



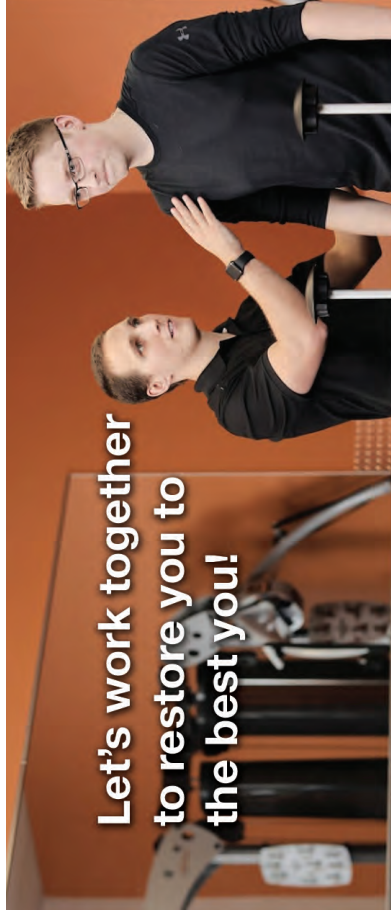
**MANITOBA HIGH SCHOOLS
ATHLETIC ASSOCIATION**



M H S A A . C A

2022-2023 HANDBOOK

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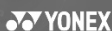
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INTRODUCTION

The MHSAA has developed this handbook to provide coaches, teachers, and administrators with information relating to rules, regulations, and deadlines.

The MHSAA encourages pertinent information, especially eligibility rules, appeal information, and sport specific regulations, to be copied and distributed. This information is also all available on mhsaa.ca.

Each school must submit an eligibility roster through mhsaa.ca by the date indicated under each sport. Schools have been provided with user ID's and passwords. Eligibility rosters allow the MHSAA to maintain accurate records and participation numbers in the various sports. Your co-operation is appreciated.

The MHSAA hopes this handbook will be a useful resource. Should you have any questions regarding Provincial Championships and/or the structure of, please contact the Assistant Executive Director of the MHSAA, Greg Jarvis at 204-925-5642 or email greg@mhsaa.ca.

Should any questions arise in respect to the constitution or eligibility interpretation, please contact the Executive Director of the MHSAA, Chad Falk at 204-925-5641 or email chad@mhsaa.ca.

VISION

The Manitoba High Schools Athletic Association believes that participation in sport plays an integral role in the total education of the student. The Association encourages the high school student to participate in activities that will assist in the realization of physical, social, and emotional values.

MISSION

To promote the benefits of participation in high school sport by providing athletic and educational opportunities.

PREAMBLE

Recognizing the need for a co-operative agency to plan, supervise and administer the inter-school activities of the province, MHSAA expresses a commitment to the True Sport Principles to ensure a safe, inclusive, welcoming, and positive environment for athletes, supported by coaches, administration, parents, and officials. MHSAA believes that adhering to these field of play principles will encourage an optimal sport environment for all participants. Furthermore, MHSAA will benefit from aligning with partners who also believe in promoting these principles.

True Sport Principles are as follows:

- **Go for It** – Rise to the challenge – always strive for excellence. Discover how good you can be.

- **Play Fair** – Play honestly – obey both the letter and spirit of the rules. Winning is only meaningful when competition is fair.
- **Respect Others** – Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.
- **Keep it Fun** – Find the joy of sport. Keep a positive attitude both on and off the field.
- **Stay Healthy** – Place physical and mental health above all other considerations – avoid unsafe activities. Respect your body and keep in shape.
- **Include Everyone** – Share sport with others. Ensure everyone has a place to play.
- **Give Back** – Find ways to show your appreciation for the community that supports your sport and helps make it possible.

The aims and objectives of the association shall be in harmony with the goals of education as set forth by Manitoba Education. Participation in the activities of the association should be encouraged, as they are an integral part of the total education process. All students enrolled in member schools, should have the opportunity to realize the physical, social, and emotional values that can be derived from inter school competition.

GOALS

1. To encourage participation in high school sport
2. To teach educational values to high school student athletes
3. To promote the value of high school sport across Manitoba
4. To encourage and promote volunteer involvement in high school sport
5. To seek corporate and community partnerships for the Association

OBJECTIVES

1. To encourage participation of students in senior high school activities through inter school and provincial programs.
2. To consider the welfare of the participants as the primary criteria upon which all policies of the association are based.
3. To plan, supervise and administer the interzone, wildcard and provincial activities of the members of the association.
4. To maintain a high level of sportsmanship, respect, and integrity in all activities.
5. To provide an outlet for the skills learned and the appreciation developed through competition.
6. To sponsor activities which promote the objectives of senior high school education.
7. To publish material which will be of benefit to member schools. Publications could include technical and promotional articles as well as material directed to students.
8. To develop and maintain a website to promote high school activities.

HAVE A GREAT SCHOOL YEAR!

HISTORY

The Manitoba High Schools Athletic Association was founded on April 24, 1962, as a result of a government commissioned study of “physical education and recreation in Manitoba”.

One of the recommendations from the commission, headed by the late Dr. Frank Kennedy was the “definite need for a secondary school athletic association to define policy, standards and participation regulations for all parts of the province and membership should include teachers, principals, and inspectors”. After the commission’s recommendation, a group of sincere, dedicated individuals worked very hard to set up an organization which would respond, at that time, to the needs of the schools, their student-athletes, and teams in high school sport. Resources were very limited, but the resolve and spirit of those committed people were of a very high degree. Thus, the Manitoba High Schools Athletic Association was born.

Today, we see the MHSAA as a positive influence on the lives of young people and a strong voice in speaking out about the role that high school athletics plays in the total education process.

The Manitoba High Schools Athletic Association’s primary function is to guide the operation of fair and equitable sporting events for high schools in Manitoba. High school sport provides young student athletes with positive experiences that will better prepare them for future endeavors in society.

The MHSAA is a member of School Sport Canada and an affiliate of the National Federation of State High School Associations. The story of the MHSAA is one of steady growth in organization, numbers, and the promotion of the value of sport in Manitoba schools. With nearly 200 member schools and over 30,000 student athletes participating, the association operates 11 official sports and more than 50 Provincial Championships.

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SAFE SPORT TIPS FOR ATHLETES

OK

- ✓ Group training with your teammates and coach
- ✓ Team get-togethers and group social gatherings
- ✓ Electronic group chats with your teammates and coach
- ✓ Sharing a room on an overnight trip with a teammate of the same gender identity
- ✓ Carpooling with your teammates
- ✓ Your coach entering the changeroom to assist with a medical emergency
- ✓ Giving permission to a coach to physically touch you to demonstrate a training technique
- ✓ If an issue arises, respectfully asking for feedback or clarification
- ✓ Friendly humour not targeted at one specific person that is not discriminatory in nature

NOT OK

- ✗ Practicing alone with your coach in a space where other people cannot watch
- ✗ Visiting your coach at home
- ✗ 1-on-1 electronic communication (e.g., direct messages) with your coach
- ✗ Sharing a room with a coach or chaperone on an overnight trip or being alone in a room with a coach or chaperone
- ✗ Being alone in a car with your coach
- ✗ Your coach entering the changeroom without advance warning, while you or other teammates are still changing
- ✗ Your coach touching you unexpectedly or frequently
- ✗ Insulting or using offensive language toward an opponent, official, athlete, or coach
- ✗ Joking about someone's race, gender, sexual orientation, religion, or any other topic meant to insult, belittle, or embarrass them

SAFE SPORT TIPS

FOR COACHES

OK

- ✓ Group training with your athletes
- ✓ Team get-togethers and group social gatherings
- ✓ Electronic group chats with your athletes
- ✓ Performing room checks at curfew with another chaperone on an overnight trip
- ✓ Driving with more than one athlete in a vehicle
- ✓ Enter the players' changeroom in the case of an emergency
- ✓ Asking permission to physically touch an athlete to demonstrate a training technique
- ✓ If an issue arises, providing constructive feedback or respectfully asking for clarification
- ✓ Friendly humour not targeted at one specific person that is not discriminatory in nature

NOT OK

- ✗ Practicing alone with an athlete in a space where other people cannot watch
- ✗ Inviting one athlete into your home
- ✗ 1-on-1 electronic communication (e.g., direct messages) with an athlete
- ✗ Sharing a room with an athlete on an overnight trip or being alone in a room with an athlete
- ✗ Being alone in a vehicle with an athlete
- ✗ Entering the changeroom unannounced and without permission while athletes could still be changing
- ✗ Frequently touching an athlete, especially without asking permission each time
- ✗ Insulting or using offensive language toward an opponent, official, athlete, or coach
- ✗ Joking about someone's race, gender, sexual orientation, religion, or any other topic meant to insult, belittle, or embarrass them

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“You have to expect things of yourself before you can do them”

MICHAEL JORDON

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Hockey	Peter Woods	204-925-5757	hockeymanitoba.mb.ca
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Winnipeg Sun	204-632-2605
Brandon Sun	1-877-786-5786 or 204-571-7442
Brandon University	204-728-9520
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STATE SCHOOL SPORT ASSOCIATION WEBSITES

National Federation of State Associations: nfhs.org

Alabama - ahsaa.com

Alaska - asaa.org

Arizona - aiaonline.org

Arkansas - ahsaa.org

California - cifstate.org

Colorado - chsaa.org

Connecticut - <http://www.casciac.org/ciacsports.com>

Delaware - doe.k12.de.us/diaa

District of Columbia - dcsaasports.org

Florida - fhsaa.org

Georgia - ghsa.net

Hawaii - sportshigh.com

Idaho - idhsaa.org

Illinois - ihsa.org

Indiana - ihsaa.org

Iowa - iahsaa.org

Kansas - khsaa.org

West Virginia - wvsac.org

Kentucky - khsaa.org

Wisconsin - wiaawi.net

Louisiana - lhsaa.org

Wyoming - whsaa.org

Maine - mpa.cc

Maryland - mpssaa.org

Massachusetts - miaa.net

Michigan - mhsaa.com

Minnesota - mshsl.org

Mississippi - misshsaa.com

Missouri - mshsaa.org

Montana - mhsa.org

Nebraska - nsaahome.org

Nevada - niaa.com

New Hampshire - nhiaa.org

New Jersey - njsiaa.org

New Mexico - nmact.org

New York - nysphsaa.org

North Carolina - nchsaa.org

North Dakota - ndhsaa.com

Ohio - ohsaa.org

Oklahoma - ossaa.com

Oregon - osaa.org

Pennsylvania - piaa.org

Rhode Island - riil.org

South Carolina - schsl.org

South Dakota - sdhsaa.com

Tennessee - tssaa.org

Texas - uiltexas.org

Utah - uhsaa.org

Vermont - vpaonline.org

Virginia - vhsl.org

Washington - wiaa.com



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2022-2023 Provincial Championships

<u>Event</u>	<u>Date</u>	<u>Location</u>
Golf	September 23, 2022	Carman
Cross Country	October 12, 2022	Adam Lake
A-AAA Soccer	October 14 & 15, 2022	Girls – Birtle Boys – Rosburn
A/AA JV Volleyball	November 24, 25 & 26, 2022	Girls – Russell Boys – Hamiota
AAA JV Volleyball	November 24, 25 & 26, 2022	Girls – Altona Boys – Winkler
AAAA JV Volleyball	November 24, 25, & 26, 2022	Brandon
AAAA Regional Volleyball	November 24 & 26, 2022	Winnipeg
A Volleyball	December 1, 2, & 3, 2022	Girls – Gretna Boys – Elm Creek
AA Volleyball	December 1, 2, & 3, 2022	The Pas
AAA Volleyball	December 1, 2, & 3, 2022	Girls – Neepawa Boys – Steinbach
AAAA Volleyball	November 30, December 1 & 5, 2022	Winnipeg
Curling	February 9, 10 & 11, 2023	The Pas
Mixed Doubles Curling	February 10 & 11, 2023	Rivers
AA Hockey	February 23, 24 & 25, 2023	Somerset
AAAA Hockey	March 10, 11 & 13, 2023	Winnipeg
A/AA JV Basketball	March 9, 10, & 11, 2023	Girls – The Pas Boys – Cranberry Portage
AAA JV Basketball	March 9, 10 & 11, 2023	Winnipeg
AAAA JV Basketball	March 9, 10, 11 & 14, 2023	Winnipeg
AAAA Regional Basketball	March 9 & 11, 2023	Brandon
A Basketball	March 16, 17 & 18, 2023	Girls – Gilbert Plains Boys – Grandview
AA Basketball	March 16, 17 & 18, 2023	Girls – Souris Boys – Virden
AAA Basketball	March 16, 17 & 18, 2023	Thompson
AAAA Basketball	March 16, 17 & 20, 2023	Winnipeg
Badminton	May 4, 5 & 6, 2023	Winnipeg
Baseball	June 1, 2, & 3, 2023	Glenboro
AAAA Soccer	June 2 & 3, 2023	Steinbach
Fast Pitch	June 2 & 3, 2023	Winnipeg
Track & Field	June 8, 9, & 10, 2023	Brandon
Annual General Meeting	June 18, 19 & 20, 2023	Brandon



The Manitoba Federation of Independent Schools proudly supports the work of MHSAA. Thank you to the coaches and volunteers who make a difference in the lives of the many student athletes in our Member Schools.

Balmoral Hall School
Calvin Christian School
Dufferin Christian School
Faith Academy
Gray Academy of Jewish Education
Immanuel Christian School
Linden Christian School
Mennonite Brethren Collegiate Institute
Mennonite Collegiate Institute
Prairie Central Adventist Academy
St. Boniface Diocesan High School
St. John's - Ravenscourt School
St. Mary's Academy
St. Paul's High School
Springs Christian Academy
Steinbach Christian School
The King's School
University of Winnipeg Collegiate
Westgate Mennonite Collegiate
Westpark School



**Manitoba Federation of
Independent Schools**
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MHSAA CONSTITUTION

Constitutional Objectives: Whereas the school athletic program must in fact, as well as in theory, never lose sight of values that are basic to a sound educational program, be it resolved that the following guidelines express the intent of the MHSAA Constitution:

1. To provide all member schools with a medium for discussion of problems of common interest.
2. To encourage and/or co-ordinate inter-zone competition and provincial championships.
3. To encourage, reflect and promote, the achievement of the highest possible ethical standards of sportsmanship.
4. To publish and disseminate information concerning zone and provincial athletic activity.
5. To enter into agreement and/or discussions with other sport bodies, and government agencies, in cases where it may be deemed desirable.
6. To encourage member schools to provide leadership in the development of sport in the community.
7. To set eligibility regulations under which all provincial and zone competitions leading to provincial championships are conducted.
8. To approve such playing rules and codes as may be deemed suitable to govern inter school sport while taking into consideration the rules and regulations of other sport governing bodies.
9. To develop fund raising mechanisms to support the activities of the Association.
10. To exercise such powers and responsibilities as may be vested in the Association by the member schools from time to time.

