

## **LOCKPORT LITTLE LOOP FOOTBALL (LLLF) POLICIES AND PROCEDURES**

---

### **PRACTICES :**

- All players are expected to make all practices, except where it is necessary to miss one.
- Any absence should be relayed directly to the HEAD COACH in a timely fashion, and where an absence is not an excused absence, it is at the discretion of the Head Coach whether that player will be allowed to play and how that player's role will be affected at the following game.
- Excused absences include missing school due to an illness, an injury (if incurred during football, or if outside of football with an accompanying doctor's note), or a schedule conflict with another sport.
- Any players who participate in an overlapping sport at the start of the football season (known as the acclimation period) their participation with said sport will count toward their acclimation period and can start with full equipment upon joining/re-joining their team. This DOES NOT apply to their minimum practices (12) before their first game action, and these players still need to physically attend the minimum number of practices before playing in a game (scrimmages are exempt from this).
- If a practice is canceled, it is at the discretion of the Head Coach whether to make up that practice during the week.
- All players are expected to ALWAYS have at least one parent/guardian present. Simply dropping the player off and not being around for the duration of practice is not acceptable, as being present in the event of a serious incident is imperative. As situations could arise preventing this, it is the parent's responsibility to notify their coach of such an occurrence.

### **THUNDER/LIGHTNING:**

- Upon receiving word from an LLLF Board member or team head coach, the team is to vacate the field immediately.
- Players are to be released to their parents and verbally told to wait it out in their personal vehicles.
- Any player whose parents are unavailable is to be taken to the closest building.
- The time delay is 30 min, and the clock restarts at each strike of lightning OR thunder.
- As every incident is different and weather conditions can rapidly improve (or even worsen), a decision to cancel a practice typically cannot be made until the last minute. Therefore, it is the responsibility of the parent to not only have their child present and ready for practice at the regular start time (unless otherwise noted), but also to be able to take their child home immediately upon the cancellation of practice. Missing a practice, due to assuming it would/should be canceled is not an excused absence and may result in the player being limited in the following game.

### **EXCESSIVE HEAT:**

- NEYSA rules dictate when/how we practice in hot conditions, following the guidelines set forth by USA Football.
- If the heat index reaches 92 Deg, practice will be canceled, and MAY BE rescheduled by the Head Coach, but all teams will have to agree to the same day.

### **MINIMUM PLAYS:**

- NEYSA, who is the governing body for football at LLLF, sets forth its guidelines pertaining to the minimum number of plays.

- NEYSA RULES STATE: that each player shall receive a MINIMUM of 6 plays on a team with a roster of 25 players, or more. If the team roster is less than 24, or less players each player must receive a minimum of 8 plays in a game. These play counts do not take into consideration special teams plays as they're a non-countable play. It is the policy of TFC to restrict coaches from relegating a player to only special teams play. (unless that player and/or player's parents agree to it ahead of time).

- If at any time a parent is concerned about whether their child received their minimum play count, they should first address it with the coach in a calm and peaceful manner. If a parent feels that their concern was not well received, or they don't feel that it will be addressed, they should then reach out to the Commissioner for guidance. If it is a second offense, they should then IMMEDIATELY seek out the commissioner for his guidance.

- All 5-year-old players on the Mini team are exempt from this rule, and their playing time is at the sole discretion of the coaching staff.

### **RULES OF THE FACILITY:**

- NO smoking, or vaping anywhere on the facility. If you need to do so, you can go to the parking lot.

- NO alcohol anywhere on the facility.

- NO fighting or horseplay allowed in the facility.

- NO loitering or congregating in the walkway or bathroom areas of the facility.

- NO pets are allowed on the facility.

- NO sale of goods of any kind without the expressed consent of LLLF.

- NO mistreatment of property or facilities to include equipment, fields, and buildings.

- NO drones are to be flown over the LLLF Facility during practice or games.

### **VOLUNTEER OPPORTUNITIES:**

- Numerous opportunities will be offered throughout the season, which include (but are not limited to) helping in the concession stand, participating in the chain gang, setup/teardown of the field. Games cannot be played without parents to volunteer for the chain crew, and down marker this is an absolute necessity for games to be played. If you are interested in volunteering please contact your teams head coach or a LLLF Board Member.

### **CODE OF CONDUCT / ACCEPTABLE BEHAVIOR:**

- All parents/players/coaches will be expected to sign a code of conduct prior to starting the season (typically at registration) and this will be referenced anytime a need shall arise, questioning the actions of either.

- Bullying/harassment conduct by any parent, coach, or player WILL NOT BE TOLERATED. This includes any unsportsmanlike comments towards coaches, officials, parents, and players.

- **ANY THREAT OF PHYSICAL HARM, OR IF ANYONE ENGAGES IN A PHYSICAL ATTACK OF ANY OTHER PERSON WILL BE SUBJECT TO LOCAL AUTHORITIES BEING CALLED AND SHALL CONSTITUTE IMMEDIATE EXPULSION FROM LLLF PERMENETLY WITH NO REFUND GIVEN.**

### **EQUIPMENT:**

- LLLF will provide a Helmet, Shoulder Pads, Game Uniform, and Pants to all football players.

- Dates will be announced through email and Facebook for the dates of equipment hand out. Each participant will be issued a Helmet, Shoulder Pads, and Pants which are to be returned

in satisfactory condition. An equipment invoice/promissory note will be given at the equipment hand out.

- Parents, or Guardian must provide Cleats, Girdle, Cup, Mouthguard, Chinstrap and a practice jersey that will cover the shoulder pads (this can be a large T-Shirt). Practice Jerseys must be worn to be eligible for practice on days Equipment is mandatory (this is for player protection). if You can't provide these items, please feel free to reach out to LLLF staff and we can hopefully find a solution.
- Players will be keeping their Jerseys this year, but game day uniforms are not to be worn on practice days without permission from the coach.
- If any equipment that was provided by LLLF gets damaged throughout the season, please inform a LLLF representative A.S.A.P.
- Visors may be worn on the Helmet (LLLFF does not provide visors), However they must be clear. If a tinted visor is needed due to health reasons, a Prescription from an optometrist must be provided to the Commissioner to be worn on game days.
- At the end of the season an equipment turn in dates will be announced. On those days the parent or Guardian responsible for the player is required to turn in the HELMET, SHOULDER PADS, AND FOOTBALL PANTS that were issued to the participant. Any equipment not returned or returned in not satisfactory condition may be replaced at the parents expense.