

DIVISION 1 FOOTBALL NCAA RECRUITING RULES

- **Any time:** Athletes can receive non-recruiting materials from college coaches, such as questionnaires, camp brochures, nonathletic institutional publications and NCAA educational materials published by the NCAA.
- **June 15 after sophomore year:** Coaches can extend verbal offers to recruits.
- **September 1 of junior year:** Athletes can receive any form of private communication. This includes emails, recruiting materials, texts and direct messages on social media.
- **April 1 through Sunday before the last Wednesday in June of junior year:** Athletes can take official visits as long as it is not taken in conjunction with their participation in the college's camps or clinics.
- **January 1 of junior year:** Coaches can contact athletes off campus (limited to the NCAA Recruiting Calendar's contact periods).
- **September 1 of senior year:** Athletes can take official visits.
- **September 1 of senior year:** Coaches can call athletes once a week. They can call recruits unlimited times during the contact period.
- During the athletes' senior year, coaches can initiate off-campus contact with the athletes and/or their parents up to six times.
- During athletes' senior year, coaches can evaluate each recruit once during September, October and November. They can conduct two evaluations per athlete (one to determine an athlete's athletic ability and the other to determine academic qualifications) between April 15 and May 31.