MANITOBA HIGH SCHOOLS ATHLETIC ASSOCIATION BY-LAW NO. 1

BE IT ENACTED AND IT IS HEREBY ENACTED as a by-law of MANITOBA HIGH SCHOOLS ATHLETIC ASSOCIATION INC. (hereafter called the "association") as follows:

1. **Registered Office**
The Registered office of the Association shall be in the City of Winnipeg in the Province of Manitoba and at such place therein as the directors of the association may from time to time decide.
2. **Corporate Seal**
The Seal of the Association, which shall be in the custody of the Executive Director of the Association, shall be in such form as shall be described by the Directors of the Association, and shall have the words "THE MANITOBA HIGH SCHOOLS ATHLETIC ASSOCIATION INC." endorsed thereon.
3. **Board of Directors**
The affairs of the Association shall be managed by a Board of not fewer than six nor more than twenty-five directors. Members shall be elected for two-year terms at the Annual General Meeting and the position shall be vacated if:
 - a) A board member shall resign their office by delivering a written resignation to the Executive Director,

- b) At a special general meeting of the members or at a special meeting of the Directors called for that purpose, a resolution is passed by two-thirds for those who are present at the meeting that they be removed from office, and
- c) Upon death.

4. **Board Positions**

The Board of Directors will consist of the following positions:

- a) President
- b) Past President
- c) Four rural representatives one of which must be an administrator (high school or divisional based administrator), the other three representatives may be a physical education teacher, a teacher/coach, or administrator.
- d) Four urban representatives one of which must be an administrator (high school or divisional based administrator), the other three representatives may be a physical education teacher, a teacher/coach, physical education supervisor, or administrator.
- e) One female physical education representative.
- f) Appointed members to the Board would include representation from the
 - Manitoba Association of School Superintendents (MASS) (one rural and one urban)
 - Manitoba School Boards Association (MSBA)
 - Manitoba Education and Training
 - Council of School Leaders (COSL)
- g) Two student representatives to be selected.

5. **Terms of Office**

Elections shall occur in odd and even number years as follows:

- a) **Odd Number Years (5 positions)**
 - i) President
 - ii) Two Urban Representatives
 - iii) Rural Administrative Representative
 - iv) One Rural Representative – AAA/AAAA
- b) **Even Number Years (5 positions)**
 - i) Two Rural Representatives - A & AA
 - ii) One Urban Representative
 - iii) One Urban Administrative Representative
 - iv) Physical Education Representative (female)

No member of the board of directors may serve in any one position for more than two consecutive terms. All elected members must be educators currently employed in a Manitoba high school or Manitoba school division office.

6. Meetings of Directors

- a) Place of Meeting: Board meetings may be held either at the head office or elsewhere within Manitoba as the Directors may from time to time determine.
- b) Notice: A meeting of the Board of Directors may be convened by the President or the Executive Director. Notice of such meeting shall be delivered or mailed or faxed, telephoned, or e-mailed to each Director not less than two days (exclusive of the day on which the notice is delivered or telephoned, but inclusive of the day for which notice is given,) before the meeting is to take place. Provided always that meetings of the Board of Directors may be held at any time without formal notice if all the directors are present or those absent have waived notice or have signified their consent in writing to the meeting being held in their absence. Notice of any meeting or irregularity in any meeting or notice thereof may be waived by any Director. After the election of the Board of Directors at the Annual General Meeting, the first meeting of the Board of Directors shall be held immediately following such meeting. No notice of such meeting shall be necessary to the newly elected Director or Directors in order to legally constitute the meeting, provided that quorum of Directors be present.
- c) Quorum: A majority of number of authorized Directors shall form a quorum for the transaction of business.
- d) Voting: Questions arising at any meeting of Directors shall be decided by a majority of votes. In cases of an equality of votes on any question the chairperson in addition to his/her original vote shall have a second or casting vote for resolution of that tie vote only.

7. Powers of Directors

The Directors may exercise all such powers of the Association as set out by the Corporations act of the Province of Manitoba or by these by-laws. They shall have the power to authorize expenditures on behalf of the Association from time to time and may delegate by resolution to an Officer or Officers of the Association, the authority to hire, employ and pay salaries to employees and shall also take such steps as they may deem requisite to enable the Association to receive donations and benefits for the purpose of furthering the objectives of the Association. In addition, the Directors shall set rules and regulations, (subject to approval and amendment) as follows:

- a) Membership;
- b) Age;
- c) Eligibility;
- d) Activities;
- e) Awards;
- f) Sanctioning;
- g) Association fees;
- h) Travel and Accommodation;
- i) Referees fees;
- j) Clinics;

- k) Financial Operation;
- l) Intent to Participate;
- m) Penalties and Protests;
- n) Sportsmanship Policy;
- o) Classification;
- p) Zone structure;
- q) Starting time of Competition;
- r) Interzones;
- s) Wildcard Game(s)
- t) Organization of Championship Tournaments and Meets;
- u) Location of Championship Tournaments or Meets;
- v) Regulations for Sport Commissions;
- w) Voting Procedures for Elections of Directors;
- x) Such other rules and regulations as may be required by the Association.

8. **For Protection of Directors and Officers**

No Director or officer for the time being of the Corporation shall be liable for the acts, receipts, defaults, or neglects, of any other Director or Officer or Employee or for joining in any receipt of act for conformity or for any loss, damage or expense happening to the corporation through the insufficiency or deficiency of title to any property acquired by the corporation or for or on behalf of the Corporation or for the insufficiency or deficiency of any security in or upon which any of the monies of or belonging to the Corporation shall be placed out or invested or for any loss or damage arising from the bankruptcy, insolvency or tortuous act of any person, firm or corporation with whom or which any monies, securities or effects shall be lodged or deposited for any loss conversion misapplication or misappropriation of or any danger resulting from any dealings with any moneys, securities or other assets belonging to the Corporation or for any other loss damage or misfortune whatever which may happen in the execution of the duties of this respective office or trust or in relation thereto, unless the same shall happen by or through his failure to exercise the powers and to discharge the duties of his office honestly, in good faith and in the best interests of the Corporation, and in connection therewith to exercise the degree of care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances.

9. **President to be Chief Executive**

The President shall be Chief Executive Officer of the Association; they shall preside at all meetings of the Association, and of the Board of Directors. They shall have general and active management of the business of the Association and shall see that all order and resolutions of the Board are carried into effect and they or one of the vice-presidents together with the Executive Director shall sign all by-laws and all other documents which authenticate the Corporate Seal
If the President has resigned or has to be removed from office, the past president will fulfill the term as interim president.

10. **Responsibility of Vice-President**

In the absence of the President from time to time one of the Vice Presidents (one of 4 urban representatives or one of the 4 rural representatives) shall be elected by the Board of Directors to perform the duties and exercise the powers of the President, and the Vice-President shall from time to time perform such other duties as are delegated to them by the President or the Board of Directors.

11. **Responsibility of the Executive Director**

The Executive Director shall attend all meetings of the Board and all meetings of members and act as clerk thereof and record all votes and minutes of all proceedings in the books to be kept for that purpose. They shall give or cause to be given notice of all meetings of the members and the Board of Directors and shall perform other duties as may be prescribed by the Board of Directors or President under whose supervision they shall be. The Executive Director shall not be entitled to vote at any meetings of the Board of Directors, or any Special Meetings of the Association.

12. **Employees and Agents**

The Board may appoint such agents and engage such employees as it shall deem necessary from time to time, and such persons shall have such authority and shall perform duties as shall be prescribed by the Board at the time of such appointment.

13. **By-Law Amendments**

Proposed changes or amendments to by-laws must be presented to the Association Board of Directors in writing at least eight weeks prior to an Annual General Meeting. The Executive Director shall be responsible for having copies of these proposed changes sent out to zone representatives at least four weeks prior to the date of the Annual meeting. By-laws amendments may be passed by a majority vote of those delegates attending the Annual General Meeting. Each zone shall be allowed three voting delegates, one of which must be an administrator (either school or divisional based administrator). Each member of the Board of Directors shall be entitled to one vote. Notices of motions and motions regarding change in the by-laws may be submitted only by the Board of Directors, or by zone representatives. There shall be no voting by Proxy. Any motion passed at an Annual General Meeting will be in force for a minimum two-year period before it can be voted on again. A motion may be reconsidered and brought back to the general assembly with a 2/3 majority of eligible votes. Abstentions do not count as negative votes.

14. **Fiscal Year**

The Fiscal year of the association shall end on March 31.

15. **Annual General Meeting**

- a) There shall be an Annual General Meeting of the Association. The exact time and place of the meeting is to be set by the Board of Directors and all zones and other council members are to be notified at least eight weeks prior to the date set.
- b) Special meetings of the Association may be called by the Board of Directors.
- c) The Board of Directors will meet at such times and places as required and these meetings will be called at the discretion of the President.
- d) Each zone is allowed up to three votes at the AGM, one of which must be an administrative vote (either school or divisional based administrator).

- e) **ABSTENTIONS:** Each motion will require a majority of the votes cast, that is to say abstentions will not count as negative votes.
- f) **MOTIONS FROM THE FLOOR:** In order for a motion to be accepted from the floor 75% of all those who are eligible to vote, must vote for consideration of the motion. This means, that if there are 20 votes in attendance, then 15 votes must approve a motion to be considered. In this case abstentions do count.
- g) **ELIGIBILITY ISSUES:** In order for an eligibility issue pertaining to age of a student athlete or numbers of years of eligibility for a student athlete to pass, this must take 66% of **all** eligible votes. This means, that if there are 20 votes in attendance then 14 votes are required. In this case, abstentions do count. All other matters pertaining to eligibility would require only a simple majority.
- h) **NOTICES OF MOTION:** All motions must be submitted to the Executive Director at least eight weeks prior to the AGM or by the deadline date circulated. Each motion must have a date of implementation included. Any motion passed at the AGM meeting will be enforced for a minimum two-year period. In order to be reconsidered and brought back to the general assembly, as a motion a 2/3 majority, would be required.
- i) Changes regarding Provincial Championship formats, or sport regulations, will not be considered with By-Law changes, or by Notice of Motion, however, they may be brought up under new business, and discussed at that time. Zones will be encouraged to advise the MHSAA office of any proposed changes to Sport regulations that they will bring up at that meeting, so the office may circulate the information prior to AGM. This can also be discussed at the Presidents meeting if advance notice is provided. The Board will discuss the feedback from discussions and may consider at a future board meeting.

RULES & REGULATIONS

I. Membership

Membership in the Association shall be open to all Manitoba schools conducting classes at the senior high school level. It must be emphasized that schools are association members, not specific sports.

II. Eligibility

Preamble: Provincial competition for student athletes is administered by the MHSAA. The athletes participating represent the highest competitive level of school competition in their sport. It is to be considered an honour and a privilege to participate in MHSAA events.

The MHSAA reserves the right to govern its competition, and in doing so, to demand prerequisites from the athletes, schools, and zones. The association attempts to provide a

reasonable level of fairness of competition within the framework of MHSAA Championships.

The MHSAA conducts provincial competitions and events for its members. The MHSAA will not be accountable for extraordinary requirements, beyond those identified as MHSAA prerequisites, which are imposed by an association.

An athlete is responsible for making an honest, full, and continuing disclosure to his or her school of all matters which affect his or her eligibility. Schools must submit eligibility roster data online by the posted deadline to be eligible for provincial activities. The school is responsible for placing only MHSAA eligible athletes into competition.

To be eligible for Association competition, schools must meet the following eligibility requirements:

- a) Participating students must be under the age of 19 as of midnight of the current school year, August 31.
- b) Students are eligible to participate for four years. In determining the four-year clause, member schools must count grade 9 as the first year. **The athlete's eligibility begins upon enrolment in grade 9 and is allowed four consecutive years of competition from time of enrolment in grade 9.**
- c) For sports utilizing the Junior Varsity Category, participating athletes must be under the age of 17 as of midnight of the current school year, August 31. Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. **The athlete's eligibility begins upon enrolment in grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9.**
- d) A student can only play for one school. Should there be a question in regards to what school a student is eligible to play for, it is the school the student is registered in on the first day of classes of the current school year.
- e) No school shall include in its athletic line-up, or eligibility sheet, any student who has transferred from another school within the previous twelve (12) months. The MHSAA Transfer Policy applies to all students transferring into Manitoba high schools. This applies once a student has enrolled in grade 10. This does not affect students currently enrolled in grade 9. (see Transfer Policy)
- f) Participating students must be certified by their principal, as bona fide students and as meeting all eligibility requirements. **They must be enrolled in and attending a minimum of two (2) full time credits during the season/semester they are competing in.**
- g) Be a member school in good standing with the Association and abide by all MHSAA regulations.
- h) Be properly certified school teams under the applicable zone requirements.

- i) MHSAA Member Schools may only compete against other MHSAA Member schools.
- j) In determining the size of a school for classification purposes, a school which is made up of only one gender (all males, all females) will have its student enrollment doubled to determine the class of competition in which it will compete.
- k) All teams must be made up of bona fide students of that school unless provided by exception of this regulation.
- l) A school, for Association purpose, is defined as grade 9 to 12. Grade 9 classes that occur in the same building as grade 10 to 12 are eligible for competition. Grade 9 classes that are held in a separate building/campus are not eligible for competition.
- m) Teams must meet sanction requirements as stated in the regulations.
- n) MHSAA member schools in exceptional circumstances may apply to the Board of Directors for special eligibility consideration for any student/athlete.
- o) Any school that uses professional athletes, those being remunerated for their participation (i.e. cash tournaments) will be ineligible for Association competition.
- p) Any student who has completed their school requirements for graduation would not be eligible for further athletic competition. (A student who completes their requirements midyear, but is still enrolled, taking, and attending courses, is eligible to compete).
- q) The MHSAA endeavors to provide equal opportunities for students. Girls may try out for and play on a boys team. They may not play on both the boys and girls team for the same sport in the same season. Once they have declared a team they cannot switch to the other gendered team during the season. If a school has both a boys and a girls team, they are encouraged to play for their respective gender.
- r) Correspondence, home school, and online students are ineligible to compete in Association activities.
- s) While grade 8 students are ineligible for Association competition (see point a in exceptions to eligibility), if it is discovered that a grade 8 student has participated, then that would count as a year of eligibility.
- t) Schools fielding two or more teams in a single gender sport, (i.e.; two varsity girls volleyball teams) are required to submit all eligible athletes on the MHSAA website on separate rosters for that sport, for each team. Schools may only designate each eligible students to one team, they cannot compete on both teams. (Students cannot move laterally between the two teams). In MHSAA sports where there is not a designated junior varsity championship, all junior varsity teams registered would be considered a second varsity team and students

would not be able to move between teams. **Schools are only permitted to qualify one team per gender to a MHSAA Provincial Championship.**

- u) Any student may participate fully and safely in gender separated sport activities in accordance with their gender identity.

Para-Intellectual Athlete Eligibility:

- a) Para-Athletes with an Intellectual Disability are eligible to participate until the last school day of June in the calendar year of which they turn 21 years of age. They will be eligible to compete for 7 years. The athlete's eligibility begins upon enrollment in grade 9 and they are allowed seven (7) consecutive years of competition from time of enrollment in grade 9.
- b) They may only participate for one school, the school they are registered for at the beginning of the school year. If the athlete transfers schools, they would be subject to the transfer policy.
- c) They must be certified by the principal as a bona fide student and as meeting all para-intellectual eligibility requirements.
- d) Athlete with an Intellectual Disability are defined as any student that participates in a school program involving courses with a Modified (M) Course Designation.

