

**FEBRUARY 2023**

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

**APRIL 2023**

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
	LIFT 6TH	LIFT 6TH	OFFENSIVE MEETING LUNCH  LIFT 6TH	DEFENSIVE MEETING LUNCH  LIFT 6TH	FIELD 6TH	
5	6	7	8	9	10	11
	LIFT 6TH	LIFT 6TH	OFFENSIVE MEETING LUNCH  LIFT 6TH	DEFENSIVE MEETING LUNCH  LIFT 6TH	FIELD 6TH	
12	13	14	15	16	17	18
	LIFT 6TH  <b>8th Grade Night @ Ayala HS</b>	LIFT 6TH	OFFENSIVE MEETING LUNCH  LIFT 6TH	DEFENSIVE MEETING LUNCH  LIFT 6TH	FIELD 6TH	
19	20	21	22	23	24	25
	LIFT 6TH	LIFT 6TH	OFFENSIVE MEETING LUNCH  LIFT 6TH	DEFENSIVE MEETING LUNCH  LIFT 6TH	FIELD 6TH	<b>SPRING BREAK</b>
26	27	28	29	30	31	1
<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>

**MARCH 2023**

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**MAY 2023**

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 SPRING BREAK	27 SPRING BREAK	28 SPRING BREAK	29 SPRING BREAK	30 SPRING BREAK	31 SPRING BREAK	1 SPRING BREAK
2 SPRING BREAK	3 LIFT 6TH	4 LIFT 6TH	5 OFFENSIVE MEETING LUNCH LIFT 6TH	6 DEFENSIVE MEETING LUNCH LIFT 6TH	7 Good Friday  NO SCHOOL	8
9 Easter Sunday	10 LIFT 6TH	11 LIFT 6TH	12 OFFENSIVE MEETING LUNCH LIFT 6TH	13 DEFENSIVE MEETING LUNCH LIFT 6TH	14 FIELD 6TH	15
16	17 LIFT 6TH	18 LIFT 6TH	19 OFFENSIVE MEETING LUNCH LIFT 6TH	20 DEFENSIVE MEETING LUNCH LIFT 6TH	21 FIELD 6TH	22
23	24 LIFT 6TH YOUTH CAMP 6-8PM	25 LIFT 6TH YOUTH CAMP 6-8PM	26 STUDY HALL 6TH YOUTH CAMP 6-8PM	27 LIFT 6TH YOUTH CAMP 6-8PM	28 LIFT 6TH	29
30	1	2	3	4	5	6

# APRIL 2023

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# JUNE 2023

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 LIFT 2:40-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	2 LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	3 OFF. MEETING LUNCH LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	4 DEF. MEETING LUNCH LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	5 LIFT 2:30-3:25PM	6
7	8 LIFT 2:40-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	9 LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	10 OFF. MEETING LUNCH LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	11 DEF. MEETING LUNCH LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	12 LIFT 2:30-3:25PM	13
14 Mother's Day	15 LIFT 2:40-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	16 LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	17 OFF. MEETING LUNCH LIFT 2:30-3:20PM <b>SPRING BALL 3:30-5:30PM</b>	18 DEF. MEETING LUNCH LIFT 2:30-3:20PM <b>RED vs. WHITE SPRING GAME 6-8PM</b>	19 6TH PER. FILM	20 <b>C.O. 7on7 Tournament 8am</b>
21 LIFT 6TH <b>GRADUATION 7PM</b>	22 LIFT 6TH	23 LIFT 6TH	24 FINALS: NO LIFT	25 FINALS: NO LIFT	26	27
28 Memorial Day	29 NO PRACTICE	30 NO PRACTICE	31 NO PRACTICE	1 NO PRACTICE	2 NO PRACTICE	3 NO PRACTICE

## MAY 2023

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21	22	23	24	25	26	27
28	29	30	31			

