS FOR 4-YEARS

- FIELD EQUIPMENT SUCH AS TACKLING SLED PADS AND FOOTBALLS
- STRENGTH AND CONDITIONING EQUIPMENT AS WELL AS WEIGHT ROOM EQUIPMENT
- GAME STREAMING AND HUDL LICENSING CONTRACT



\$1,000. +

- 2 TOUCHDOWN CLUB APPAREL TOPS
- 2 TEAM FOOTBALL HATS
- 4 ADULT TICKETS TO ALL HOME GAMES
- BANNER AND GAME PROGRAM RECOGNITION
- LEGACY MEMBER TEAM SOCIAL WITH THE COACHES
- KICKOFF BREAKFAST WITH THE COACHES



\$500. +

- 1 TOUCHDOWN CLUB APPAREL TOPS
- 1 TEAM FOOTBALL HAT
- 2 ADULT TICKETS TO ALL HOME GAMES
- BANNER AND GAME PROGRAM RECOGNITION
- KICKOFF BREAKFAST WITH THE COACHES

CONTINUE ON BACK
→

FOR YOUR GENEROUS CONTRIBUTION,
YOU WILL BE LISTED IN OUR FOOTBALL
PROGRAM WHICH WILL BE SOLD
BEFORE HOME FOOTBALL GAMES, ON
OUR TEAM WEBSITE, AND ON OUR
TEAM BANNER WHICH WILL BE
DISPLAYED PROMINENTLY AT THE
FRONT ENTRANCE TO THE FOOTBALL
STADIUM DURING THE FOOTBALL YEAR.

YOU CAN PAY IN ONE OF
TWO WAYS:

1. BY CHECK
2. BY PAYPAL – JUST GOT TO:
ACALANESDONSFOOTBALL.COM,
UNDER FUNDRAISING CLICK ON
DONATE AND FOLLOW THE
PROMPTS.

MAKE CHECKS PAYABLE TO:
Lafayette All-American Football Association
FOR YOUR RECORDS - Tax I.D. # 542152445



SEND THE CHECK TO:

John B. Donor
1234 Main St.
Lafayette, CA 94549

Lafayette All-American Football Association (LAAFA)
P.O. Box 434
Lafayette, CA 94549



Dear Football Supporter,
Acalanes Football thanks you for
helping us achieve our program goals.
Our players and our community deserve
the very best, and your generosity will help
us provide everything needed to build a
program we will all be proud of. We are
looking forward to a great 2021 season
and truly appreciate your support of the
program.
Sincerely -

Floyd
Floyd Burnsed
Head Coach
Varsity Football
Acalanes High School

For additional information contact:

**DIRECTORS OF FUNDRAISING
FOR THE DONS TOUCHDOWN CLUB**

BILL BOSELLI

925-876-3197 • billboselli@gmail.com

GO DONS!!!!