Exceptions to eligibility:

- a) Grade nine students are eligible for competition, provided they are included under the administration of the high school. Grade 7 and 8 students who are at least 15 years of age, as of August 31 of the current school year, and are ineligible for junior high competition, will be eligible for competition provided that they are included under the administration of the high school. If a student begins play in grade 8, their four years of eligibility would begin at that time.
- b) Students attending Rural Regional Schools (and are living 25 or more kilometers from the regional) are to be given the right to choose the regional school or their home school as the school they wish to play for in interscholastic sports (pending approval from both schools and MHSAA). They would be committed to that one school for that entire school year.
- c) Overage appeals may be considered.

Eligibility Appeals:

There is an avenue to appeal a student who may not meet all eligibility requirements. For transfer students please see Transfer Policy.

The appeal must include all of the following:

- a) Letter from the principal endorsing the appeal.
- b) Letter from the zone or league president endorsing the appeal.

- c) Letter explaining the student's extenuating circumstances and why an appeal should be granted (medical certificates, relevant documents must be included).
- d) A copy of the student's academic transcript.
- e) A copy of the student's attendance transcript for the current school year, or previous year.

All of the above must be included in the appeal. Failure to include the above will result in the application not being considered.

There will be four eligibility appeal deadlines per year. All appeals for each season must be emailed to chad@mhsaa.ca by noon of the following dates:

Fall Sports (golf, football, cross country, A-AAA soccer, volleyball) – **September 23, 2022**

Hockey – October 28, 2022

Winter Sports (curling, basketball) – **January 13, 2023**

Spring Sports (badminton, baseball, fast pitch, AAAA soccer, lacrosse, ultimate, rugby, track & field) – **April 6, 2023**

Any appeals that are received after the deadlines will be subject to a \$25 administration fee.

If a school is unsatisfied with the results of an appeal, a final appeal could be submitted. This would be considered by a committee made up of individuals that were not on the original committee. There is a \$200 non-refundable fee to have a final appeal considered.

For further information on eligibility appeals please contact the MHSAA Executive Director, Chad Falk at 204-925-5641 or chad@mhsaa.ca.

III. Co-oping Schools

1. Schools may apply for a co-op if they meet the following criteria:

- a) Combined populations of the schools involved (grades 9 – 12) must not exceed 425 students.
- b) Co-oping is limited to "A" and "AA" schools only.
- c) Co-oping can occur for a single sport and single gender in a school.
- d) Co-oping must take place for a minimum three-year period for that sport (co-ops cannot switch schools during the three years, without MHSAA approval).
- e) A maximum of four schools only may combine to form a co-op entry.
- f) The team must go under one school name – a new co-op name cannot be created.

- g) The schools must maintain administration of the co-op (i.e. it cannot be managed or controlled by a parent or other group).
 - h) The co-op must be beneficial for all schools in the area.
 - i) Co-op is limited to the sports of Soccer, Volleyball, Hockey, Basketball, Fast Pitch, Baseball, Rugby, Lacrosse, Ultimate, and Football.
 - j) For the sports of Volleyball, Hockey and Basketball, combined co-op populations will determine the category that the new co-op may compete in at the Provincial Championships.
- 2) **Exception to the Co-op Rule:** All schools that enroll only a single gender, in any classifications (A, AA, AAA, AAAA), may co-op with one other MHSAA member school, in order to compete in the coed sport of Ultimate only. The combined enrollment would determine the classification.
- 3) **Co-op Application:** All completed applications should be emailed to chad@mhsaa.ca and must contain the following:
- a) All co-oping applications must first receive Zone endorsement before being considered for final approval by the MHSAA.
 - b) A letter of endorsement from the administrators of all schools involved in the proposed co-op. The letters should identify the lead school and name of the proposed co-op.
 - c) The MHSAA will review all co-op applications. They will consider the history of the area, the sport, and how the application will affect the other schools in the area. The MHSAA will also consider historical co-ops.
 - d) The decision of the MHSAA is final. The MHSAA has the right to monitor co-ops and if it feels a co-op is being abused, has the right to revoke the co-op or place a school on suspension or probation.
- 4) **Dissolving a Co-op:** Teams forming a co-op have agreed to a three-year commitment. There are circumstances where teams may want to dissolve their co-op. Schools may apply to dissolve a copy prior to the end of the three-year commitment provided it meets one of the following reasons for dissolution and takes in the best interests of all students involved.

Acceptable reasons for dissolving a co-op:

- a) A school no longer has athletes to offer to the program
- b) A school has too many athletes and can participate as its own team (assuming a place is found for the remaining schools to play)

- c) zone recommends a new arrangement of co-ops that makes better sense to allow athletes to compete in the sport.

Dissolving a Co-op Application: All completed applications should be emailed to chad@mhsaa.ca and must contain the following:

- a) A letter of endorsement from the administrators of all schools involved in the proposed dissolving of a co-op. The letters should identify the reasons for the school hoping to dissolve the co-op and what the plan is for their own athletes to be able to participate in the sport in the coming season.
- b) All co-op dissolving applications must first receive Zone endorsement before being considered for final approval by the MHSAA. The zone must take responsibility for fair treatment of all schools/athletes involved.
- c) The MHSAA will review all co-op dissolving applications. They will consider the history of the area, the sport, and how the application will affect the other schools in the area. The MHSAA will also consider historical co-ops.
- d) The decision of the MHSAA is final.

IV. Sanctioning

Sanction must be obtained from the Executive Director of the Association for all of the following activities:

1. Tournaments: (team or individual sports). Sanction must be applied for by the tournament organizing committee of the following:
 - a) Any tournament which has one or more teams from outside the Province of Manitoba;
 - b) Any tournament which is not sponsored or administered by a member school;
 - c) Any tournament which does not meet the requirements set out in number four of this article.
2. Age and Eligibility:
 - a) All competitors competing in provincially sanctioned tournaments must be under 19 years of age as of August 31 of the current school year and attending an MHSAA member school.
 - b) Schools from other provinces or states invited must satisfy the eligibility requirements of their home state or province.
 - c) **Schools may not play non-school teams in any tournaments.**

3. Exhibition games (teams or individual sports):
 - a) Sanction is not required for exhibition games, but member schools are required to report to the MHSAA any incidence(s) which arise during exhibition games which adversely affect the welfare of the students.
 - b) Sanction must be applied for by the members of the Association for any trip or tour that takes a member school of the Association outside the Province of Manitoba for a game or games.
4. Tournaments (not requiring sanction). A tournament does not require sanction, but does require to be registered if it meets the following requirements:
 - a) It is officiated by officials who are members of, or affiliated with recognized official organizations of the Association or host Zone;
 - a) No team is required to play more than two games in one day (applies to basketball only);
 - c) All teams are members in good standing of the MHSAA;
 - d) The tournament is hosted by a member school of the MHSAA;
 - e) Awards are no more than certificates, ribbons, pins, medallions, or trophies;
 - f) Tournaments sponsored by the MHSAA.

Registration: Although tournaments meeting the requirements listed do not need sanction, they must be registered online. All in-province tournaments must be registered online by the date listed under each sport. Registration would include the dates of the tournament and a list of the participating teams. Tournament results must be posted on the MHSAA website by noon on the Monday following the tournament.

5. To Obtain Sanction:
 - a) An application form for inter-provincial sanction is available from the MHSAA website, mhsaa.ca. Feel free to call the Executive Director if you need assistance with this or would like the form emailed to you. The completed form must be signed by the principal and submitted to the MHSAA office fourteen (14) days prior to the start of the competition.
 - b) The MHSAA Executive Director will consider the application for sanction and, if approved, copies of the application will be forwarded to the Executive Director of each state or provincial association.
 - c) Upon receipt of approval or denial of the sanction, the MHSAA office will notify the host school.

- d) When teams or individuals have failed to receive proper sanctioning, they shall be automatically fined fifty dollars (\$50), and if this occurs another time during the school year, then that school will be automatically suspended from any provincial activities in that sport.
- e) Each request for sanction will be evaluated in the list of the established Association policies. Factors such as distance to be traveled, lost time from school, number of games required per day, and commercial exploitation of the competing teams, will be considered in the evaluation of each request. If the sanction is to be denied, then the Board of Directors or the Executive Director will inform the school or organization within one week of the request being received. Otherwise, the school organization may assume that sanction has been granted. If request for sanction is denied by the Association, then the particular school shall not be allowed to travel or compete under any other name.

MHSAA will not sanction or accept registration of any tournament scheduled during the regular school hours of any provincial in-service. MHSAA will only sanction/allow a tournament held on Remembrance Day if it begins after 1:00 pm.

MHSAA will also not sanction/permit any tournaments on a Provincial Championship weekend for any sport.

- 6. National Championships: The MHSAA, in conjunction with all other Provincial and Territorial Associations, opposes National Interscholastic Championships. Therefore, the MHSAA will not sanction competition at this level.

V. Penalties

- a) Any athlete, coach, or member school may be declared ineligible, subject to probation or suspension from Association competition for reported violations of sportsmanship, eligibility, sanction or violation of playoff format or dates. Any athlete, coach, member school, or zone which is alleged to be in violation of eligibility or sanction regulations, must be given an opportunity to appear or appeal before the Board of Directors.
- b) Any decisions as to the appropriate action which may be taken with respect to any reported eligibility, supervision, or sanction violation, shall rest with the Board of Directors. If a penalty is invoked, such penalty shall be enforced by the MHSAA staff.
- c) The MHSAA may default school teams or zones, which do not meet deadline dates set down for zone and/or inter-zone play downs.
- d) When teams or individuals have failed to receive proper sanctioning, they shall be automatically fined fifty dollars (\$50.00), and if this occurs again during the school year, then that school will be automatically suspended from any provincial activities in that sport.

- e) Tournament convenors may request the association to impose a penalty to a school that has not fulfilled invitational tournament commitments as sanctioned by the association. This violation would be subject to a one hundred to two hundred dollar (\$100 - \$200) fine. The offending school may also be liable for officials costs. Tournament convenor would be required to provide a signed copied of the tournament commitment form before any action would take place.
- f) Each Zone is required to post a two hundred (\$200) performance bond. This performance bond is placed in a trust to ensure the zone's participation, proper conduct, and ensure that all Provincial Championship and eligibility requirements are met. Any zone failing to meet any of the expectations as outlined may be liable for forfeiture of part or whole of the bond. The zones must replace the bond before they will be allowed to participate in any other provincial competition.
- g) Zones/Schools failing to meet deadline dates for online submission of the directory, intent, and/or roster information for provincial championships will be fined one hundred dollars (\$100), and that school will not be allowed to compete until the fine is paid.
- h) Athlete(s) or any team member caught consuming or in the possession of alcohol, tobacco or illegal drugs at a Provincial Championship may result in an automatic team disqualification and two hundred dollar (\$200) performance bond forfeiture.
- i) The use of an ineligible athlete will result in an automatic two hundred dollar (\$200 fine. The situation will be reviewed by the Board of Directors. Penalties may result from automatic expulsion of team, forfeiture of all previous results or other.
- j) A team withdrawing from a Championship after the entry deadline has passed will result in an automatic two hundred (\$200) fine for first offense. The Board of Directors will evaluate any further offenses.
- k) Failure to submit eligibility rosters online will result in a one hundred dollar (\$100) fine.
- l) Failure to meet deadlines as listed under each sport in the MHSAA Handbook will result in a fifty (\$50) to two hundred (\$200) dollar fine.
- m) Failure to register a tournament and forward results to the MHSAA by noon the following Monday will result in a fifty to two hundred dollar (\$50 - \$200) fine.
- n) Teams failing to submit online school information before the published deadline will be subject to a one hundred (\$100) fine.
- o) Teams identified with improper uniforms may not be allowed to compete until they have adhered to the uniform rule and may be fined one hundred (\$100).

- p) Teams in violation of advertising on uniform regulations may be fined up to (\$200).
- q) Any coach or athlete wearing head gear (when not part of uniform) during competition, opening ceremonies, award ceremonies, banquet and/or luncheon may be fined \$50 - \$100 per athlete or coach.
- r) Any school not paying its fine within 20 working days would be ineligible to receive any assistance from MHSAA and would not be eligible to participate in any wildcard or other post season activities until the fine with a \$50 penalty is paid. If the fine is still not paid after 35 days, the school may be placed as 'not in good standing' with the Association. A \$200 admin fee in addition to the fine would be required for reinstatement.
- s) Improper conduct/flagrant rule violating (language, etc) will result in a \$50 - \$200 fine and possible suspension. Board to review. MHSAA may extend a suspension of an athlete to other MHSAA Provincial Sport Championships when abuse of other players, coaches, or officials occurs.
- t) Failure to have a teacher supervisor present may result in possible fine of \$200 as well as a default of competition results. Board to assess future offenses.
- u) Changing at the bench or playing field - \$50 - \$200 fine per individual.
- v) Failure to meet expectations at media conferences, & events up to \$200 fine.
- w) Teams not submitting all results, records, and/or exceeding 25 game limit, \$200 fine and school may be deemed ineligible for the Provincial Championships
- x) Failure to participate in special functions, such as provincial banquets or luncheons, and/or to fulfill game requirements at a provincial \$200 fine. Schools may also be responsible for covering expenses, absorbed by the Provincial host, in relation to the special function missed.
- y) Failure of the home school to submit league, and exhibition results on the MHSAA website by noon the following school day will result in a \$25 fine.
- z) Zone failing to fulfill provincial hosting duties will be fined \$500 and the entire zone placed on probation for 2 years. If second hosting duty is not fulfilled by the zone during the probationary period, the entire zone will be considered a "member not in good standing" and as such, will not be eligible for provincial competition for that school year. The board of directors will review and determine if any further sanctions required. Once a zone has completed their probationary period they would return to a zone in "good standing".

VI. Provincial Competition

1) General Information:

- a. An activity shall be eligible to be considered as a Provincial Championship provided that a minimum of 8 zones (or 51 per cent of

the zones) have competed in that activity for two or more consecutive years (at least two schools in each zone participating).

- b. Before any new championships, categories, classifications, etc. are added to the MHSAA roster, a task force must be struck to review cost implications of championships and address human and financial resources.
- c. Any motion involving the addition of a Provincial High School Championship has a one-year grace period before being allowed implementation.
- d. If a new Championship is added, the costs would be added onto membership fees.
- e. In order for a school to participate in a Provincial Championship, that school must compete in its zone league or zone play-off or interzone.
- f. When the rules of the Association are in conflict with those of the Sport Governing Body, then the rules of the Association shall take precedence.
- g. Provincial Championship Awards shall be the responsibility of the Association. All competitors at the Provincial Championships shall receive certificates, which shall indicate that name of the activity, year, and the word "competitor", or "participant".
- h. The cost of referees at the Association play-off level will be the responsibility of the Association. This includes interzones, wildcards and Provincial Championships. The Association shall cover all facility rental expenses when a non-school facility is required.
- i. Spectator admission fees may be collected at Provincial Championships at the discretion of the Board of Directors. The Association shall retain the profits from all competition beyond the zone level. The hosts of "A", "AA", "AAA" and JV "A/AA" & "AAA" provincial championships shall retain 50% of the gate receipts and forward the remaining 50% to the MHSAA. The "AAAA" and "AAAA" JV provincial championships will receive a minor official honorarium and will return 100% of the gate receipts to the MHSAA.
- j. All zones (except zone 11) will be assigned administration or technical duties in the running of the Provincial Track & Field Championships.
- k. No Association championship tournament shall begin prior to 9:00 a.m. on the first day of the competition. Consideration will be given in regard to the distances traveled by out-of-town teams when arranging tournament draws.

