

2013 NFHS Football Rules Changes

1-5-3a(5)a	Solid-colored towels now legal.
1-6	Use of communication devices expanded.
2-4-1	Definition of a catch clarified.
3-5-10d	Loss of helmet after the down clarified.
6-5-6 PENALTY; 2-9-2; 5-2-1, 2; 6-5-4; 10-4-2b	Kick-catching interference penalty added.
7-5-10 PENALTY; Table 7-5	Pass interference penalties revised.
8-3-3	Score on a try clarified.
9-3-8c (NEW)	Blocking on free kicks revised.
9-4-3l (NEW)	Initiating contact with a helmet-less opponent is now an illegal personal contact foul.
9-6-4g (NEW)	Players continuing to play without a helmet is now illegal participation.

2013 Editorial Changes

Field Diagrams; 1-2-3b NOTES 2; 1-2-3f; 1-2-3l; 1-5-2b; 1-5-3c(2); 1-5, 1-6 PENALTY (Deleted); 1-7; 2-6-2a, b; 2-13-2; 2-32-5b; 2-34-2; 3-5-8c; 3-6-3; 6-5-4; 7-5-2c; Table 7-5-2e; 9-3-8; 9-3 PENALTY; 9-4 PENALTY; 9-6 PENALTY; 9-8-1f NOTE; 9-8-1g, h; 9-8 PENALTY; 10-4-2b; 10-6; Football Fundamentals – II-4, 5, IX-6, X-3e, 6-8; Resolving Tied Games – 10-4-3; 3.1.1 Situations G, H, I; Nine-, Eight- and Six-Player Rules Differences; PENALTY SUMMARY; Official Football Signals – 40, 43.

2013 Points of Emphasis

1. Prohibition on Contact to and with the Helmet
2. Reconditioning and Recertification of Football Equipment
3. Free Blocking Zone Enforcement – Consistent Enforcement of Blocking Below the Waist