

## SPSH COVID Preparation Plan

- I. The Adult staff identified to run each level are: Chipmunk – Mike Dougherty; Penguin – Goeff Hieb; Beaver – Matt Endicott; Cadet – Nick Wagner. All are board members of SPSH. These board members will be reminding coaches & players of social distancing.
  - a. Signs shall be placed on and around the hockey courts to remind parents and players of social distancing.
  - b. Tape will be placed on the ground around the doors exiting the court to remind parents to leave room for all players and staff to exit/enter safely.
- II. The same staff will be used to coach and officiate the players.
  - a. The same coach will be assigned to one team.
  - b. Players will not mix with other teams unless one team is missing several athletes due to absence.
- III. Individuals will remain 6 feet apart from one another whenever possible.
  - a. The official will remain 6 feet away from players during the course of play as best possible, except during face offs.
  - b. Handshakes will not be allowed at the end of the game (a hockey tradition).
- IV. Coaches will wear a mask while on the bench and interacting with players.
  - a. Officials will not be required to wear a mask during game play because it will hinder breathing for the required movement needed and whistling for penalties.
  - b. Players will not be required to wear masks because of the vigorous activity, but will be required to keep their helmets and gloves on at all times, including the bench area.
  - c. Players will also be asked to maintain distance from one another on the bench area, using the extended taped area if need be.
  - d. Rosters will be kept small (max 12 players & one goalie) so that there are only enough players on the bench area for a shift change.
- V. Games will be scheduled to have a 5-minute gap between play to allow the teams leaving the court to have limited contact with the teams entering the court.

- a. Chipmunk hockey will only have practices and organized scrimmages following the same safety requirements.
- VI. All coaches will be educated on the COVID-19 health and safety protocols prior to the season beginning.
- VII. All coaches and players(parents) will be expected to self-monitor themselves and to stay home if they are sick or are experiencing any symptoms of COVID-19.
  - a. Likewise, if a coach or player has been exposed to anyone who is sick or are experiencing any symptoms of COVID-19 they are to stay home.
  - b. If any COVID-19 symptoms appear during hockey activities, the coach or athlete will be separated and required to go home.
- VIII. All athletes will bring their own equipment and water bottles. No sharing of water bottles or equipment will be allowed.
  - a. Only the officials will touch the ball with their bare hand. All athletes will be required to have their gloves on at all times.
  - b. Game balls will be disinfected after each game use.
  - c. This Program Preparation Plan will be sent in electronic form to all parents in the league and posted on the league's website and Facebook page.
- IX. Facility Hygiene
  - a. Hand sanitizer and disinfecting wipes will be available in the scorebox during each game to wipe the scoreboard controller down and sanitize the game balls. Disinfecting fogger will be used on bench area and scorers box in between all games.
  - b. All other surfaces will be wiped down with EPA approved disinfectant as suggested by CDC.
  - c. Shared areas such as restrooms, shed, snack bar, etc shall be cleaned and "fogged" frequently.
  - d. Shared equipment shall be wiped and disinfected after each use, prior to being stored.