- l. Power to move locations of championships will rest with the MHSAA staff, in the case of emergencies, of zones or schools not fulfilling their agreement or failing to make proper arrangements.
 - m. Any protests regarding procedure or rulings occurring during the course of inter-zone, zone, wildcard or provincial games must be submitted in writing and posted within 48 hours to the convenor of that activity, with a copy to the Assistant Executive Director of the Association (for hockey – to Executive Director). Any decision of follow-up shall rest with the Board of Directors.
- 2) Intent to Participate: It is the responsibility of the zone or league representative to indicate the zone's intention to participate in Association competition at the provincial level in any/or all of the following activities:
- a) Golf;
 - b) Cross Country;
 - c) Volleyball;
 - d) Curling;
 - e) Hockey;
 - f) Basketball;
 - g) Badminton;
 - h) Track & Field;
 - i) Fast Pitch;
 - j) Soccer;
 - k) Baseball

Any zone that fails to indicate its intention will not be allowed to participate in that particular activity during the school year. Any zone that fails to honour its commitment will forfeit the right to participate in that particular activity for the following school term unless sufficient notification canceling the intention to participate is given.

3) Organization of Provincial Championships:

The convenor shall be responsible for setting up a tournament or meet committee, and this committee will organize and conduct the championship tournament or meet in conjunction with, and subject to the approval of the MHSAA.

Provincial Tournament Responsibilities: Each zone or school hosting a Provincial Championship is responsible for the following areas:

- a) Providing adequate facilities including caretaking
- b) Minor officials
- c) Tournament volunteers
- d) Local Publicity
- e) All-star and M.V.P. committees (if acknowledged)
- f) Tournament hospitality (athletes, coaches, officials' lounges, etc.)
- h) Website
- i) Results and social media

MHSAA responsibilities:

- a) Major officials
- b) Travel and lodging of officials
- c) Schedule of games
- d) Provincial publicity
- e) Supply of awards
- f) Rental of non-school facilities

NOTE: Such things as medical personnel, unusual expenses related to special equipment etc. are currently negotiable and should be agreed upon before the competition.

4) Supervision:

- a. At all Association Provincial Championships, interzone and wildcard games, participants must have a teacher from that school as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes; however, this must be indicated well in advance both to the teacher who is supposed to be supervising as well as the students from the various schools. When school teams have non-teacher coaches involved with a team, a teacher still must supervise that team when advancing to Provincial play-offs.
- b. Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The expectation still relies upon the school to ensure that its supervisors are fully acquainted with all MHSAA rules, regulations, and consequences.

VII. Championship Dates/Technical Information

1. **Badminton:** The varsity and JV tournament will take place on the first weekend in May.
2. **Basketball:** The "AAAA", "AAA", "AA", "A" Tournaments will be held one week prior to spring break. The Junior Varsity Provincial Championships and "AAAA" Regional will be held 2 weeks prior to spring break. **In the varsity "A", "AA", & "AAA" categories, the provincial qualifiers will be held three weeks prior to Spring Break.**

MHSAA "A", "AA" and "AAA" Basketball Championships are held over 3 days starting on Thursday and ending on Saturday.

Provincial Varsity "A" & "AA" Basketball championships will have three provincial qualifiers with four teams at each, with qualifiers advancing to a provincial 8 (eight) team draw. **Varsity and JV "AAA" will have two provincial qualifiers with eight teams at each, with qualifiers advancing to a provincial 8 (eight) team draw.** JV "A/AA" is 10 (ten) team draw. Varsity and JV "AAAA" are 12 (twelve) team draws.

3. **Cross Country:** The meet will be held during the second or third week of October. The date will be determined based on the timing of the long weekend, MTS PD Day, and Soccer Provincial Championships. There will be two Cross Country classifications (“A”, “AA”, “AAA”) and (“AAAA”). Each classification will award winners in the categories of JV Girls, JV Boys, Varsity Girls, Varsity Boys for the winner, runner up and third place team
4. **Curling:** The boys and girls bonspiel will be held Thursday, Friday, Saturday the second weekend in February. Mixed doubles bonspiel will be held the Friday & Saturday of the second weekend in February.
5. **Golf:** The Provincial Girls and Boys Golf Championships will take place the third Friday of September.
6. **Hockey:** The Provincial “AA” Hockey Championships will be held 4 weeks prior to spring break. Provincial. “AAAA” Hockey Championships will be held two weeks prior to spring break.

The “AA” Championship will be held on Thursday, Friday, and Saturday (not Sunday). The “AAAA” Championship will be held on Friday, Saturday, and Monday (not Sunday)

7. **Track & Field:** The Provincial Meet will be held on the first or second weekend in June.

Provincial Track & Field Championships will award banners for junior and senior categories, in addition to awarding a banner for the top school in each classification (“A”, “AA”, “AAA”, “AAAA”).

8. **Volleyball:** The Provincial “AAAA”, “AAA”, “AA” and “A” tournaments will be held on the last weekend of November or first weekend of December. Junior Varsity Provincial Championships and “AAAA” Regional will be held on the 3rd or 4th weekend of November. **In the varsity “A” & “AA” categories, provincial qualifiers will be held the 2nd or 3rd weekend of November.**

MHSAA Varsity & JV “A”, “AA”, and “AAA” Championships are held over 3 days starting on Thursday and ending on Saturday. They are all 12 (twelve) team draws. JV “AAAA” is a 12 (twelve) team draws held over four days, Thursday, Friday, Saturday, & Monday. Varsity “AAAA” is a 12 (twelve) team draws held over two weekends Regionals will be Thursday & Saturday with Final four take place the following week, Wednesday, Thursday & Monday.

9. **Baseball:** The Provincial Baseball Championships will take place either the last weekend of May or first weekend of June.
10. **Fast Pitch:** The Provincial Fast Pitch Championships will take place either the last weekend of May or first weekend of June.

11. **Soccer:** The AAAA Soccer Championships will take place either the last weekend of May or first weekend of June. The A-AAA Soccer Championships will take place the third weekend of October.

VIII. Demonstration Sports

The following criteria must be in effect:

- a) A Teacher/coach/supervisor must be present during all games.
- b) All MHSAA eligibility rules must be followed.
- c) The principal must be regularly informed of all aspects of the activity.
- d) The sport should take place in at least 5 zones (at least 2 schools per zone)
- e) The sport must be administered by the school.
- f) All MHSAA eligibility requirements must be adhered to.

To obtain demonstration sport status, a written request must be submitted, to the Board of Directors, outlining that all the above criteria have been met, and will be abided by. All supporting documentation should be submitted along with the written request. Once received the Board will review and render a decision.

IX. Zone Competition

1. **General Information:**

- a) Zones may offer championships in any activity.
- b) Each sport sponsored by the Association shall be under the direction of a convenor appointed by the Zone.
- c) The cost of sponsoring activities at the zone level shall be the responsibility of that zone, and gate receipts from zone championships become the property of that zone. All travel and accommodation expenses for zone representatives to Provincial Championships or zone championships, shall be the responsibility of the school or the zone involved.
- d) The cost of referee fees and awards for Zone Championships shall be the responsibility of that zone.
- e) All zone or league playoffs must be completed by the date outlined in the MHSAA handbook.

2. **Zone Structure:** Zones are composed of schools situated within the following school divisions:

- a) Zone 1 - Winnipeg School Division.
- b) Zone 2 - Louis Riel School Division, St. John's Ravenscourt, St. Norbert, Westgate, College Pierre Elliott Trudeau.

- c) Zone 3 - St. James-Assiniboia, & Pembina Trails School Division, St. Paul's High School, St. Mary's Academy.
- d) Zone 4 - Western, Prairie Rose, Red River Valley, Borderland, Garden Valley, & Portage La Prairie School Divisions, College St. Jean-Baptiste, Mennonite Collegiate Institute, Dufferin Christian, Westpark
- e) Zone 5 - Evergreen, Lakeshore, & Interlake School Divisions, Fisher River High School, Ecole Communautaire Aurele-Lemoine, Peguis Central School, Morweena Christian School, Lake St. Martin School.
- f) Zone 6 - Prairie Spirit School Division, Ecole Regionale Notre Dame, Ecole Communautaire Gilbert-Rosset.
- g) Zone 7 - Beautiful Plains, Rolling River, & Pine Creek School Divisions, Ecole La Source.
- h) Zone 8 - Turtle River, Swan Valley & Mountain View School Divisions, Ebb & Flow School, Rorketon Collegiate, Isaac Beaulieu School, Minegoziibe Anishinabe School.
- i) Zone 9 - Turtle Mountain, Southwest Horizon, & Fort La Bosse School Divisions, Sioux Valley School.
- j) Zone 10 - Park West School Division, Birdtail Sioux School, Ecole St. Lazare.
- k) Zone 11 - Frontier School Division, and all northern school districts.
- l) Zone 12 - Metro Winnipeg independent schools, Manitoba School for the Deaf, Seven Oaks MET School, Freedom International.
- m) Zone 13 - Sunrise, Hanover, Seine River, & Whiteshell School Divisions, DSFM, Wanipigow School, Sagkeeng Anicinabe.
- n) Zone 14 - Seven Oaks & River East Transcona School Divisions, Lord Selkirk Regional Secondary School, Mennonite Brethren Collegiate, Springfield Collegiate.
- o) Zone 15 - Brandon School Division.

MHSAA POLICIES

I. Transfer Policy

No school shall include in its athletic line-up, or eligibility sheet, any student who has transferred from another school within the previous **twelve (12)** months. The MHSAA Transfer Policy applies to all students transferring into Manitoba high schools. This applies once a student has enrolled in grade 10. This does not affect students currently enrolled in grade 9.

In accordance with the Association's Appeal Process, a **school** must apply to the MHSAA Transfer Appeal Committee to have a student be deemed eligible to participate in Association sponsored events according to one or more of the following criteria:

1. The student did not participate in a particular sport at the interschool level for **twelve (12)** months prior to the date of transfer. Written confirmation from the Principal or Vice Principal at the previous school is required.
OR
The student accepts their ineligibility under the Transfer Policy, but requests eligibility for the sports they did not participate in at the interschool level for the **twelve (12)** months prior to the date of transfer. Written confirmation from the Principal or Vice Principal at the previous school is required.
2. There has been an accompanying change in permanent residence of the immediate family. Immediate family is the parent(s) or the student's legal guardian as determined by a court of competent jurisdiction. The student and their immediate family must completely and permanently move from the former residence. The student must be attending the designated school in the home catchment area of the new residence. The student/family may be requested to provide evidence/documentation confirming that they are residing in a new permanent residence, and evidence/documentation that they have completely and permanently moved from the former residence.
3. The student has transferred to a Manitoba school from within or outside of Canada and is attending the designated school in their choice of system (public or independent) according to school catchment boundaries. Students transferring from other provinces, states, or countries who have graduated from high school or equivalent, are ineligible for MHSAA competition.
4. The student has been placed in a school by Child and Family Services (CFS) or related agency and accompanying rationale and documentation is included.
5. The student has transferred schools to enroll in an accredited program of studies as per 'Schools of Choice' legislation. Acceptable programs, as recognized by Manitoba Education and Training, include Francais, Senior Years Technology, English, and French Immersion. IB and AP programs are **not** considered as accredited programs. The student would have to transfer to their catchment area school.
6. The student has changed residence to live with a custodial parent for exceptional personal reasons.

OR

The student has changed residence to live with a new court-appointed legal guardian for exceptional personal reasons. Documentation showing that there was just cause for the move must accompany the appeal.

7. The student has transferred to remove him/herself from an abusive home environment. Documentation showing that there was just cause for removal from the home may be requested from the sending school, psychologist, social worker, medical doctor, or police. All documentation is reviewed in the strictest of confidence and confidentiality.
8. A student who enrolls in a Prep School or Sport Academy would be able to play for either their last enrolled Manitoba school or designated catchment area school.
9. The student was the victim of harassment or bullying, and after attempts to resolve the issue, the sending school agreed that it was in the best interests of the student to transfer schools. The appeal must be accompanied by documentation showing that there was just cause for the transfer of schools and a letter from the sending school's administration in support of the transfer. If approved the student would have to attend the closest school to their residence.
10. The student has been forced to leave an independent school specifically due to financial hardship. The appeal must include documentation confirming change in tuition fees and documentation regarding family requests for bursary assistance to meet financial hardship. The appeal committee may request documentation confirming significant changes in the financial situation of the family, and confirmation that the student will be attending the designated school in their home catchment area.
11. The student has transferred because of the closure of their former school and is attending the school designated by the School Division.

Notwithstanding any of the above, no student may participate in the same sport for more than one school in the same league/zone season in the same school year unless the student is ruled eligible by the Transfer Appeal Committee.

When applying under point (2) the student/family must provide evidence/documentation confirming that they and their immediate family are residing in a new permanent residence and that they have completely and permanently moved from the former residence. The student must provide evidence/documentation confirming that they are residing in a new permanent residence. In both cases, such evidence/documentation may include:

- a. Telephone and utility service operative at the new residence,
- b. Telephone and utility service disconnected at the former residence,
- c. Driver's Licence or vehicle registration listing the new residence,
- d. Real estate documents indicating sale/purchase/lease and verifying a change of residence,
- e. Parents/court-appointed guardians' property tax documentation listing the new residence,

- f. Insurance documentation for home and auto,
- g. School documentation showing that sibling(s) attend local school and/or the same high school as the transferring student,
- h. Any other documentation that is requested which establishes the student and their immediate family is living at the new residence,
- i. Manitoba Health Card.

Production of evidence/documentation described above does not guarantee eligibility.

The Transfer Appeal Committee shall, in its sole and exclusive discretion and authority, consider such application and rule the student eligible or ineligible.

Notes:

1. Once a student has changed schools, they are considered a transfer student and even if they return to their original school, they must comply with the MHSAA Transfer Policy.
2. The word "participate" in the Transfer Policy is defined as competing for your school in a particular sport. This includes exhibition games and invitational tournaments/events, not just league play. Once a student is listed on a game sheet or roster they will be deemed to have participated in that sport for that season. A transfer student is eligible to practice with the school team.
3. The Transfer Appeal Committee will **not** consider as a reason for transfer; that a sport or team is no longer offered at the previous school.
4. Out of country/province exchange students are not considered transfer students and **are** eligible for all sports. Should they transfer schools after enrollment, they would **not** be eligible.

