

AUPANG FOOTBALL CONFERENCE

LEAGUE CONSTITUTION

AS UPDATED AUGUST 2016
JEREMY P. KILLINGER
PRESIDENT

AUPANG CONSTITUTION INDEX

ARTICLE 1 -	NAME	1
ARTICLE 2 -	STATEMENT OF PHILOSOPHY PURPOSES, AND OBJECTIVES	1
ARTICLE 3 -	MEMBERSHIP	2
ARTICLE 4 -	BOARD OF DIRECTORS	3
ARTICLE 5 -	OFFICERS	3
ARTICLE 6 -	MEETING	3
ARTICLE 7 -	FUNDS AND EXPENDITURES	3
ARTICLE 8 -	BYLAWS	4
ARTICLE 9 -	REGULATIONS	4
ARTICLE 10 -	REGULATIONS	4
ARTICLE 11 -	AMENDMENTS TO THE CONSTITUTION	4
ARTICLE 12 -	PARENT GROUP	4
ARTICLE 13 -	EQUIPMENT	5
	FOOTBALL BYLAWS	5
	REGULATIONS	6
	TEAM SIZE	6
	ELIGIBILITY	6
	WEIGH-IN	6
	WEIGHT LIMITS	7
	COACHES, TEAMS, AND RULES	7
	RULES COMMITTEE	8

AUPANG
CONSTITUTION

ARTICLE 1 - NAME

THIS ASSOCIATION OF TEAMS SHALL BE KNOWN AT THE: **AUPANG FOOTBALL CONFERENCE**

ARTICLE 2 - STATEMENT OF PHILOSOPHY, PURPOSES AND OBJECTIVES

1. THE MEMBERS OF THE COMMUNITIES HAVE CREATED THIS ALLIANCE TO PROVIDE FOR THEIR PLAYERS AN OPPORTUNITY TO COMPETE, RECOGNIZING THAT EACH TEAM OF THIS ASSOCIATION RESPECTS AND ACKNOWLEDGES THE AUTONOMY OF THE OTHER TEAMS. WE ARE PLEDGED TO ENCOURAGE DEVELOPMENT OF FOOTBALL ACTIVITIES FOR THE MANY, NOT THE FEW; TO SHUN BIAS OR FAVORITISM, SEXUAL, RACIAL, OR RELIGIOUS; AND TO OFFER FOOTBALL PROGRAMS THAT RECOGNIZE THE IMPORTANCE OF SUCH A PROGRAM TO OUR COMMUNITIES.
2. **THE PURPOSES OF THIS ALLIANCE ARE:**
 - A. TO OFFER OUR PLAYERS JOINTLY WHAT WE CANNOT PROVIDE SINGULARLY.
 - B. TO DEVELOP AND ENCOURAGE FOOTBALL AS A SPORT IN THE CONFERENCE.
 - C. TO DEVELOP PLAYERS LEADERSHIP AND SPORTSMANSHIP.
 - D. TO PROVIDE FOR REGULAR COMMUNICATION AND INTERCHANGE AMONG COACHES, SPONSORS, PARENTS AND PLAYERS.
 - E. TO ACT JOINTLY IN ALL MATTERS THAT CONCERNS THIS CONFERENCE.
 - F. TO ASSIST ONE ANOTHER IN THE EFFECTIVE UTILIZATION OF SCHOOL AND COMMUNITY FACILITIES AND RESOURCES.