## JUNE 2023

## JULY 2023

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Memorial Day	30	31	1	2	3
4	5 <u>1st Day of Summer Camp</u> LIFT 4-5:30PM FIELD 5:30-7PM	6 LIFT 4-5:30PM FIELD 5:30-7PM	7 LIFT 3-4:00PM <b>5pm 7on7 @ Damien HS</b>	8 LIFT 4-5:30PM FIELD 5:30-7PM	9 LIFT 8-9AM	10
11	12 LIFT 4-5:30PM FIELD 5:30-7PM	13 LIFT 3-4PM <b>5pm 7on7 @ West Covina</b>	14 LIFT 4-5:30PM FIELD 5:30-7PM	15 LIFT 4-5:30PM FIELD 5:30-7PM	16 LIFT 8-9AM	17
18 Father's Day	19 LIFT 4-5:30PM FIELD 5:30-7PM	20 LIFT 4-5:30PM FIELD 5:30-7PM	21 LIFT 4-5:30PM FIELD 5:30-7PM	22 LIFT 4-5PM <b>5pm 7on7 Home vs. Chino, OC, &amp; ?</b>	23 LIFT 8-9AM FRESHMAN 7ON7 TOURNEY @ VILLA PARK 9AM-12:30PM	24 WEST COVINA LINEMEN COMPETITION 9am-1pm JV 7ON7 TOURNEY @ VILLA PARK 9AM-12:30PM
25	26 LIFT 4-5:30PM AYALA GOLF TOURNAMENT	27 LIFT 4-5:30PM FIELD 5:30-7PM	28 LIFT 4-5:30PM FIELD 5:30-7PM	29 LIFT 4-5PM <b>5pm 7on7 Var. @ CHINO</b>	30 LIFT 8-9AM BENCH-A-THON	1

# JUNE 2023

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18	19	20	21	22	23	24
25	26	27	28	29	30	

# AUGUST 2023

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# JULY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2 DEAD PERIOD	3 DEAD PERIOD	4 DEAD PERIOD Independence Day	5 DEAD PERIOD	6 DEAD PERIOD	7 DEAD PERIOD	8 DEAD PERIOD
9 DEAD PERIOD	10 DEAD PERIOD	11 DEAD PERIOD	12 DEAD PERIOD	13 DEAD PERIOD	14 DEAD PERIOD	15 DEAD PERIOD
16 DEAD PERIOD	17 SUMMER CAMP RESUMES LIFT 4-5:30PM FIELD 5:30-7PM	18 LIFT 4-5:30PM FIELD 5:30-7PM	19 LIFT 4-5:30PM FIELD 5:30-7PM	20 LIFT 4-5:30PM FIELD 5:30-7PM	21 LIFT 8-9AM	22 KICKER/SNAPER/PUNTER COMPETITION 8AM 7ON7 TOURNEY @ CORONA SANTIAGO
23 LIFT 4-5:30PM FIELD 5:30-7PM	24 LIFT 4-5:30PM FIELD 5:30-7PM	25 LIFT 4-5:30PM FIELD 5:30-7PM	26 LIFT 4-5:30PM FIELD 5:30-7PM	27 LIFT 4-5:30PM FIELD 5:30-7PM HELMETS ONLY	28 FIELD 8-10AM HELMETS ONLY	29 FIELD 8-10AM HELMETS ONLY
30	31	1	2	3	4	5

# JULY 2023

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# SEPTEMBER 2023

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# AUGUST 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 FULLY PADDED PRACTICE WEEK 1	31 LIFT 8-9AM  FIELD 5-7PM	1  FIELD 4-7PM	2 LIFT 8-9AM  FIELD 5-7PM	3  FIELD 5-7PM	4 LIFT 8-9AM  FIELD 4-7PM	5 FIELD 7-8:30AM  BBQ KICK-OFF 9AM
6 FULLY PADDED PRACTICE WEEK 2	7 1ST DAY OF SCHOOL  FIELD 5-7PM	8  FIELD 4-7PM	9 LIFT 8-9AM  FIELD 5-7PM	10  FIELD 5-7PM	11 LIFT 8-9AM  SCRIMMAGE @ WEST COVINA TBD	12 FIELD 8-10AM
13 WEEK 0 / GAME 1	14 LIFT 7-8AM  PRACTICE 3-5:30PM	15 LIFT 7-8AM  PRACTICE 3-5:30PM	16 LIFT 7-8AM  PRACTICE 6-8PM	17 WALK-THRU 6TH  JV @ COLONY 4PM	18 vs COLONY 7PM	19
20 WEEK 1 / GAME 2	21 LIFT 7-8AM  PRACTICE 3-5:30PM	22 LIFT 7-8AM  PRACTICE 3-5:30PM	23 LIFT 7-8AM  PRACTICE 6-8PM	24 WALK-THRU 6TH  JV vs ETIWANDA 4PM	25 @ ETIWANDA 7PM	26
27 WEEK 2 / GAME 3	28 LIFT 7-8AM  PRACTICE 3-5:30PM	29 LIFT 7-8AM  PRACTICE 3-5:30PM	30 LIFT 7-8AM  PRACTICE 6-8PM	31 WALK-THRU 6TH  JV vs LEUZINGER 4PM	1 @ LEUZINGER 7PM	2