Transfer Policy Procedural Process

1. All transfer students are ineligible for MHSAA competition until approved by the Transfer Appeal Committee.
2. A student who is not eligible under these criteria must have their new school submit an appeal.
3. In all sections above, proper documentation must be received by the Transfer Appeal Committee before a decision may be rendered.
4. All appeals must include the support from the school administration of the new school.

Transfer Appeals

If a student, ineligible by reason of the MHSAA Transfer Policy, seeks to appeal their ineligibility the following procedure shall be followed:

1. The **school** shall submit, in writing, the grounds of the appeal and the reasons why the student claims to be eligible.
2. Upon receipt of the application for appeal, the Board shall notify the school in writing of the date, time, and place that the appeal is to be heard. The student shall also be advised that they may personally attend the hearing of the appeal, along with their representatives. A school representative must also be in attendance. A \$200.00 non-refundable bond must be submitted.
3. At the hearing, the student, or representative, may make whatever submission, or call whatever witnesses they chooses, and which the Appeal committee shall permit in its sole and exclusive discretion.
4. The Appeal committee shall render its decision, in writing, and in doing so shall briefly state the reason(s) for its decision. The decision of the Appeal committee shall be final.

II. Recruiting Policy

Statement on Recruiting

In support of the MHSAA's principles on participation, which is to ensure fair and equitable competitions for all students participating in high school athletic programs, the MHSAA membership encourages open and positive communication between schools, teachers, and coaches.

The Manitoba High Schools Athletic Association opposes any attempt to recruit student athletes from one member school to another. Recruiting is defined as a representative of the school (teacher, administrator, school division employee, coach, student, parent, alumnus or any other person representing themselves as a school contact) either directly or through another party, encouraging a student to transfer to their school, for the purpose of being involved in co-curricular athletic activities.

Acceptable Communication

1. Schools and coaches can advertise their athletic programs as part of a total school package.
2. Athletics can be a topic at an open house and be part of a school information/registration package.
3. Information on specific programs may be presented to students at information sessions held in the student's transition year.
4. Information about teams and school sport programs may be posted on the school's website.
5. Communication may take place with a student and/or parent upon their request or consent, and with the acknowledgement and knowledge of the student's home school's administration. If a student or parent makes contact, the school cannot talk with them, until they advise the administration of the student's current school.

Unacceptable Communication

1. Teachers or school representatives that are part of a sport club, or Sport Manitoba program shall not discuss their school team or otherwise encourage the athletes currently attending their community program, to attend another school.
2. A coach or representative of the school shall not initiate contact, including through the use of social media platforms, with any student that does not attend, or directly feed into their school, for the purpose of suggesting, encouraging or explaining a transfer to that school.
3. A teacher/coach or representative of the school shall not encourage any other person, including past or present players to contact any student to suggest, encourage or explain a transfer to a different school.
4. A coach or representative of the school shall not permit a student not currently enrolled and accepted at the school, to practice or participate in team activities. Equipment cannot be given to students not enrolled in your school.
5. Coaches or representatives shall not meet with the parents of a student or the student if they are currently enrolled in another school.
6. Coaches or representatives shall not offer incentives to any student, parent, or guardian (i.e. fees, tuition, bus passes, rides, equipment, or waivers) that may influence their decision to attend another school.
7. Coaches or representatives shall not offer school privileges or considerations not normally granted to other students.

Sanctions and Penalties

1. Upon reporting of a recruiting violation **in writing**, to the MHSAA Executive Director, he or she shall initiate an investigation of the allegations contained in the written notice. The MHSAA Executive Director will present the written complaint to the accused and request a written response. The principal of the alleged offending school will also be contacted. An independent panel will review the complaint.
2. Should the investigation result in confirmation of recruiting, the Board of Directors will review the infraction, and sanctions may range from:
 - probation AND/OR
 - \$500 fine to the offending school, AND/OR
 - Immediate suspension of that school in that sport for the remainder of the school year, plus the following school year, AND/OR
 - Immediate suspension of that school in all MHSAA Activities for an indefinite period

Note: All sanctions and penalties may be appealed to the MHSAA Board of Directors.

III. Youth Concussion Protocol Summary

The following is a summary of the MHSAA's YOUTH CONCUSSION PROTOCOL.

1.) All youth athletes (<18 years of age), parents, coaches, trainers, and officials participating in MHSAA activities are required to review the Canadian Guideline on Concussion in Sport Pre-season Concussion Education Sheet prior to the first practice of the season. In addition to reviewing information on concussion, it is also important that all sport stakeholders have a clear understanding of the MHSAA YOUTH CONCUSSION PROTOCOL.

2.) In the event that a MHSAA athlete is suspected to have sustained a head injury or concussion the following procedures must be followed:

- a) If any athlete is suspected of sustaining a severe head or spine injury during a sport-related activity, an ambulance should be called immediately to transfer the patient to Children's Hospital Emergency Department or the nearest hospital for Medical Assessment. If follow-up care is needed, the patient should follow-up with their primary care provider or a referral can be made to the Pan Am Concussion Program.
- b) If the athlete develops symptoms of a concussion during a game or practice, they must be evaluated immediately at the Children's Hospital Emergency Department or the nearest emergency room. If follow-up care is needed, the patient should follow-up with their primary care provider or a referral can be made to the Pan Am Concussion Program.
- c) If the athlete develops delayed concussion symptoms several hours later, the athlete should be evaluated by their primary care provider.

All athletes with a suspected concussion must provide their coach/teacher with a Canadian Guideline on Concussion in Sport Medical Assessment or Medical Clearance Letter before returning to any MHSAA-related activities.

For more information on the MHSAA YOUTH CONCUSSION PROTOCOL please see mhsaa.ca for an outline of the complete protocol.

IV. Sportsmanship Policy

1. Statement of Administrative Responsibility: Member schools are expected to conduct their relations with each other at all levels of competition under the principles of True Sport and in keeping with the objectives of the Association. Everyone involved has an obligation to clearly see their influence and act accordingly.

This Association acknowledges that the school administration is responsible for the athletic program, including the making of the broad and specific policies relating to the conduct of activities in the schools. The school principal, for example, as the administrative head of their school, has the responsibility for establishing the principles of True Sport in the minds of the entire school family. They realize that the kind of sportsmanship that is practiced or displayed by the representatives of their school will reflect to its credit or otherwise.

The principal, therefore, is the final authority responsible for all athletic activity of their school at whatever level of competition these are engaged in. In recognition of this authority and responsibility, the following general recommendations are suggested by the Association as a guide to school administrators with respect to sportsmanship policy.

2. General guideline recommendations:

- a) Each School Board should outline specific policies pertaining to Sportsmanship and ensure that the school personnel in their Division are aware of the responsibility to observe the policies and proper conduct.
- b) Each school administration should insist that personnel set good examples of behaviour and commitment to True Sport principles, and to correct those individuals at fault, at a time convenient, in a manner adequate for this situation.
- c) Each school administration should utilize all appropriate occasions and means to emphasize desirable behaviour and adherence to True Sport principles to all students and school personnel.
- d) The supervision of trips and away contests should be such as to assure that the conduct of school representatives bring credit to themselves, their school and their sport. To this end, the Association advocates the full promotion of co-operative host-guest relationships between and among schools entering into athletic competition.

3. Association Responsibility and Sportsmanship Rule

- a) Association Responsibility: The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the Association has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. In exercising its responsibility as it applies to the principles of True Sport, the Association will be guided by the following rule
- b) Sportsmanship Rule: All association competitions will be True Sport events in which all stakeholders will be expected to activate, uphold and promote the True Sport Principles, on and off the field of play. This rule the heart of the entire Association program, with the True Sport Principles being the motives through which an interscholastic athletic program is justified and defended. The integrity of schools, coaches, representative teams and competitors shall be above reproach. It is imperative that schools endeavor to honour all commitments. Competition should be in the spirit of friendly rivalry rather than enmity. Emphasis should at all times be on the activity rather than on the result.
- c) Executive Authority: The Association vests authority in its President and Executive Director to investigate and take appropriate action on any

reported flagrant violation of the sportsmanship rule occurring during inter-zone, regional, or provincial competitions.

- d) Violations: Reported violations shall be resolved in a manner sufficient to correct the problem and may range from a written statement of findings by the Board of Directors to the school administrators, to probation, fine, or suspension for the school.
- e) Any report of a flagrant violation of the sportsmanship rule occurring during an Association sponsored event, must be submitted in writing, and sent within 48 hours of the incident to the Executive Director of the Association.
- f) The MHSAA be allowed to extend the suspension of an athlete to other MHSAA Provincial Sport Championships when abuse of other players, coaches or officials occurs.
- g) Social Media – appropriate behaviour is expected when using social media. Inappropriate activities and comments are unacceptable.

V. Fair Play Policy

The Case for True Sport Principles, Ethics, and Integrity in High School Athletics

Good sportsmanship is viewed by the Manitoba High Schools Athletic Association as a commitment to the seven True Sport Principles. In perception and practice, sportsmanship is defined as those qualities, which are characterized by generosity and genuine concern for others. The ideals of the True Sport Principles apply equally to all athletic disciplines. Individuals, regardless of their role, are expected to be aware of their influence on the behaviour of others and model True Sport Principles.

The MHSAA has identified nine groups within the high school community that are responsible for conducting themselves in a True Sport manner. Following are expectations of each group.

Expectations of Coaches

- Always set a good example for participants and fans to follow, exemplifying the True Sport Principles.
- Instruct participants in proper True Sport expectations and demand that they make the True Sport Principles the No. 1 priority.
- Respect judgment of officials, abide by rules of the event, and display no behaviour that could incite fans.
- Treat opposing coaches, administrators, participants, and fans with respect. Shake hands with officials and opposing coach in public.
- Develop and enforce penalties for participants who do not abide by the True Sport Principles

Expectations of Student Athletes

- Treat opponents with respect: shake hands prior to and after contests.
- Respect judgment of officials, abide by rules of the event and display no behaviour that could incite fans.

- Cooperate with officials, coaches, and fellow participants to conduct a fair competition.
- Accept seriously the responsibility and privilege of representing school and community; display positive public action at all times.
- Live up to high standard of the True Sport Principles established by coach.
- Respect social media and think about what is posted.

Expectations of Parents, Students and Other Fans

- Realize that a ticket is a privilege to observe a contest and support high school athletics, NOT a license to verbally assault others or to be generally obnoxious.
- Respect decisions made by game officials.
- Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.
- Respect fans, coaches, and participants.
- Maintain enthusiasm and composure
- Recognize great performances on either side of the playing court, field, or arena.

Expectations of Media

- Promote ideals and principles of True Sport.
- Report acts of True Sport behaviour without giving undue publicity to unsportsmanlike behaviour.
- Refrain from making negative comments toward participants, coaches, or officials.
- Recognize efforts of all who participate in the contest.

Expectations of Officials

- Accept role in an unassuming manner. Showboating and over officiating are not acceptable.
- Maintain confidence and poise, controlling contest from start to finish.
- Know rules thoroughly and abide by established Code of Ethics.
- Publicly shake hands with coaches of both teams before contest.
- Never exhibit emotions or argue with participants and coaches when enforcing rules.

Expectations of School Administrators

- Develop a program for teaching and promoting the ideals and fundamentals of True Sport within the school, zone, and province.
- Provide appropriate supervisory personnel for each interscholastic event.
- Support participants, coaches, and fans who teach and display the True Sport Principles.
- Recognize exemplary behaviour and actively discourage undesirable conduct by participants, coaches, and fans.
- Attend events whenever possible.

Expectations of Provincial Association Staff (MHSAA)

- Provide leadership and information to member schools.
- Act as a liaison to other sport, and educational associations within the province.
- Use provincial visibility to actively promote True Sport.

Expectations of School Boards

- Adopt policies that promote ideals of True Sport Principles.
- Serve as a positive role model and expect the same from, parents, fans, participants, coaches, and other school personnel.
- Support participants, coaches, school administrators and fans who display True Sport Principles.
- Recognize the value of school activities as a vital part of education.
- Attend and enjoy school activities.

Expectations of Public-Address Announcers

- Treat visiting and home teams comparably.
- Consistently display neutrality during contest.
- Offer no personal comments or criticism of players, officials, or coaches.
- Use P. A. announcements available through the MHSAA.

Suggestions for Admission Gate Display

In the game or in the stands, BE A GOOD SPORT.

At today's contest, BE A FAN, NOT A FANATIC.

IN GENERAL

Acceptable Behaviour

Applaud during introduction of players, coaches, and officials.

Players shaking hands with opponent who fouls out while both sets of fans recognize player's performance with applause.

Accept all decisions of officials.

Cheerleaders lead fans in positive school yells in positive manner.

Handshakes between participants and coaches at end of game, regardless of outcome.

Treat competition as a game, not a war.

Coaches, players search out opposing participants to recognize them for outstanding performance or coaching.

Applause at end of contest for performances of all participants.

Everyone showing concern for injured player, regardless of team.

Encourage surrounding people to display only sportsmanlike conduct.

During the National anthem, students, participants, and fans should remove any hats, face the flag, and remain still until the end of the anthem.

Unacceptable Behaviour

Yelling or waving arms during opponent's free-throw attempt.

Disrespectful or derogatory yells, chants, songs, or gestures.

Booing or heckling an official's decision.

Criticizing officials in any way; displays of temper with an official's call.

Yells that antagonizes opponents.

Refusing to shake hands or give recognition for good performances.

Blaming loss of game on officials, coaches, or participants.

Laughing or name-calling to distract an opponent.

Use of profanity or displays of anger that draw attention away from the game or activity.

Doing own yells instead of following lead of cheerleaders.

Using social media in a negative fashion.

Ways to Promote True Sport Principles

Develop code of conduct and enforce it.

Develop True Sport awards program and honor those individuals who exhibit outstanding sportsmanship, ethics, and integrity.

Hold pre-season meeting and assemblies before games to encourage students to exhibit proper conduct.

Work with local radio and television stations to air public-service announcements on True Sport Principles.

Display message on True Sport Principles throughout school hallways and in gymnasium or on playing field.

Have coaches, players and administrators speak to local clubs and organizations to stress need for True Sport in the community.

Conduct clinics for parents and others to discuss playing rules and the True Sport Principles.

Formulate a committee to work toward improvement of conduct at contests and activities.

CLASSIFICATION

I. Association Fees

1. Classifications

"AAAA" schools	\$780.00 each plus \$1.00/student
"AAA" schools	\$705.00 each plus \$1.00/student
"AA" schools	\$530.00 each plus \$1.00/student
"A" schools	\$480.00 each plus \$1.00/student

2. Association fees must be paid by October 9 (post-marked) of the current year. Zones which do not meet this deadline will be assessed a late penalty of ten dollars (\$10) per calendar day, up to a maximum of 25 days, at which time, they will forfeit the privilege of taking part in the Association activities for that school term.