ARTICLE 3 - MEMBERSHIP

1. THE MEMBERS OF THE CONFERENCE SHALL BE BATH, DANSVILLE, STOCKBRIDGE, WILLIAMSTON, LAINGSBURG, PERRY, POTTERVILLE, WEBBERVILLE, LESLIE, FOWLerville AND MORRICE.
2. INTERESTED TEAMS WISHING TO BECOME PARTICIPATING MEMBERS OF THIS CONFERENCE MUST SUBMIT THEIR REQUEST FOR ADMISSION IN WRITING TO THE PRESIDENT OF THE CONFERENCE. THE REQUEST WILL THEN BE READ AT THE NEXT REGULARLY SCHEDULED MEETING OF THE BOARD OF DIRECTORS. WHEREIN THE BOARD OF DIRECTORS SHALL ESTABLISH BOTH THE PROCEDURE FOR AND THE TIMETABLE IN WHICH TO ACT ON EACH SUBMITTED REQUEST. IT IS STRONGLY RECOMMENDED THAT EACH COMMUNITY HAVE A TEAM AT EACH LEVEL OF COMPETITION. PROSPECTIVE TEAMS WILL BE NOTIFIED IN WRITING OF THE BOARD OF DIRECTORS DECISION. STATING WHETHER OR NOT ADMITTANCE TO THE LEAGUE HAS BEEN OBTAINED. MEMBERSHIP IS EFFECTUATED UPON A FAVORABLE CONCURRENCE TO ADMIT; 80% OR GREATER IS DIRECTORS. NEW CONFERENCE MEMBERS SHALL THEN BE LISTED ALONG WITH ESTABLISHED MEMBERS IN THE ORDER THEY ARE ADMITTED.

3. ANY MEMBER WISHING TO WITHDRAW MUST PRESENT TO THE PRESIDENT OF THE CONFERENCE, A FORMAL LETTER OF INTENT TO WITHDRAW AT LEAST ON (1) YEAR PRIOR TO THE WITHDRAWAL DATE. UPON RECEIPT OF SUCH LETTER, THE PRESIDENT SHALL NOTIFY ALL MEMBERS OF THE BOARD OF DIRECTORS, OR AT A SPECIAL MEETING HELD NOT SOONER THAN ONE (1) MONTH AFTER THE ORIGINAL MEETING REGARDING THE WITHDRAWAL. IF, IN THE OPINION OF THE CONFERENCE MEMBERS, EARLIER SUCCESSION FROM THE CONFERENCE WILL BETTER SERVE THE CONFERENCE, AND IF AGREEABLE TO THE WITHDRAWING MEMBER THE ONE-YEAR WITHDRAWAL PERIOD MAY BE ALTERED. AN 80% DECISION OF THE BOARD IS REQUIRED.
4. A RULE COMMITTEE WILL BE ESTABLISHED PRIOR TO THE START OF THE SEASON. THAT COMMITTEE WILL BE MADE UP OF THE COMMUNITY APPOINTED COMMISSIONER AND THE LEAGUE PRESIDENT AND SECRETARY/TREASURER IF THEY ARE NOT ONE IN THE SAME. THE RULES COMMITTEE WILL SET THE LEVEL OF ACTION TO BE TAKEN AND ACT IN THE MANNER THAT IS SET FORTH BY THE COMMITTEE. (SEE RULES.)

ARTICLE 4 - BOARD OF DIRECTORS

1. THERE SHALL BE A BOARD OF DIRECTORS CONSISTING OF THE COACHES OF THE MEMBER TEAMS AND ONE PARENT MEMBER FROM EACH COMMUNITY PARENT GROUP. THE BOARD OF DIRECTORS SHALL HAVE CHARGE OF THE GENERAL BUSINESS AFFAIRS OF THE CONFERENCE AND SHALL ENACT ALL REGULATIONS AS THEY PERTAIN TO THE INTER-TEAM ACTIVITIES OF THE CONFERENCE.

ARTICLE 5 - OFFICERS

1. THE OFFICERS OF THE CONFERENCE SHALL BE; PRESIDENT AND SECRETARY-TREASURER. THE PRESIDENT AND SECRETARY-TREASURER WILL OCCUPY OFFICE AND PRESIDE OVER THE CONFERENCE FOR A TWO (2) YEAR TERM. UPON COMPLETION OF THE 2-YEAR TERM, THE SUCCESSOR TO THE OFFICE OF PRESIDENT SHALL BE OCCUPIED BY THE SECRETARY-TREASURER. THE SUCCEEDING OFFICER TO SECRETARY/TREASURER, AS BE DETERMINED BY THE COMMUNITY STANDING ANNUALLY, IN AND BY ASCENDING ALPHABETICAL ORDER. HOWEVER, NEW COMMUNITIES SHALL BE ADDED IN THE ORDER THEY ARE ADMITTED TO THE CONFERENCE AND SHALL FOLLOW THE ESTABLISHED COMMUNITY LISTING.
2. IT SHALL BE THE DUTY OF THE PRESIDENT TO PRESIDE OVER ALL MEETINGS FROM THE CONFERENCE, TO CALL ALL MEETINGS, AND TO PERFORM OTHER DUTIES PERTINENT TO THIS OFFICE.
3. IT SHALL BE THE DUTY OF THE SECRETARY/TREASURER TO KEEP TRUE AND ACCURATE ACCOUNT OF THE MINUTES OF EACH MEETING, ACT AS PRESIDENT IN HIS/HER ABSENCE, AND FOLLOWING THE TWO YEAR TERM AS SECRETARY/TREASURER, HE/SHE WILL BECOME PRESIDENT OF THE CONFERENCE.

