



## **The Rundown Media Guidelines**

- 1. Wear team apparel
- 2. No profanity or derogatory language
- 3. No smoking or drinking (alcohol)
- 4. Be stationary/seated. No walking around or driving.
- 5. Be mindful of your background/noise
- 6. Make sure there is a good internet/WiFi connection

Player/Staff Member Name Printed		Date
Player/Staff Member Name Signed	Jersey Number/Staff Position	Franchise