3. School Classifications are based on **grade 9 to 12 enrollments**.

- a) To be eligible for "A" competition, any rural school must have a population of less than 100 students, plus any Zone 11 schools with a population of less than 200 students.
- b) To be eligible for "AA" competition, any urban school must have a school population of less than 100 students, any rural school with a population of 100 to 300 students, plus any Zone 11 school with a population of 200-650 students.
- c) To be eligible for "AAA" competition, any urban school with a population of 100 to 650 students, any rural school with more than 300 students, plus any Zone 11 school with more than 650 students.
- d) To be eligible for "AAAA" competition, any urban schools with a population of more than 650 students.

Urban school: any schools that lie within a community in Manitoba with a population of 10,000 people or more.

Rural school: any schools that lie within a community of Manitoba with a population of less than 10,000 people.

4. Schools wishing to re-classify to a higher category sport may do so, provided the zone president and MHSAA Executive Director are informed. Deadline dates are listed in the Specific Sport Sections of the Handbook.
5. School's classification will be determined on a yearly basis.
6. A school's classification for the current school year will be based on their enrollment numbers from the previous year. **Numbers will be based on those submitted to Manitoba Education for the School Enrollment Report (EIS Numbers).**

An appeal process is available to schools to exclude students from their enrollment numbers that meet the following criteria:

- 1) Are over the age of 19 as of midnight of the beginning of the current school year,
- 2) Has already completed their four years of eligibility,
- 3) Are not an eligible bona fide student as per MHSAA regulations.
 - a. Not taking minimum two credits during the sport season

Appeals must be submitted to the MHSAA Board of Directors by October 31 of the current school year. The board will review all appeals at the second scheduled board meeting of the year (late November early December). All appealed student numbers approved by the Board would not be used to determine the school's classification for the following year.

Schools must submit a list of all students being appealed along with rationale on why they should not be included (*on MHSAA classification appeal form*). If approved any students on that list would not be eligible to compete for any sport teams the school has for the current school year. At any time, a school could request to appeal the eligibility of a student on that list as per the MHSAA eligibility appeals process. If the appeal is granted by the MHSAA, they will be removed from the list, and they would again be counted in the school's enrollment numbers.

The following is a list of schools in each zone by category:

“A” Schools:

Zone 4: St. Jean Baptiste, Dufferin Christian, Mennonite Collegiate, Elm Creek, Miami,

Zone 5: Riverton, Morweena, Fisher Branch, Lundar, St. Laurent, Fisher River, Lake St. Martin, Aurele-Lemoine

Zone 6: Notre Dame, Cartwright, Baldur, St. Claude, Glenboro, Treherne, Nellie McClung, Gilbert Rosset

Zone 7: La Source, Rivers, Erickson

Zone 8: Minegoziibe Anishinabe, Rorketon, Ethelbert, Gilbert Plains, Grandview, Winnipegosis, Glenella, McCreary, Alonsa, Ste. Rose

Zone 9: Elkhorn, Reston, Waskada, Pierson, Hartney, Wawanesa, Deloraine, Melita, Sioux Valley

Zone 10: Shoal Lake, Strathclair, Hamiota, Birtle, Birdtail Sioux, St. Lazare, Rossburn

Zone 11: 72 Memorial, Mel Johnson, Leaf Rapids, Joseph H. Kerr, Thunderbird, West Lynn Heights, Duke of Marlborough, Grand Rapids, Gillam, Chemawawin, Neil Dennis Kematch, Chief Sam Cook, Kisemattawa, Frontier Mosakahiken

Zone 12: King’s

Zone 13: Ross L. Gray, Real-Bérard, Pointe Des Chenes, Black River, Wanipigow, Heritage Immersion, Whitemouth, Pinawa

“AA” Schools:

Zone 4: Shevchenko, Roseau Valley, Rosenort, Westpark, St. Paul’s, Carman, Morris

Zone 5: Arborg, Teulon, Warren, Ashern, Peguis, Gimli

Zone 6: Pilot Mound, Prairie Mountain

Zone 7: Carberry, William Morton, MacGregor, Elton, Minnedosa

Zone 8: Goose Lake, Ebb & Flow, Sandy Bay

Zone 9: Souris, Boissevain, Killarney, Virden

Zone 10: Major Pratt

Zone 11: Hapnot, Helen Betty Osborne, Frontier, Margaret Barbour, NNOC, St. Theresa, Mikisew, Oscar Lathlin

Zone 12: Red River Valley, Laureate, Immanuel Christian, Springs Christian, Manitoba School for the Deaf, Freedom International

Zone 13: Gabrielle Roy, Landmark, Green Valley, Lac Du Bonnet, Powerview, Sagkeeng Anicinabe, St. Joachim

“AAA” Schools:

Zone 1: Children of the Earth, Churchill, R.B. Russell, Gordon Bell, Elmwood, St. John’s

Zone 2: Leo-Remillard, Louis Riel, Westgate Mennonite, St. John’s Ravenscourt, Nelson McIntyre, Beliveau, Windsor Park, Pierre Elliot Trudeau, St. Norbert

Zone 3: St. James, John Taylor, Westwood

Zone 4: W.C. Miller, Northlands Parkway, Sanford, Morden, Garden Valley

Zone 5: Stonewall

Zone 7: Neepawa

Zone 8: Dauphin, Swan Valley

Zone 11: R.D. Parker

Zone 12: Gray Academy, Faith Academy, St. Maurice, St. Boniface, Balmoral Hall, Linden Christian, U of W Collegiate, Southeast, Seven Oaks MET

Zone 13: Steinbach Christian, St. Anne, Lorette, Edward Schreyer, Niverville

Zone 14: Mennonite Brethren, Transcona, Springfield, Calvin Christian

Zone 15: Neelin

“AAAA” Schools:

Zone 1: Grant Park, Daniel McIntyre, Tec Voc, Kelvin, Sisler

Zone 2: J.H. Bruns, Jeanne Sauvé, Dakota, Glenlawn

Zone 3: St. Mary’s, St. Paul’s, Shaftesbury, Oak Park, Fort Richmond, Vincent Massey (Winnipeg), Sturgeon Heights

Zone 4: Portage

Zone 13: Steinbach Regional

Zone 14: Lord Selkirk, Murdoch MacKay, Miles Macdonell, River East, Kildonan East, West Kildonan, Garden City, Maples

Zone 15: Vincent Massey (Brandon), Crocus Plains



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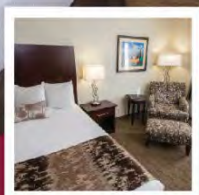
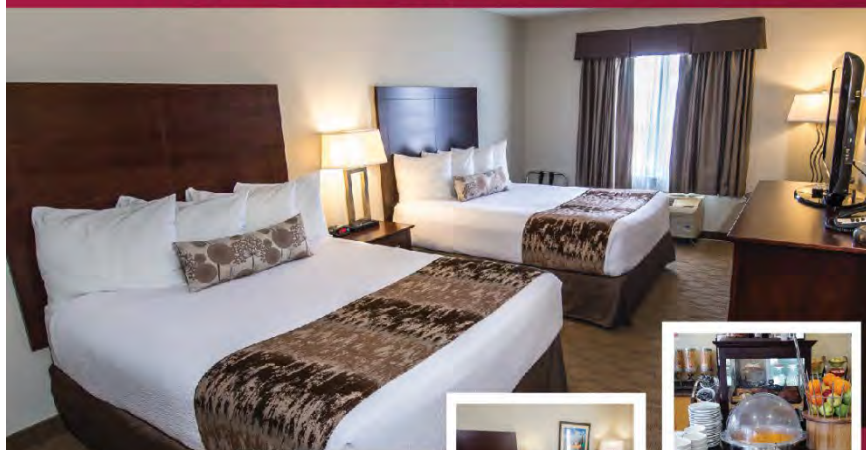
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HOSTING ROTATION

<u>Sport</u>	<u>2023-2024</u>	<u>2024-25</u>	<u>2025-2026</u>	<u>2026-2027</u>
Golf	Open	Open	Open	Open
A-AAA Soccer	8	7	5	4
Cross Country	10	11	12	13
JV A/AA Volleyball	11	12	13	4
JV AAA Volleyball	12	7B/9G	8	2
JVAAAA Volleyball	2	3	1	14
A Volleyball	5	6	7	8
AA Volleyball	13	4	6G/10B	5
AAA Volleyball	8	2	11	12
AAAA Volleyball Regionals	1	14	15	2
AAAA Volleyball Final Four	1	14	14	2
Curling	12	13	14	15
Mixed Doubles Curling	8	9	10	11
AA Hockey	Open	Open	Open	Open
AAAA Hockey	Open	Open	Open	Open
JV A/AA Basketball	12	13	4	5
JV AAA Basketball	7G/9B	8	2	11
JV AAAA Basketball	14	15	2	3
A Basketball	6	7	8	9
AA Basketball	6B/10G	11	12	13
AAA Basketball	2	3	4	12
AAAA Basketball Regionals	2	2	3	3
AAAA Basketball Final Four	2	2	3	3
Badminton	7	8	9	10
AAAA Soccer	4	12	13	14
Track & Field	Wpg	Wpg	Wpg	Bdn
Fast Pitch	4	5	6	7
Baseball	9	10	11	13

PROVINCIAL HOST SELECTION PROCESS

Zone listed in host rotation for 2022-2023 season must declare their intent to host or open the championship up for bid by October 14, 2022

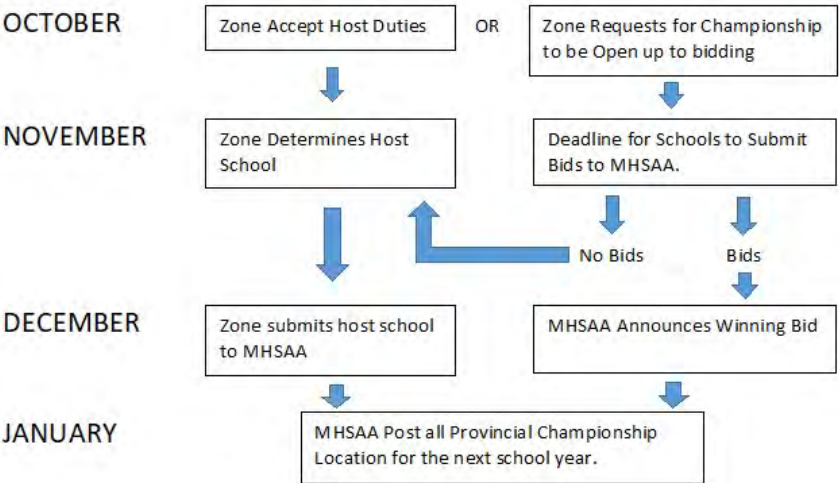
If not up for bid:

1. Zone must notify MHSAA of the host site by December 16, 2022

If opened to bidding:

1. MHSAA will notify Schools of any opportunities to host through Zone Convenor for that sport, classification, category, etc.
2. Interested schools would then have until November 5, to submit a written bid. (Bid submission form will be distributed to schools).
3. Board to review all bids received and award championship to winning bid by end of December.

If no bids are received for a championship(s) by the November deadline it would fall back to the zone listed in the host rotation. If a bid was received for one gender of a sport only, the zone in the host rotation would still be responsible for hosting the other gender for that sport. The Zone would then have to submit their host school to MHSAA by the December deadline. If the host zone in the rotation fails to fulfill their obligation, then they would be penalized as per the MHSAA Penalty section, page 34, point (z).



“If you are afraid of failure, you don’t deserve to be successful”

CHARLES BARKLEY

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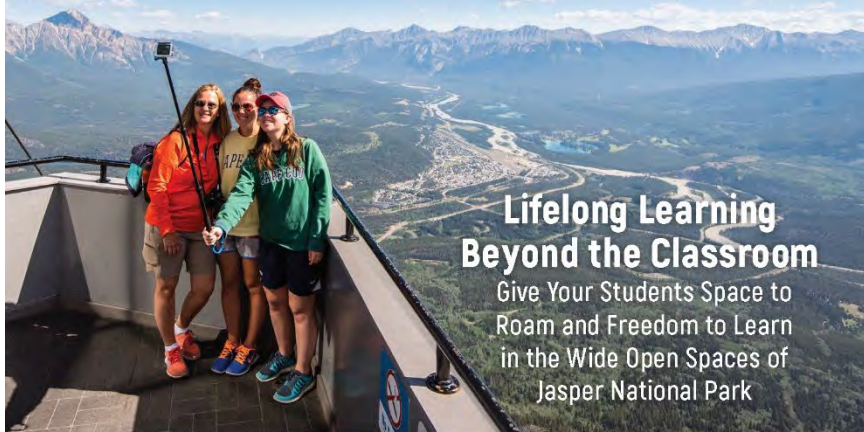
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GOLF

September 23

Site: Carman Golf & Country Club
Convenor: Warren Hoffman
Phone: 204-745-2001
Email: whoffman@g.prstdmb.ca

Schedules and other information will be posted on the MHSAA website prior to the championships. Practice rounds can be arranged by contacting the Carman Golf & Country Club at 204-745-2366.

1. DEADLINE DATES

ONLINE ROSTER is due by **SEPTEMBER 16**. All schools must submit an online roster regardless of whether they will be participating in the Provincial Championships. Failure to submit roster will result in a \$50.00 fine. Each team for your school needs to be on a separate roster.

ZONE PLAY-OFFS must be completed by **SEPTEMBER 16**. It is up to the zone convenor to report the zone winner to the MHSAA office by the following morning.

2. FORMAT & RULES

A) ENTRIES: Each zone is permitted to enter one (1) girls team and one (1) boys team. Each boys and girls team shall consist of a minimum of three (3) members to a maximum of four (4) members, from the same school. **If the top individual scorer for the zone is not a member of the zone winning team, then the zone will also be permitted to enter that top individual boy (1) and girl (1).** To be eligible to participate in the MHSAA Provincial Golf Championships, golfers must shoot a score under double par for the course at their zone championship.

FORMAT: The boys and girls provincial competition will be a team competition. A team score shall be compiled using the best three (3) gross scores of each player. There shall be one (1) boys team and one (1) girls team crowned Provincial Champions.

Ties: In the case of a tie, for any medal or individual position, matching scorecards will be used. All golfers on the team will have their scores considered in each step of the matching scorecard procedure. The winner will be determined on the compiled basis of the best three scores for the last nine holes. If the tying teams have the same score for the last nine, the winner will be determined on the basis of the last 6 holes, then the last three holes, and finally the 18th hole.

Foursomes will be comprised of golfers chosen at random.

Registration will be from 9:00 am to 10:00 am.

Opening ceremonies begin at 10:00 am.

Shotgun start will be at 10:30 am

- B) RULES:** The playing rules of Golf Canada and local rules as proclaimed by the host club shall govern the competition. Special playing rules approved by the MHSAA will take precedence over rules in the official rulebook.

The tournament shall be one (1) round of 18 holes of stroke play competition.

In MHSAA zone and provincial competition, caddies are not allowed. Players may not communicate with spectators (this includes coaches, parents, etc.) during play.

There will be a 12-stroke maximum per hole.

Local rules will be distributed to participants prior to tee off.

Conduct: Participants are warned that conduct deemed to be unsportsmanlike or unacceptable (e.g. club throwing, swearing or damaging golf course property, etc.) may result in disqualification and possible fine of up to \$200.