ARTICLE 6 - MEETINGS

1. REGULAR MEETING OF THE CONFERENCE SHALL BE SCHEDULED, AS SET FORTH IN THE BYLAWS WHICH WILL SHOW PLACE, TIME AND AGENDA.

2. THE PRESIDENT MAY CALL SPECIAL MEETINGS BY NOTIFYING ONE COACH OF EACH MEMBER COMMUNITY ONE WEEK IN ADVANCE OF THE MEETING. IF TWO MEMBERS REQUEST A SPECIAL MEETING, THE PRESIDENT WILL CALL FOR A MEETING WITHIN TWO WEEKS OF THAT REQUEST.
3. EACH COMMUNITY SHALL HAVE ONE VOTE REGARDING CHANGES OR AMENDMENTS TO BOTH THE CONSTITUTION AND BY-LAWS. IF A COMMUNITY SO CHOOSES, THEY MAY SEND A REPRESENTATIVE TO VOTE BY PROXY FOR THAT COMMUNITY.
4. REPRESENTATIVES FROM A MAJORITY OF THE COMMUNITY CONSTITUTE A QUORUM. A QUORUM IS REQUIRED FOR ACTION TO BE TAKEN BY THE BOARD OF DIRECTORS.
5. A COACH OR PARENT REPRESENTATIVE, AS A MEMBER OF THE BOARD MUST ATTEND AT LEAST ONE (1) OF THE THREE (3) PROPOSED CONFERENCE MEETINGS PER YEAR OR THE ENTIRE COACHING STAFF OF A PARTICULAR TEAM WILL BE DROPPED FOR THE NEXT COACHING YEAR. A COACH MAY SEND A DELEGATE IN HIS/HER PLACE; A PARENT MAY SEND A REPRESENTATIVE IN HIS/HER PLACE.

ARTICLE 7 - FUNDS AND EXPENDITURES

1. EACH MEMBER TEAM SHALL PAY THE SECRETARY/TREASURER OF THE CONFERENCE **ANNUAL FEES** AS DESIGNATED IN THE BYLAWS AND AFFIRMED OR AMENDED BY THE BOARD OF DIRECTORS ANNUALLY AT THE FALL MEETING.
2. ALL COMMUNITIES PARTICIPATING IN THE CONFERENCE WILL PAY THEIR **OFFICIAL FEES** TO THE OFFICIALS OF THEIR HOME GAMES.
3. ALL EXPENSE OF THE CONFERENCE DESIGNATED BY THE BOARD OF DIRECTORS SHALL BE PAID FOR FROM THE ANNUAL FEE FUND.
4. SPECIAL ASSESSMENTS THAT MAY BE DEEMED NECESSARY MUST BE RATIFIED BY A VOTE OF 75% OF THE MEMBERS AT A REGULAR MEETING.
5. AN ANNUAL FINANCIAL STATEMENT AND A PROPOSED BUDGET FOR THE ENSUING YEAR SHALL BE PREPARED BY THE SECRETARY/TREASURER AND BE MAILED TO EACH MEMBER AT LEAST ONE WEEK BEFORE THE FIRST MEETING OF EACH YEAR.

ARTICLE 8 - BYLAWS

1. THE BOARD OF DIRECTORS SHALL ADOPT SUCH BYLAWS AS MAY BE NECESSARY TO CARRY OUT THE PROVISIONS AND INTENT OF THE CONSTITUTION.
2. BYLAWS MAY BE ADOPTED OR AMENDED BY A 75% VOTE OF MEMBER OF THE BOARD OF DIRECTORS.

