

U9 Guidelines

General Rules

- Games can be either two thirty (30) minute straight time periods with three (3) minutes shifts or three twenty (20) minute stop time periods with two (2) minute shifts
- Teams may play 3 on 3 (if absolutely necessary); 4 on 4; or 5 on 5 format, depending upon team composition. This must be agreed upon by both teams
- A face-off will take place at the start of every shift.
- There are no icing or off-side calls.
- Full sized nets will be used

Continuous Play and Change of Possession:

- A face-off will take place at the start of every shift.
- There will be no stoppages in play during shifts; continuous play will be used. (Exception: Injury)
- **Puck shot out of play:** Official blows whistle, defending team backs off and non-offending team gets possession.
- **Goalie freezes puck:** Official blows whistle, attacking team backs off and defending team gets possession.
- **Goal scored:** Official blows whistle, attacking team backs off and defending team gets possession.

Officiating

- Standard: Delayed penalty procedures are followed. (NOTE: Goalie can't be pulled during delay)
- The official calling the penalty blows whistle, identifies offending player and penalty.
- Offending player is escorted to player bench by the official who called the penalty.
- The second official gives possession to the non-offending team. (Offending team must back-off)
- The offending player is eligible to return during the same shift if goal is scored by the non-offending

5 Goal Rule

In U9, there will be a 5-goal per player limit per game. This will be in effect for all regular season and playoff games. Regulation time only. Overtime and Shootout do not count. If a player goes over the 5 goals the following will happen:

- Players 6th goal → the goal will be disallowed, and the faceoff will go back into the offending teams end
- Players 7th and future goals → the goal will be disallowed. The non offending team will be awarded a penalty shot. Any player that was on the ice may shoot (as long as they have not scored their 5 goals)