Alcohol/Drugs: Any athlete, coach, manager, or other school member caught consuming or in possession of any illegal drugs or alcohol, before or after the competition will cause the TEAM to be automatically suspended from the competition and fined \$200. No smoking permitted on course or in clubhouse.

Dress Code:

1. no muscle shirts
2. shirts with sleeves must be worn
3. no hockey or football jerseys
4. no jeans, or jean shorts will be allowed on the course
5. baseball caps should be golf related logos. Caps cannot have sponsorship or inappropriate print.

Coaches should be advised that if the uniform rule is not adhered to, they may be fined up to \$200 and be placed on probation. (Probation being that: if the school violates the infraction again, the school may be fined \$200 and may be suspended from all MHSAA activities.)

*** Advertising on uniforms must adhere to guidelines as outlined on pages 130-131**

3. AWARDS

Awards Presentation: *All teams are expected to stay for the presentation of the awards. Teams may be fined for not being present for the awards.*

Awards will be presented to the top three (3) teams in the male and female categories (5 per team). In addition, the top female and male individual score will be recognized. Provincial Banners are awarded in the team category only.

4. **SUPERVISION**

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

Teacher Supervisor Responsibility: each teacher supervisor will be scheduled to accompany a foursome for every hole to assist in the accuracy of the scores. A mutual agreement must be attained at the end of each hole with the foursome and the teacher supervisor. The teacher supervisor will be in charge of each scorecard.

5. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada Weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. **ACCOMMODATIONS**

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Blue Crescent Hotel	204-542-0732	0 min
Oxbow Inn	204-745-6176	0 min
Days Inn & Suites (Winkler)	204-325-8888	25 min
Quality Inn & Suites (Winkler)	204-325-4381	25 min
Best Western Plus (Morden)	204-822-6116	25 min
Super 8 (Morden)	204-822-2003	25 min

“If you worry about the ones you missed, you are going to keep missing them.”

WALTER HAGEN

A-AAA SOCCER

October 14 & 15

Boys: Rossburn

Convenor: Mark Williams

Ph: 204-482-2810

Email: mwilliams@pwsd.ca

Girls: Birtle

Convenor: Bill Bowley/Stacie Stonehouse

Ph: 204-482-3315

Email: bbowley@pwsd.ca
sstonehouse@pwsd.ca

Schedules and other pertinent information will be posted on the MHSAA website by the Monday prior to the championships

1. DEADLINE DATES

TOURNAMENTS must be registered online at the MHSAA website at least one week prior to the tournament start date.

ONLINE ROSTER is to be entered by **SEPTEMBER 29**. All teams must submit online roster regardless of whether they will be attending the Provincial Championships. Each team in your school must be on a separate roster.

ZONE AND INTERZONE PLAY-OFFS must be completed by **OCTOBER 6**. Please inform the MHSAA as soon as your representative has been determined.

WILDCARD APPLICATIONS are due by **OCTOBER 5** at 1:00 pm sharp. Wildcards are open to zone semi-finalists and finalists only. Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a \$25 non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of \$125. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.**

Wildcard games, if played, will occur sometime between, October 11-12. The final date and location will be determined once the teams have been selected. Automatic wildcard spots may be awarded.

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until **OCTOBER 7** to ensure their season record accurately reflects all games played throughout the season. Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.

2. **FORMAT & RULES**

- A) **FORMAT:** for both the girls and boys championship, it will be a 10 team tournament with a championship and consolation play-off.
- B) **RULES:** FIFA Laws of the Game will be in effect. Special playing rules approved by the MHSAA will take precedence over playing rules in the official laws of the game.

Teams arriving late: If a team is fifteen (15) or more minutes late without a valid reason, the game may be forfeited or the team arriving on time may be awarded goal(s). (Up to the discretion of the convenor and/or MHSAA representative)

Game Length: All games will consist of two 45-minute halves.

Overtime: Should there be overtime, the overtime will consist of two 7 ½ minute halves. After that, if the teams are still tied, penalty kicks (as per FIFA Rules) will decide the winner. Teams will select five players from those eleven players on the field at the end of the overtime to take the first round of kicks alternately with the opposition. If, after the first round of kicks the score remains tied, then teams will continue alternating the shootout one at a time with those players of the eleven who have not shot. Teams must have an even number of shots to declare a winner. That is, the first team to score does not necessarily win. If the score remains tied after all eleven players have taken kicks, then any of the first five shooters is eligible to take kicks again.

Uniforms: Shin guards are mandatory. Teams must have the same-coloured shirts and matching shorts. Absolutely no multicoloured shorts, knee length shorts or cut off jean shorts. A set of extra uniforms or pinnies (numbered) should also be brought to prevent uniform clashes. Teams with improper uniforms may not be allowed to play. Athletes, team members and coaches will not be allowed to wear headgear during competition (except the goalkeeper). In the case of extreme inclement weather exceptions will be considered at the discretion of the provincial convenor and MHSAA representative. Athletes, team members and coaches will not be allowed to wear headwear during opening ceremonies, award ceremonies or any special functions.

Coaches should be advised that if the uniform rule is not adhered to, they may not be allowed to compete and may be fined up to \$200 and be put on probation. (Probation being that; if the school violated the infraction again, the school may be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Substitutions: Each team is allowed an unlimited number of substitutes. Substitutions are allowed at any time during the game when there is a definite stoppage in play. The referee must be informed of the intention to enter the game by calling “substitution”. The substitute should remain on the sidelines until the referee waves him/her in. Players coming out of the game may return later.

Players sent off during a game by the referee cannot be replaced. The suspended player cannot return during the game.

Cautions: A player receiving one red or two yellow cards during the tournament will be automatically suspended for the following game. In the case of a red card received during a game, the player will be ejected, and the team will be forced to play short for that game. The player will not be allowed to play in the next game. If a player receives two yellow cards in one game, they will be ejected from the game and the team will be forced to play short for that game. The player will not be allowed to play in the next game. If a player receives two yellow cards during the tournament, they will be suspended from the next game.

Equipment:

Coaches are asked to bring the following equipment to minimize problems:

- the team's own properly marked soccer balls for warm-ups (Size 5)
- **first aid kits.** Each school is responsible for bringing: tape, bandages and other supplies for treating minor injuries. (Do not expect to have tape provided)

It is expected that all teams attend opening ceremonies and related functions, banquets, etc. Non-attendance may result in fines and/or further sanctions against the school.

3. **AWARDS**

Medals are to be awarded to the 1st place, 2nd place, 3rd place teams (max 20). The winner and finalists will receive the championship banners, while the consolation and third place winners will also receive a plaque.

Eleven all-stars and one MVP will be selected.

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

4. **SUPERVISION**

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher/supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher/supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. INCLEMENT WEATHER PROCEDURE

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada Weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions

6. ACCOMMODATIONS

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		Birtle	Rosburn
Desjard Inn (Birtle)	204-842-3889	0 min	
Shoal Lake Motor Inn	204-759-2222	20 min	
Jays Inn (Virden)	204-748-2213	51 min	
Comfort Inn (Virden)	204-707-6020	51 min	
The Russell Inn	204-773-2186	32 min	28 min
Jolly Lodger (Russell)	204-773-2177	32 min	28 min
Sanderson's Hill B&B	204-773-2220	32 min	28 min
Rosburn Hotel	204-859-0619		0 min
Rossmann Lake Cabin	204-859-0619		17 Min

“Keep working even when no one is watching”

ALEX MORGAN

CROSS COUNTRY

October 12

Site: Adam Lake
Convenor: Stephanie Outhwaite
Phone: 204-523-4696
Email: southwaite@tmsd.mb.ca

Schedules and other information will be posted on the MHSAA website prior to the championships.

1. **DEADLINE DATES**

ONLINE ROSTER must be entered by Friday, **SEPTEMBER 29**. All junior varsity and varsity athletes must be submitted online, regardless of their participation in the Provincial Championships. JV and Varsity Athletes must be registered on separate rosters.

ZONE ENTRIES must be in by Thursday, **OCTOBER 6**. No late entries will be accepted (Early Entries are encouraged and appreciated). All entries must be submitted by the zone convenor on the spreadsheet provided by the MHSAA. This spreadsheet will be emailed to all zone convenors in September. **Schools and convenors should double check entries as errors may not be corrected at the meet.**

2. **FORMAT & RULES**

A) ENTRIES: The Zone Convenor(s) must be the only person submitting the team names and individual names to the provincial convenor. Entries must be sent in on Zone Entry forms provided by the MHSAA. These forms will be emailed to zone convenors. **LATE AND/OR INCORRECT ENTRIES MAY BE SUBJECT TO A FINE.**

- Please ensure schools participating in Provincial Championships receive all information needed.
- Please ensure that participants who are representing your zone will attend the Provincial Championship.
- **Each zone is allowed to enter up to four (4) teams per zone, per category.** (Only one (1) team per school, per category, is allowed). Open entries and team entries will run together.

B) FORMAT: There will be provincial competitions for cross country in both the Varsity and Junior Varsity categories. All "A-AAA" schools will be scored as one classification, while all "AAAA" schools will be scored as one classification.

C) RULES:

In order to qualify for the junior varsity competition, an athlete must meet the following requirements:

- a) Participating athletes must be under the age of 17 as of midnight of the current school year, August 31.

- b) Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. The athlete's eligibility begins upon enrolment in grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9.

Team Composition: each school must declare no less than five runners and no more than seven runners.

Open runners which are not included in the team composition may still run and are eligible for the overall open championship.

The Team Champion will be determined by the team which has the lowest accumulated score after adding the placing of the school's first five runners.

(e.g.) Cross Country Collegiate

Name	Placing		
Jack O	2	Joe. B	11
Tai N	4	John D.	16
Bud D	8	TEAM SCORE	41

Important Note: Teams must start the race with at least 5 runners. If your team finishes with less than 5 runners, a 'phantom' number, which would be equivalent to the number of the last runner in the race, would be assigned to the non-finishing competitor.

Team results will be separated from Open results. (e.g.)

<u>Overall Sheet</u>	<u>Team Place</u>	<u>Overall Sheet</u>	<u>Team Place</u>
1 Open runner		4 Pete Haines	2
2 Abdul Smith	1	5 Joe Johnson	3
3 Open runner		6 Open runner	

If two or more teams are tied with identical team scores, the tie will be broken using the finish of the best 5th team runner.

Uniform Rule: Competitors must wear appropriate cross-country attire. No headgear is allowed, and school uniforms must be worn. Absolutely No multicoloured t-shirts, slogan t-shirts, multicoloured shorts, or cut off jean shorts will be acceptable for participants to wear. Tights may be allowed as long as they have no more than two (2) colours. In the case of inclement weather, clothing adaptations will be announced at the coaches meeting. **No Headgear is permitted to be worn during the awards ceremony.**

Coaches should be advised that if the uniform rule is not adhered to, the athlete may not be allowed to compete, and the school may be fined between \$50-\$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131

Schedule: (participants should be prepared to compete 10 minutes ahead of schedule)

11:30 am	Coaches meeting	
12:00 pm	Varsity Boys team and open	5000 m
12:30 pm	JV Boys team and open	4000 m
1:00 pm	Varsity Girls team and open	4000 m
1:30 pm	JV Girls team and open	3000 m

3. **AWARDS**

Awards Presentation: All teams are expected to stay for the presentation of the awards. TEAMS MAY BE FINED FOR NOT BEING PRESENT AT THE AWARDS PRESENTATION.

Awards will be presented for two classifications (“A-AAA” and “AAAA”), including each category (JV girls, JV boys, Varsity girls and Varsity boys), The championship teams will receive the Championship banner, first place medals and Championship T-shirts (7). The runner up teams will receive second place medals (7). Third place team will receive third place medals (7).

Individual first place will receive a first place medal and Championship T-shirt. The runner up individual will receive a second place medal. The third place individual will receive a third place medal.

4. **SUPERVISION**

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to

Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Emerald Isle (Killarney)	204-523-4215	30 min
Erin Inn (Killarney)	204-523-4657	30 min
Wilderness Inn (Killarney)	204-523-4111	30 min
Wilderness Inn (Boissevain)	204-534-7155	15 min

“When you put yourself on the line in a race and expose yourself to the unknown, you learn things about yourself that are very exciting”

DORIS BROWN HERITAGE

VOLLEYBALL

“A/AA” JUNIOR VARSITY

November 24, 25, & 26

Boys: Hamiota

Convenor: Jerry Crampain
Mason Metcalf

Ph: 204-842-2803

Email: jcrampain@pwsd.ca
mmetcalf@pwsd.ca

Girls: Major Pratt (Russell)

Convenor: Jay Thiesen
Megan Kowalchuk

Ph: 204-842-2812

Email: jthiesen@pwsd.ca

“AAA” JUNIOR VARSITY

November 24, 25, & 26

Boys: Northlands Parkway (Winkler)

Convenor: Pat Alexander

Ph: 204-325-8200

Email: pat.alexander@gvsd.ca

Girls: W.C. Miller (Altona)

Convenor: Tim Brock

Ph: 204-324-6416

Email: brockt@blsd.ca

“AAAA” JUNIOR VARSITY

November 24, 25, & 26

Brandon

Patrick Thompson

Ph: 204-729-3170

Email: thompson.patrick@bsd.ca

“A”

Provincial Qualifiers: November 19

Provincial Championships – December 1, 2, & 3

Boys: Elm Creek

Convenor: Derek Tyler

Ph: 204-436-2354

Email: dtyler@g.prdsmb.ca

Girls: Mennonite Collegiate (Gretna)

Convenor: Kevin Giesbrecht

Ph: 204-327-5891

Email: kevin.giesbrecht@mciblues.net

“AA”

Provincial Qualifiers – November 19
Provincial Championships – December 1, 2, & 3

Margaret Barbour (The Pas)
Convenor: Jason Dunham / Trevor Lane
Ph: 204-623-3485
Email: jasdunham@ksd.mb.ca / tlane@ksd.mb.ca

“AAA”

December 1, 2, & 3

Boys: Steinbach Christian
Convenor: Jamie Rogalsky
Ph: 204-326-3537
Email: jamie.rogalsky@steinbachchristian.ca

Girls: Neepawa
Convenor: Mike Rainnie / Curt Allen
Ph: 204-476-3305
Email: mrainnie@bpsd.mb.ca

“AAAA”

Regionals: November 24 & 26
Winnipeg

Final Four: Nov 30, December 1 & 5
Winnipeg

Convenor: TBA (WSD)

Schedules and other pertinent information will be posted on the MHSAA website by the Monday prior to the championships.

1. DEADLINE DATES

ONLINE ROSTER due by **SEPTEMBER 29**. All JV and Varsity team rosters must be entered online regardless of whether they will be attending Provincial Championships. Schools with two teams or more, in a single gender/category (i.e. varsity girls), must complete separate online rosters for each team. No lateral movement allowed between rosters.

TOURNAMENT REGISTRATION must be entered online at the MHSAA website at least one week prior to the tournament start date. All tournaments **MUST** be registered online.

DECLARATION to a HIGHER CATEGORY must be declared by **OCTOBER 14**. Declaration must be made by emailing the Assistant Executive Director.