ARTICLE 9 - REGULATIONS

1. THE BOARD OF DIRECTORS SHALL ADOPT SUCH REGULATIONS AS NEEDED. REGULATIONS SHALL CONFORM TO AND BE CONSISTENT WITH THE CONSTITUTION.
2. THE REGULATIONS MAY BE ADOPTED OR AMENDED BY A 75% VOTE AT A MEETING OF

THE BOARD OF DIRECTORS.

ARTICLE 10- REGULATIONS

1. EACH COMMUNITY WILL HIRE THREE (3) M.H.S.A.A. SANCTIONED OFFICIALS FOR THAT COMMUNITY'S HOME GAMES.
2. OFFICIALS WILL BE HIRED ON A PER SEASON BASIS.

ARTICLE 11 - AMENDMENTS TO THE CONSTITUTION

1. THE CONSTITUTION OF THE CONFERENCE MAY BE AMENDED BY AN 80% VOTE OF ALL THE MEMBERS OF THE BOARD OF DIRECTORS. PROPOSALS FOR REVISION OR INCLUSION IN THE CONSTITUTION BY THE BOARD OF DIRECTORS MUST BE GIVEN TWO (2) READINGS NO LESS THAN THIRTY (30) DAYS APART BEFORE FINAL ACTION IS TAKEN BY THE BOARD OF DIRECTORS.

ARTICLE 12- PARENT GROUP

1. THE PARENT GROUP WILL BE MADE UP OF PARENTS FROM EACH COMMUNITY'S LEAGUE TEAM.
2. THE PARENT GROUP WILL BE OPEN TO ALL PARENTS INVOLVED IN THE COMMUNITY LEAGUE.
3. THE PARENT GROUP WILL HAVE AS OFFICERS A CHAIRPERSON, VICE-CHAIRPERSON, AND SECRETARY.
4. THE PARENT GROUP WILL ELECT ONE PERSON TO REPRESENT THE GROUP AT CONFERENCE MEETINGS. THAT PERSON WILL BE A VOTING MEMBER OF THE BOARD OF DIRECTORS TO THE CONFERENCE.
5. IT IS RECOMMENDED THAT THE PARENT GROUP TAKE CHARGE OF AND OPERATE ANY FUND RAISING ACTIVITIES FOR THE COMMUNITY LEAGUE.
6. THE PARENT GROUP SHALL NOT ENACT ANY POLICY OR REGULATION THAT DOES NOT CONFORM TO THE CONFERENCE CONSTITUTION, BYLAWS, OR REGULATIONS.

ARTICLE 13 - EQUIPMENT

1. IT IS STRONGLY RECOMMENDED THAT EACH COMMUNITY OWN ITS OWN FOOTBALL EQUIPMENT. THIS WOULD HELP TO GUARANTEE THE STABILITY AND CONTINUITY OF THE LEAGUE FROM YEAR TO YEAR.

FOOTBALL BYLAWS

1. EVERY EFFORT SHOULD BE MADE BY EACH TEAM AND ITS COACHES TO PROMOTE GOOD SPORTSMANSHIP.
2. MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION RULES WILL BE STRICTLY FOLLOWED.

