



GREAT VALLEY HS FOOTBALL ANNUAL LIFT-A-THON

May 14, 2025

Dear Parents and Players:

The coaching staff is excited to showcase our athlete's performance and kick-off the 2025 Football Season. As you know, your children have been working hard in the weight room, and we would like to highlight their efforts as well as raise funds for the 2025 football season. It is critical to our player's individual success and the success of our program that all players work hard all year improving their strength and conditioning. The GVHS Lift-A-Thon will be the perfect opportunity to celebrate their off-season dedication before we kick-off the school year and begin the 2025 Football Season. Please help us make the Lift-A-Thon another proud tradition here at Great Valley High School!

Date: Monday, June 2 & Wednesday, June 4th
Time: 2:30PM
Location: GVHS Weight Room

We are asking that each athlete raise \$50 in pledges to support our football program. Please turn in pledges to the coaches no later than Thursday, May 29th - checks made payable to Great Valley Gridiron Club. We encourage players to turn in any flat donations the day(s) of the event. All profits generated from the Lift-A-Thon will help fund equipment purchases, pregame meals, and much more.

Please encourage your athlete to participate and help him keep up with his pledge sheets and donations. Thank you for your continued support and we look forward to another successful football season. **GO PATRIOTS!!!**

Patriot Proud,

Gary Phillips
Head Football Coach
Great Valley High School