

# May 2025 WA Football

Coach Schoppe- dschoppe12@gmail.com (412-779-7036)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lift 3:00-4:15	2	3
4 Team Practice 7:00-8:45pm	5 Lift 3:00-4:15	6 Lift 3:00-4:15	7 Lift 3:00-4:15	8 Lift 3:00-4:15	9	10
11 Mothers Day No Practice	12 Lift 3:00-4:15	13 Lift 3:00-4:15	14 Lift 3:00-4:15	15 Lift 3:00-4:15	16	17
18 Team Practice 7:00-8:45pm Parent Meeting	19 Lift 3:00-4:15	20 Lift 3:00-4:15 7-8PM South- West Showcase	21 Lift 3:00-4:15	22 Lift 3:00-4:15	23	24
25	26 No School	27 Lift 3:00-4:15	28 Lift 3:00-4:15	29 Lift 3:00-4:15	30 Early Dismissal	31

# June 2025 WA Football

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>3</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>4</b> <b>Team Drills</b> 7:30am-9:30am	<b>5</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>10</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>11</b> <b>Team Drills</b> 7:30am-9:30am	<b>12</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>17</b> <b>Offensive Drills</b> 7:30am-8:45am <b>9:00-11:30</b> <b>Youth Camp</b>	<b>18</b> <b>Team Drills</b> 7:30am-8:45am <b>9:00-11:30</b> <b>Youth Camp</b>	<b>19</b> <b>Special Teams</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>24</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>25</b> <b>Team Drills</b> 7:00am-8:50am <b>7 on 7</b> <b>at Trinity</b>	<b>26</b> <b>Special Teams</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> <b>Vacation</b>					

# July 2025 WA Football

Coach Schoppe- dschoppe12@gmail.com (412-779-7036)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Vacation</b>	<b>2</b> <b>Vacation</b>	<b>3</b> <b>Vacation</b>	<b>4</b> <b>Vacation</b>	<b>5</b>
<b>6</b>	<b>7</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>8</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>9</b> <b>Team Drills</b> 7:30am-9:30am	<b>10</b> <b>Special Teams</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>11</b> <b>Trinity</b> <b>7on 7</b>	<b>12</b>
<b>13</b>	<b>14</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>15</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>16</b> <b>Team Drills</b> 7:30am-9:30am	<b>17</b> <b>Special Teams</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>18</b>	<b>19</b>
<b>20</b> <b>North Fayette</b> <b>Community</b> <b>Days</b>	<b>21</b> <b>Defensive Drills</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>22</b> <b>Offensive Drills</b> 7:30am-8:45am <b>Lift/Pool</b> 8:45-11:00am	<b>23</b> <b>Team Drills</b> 7:30am-9:30am	<b>24</b> <b>Special Teams</b> 7:30am-8:45am <b>Lift</b> 8:45-10:45am	<b>25</b> <b>Golf</b> <b>Outing</b>	<b>26</b>
<b>27</b>	<b>28</b> <b>Vacation</b>	<b>29</b> <b>Vacation</b>	<b>30</b> <b>Vacation</b>	<b>31</b> <b>Vacation</b>		

# August 2025 WA Football

Coach Schoppe- dschoppe12@gmail.com (412-779-7036)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> <b>Vacation</b>	<b>2</b>
<b>3</b> <b>Pictures</b>	<b>4</b> <b>Heat</b> <b>Acclimation #1</b> 7:35am-10:45 1:15pm-3:05	<b>5</b> <b>Heat</b> <b>Acclimation #2</b> 7:35am-10:45 <b>Lift/Pool/Speed</b> 1:00pm-2:30pm	<b>6</b> <b>Heat</b> <b>Acclimation #3</b> 7:35am-10:45 1:15pm-3:05	<b>7</b> <b>Heat</b> <b>Acclimation #4</b> 7:35am-10:45 <b>Lift/Pool/Speed</b> 1:00pm-2:30pm	<b>8</b> <b>Heat</b> <b>Acclimation #5</b> 7:35am-10:45 1:15pm-3:05	<b>9</b>
<b>10</b>	<b>11 Camp</b> 3:25pm-6:15	<b>12 Camp</b> 3:25pm-6:15  Teacher In-Service	<b>13 Camp</b> 3:25pm-6:15  Teacher In-Service	<b>14 Camp</b> 3:25pm-6:15  Teacher In-Service	<b>15 Camp</b> 3:25pm-5:20  Teacher Clerical	<b>16</b> <b>10:00AM</b> <b>Scrimmage</b> <b>Canon Mac</b>
<b>17</b>	<b>18</b> 3:25pm-6:15	<b>19</b> 3:25pm-6:15	<b>20</b> 3:25pm-6:15	<b>21</b> 3:25pm-5:20	<b>22</b> <b>7:00 PM</b> <b>Scrimmage</b> <b>@ Belle Vernon</b>	<b>23</b> 8:00AM Varsity Film
<b>24</b>	<b>25</b> 3:25pm-6:15	<b>26</b> 3:25pm-6:15	<b>27</b> 3:25pm-6:15	<b>28</b> 3:25pm-5:20	<b>29</b> <b>7:00 PM</b> <b>@Chartiers</b> <b>Valley</b>	<b>30</b>