



Northern Lights Football League

Letter Of Intent & Waiver/Release Of Liability

A Member Picture is
required for this form
to be Valid

This picture should
show
a legible Head shot

Note: This contract is entered into between the undersigned participant, said member team, and the Northern Lights Football League. This contract is in effect from the date signed, to October 1st of the same contract year *(See additional terms below).

NLFL Member Team : _____

Player: _____ Jersey #/s: Home _____ Away _____ Other Position: _____ (Coach, Staff, etc.)

Name _____
First M.I. Last

Date of Birth _____ Email: _____ Phone: _____

Emergency Contact: _____
Name Phone

For the up-coming football season it is my intention to play in the Northern Lights Football League for the Member Team listed above. With my affixed signature, I attest that I will not participate with, or join any other team within the league during this contractual year. I also affirm the understanding that if I have signed this agreement prior to March 1st of said contract year, I have the right to opt out of this contract prior to March 1st of said contract year, provided I owe no fees or equipment to this team. After March 1st of this contract year, I relinquish my rights to this Member Team for the term of the contract unless signed authorization of release [See Below] is provided to the NLFL by said Member Team. If the Member Team withholds release due to monies owed for fees, jerseys, borrowed equipment, etc. the Member Team must produce a copy of the attached Player-Team Agreement signed by both parties. If a player is in good standing, Member Teams are encouraged to grant release upon request.

In consideration of being allowed to participate in any way in the, Northern Lights Football League and its member teams, athletic sports program, related events and activities, the undersigned acknowledge, appreciate, and agree that:

I am 18 years of age as of the signing of this Wavier/Release.

As a player, coach, or staff member of a team in the Northern Lights Football League, minor league football (hereinafter referred to as "the NLFL") one of whose principal purposes is to organize football competition between its members teams, and between its member teams and non-member teams, I HEREBY ACKNOWLEDGE THAT FOOTBALL IS A DANGEROUS SPORT AND THAT THERE ARE DEFINITE RISKS OF PHYSICAL AND/OR MENTAL INJURY THAT ACCOMPANY ANY NLFL TEAM GAME, SCRIMMAGE, OR INTRATEAM PRACTICE SESSION IN WHICH I MAY BE INVOLVED AS A PLAYER OR MEMBER OF A NLFL TEAM.

In consideration of the NLFL permitting me to participate as player and or member of one of its member teams: I HEREBY AGREE TO INDEMNIFY THE NLFL AND HOLD IT HARMLESS FROM ANY CLAIMS OR LAWSUITS WHICH I OR ANY MEMBER OF MY FAMILY MAY HAVE AGAINST THE NLFL, ITS OFFICERS, DIRECTORS, EMPLOYEES, AND AGAINST ANY OF ITS MEMBER TEAMS AND THEIR OWNERS, OFFICERS, AND EMPLOYEES, WHICH CLAIM OR LAWSUIT ARISES EITHER DIRECTLY OR INDIRECTLY FROM MY PARTICIPATION IN ANY NLFL TEAM GAME, SCRIMMAGE, OR PRACTICE SESSION, whether that participation takes the form of active play in the game or acting as a spectator, or simply as a member of the team. NLFL TEAM GAMES include games between my NLFL MEMBER TEAM and any other football team, whether or not that other team be a NLFL TEAM MEMBER or not. NLFL SCRIMMAGES include any informal competition between my NLFL MEMBER TEAM and any other football team, whether or not that other team is a NLFL team member. NLFL TEAM PRACTICE SESSIONS include any football play conducted within my NLFL MEMBER TEAM which is not an actual football game. Such claims or lawsuits shall include, but are not limited to, physical or mental injuries I may incur as a result of my presence at any of the aforementioned NLFL TEAM GAMES, NLFL SCRIMMAGES, or NLFL PRACTICE SESSIONS, as well as any losses I sustain as the result of personal property which may be lost, stolen, or damaged at any such NLFL TEAM GAME, NLFL SCRIMMAGE, or NLFL PRACTICE SESSION.

