

## **MAKE TODAY COUNT**

## #MTC MINDSET

- Embrace each day! (Each day is a blessing/gift)
- Be the Best Version of yourself so you can be the best for others.
- Attack each day with enthusiasm. (Have a passion and a purpose for what you do!)
- Be Bold..Be Kind..Be True...Be You (Don't try to be anyone else.
  Comparison is a thief of joy. Be the best YOU!)
- I GET to mindset. (Grateful for the opportunity)
- Daily Focus: Actions not Words. (How can I get better today?)
- Nutrition (Daily healthy habits); Clean and healthy lifestyles. (Avoid substance abuse)
- Reflect, Learn, and Grow from your experiences.
- Servant leadership (Help others and expect nothing in return)
- A love for competition. #COMPETE
- Caring Teammate
- Person-Student-Player (Our Foundation starts with our values as a person)