3. ONE COACH CANNOT BE HEAD COACH OF MORE THAN ONE (1) TEAM.
4. SR., JR., AND FRESHMAN YOUTH TEAMS WILL PLAY ON 100-YARD FIELDS.
5. THERE WILL BE A MINIMUM OF TWO MEMBERS OF THE BOARD OF DIRECTORS PRESENT AT THE TEAM WEIGH-IN. THIS IS NOT TO INCLUDE THE COACHES OF THE TEAM BEING WEIGHED.
6. ALL PLAYERS MAY USE MOLDED RUBBER OR PLASTIC CLEAT SHOES.
7. A. **JV YOUTH AND VARSITY YOUTH** GAMES WILL CONSIST OF **FOUR (4) TEN (10)** MINUTE QUARTERS. THE HALF TIME IS NOT TO EXCEED TEN (10) MINUTES, PLUS A THREE (3) MINUTE WARM-UP. THE CLOCK WILL STOP FOR OUT OF BOUNDS, INCOMPLETE PASS, CHANGE OF POSSESSIONS, PENALTIES, AND OFFICIAL TIME-OUT. A RUNNING CLOCK WILL BE USED ONLY IF AND WHEN ALL COACHES AND OFFICIALS CONCERNED AGREE TO A RUNNING CLOCK.
- B. **FRESHMAN YOUTH** GAMES WILL BE 4 – 10-MINUTE QUARTERS, WITH AN 10-MINUTE HALF TIME, PLUS A 3-MINUTE WARM-UP TIME. THE CLOCK WILL STOP ONLY FOR OUT OF BOUNDS, AN INCOMPLETE PASS, CHANGE OF POSSESSIONS, PENALTIES, AND OFFICIAL TIME-OUT. 4TH DOWN WILL BE EITHER A 20-YARD WALK-OFF OR A LIVE PUNT, AT THE ELECTION OF THE COACH. AT NO TIME MAY THE ELECTED 20-YARD WALK-ON RESULT IN THE BALL BEING PLACED INSIDE THE 20-YARD LINE OF THE RECEIVING TEAM. SHOULD THE LIVE PUNT OPTION BE SELECTED, MEMBERS OF THE DEFENSIVE/RECEIVING TEAM MAY NOT RUSH THE PUNTER. MEMBERS OF THE KICKING TEAM CANNOT USE A SPREAD FORMATION AND CANNOT LEAVE THE LINE OF SCRIMMAGE UNTIL THE BALL IS KICKED. THE RECEIVING TEAM HAS THE OPTION OF RETURNING THE PUNT OR ALLOWING THE BALL TO ROLL DEAD. THE OFFENSE WILL NOT BE ALLOWED TO HAVE ANY SPREAD FORMATIONS. THEY CAN HAVE ONE WINGBACK NO FURTHER THAN 8 YARDS FROM THE BALL. MOTION BY ONE OFFENSIVE PLAYER IS ALLOWED, THOUGH THE PLAYER CANNOT END UP MORE THAN 8 YARDS FROM THE BALL. DEFENSE WILL HAVE NO MORE THAN FIVE (5) DOWN LINEMAN WHILE THE BALL IS OUTSIDE THE TEN (10) YARD LINE. THEY MAY RUN A SIX (6)-MAN LINE WHEN THE BALL IS INSIDE THE TEN (10) YARD LINE. THE LINEBACKERS AND DEFENSIVE BACKS WILL BE NO CLOSER THAN THREE (3) YARDS FROM THE LINE OF SCRIMMAGE AT THE SNAP OF THE BALL. THERE WILL BE NO BLITZING. THE BALL CARRIERS WEIGHT LIMIT WILL BE 90 LBS.
8. ALL GAMES WILL END AFTER REGULATION TIME EXPIRES. THERE IS TO BE NO OVERTIME PLAYED.
9. A TRAINED ADULT IS TO ACT AS TIMER. THE FIELD CLOCK IS TO BE THE OFFICIAL CLOCK. ADULTS ONLY WILL MAN THE CHAIN AND DOWN MARKERS.
10. IT IS STRONGLY RECOMMENDED THAT A MEDICAL CARE PERSON BE PRESENT AT ALL GAMES.
11. IF ALL THE REFEREES DO NOT SHOW FOR A GAME, THAT GAME CAN ONLY BE PLAYED UNDER THE FOLLOWING CONDITIONS: IF ONLY TWO (2) REFEREES SHOW FOR A GAME; **FRESHMAN YOUTH** WILL PLAY AN OFFICIAL GAME TO ALLOW TIME FOR THE HOME TEAM TO FIND A THIRD OFFICIAL FOR THE JV YOUTH AND VARSITY YOUTH GAMES; **JV YOUTH AND VARSITY YOUTH GAMES** WILL BE FORFEITED BY THE HOME TEAM AND BE

RECORDED AS A FORFEIT. IF A THIRD OFFICIAL IS NOT FOUND, THE COACHES CAN PLAY AN UNOFFICIAL GAME.

