

## HFHS 2016 FOOTBALL RULES CHANGES

**1-5-1d(5)a:** Completely clear or completely white tooth and mouth protectors are no longer prohibited. Tooth and mouth protectors shall include an occlusal (protecting and separating the biting surfaces) portion and include a labial (protecting the teeth and supporting structures) portion.

**1-5-2b:** Football gloves are now required to meet either the new SFIA specification or the existing NOCSAE test standard at the time of manufacture.

**2-17; 9-3-6; 9-3 PENALTY:** In a continued effort to minimize risk, the Committee made clipping in the free-blocking zone illegal. Clipping is now illegal anywhere on the field at any time.