I HEREBY ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THE FOREGOING NLFL PLAYER/MEMBER RELEASE FORM AND INDEMNITY AGREEMENT, AND AGREE TO SIGN AND ADHERE TO THE ATTACHED NLFL PLAYER CODE OF CONDUCT INCLUDING PAYMENT OF LEAGUE MANDATED MINIMUM \$100.00 PLAYER FEE.

Printed Name of Participant

Participant's Signature

Date Signed

NLFL Team Representative / Witness

NLFL Team Rep: This player, listed above, is free and clear of any obligation to this team. I hereby release their rights as of this day:

Team Rep: _____

Date: _____

2024-2025



Players Code Of Conduct

1. Players are expected to act in an adult manner and maintain appropriate and professional behavior on and off the field and are to address fans in a polite manner at all times.
2. No excessive use of profanity will be tolerated, which includes gratuitous use of racial slurs on the field, sidelines, or in the presence of fans. Profanity towards coaches, refs, member team or league staff or officials, and fans upon investigation will result in punishment up to expulsion from the NLFL.
3. Players will not engage in any activity deemed detrimental to the league or member organization's images. This includes any defaming, slandering, or otherwise damaging the reputation and integrity of the league, member organizations, and their coaching staff or personnel in any publication, forum, or social media outlet.
4. Players are not allowed to taunt any players, fans, coaches, or event staff for any reason.
5. Players **WILL NOT** have weapons, tobacco, drugs, "vape" pens, or alcohol on the field or facilities at any time, including prior to or following competitions, except where not legally prohibited.
6. Violence or threats of violence towards players, fans, refs, coaches, or other staff of league or member organizations will not be tolerated and may be grounds for immediate ban from the NLFL. This includes threats on any publication, forum, or social media outlet.
*Non-football acts of violence (punching, fighting, etc.) will carry a minimum one game suspension as well as a monetary fine to the player for: 1st Violation - \$50.00, 2nd Violation - \$100.00.
*Premeditated acts such as vacating the sidelines during an incident will carry a minimum two game suspension as well as a monetary fine to the player for: 1st Violation - \$100.00, 2nd Violation - \$200.00.
**If a 3rd violation occurs in either/a combination of these incidents, player will be suspended for the remainder of the season with eligibility to return / banishment from the NLFL for future seasons up for review by the NLFL Executive Committee and/or Board of Directors.
7. Players are expected to read all the NLFL League Operating Rules and adhere to them.
8. Players are required to pay the league mandated minimum player fee of \$100.00 prior to playing with any member organization.

****Any/All Violations and/or Ejections will be reviewed on a case by case basis by the NLFL Executive Committee and/or Board of Directors, and pending gravity of the violation may result in suspension, expulsion, banishment, and/or monetary fine. Violation letters will be sent to player's Member team ownership following decision, and shall be returned, with monetary fine if applicable, no later than the Wednesday preceding their next eligible game at 11:59:59 PM in order for player to be eligible to participate in that week's game.**

Name (Printed): _____ Signature: _____ Date: _____



Player-Team Agreement

Player Name: _____

Team: _____

This is a document to protect the player and the teams in the Northern Lights Football League. If any player has an agreement with equipment or monies owed, it needs to be on this document. Please list any equipment and/or money due by any player used during the season. If the player does not return any equipment or pay any fees due, the player will not be able to play on any other teams in the Northern Light Football League until this has been done. All correct paperwork is turned into the league.

ITEMS Equipment, Team Fees, Etc.

Value amount or amount owed

I agree that all the above listed is accurate and understand that I cannot participate with any other teams until all items above are in good standing with the team I am with currently.

Player signature: _____

Team representative: _____

Date: _____

Date: _____

Copies must be given to the player and then turned into the league.

Players when you return items or pay any money, you MUST get documentation that this has been done.

Until all items are paid or returned, you will not be released from the team above until you are in good standing with that team

The player does not owe any monies or equipment to our organization as of today.
This player is free to join any teams in the Northern Lights Football League.

x _____

Date: _____

Team Owner signature