12. THE OFFICIAL EVALUATION FORM IS TO BE FILLED OUT BY THE HEAD COACH OF EACH TEAM INVOLVED.
13. THERE WILL BE NO LEAGUE STANDINGS, NO PLAYOFFS AND NO LEAGUE SPONSORED TROPHIES IN ANY DIVISION. THERE WILL BE SEVEN (7) CONTEST PER DIVISION.
14. COMMUNITIES, WHICH HAVE MORE THAN 33 PLAYERS AT ANY ONE LEVEL, ARE REQUIRED TO SPLIT THAT GROUP INTO AT LEAST TWO EVENLY STRENGTHENED TEAMS. ADDITIONAL SPLITS WILL TAKE PLACE AS NECESSARY. (IE 34, 66, 99, ETC.) THESE TEAMS ARE TO BE OF EVEN SIZE AND PLAYING ABILITY.
15. PAT – A conversion kick is worth 2-points and a conversion pass/run is worth 1-point.

REGULATIONS

1. THE STARTING DATE FOR PRACTICES WILL BE DETERMINED AND SET BY THE CONFERENCE BOARD OF DIRECTORS.
2. PRACTICES WILL BE LIMITED TO FIVE (5) TWO (2) HOUR PRACTICES DURING THE PRESEASON. NOTE: THE FIRST WEEK IS FOR CONDITIONING ONLY, PLAYERS WILL NOT WEAR ANY PADS, ONLY HELMETS CAN BE WORN DURING THIS WEEK. AFTER THE FIRST LEAGUE GAME TO INCLUDE ANY BYES, TEAMS WILL BE LIMITED TO THREE (3) TWO (2) HOUR PRACTICES PER WEEK. NOTE: A BYE IS THE SAME AS A GAME IN THIS CASE.
3. A PLAYER MUST LIVE IN THE SAME SCHOOL DISTRICT THAT THE COMMUNITY IS IN. A SCHOOL OF CHOICE OR COACH'S CHILD IS EXEMPT OF THIS RULE AND WILL PLAY FOR THAT RESPECTIVE SCHOOL.
4. EACH TEAM WILL HAVE ONE HEAD COACH AND UP TO BUT NO MORE THAN THREE ASSISTANT COACHES. ALL COACHES MUST BE REGISTERED WITH THE CONFERENCE.
5. EACH PLAYER IS ENTITLED TO PLAY, AT THE DISCRETION OF THE HEAD COACH, BASED UPON HIS PRACTICE HABITS. A COACH MAY NOT MAKE THIS DECISION WITH ANY ILL WILL OR BIASNESS.
6. **ELIGIBILITY**
 - A. FRESHMAN YOUTH CONSISTS OF 3RD AND 4TH GRADE
JV YOUTH CONSISTS OF 5TH AND 6TH GRADE
VARSITY YOUTH CONSISTS OF 7TH AND 8TH GRADE
 - B. BIRTH CERTIFICATES ARE THE RESPONSIBILITY OF THE INDIVIDUAL COMMUNITIES FOR ALL ATHLETES WITH-IN THEIR PROGRAMS. EACH TEAM SHOULD HAVE A BINDER THAT INCLUDES A BIRTH CERTIFICATE FOR EACH PLAYER SHOULD THERE BE A CHALLENGE AT A GAME.
 - C. PLAYERS IN THE FRESHMAN YOUTH YOUTH DIVISION MUST BE IN THE 3RD GRADE TO BE ELIGIBLE.

PLAYERS IN THE FRESHMAN YOUTH YOUTH (FRESHMAN YOUTH) DIVISION MUST NOT BE 11 YEARS OF AGE OR OLDER ON OR BEFORE SEPTEMBER 1ST OF THE CURRENT SCHOOL YEAR. PLAYERS IN THE JV YOUTH DIVISION MUST NOT BE 13 YEARS OF AGE OR OLDER ON OR BEFORE SEPTEMBER 1ST OF THE CURRENT SCHOOL YEAR. PLAYERS IN THE VARSITY YOUTH DIVISION MUST NOT BE 15 YEARS OF AGE OR OLDER ON OR BEFORE SEPTEMBER 1ST OF THE CURRENT SCHOOL YEAR AND CON NOT BE IN THE 9TH GRADE.