## AUGUST 2023

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## SEPTEMBER 2023

## OCTOBER 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 WEEK 2 / GAME 3	28 LIFT 7-8AM  PRACTICE 3-5:30PM	29 LIFT 7-8AM  PRACTICE 3-5:30PM	30 LIFT 7-8AM  PRACTICE 6-8PM	31 WALK-THRU 6TH  JV vs LEUZINGER 4PM	1 @ LEUZINGER 7PM	2
3 WEEK 3 / BYE WEEK	4 Labor Day  NO PRACTICE	5 LIFT 7-8AM  PRACTICE 3-5PM	6 LIFT 7-8AM  PRACTICE 3-5PM	7 LIFT 7-8AM  PRACTICE 3-5PM	8 BYE WEEK	9
10 WEEK 4 / GAME 4	11 LIFT 7-8AM  PRACTICE 3-5:30PM	12 LIFT 7-8AM  PRACTICE 3-5:30PM	13 LIFT 7-8AM  PRACTICE 6-8PM	14 WALK-THRU 6TH  JV @ CHHS 4PM	15 vs CHINO HILLS 7PM	16
17 WEEK 5 / GAME 5	18 LIFT 7-8AM  PRACTICE 3-5:30PM	19 LIFT 7-8AM  PRACTICE 3-5:30PM	20 LIFT 7-8AM  PRACTICE 6-8PM	21 WALK-THRU 6TH  JV vs C.V. 4PM	22 @ CITRUS VALLEY 7PM	23
24 WEEK 6 / GAME 6	25 LIFT 7-8AM  PRACTICE 3-5:30PM	26 LIFT 7-8AM  PRACTICE 3-5:30PM	27 LIFT 7-8AM  PRACTICE 6-8PM	28 WALK-THRU 6TH  JV vs GLENDORA 4PM	29 @ GLENDORA 7PM (CITRUS COLLEGE)	30

**SEPTEMBER 2023**

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

**NOVEMBER 2023**

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 GAME 7 / WEEK 7	2 LIFT 7-8AM  PRACTICE 3-5:30PM	3 LIFT 7-8AM  PRACTICE 3-5:30PM	4 LIFT 7-8AM  PRACTICE 6-8PM	5 WALK-THRU 6TH  JV @ S.C. 4PM	6 vs SAN CLEMENTE 7PM	7
8 GAME 8 / WEEK 8  LEAGUE	9 LIFT 7-8AM  PRACTICE 3-5:30PM	10 LIFT 7-8AM  PRACTICE 3-5:30PM	11 LIFT 7-8AM  PRACTICE 6-8PM	12 WALK-THRU 6TH  JV @ BONITA 4PM	13 vs BONITA	14
15 GAME 9 / WEEK 9  LEAGUE	16 LIFT 7-8AM  PRACTICE 3-5:30PM	17 LIFT 7-8AM  PRACTICE 3-5:30PM	18 JV vs C.O. 4PM  PRACTICE 6-8PM	19 @ CHARTER OAK 7PM	20 FILM 6TH PER.	21
22 GAME 10 / WEEK 10  LEAGUE	23 LIFT 7-8AM  PRACTICE 3-5:30PM	24 LIFT 7-8AM  PRACTICE 3-5:30PM	25 LIFT 7-8AM  PRACTICE 6-8PM	26 WALK-THRU 6TH  JV @ ALTA LOMA 4PM	27 vs ALTA LOMA 7PM	28
29	30	31 Halloween	1	2	3 CIF ROUND 1	4



## OCTOBER 2023

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22	23	24	25	26	27	28
29	30	31				

## NOVEMBER 2023

## DECEMBER 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 Halloween	1	2	3 CIF ROUND 1	4
5	6	7	8	9	10 CIF ROUND 2	11 Veterans Day
12	13	14	15	16	17 CIF ROUND 3	18
19	20	21	22	23 Thanksgiving Day	24 CIF CHAMPIONSHIP	25
26	27	28	29	30	1 STATE CIF PLAYOFFS REGIONAL GAME	2

# NOVEMBER 2023

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# DECEMBER 2023

# JANUARY 2024

S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 STATE CIF PLAYOFFS REGIONAL GAME	2 STATE CIF PLAYOFFS REGIONAL GAME
3	4	5	6	7	8 STATE CHAMPIONSHIP BOWL GAME	9 STATE CHAMPIONSHIP BOWL GAME
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Christmas	26	27	28	29	30
31	1 New Year's Day	2	3	4	5	6