- D. PLAYERS WILL NOT HAVE MORE THAN SIX YEARS TOTAL ELIGIBILITY IN THE LEAGUE. NOR WILL ANY PLAYER HAVE MORE THAN THREE YEARS ELIGIBILITY IN A DIVISION.
- E. ALL PLAYERS MUST BE SIGNED UP AT THE LEAGUE WEIGH-IN.
- F. AN ANNUAL MEETING MUST BE HELD, TO REVIEW ANY SPECIAL PLAYER ELIGIBILITY ISSUES, DATE IS TO BE SET BY COMMITTEE.

7. **WEIGH-IN**

THERE WILL BE ONE (1) WEIGH-IN FOR THE SEASON. THE TIME AND PLACE WILL BE SET BY THE BOARD OF DIRECTORS AT A PRE-SEASON MEETING.

- A. ONLY THOSE ATHLETES THAT WILL CARRY THE BALL AS AN ELIGIBLE BALL CARRIER AS DEFINED IN REGULATION 8 MUST ATTEND WEIGH-IN. THOSE ATHLETES WHO MAKE WEIGHT WILL HAVE A STICKER PLACED ON EACH SIDE OF THEIR HELMET SIGNIFYING THAT THEY ARE ELIGIBLE TO CARRY THE BALL. ANY ATHLETE THAT DOES NOT MAKE WEIGH-IN IS NOT ELIGIBLE TO CARRY THE BALL DURING THE COURSE OF THE SEASON.

8. **WEIGHT LIMITS**

A. **FRESHMAN YOUTH DIVISION**

- 1. ANY PLAYER WHO IS 90.9 POUNDS OR LESS IN AN ELIGIBLE BALL CARRIER AND CAN LINE UP IN ANY POSITION. THIS DIVISION WILL USE A “JV YOUTH” (100) SIZE BALL (K2 OR SIZE 6).
- 2. ANY PLAYER WHO IS **91.0 POUNDS OR GREATER** IS NOT AN ELIGIBLE BALL CARRIER AND CANNOT LINE UP IN ANY POSITION THAT CAN ADVANCE THE FOOTBALL. POSITIONS THAT ARE COVERED BY THE WEIGHT LIMIT ARE: TIGHT END, SPLIT END, AND BACK POSITIONS. THE PUNTER, EXTRA POINT KICKER AND FIELD GOAL KICKER CAN ADVANCE THE BALL BY KICKING ONLY UNLESS THE PLAYER IS AN ELIGIBLE BALL CARRIER.

B. **JV YOUTH DIVISION**

- 1. ANY PLAYER WHO IS 110.9 POUNDS OR LESS IN AN ELIGIBLE BALL CARRIER AND CAN LINE UP IN ANY POSITION. THIS DIVISION WILL USE A “JV YOUTH” (100) SIZE BALL (TDJ OR SIZE 7).
- 2. ANY PLAYER WHO IS **111.0 POUNDS OR GREATER** IS NOT AN ELIGIBLE BALL CARRIER AND CANNOT LINE UP IN ANY POSITION THAT CAN ADVANCE THE FOOTBALL. POSITIONS THAT ARE COVERED BY THE

WEIGHT LIMIT ARE: TIGHT END, SPLIT END, AND BACK POSITIONS. THE PUNTER, EXTRA POINT KICKER AND FIELD GOAL KICKER CAN ADVANCE THE BALL BY KICKING ONLY UNLESS THE PLAYER IS AN ELIGIBLE BALL CARRIER.

C. **VARSITY YOUTH DIVISION**

1. ANY PLAYER WHO IS 145.9 POUNDS OR LESS IN AN ELIGIBLE BALL CARRIER AND CAN LINE UP IN ANY POSITION. THIS DIVISION WILL USE A "INTERMEDIATE" (200) SIZE BALL (TDY OR SIZE 8).
2. ANY PLAYER WHO IS **146.0 POUNDS OR GREATER** IS NOT AN ELIGIBLE BALL CARRIER AND CANNOT LINE UP IN ANY POSITION THAT CAN ADVANCE THE FOOTBALL. POSITIONS THAT ARE COVERED BY THE WEIGHT LIMIT ARE: TIGHT END, SPLIT END, AND BACK POSITIONS. THE PUNTER, EXTRA POINT KICKER AND FIELD GOAL KICKER CAN ADVANCE THE BALL BY KICKING ONLY UNLESS THE PLAYER IS AN ELIGIBLE BALL CARRIER.

D. **ALL DIVISIONS**

1. ANY PLAYER REGARDLESS OF WEIGHT WHO IS ON THE DEFENSIVE TEAM CAN ADVANCE A TURNOVER.
2. ONLY PLAYERS WHO ARE ELIGIBLE TO ADVANCE THE BALL CAN ADVANCE THE KICK-OFF. IF A PLAYER WHO IS NOT ELIGIBLE HANDLES THE KICK OFF HE MAY:
 - A. DOWN THE BALL AT THE POINT OF CONTROL.
 - B. LATERAL THE BALL TO AN ELIGIBLE BALL CARRIER.
3. ALL PLAYERS WHO ARE OVER THE WEIGHT LIMIT IN THEIR RESPECTIVE DIVISION MUST HAVE AN APPROVED STICKER ON THEIR HELMET. THIS MARKING **MUST** BE PLACED DIRECTLY ABOVE EACH EAR HOLE. THE LEAGUE PRESIDENT MUST APPROVE STICKER.

9. **COACHES, TEAMS AND RULES**

1. NO PLAYERS WILL BE CUT FROM A TEAM.
2. THERE WILL BE **NO SMOKING** BY ANY STAFF MEMBER DURING A GAME OR PRACTICE.
3. THE USE OF HEADPHONES IS ALLOWED, AND THE HOME TEAM IS NOT REQUIRED TO PROVIDE HEAD PHONES FOR THE VISITING TEAM.
4. THE SEASON WILL BE SEVEN (7) PLAYED GAMES LONG, NOT TO INCLUDE ANY BYES.
5. ALL HEAD COACHES WILL PRESENT A FULL AND COMPLETE TEAM ROSTER TO THE LEAGUE OFFICIALS AT THE WEIGH-IN. THE LEAGUE WILL SUPPLY THE FORM TO BE USED AS A TEAM ROSTER. THE ITEMS THAT ARE TO BE FILLED IN BY THE COACH ARE: COACH'S NAME, TEAM NAME AND COLORS, COACH'S TELEPHONE NUMBER, PLAYER'S NAME, PRESENT GRADE, JERSEY

NUMBER, DATE OF BIRTH AND ANY NOTES REQUIRED. THE LEAGUE WILL ENTER THE WEIGHT.

10. **DISCIPLINARY COMMITTEE**

THE PURPOSE OF THE DISCIPLINARY COMMITTEE IS TO DECIDE IF THERE ARE RULE VIOLATIONS BY ANY LEAGUE MEMBER, AND TO DECIDE THE PUNISHMENT FOR THE VIOLATIONS. ALL COMMITTEE ACTIONS MUST BE DECIDED BY AT LEAST A 2/3 VOTE. THE TWO COACHES INVOLVED WILL NOT BE ALLOWED TO VOTE. THERE WILL BE ONE (1) VOTE PER COMMUNITY. EACH COMMUNITY IN THE LEAGUE WILL HAVE ONE (1) DISCIPLINARY COMMITTEE MEMBER AND ONE ALTERNATE. THE MEMBERS MUST BE REGISTERED WITH THE LEAGUE OFFICERS BEFORE THE BEGINNING OF THE SEASON. REGISTERED MEMBERS PER COMMUNITY WILL BE THE ONLY PEOPLE ALLOWED TO PARTICIPATE IN THE DISCIPLINARY COMMITTEE MEETINGS. THE MEETINGS WILL BE RAN BY THE LEAGUE PRESIDENT UNLESS THE PRESIDENT IS AN INVOLVED PARTY. IF THE PRESIDENT IS AN INVOLVED PARTY HE OR SHE WILL PASS THE PRESIDENTIAL DUTIES TO THE SECRETARY. ALL COMMITTEE FINDINGS SHALL BE FINAL AND FOLLOWED BY ALL LEAGUE MEMBERS. A MEETING CAN BE CALLED BY THE PRESIDENT OR SECRETARY WHEN THEY DEEM NECESSARY, OR MUST BE CALLED IF THREE (3) LEAGUE COMMUNITY MEMBERS AGREE THERE SHOULD BE A MEETING.