ZONE AND INTERZONE PLAY-OFFS The convenor must notify Greg by phone at 204-925-5642 or email (greg@mhsaa.ca) following the conclusion of the zone championship (or when the zone representative has been declared). You must declare your representative for each category by:

J.V. (A/AA, AAA & AAAA) - Thursday, Nov. 17

“A”, “AA” - Saturday, Nov. 12

“AAA” - Monday, Nov. 21

“AAAA” - Friday, Nov. 18

WILDCARD APPLICATIONS are due by the date indicated below at 1:00 pm sharp. AAA Varsity, A/AA Junior Varsity and AAA Junior Varsity wildcards are open to zone semi-finalists and finalists only. AAAA Varsity and Junior Varsity wildcards are open to eligible teams. **There are no wildcard spots for the A and AA Varsity Category.** Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a \$25 non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of \$75. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.**

If your application does not include the letter of intent, and/or is late, the application will not be considered. Wildcard game date and location will be determined once the teams have been selected. Automatic wildcard spots may be awarded. Wildcard Application Deadlines are as follows:

J.V. (A/AA, AAA & AAAA) – Thursday, Nov 13 by 1:00 pm

“AAA” – Friday, Nov 18 by 1:00 pm

“AAAA” – Thursday, Nov 17 by 1:00 pm

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until the dates below to ensure their season record accurately reflects all games played throughout the season. Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline.

J.V. (A/AA, AAA, AAAA) Friday, Nov 18 by 1:00 pm

“A” & “AA” – Friday Nov. 11 by 1:00 pm

“AAA” – Tuesday, Nov 22 by 1:00 pm

“AAAA” – Friday, Nov 18 by 1:00 pm

2. FORMATS & RULES

A. **FORMATS:** (see draw appendix on page 125-126)

“AAA” Varsity, and “A/AA”, “AAA” & “AAAA” JV Formats – Twelve (12) girls and Twelve (12) boys teams. The boys and girls championships will use the same format. There will be three power pools of four teams for round robin. Round Robin will be used to determine play-off seeding, as all teams will advance to single eliminate play-off. All round robin matches will be best two out of three. The 1st and 2nd set is won by the first team to score 25 points via rally-point scoring, with a minimum lead of two points. The deciding 3rd set is played to 15 points with a minimum lead of 2 points. (no point cap). “AAAA” all play-off matches are a best three out of five. A set is won by the team which first scores 25 points via rally-point scoring, with a minimum lead of two points. The deciding 5th set, if required, is played to 15 points with a minimum lead of 2 points. (no point cap). “A/AA” & “AAA” all play-off matches are a best two out of three. A set is won by the team which first scores 25 points via rally-point scoring, with a minimum lead of two points. The deciding 3rd set, if required, is played to 15 points with a minimum lead of 2 points. (no point cap).

“A” & “AA” Format –Sixteen (16) boys and (16) girls teams will be selected for placement in one of four Provincial Qualifiers. Format will be round robin with the first team earning a qualifier spot for provincials and the 2nd and 3rd place teams advancing into a play-off for the remaining qualifier spot. The top two teams from each Provincial Qualifier, along with the Zone 11 Champion, and Host school will advance to the Provincial Championship. The Provincial Championship will see Ten (10) girls teams and Ten (10) boys teams. The boys and girls championships will use the same format. There will be two pools, each with five teams. The top four teams from each pool will advance to the Championship side. There is no Consolation side. All matches are a best two out of three. The 1st and 2nd set is won by the first team to score 25 points via rally-point scoring, with a minimum lead of two points. The deciding 3rd set is played to 15 points with a minimum lead of 2 points. (no point cap).

“AAAA” Varsity - Twelve (12) girls and twelve (12) boys teams will compete in Regional Playdowns for the first two (2) rounds. The winners will then advance to the Final Four Championship. All matches are a best three out of five. A set is won by the team which first scores 25 points via rally-point scoring, with a minimum lead of two points. The deciding 5th set is played to 15 points with a minimum lead of 2 points. (no point cap).

B. **RULES:** the playing rules of Volleyball Canada shall govern the competition unless specified below. Special playing rules approved by the MHSAA will take precedent over rules in the official rulebook.

Junior Varsity Eligibility Rule: in order to be eligible for the junior varsity competition the athlete must meet the following requirements:

- a) Participating athletes must be under the age of 17 as of midnight of the current school year, August 31.
- b) Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. The athlete's eligibility begins upon enrolment in

grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9

For “A” and “AA” schools students may compete in an unlimited number of matches at the varsity level and still maintain their eligibility to compete in the junior varsity Provincial Championships. **Students must compete in a minimum of 6 games at the JV level in order to be eligible to compete in zone and provincial play-offs. Tournaments would count as two (2) games.**

NOTE: (the intent of this rule is to allow schools to utilize some athletes to form both teams NOT to better one and/or both teams)

For “AAA” and “AAAA” schools students may not compete in more than three matches at the varsity level. (league, exhibition, or tournament - Tournaments count as two matches). Rural “AAA” Junior Varsity teams are allowed to compete against rural varsity “A” and “AA” teams without these matches being counted as varsity level.

The libero number will be REQUIRED only on the rotation lineup card for each set and not on the player roster.

Teams will be allowed 12 substitutions per set. A player can be substituted unlimited up to the 12 substitutions per set.

The Official Ball is the Mikasa VQ200W-CAN (Red/White)

Tie Breaking Procedure:

If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

- a. The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher;
- b. The team having the best ratio of won/lost games, considering matches played between the tied teams, will be ranked higher;
- c. The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher;
- d. The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher;
- e. The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher;
- f. Toss of coin

When you apply this rule to break a tie you should follow this sequence:

- i. When two teams are tied, the tie-breaking criteria are applied one after the other until the tie has been broken.

- ii. When three or more teams are tied, the tie-breaking criteria are applied one after the other until all the tied teams have been ranked.

NOTE: This means that if there is a tie among teams X, Y and Z and criteria “b” is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken. However, if criteria “b” determines X as first and there is still a tie between Y and Z, then the ranking of the remaining teams will be determined by proceeding to criteria “c” and so on, if necessary. Do not start at (a) again. Continue through the sequence of criteria using the results of teams x, y, and z for criteria (d).

Interzones are to be determined by the MHSAA. If the zone/interzone championship is won by the host school, then another wildcard spot becomes open. Interzone and wildcard games will be the best 3 out of 5. **There will be no interzones in the varsity “A” & “AA” category.**

Teams are to bring their own warm up balls

Net Heights:	JV Boys – 2.35m	JV Girls – 2.20m
	Varsity Boys – 2.43m	Varsity Girls – 2.24m

Uniform Rule: Style and colour of uniform must be consistent throughout the team. Compression undergarments can be worn, with no restrictions on colour or length.

Athletes, team members and coaches are not permitted to wear headwear during competition, opening ceremonies, awards ceremonies, banquets and/or luncheons. **Inappropriate bench conduct (i.e., changing tops, jerseys, uniforms, at the bench or on the playing field) is not acceptable.** Any athlete, team member or coach deemed in violation may be subject to a fine in the amount of \$50-\$200 assessed to the school.

All **uniforms must be numbered** 1-99, (whole numbers). (While MHSAA allows 1-99, it is preferred that the appropriate numbers of 1-15 be used). Captains bars are not required on uniforms.

Coaches should be advised that if the uniform rule is not adhered to, the team may not be allowed to compete and may be fined up to \$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Game Limit - The maximum number of matches are 25 per season. Each tournament counts as 2 matches and the 25 match limit does not include league playoffs, zone playoffs, or provincial playoffs. It does include exhibition matches. Exceeding the game limit will result in a \$200.00 fine to the school and possible exclusion from Provincial Championships.

ALL VARSITY "AAA" SCHOOLS INSIDE THE CITY OF WINNIPEG must play a minimum of 4 matches/games against AAA school in areas outside of Winnipeg, two matches/games must be played outside city limits. Tournaments count as two matches. As long as the tournament is hosted by a "AAA" school, 2 matches will be awarded, regardless of the classification of participating teams. All matches must be completed prior to zone play-offs. Failure to fulfill the requirement may result in the team being ineligible for Provincial Championships.

It is expected that all teams attend opening ceremonies and related functions (Banquets, etc.). Non-attendance may result in fines and/or further sanctions against the school.

3. AWARDS

Awards Presentation: All teams that medal are expected to stay for the presentation of the awards. Teams may be fined for not being present for the awards.

In each division, the championship team will receive the Championship banner, first place medals and Championship T-shirts. The runner-up team in the championship event will receive a finalist banner and second place medals. The third place team in the championship event will receive third place medals (excluding "AAAA")

Six All-stars and one MVP will be awarded. A Players Choice Award will be selected for Varsity only.

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

4. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by

each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. INCLEMENT WEATHER PROCEDURE

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be

based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

“A/AA” JV

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		Hamiota	Russell
Shoal Lake Motor Inn	204-759-2222	18 min	
Comfort Inn & Suites (Virden)	204-707-6020	30 min	
Best Western Plus (Bdn)	204-727-7997	50 min	
Comfort Inn (Bdn)	204-727-6232	50 min	
Lakeview Inn & Suites (Bdn)	204-728-1880	50 min	
Motel 6 (Bdn)	204-726-4000	50 min	
Super 8 (Bdn)	204-729-8024	50 min	
Russell Inn	204-773-2186		0 min
Jolly Lodger	204-773-2177		0 min
Barn in the Bush	204-773-0019		25 min
Harvest Moon Inn (Roblin)	204-937-3700		40 min
Stay Easy Inn (Roblin)	204-937-3584		40 min

“AAA” JV

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		Winkler	Altona
Altona Hotel	204-324-5241	25 min	0 min
Four Winds Motel	204-324-5305	25 min	0 min
Days Inn & Suites (Winkler)	204-325-8888	0 min	25 min
Quality Inn & Suites (Winkler)	204-325-4381	0 min	25 min
Best Western Plus (Morden)	204-822-6116	5 min	30 min
Super 8 (Morden)	204-822-2003	5 min	30 min

“AAAA” JV

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Best Western Plus (Bdn)	204-727-7997	0 min
Comfort Inn (Bdn)	204-727-6232	0 min
Lakeview Inn & Suites (Bdn)	204-728-1880	0 min
Motel 6 (Bdn)	204-726-4000	0 min
Super 8 (Bdn)	204-729-8024	0 min

“A”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
		Elm Creek Gretna
Altona Hotel	204-324-5241	10 min
Days Inn & Suites (Winkler)	204-325-8888	30 min
Quality Inn & Suites (Winkler)	204-325-4381	30 min
Best Western Plus (Winkler)	204-331-1400	30 min
Stampede Inn (Morris)	204-748-6879	35 min
Best Western Plus (Morden)	204-822-6116	40 min
Super 8 (Morden)	204-822-2003	40 min
Blue Crescent Hotel (Carman)	204-542-0732	15 min
Oxbow Inn (Carman)	204-745-6176	15 min
Tall Boys Motel (St. Claude)	204-379-2491	18 min

“AA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Anderson Inn & Suites (The Pas)	204-623-1888	0 min
Wescana Inn (The Pas)	1-844-261-5644	0 min
Kikiwak Inn (Opaswayak Cree Nation)	204-623-1800	5 min

“AAA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
		Steinbach Neepawa
Days Inn (Steinbach)	204-320-9200	0 min
Roadhouse 52 Inn & Suites (Steinbach)	204-326-5885	0 min
Sleep Suite Motel (Steinbach)	204-326-1324	0 min
Franz Motor Inn (Steinbach)	204-326-9831	0 min
Neepawa Motel	204-476-2331	0 min
Bay Hill Inn & Suites (Neepawa)	204-476-8888	0 min
Westway Inn (Neepawa)	204-476-2355	0 min

“AAAA” Varsity

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

CURLING

February 9, 10, & 11

February 10 & 11

Boys & Girls: The Pas
Convenor: Jason Dunham
Phone: 204-623-3485
Email: jasdunham@ksd.mb.ca

Mixed Doubles: Rivers
Convenor: Taryn Luhowy
Ph: 204-328-5364
Email: tluhowy@rrsd.mb.ca

Schedules and other pertinent information will be posted on the MHSAA website by the Monday prior to the Provincial Championship

CURLING CRESTS: an order form for curling crests will be sent to all zone convenors. Orders must be placed and pre-paid by the date specified which will be in November or December. If orders and payment are not received by the date indicated your zone will not receive crests.

1. **DEADLINE DATES**

ONLINE ROSTERS must be submitted by **JANUARY 27**. All teams must be entered online regardless of whether they will be participating in the Provincial Championships. Separate rosters must be created for each team within the school, this includes separate rosters for each mixed doubles, boys and girls teams.

ZONE/INTERZONE PLAYOFFS must be completed by Thursday, **FEBRUARY 2**. Zone Convenors must notify the MHSAA office at 925-5642 or greg@mhsaa.ca as soon as the zone representative is known. **Some zones may be involved in an interzone game.**

2. **FORMAT & RULES**

A) **FORMAT:**

Boys & Girls: there will be a sixteen (16) team double knock-out format used for both the girls and boys championship.

Mixed Doubles: there will be a sixteen (16) team round robin of four (4) pools of four (4) teams. Play-offs will be a sixteen (16) team single elimination bracket.

B) **RULES:** Curling Canada Rules will be used unless special playing rules are put forth by the MHSAA. In this case, the MHSAA rules will take precedence.

Before provincial play commences for girls and boys play, a spare or fifth may be named (must be on curling eligibility sheet). If a player cannot continue to play in a particular game, they can be replaced by an alternate (fifth) player for that game only. Once the alternate player enters the game, they must remain playing for the entire game. In subsequent games, any four (4) players may start. For Mixed Doubles no alternates are permitted you must curl with the same partner you qualified with.

All boys & girls games will be eight (8) ends using the **thinking-time system**. In the event of a tie, at the end of the 8th end, an extra end is necessary and shall be played in rotation until a winner is declared. Thinking time will be 32 minutes. For mixed doubles, all games will be six ends using the thinking-time system. Thinking time will be 22 minutes.

Warm-up – boys and girls teams will have 5 minutes and mixed doubles teams 3 minutes of warm-up time and will complete a single draw to the button at the completion of warm-up to determine who has hammer. If neither team's draw reaches the house a coin toss will be used to determine who has hammer to start the game.

The Curling Canada broom moratorium will not be in effect for the MHSAA provincial curling championships.

Time-Outs – In the boys and girls curling teams may call **two** sixty second time outs per game. For mixed doubles curling teams may call **one** sixty second time out per game. The coach may confer with the team at that time. A player or coach of the team whose clock is running may only call a time out. The team that called the time out may access the playing surface with their coach. The team that did not call the time out may confer with the coach, but they shall not access the playing surface. For boys and girls curling this will be in addition to the five-minute break after the 4th, and for mixed doubles to a three-minute break after the 3rd. Before the first extra end, there will be a two- minute break, where the coach is allowed to go onto the ice to talk to their rink.

If a team is unable to commence play at the designated time, it shall be assessed a penalty of one point and one end shall be considered played for the first 5 minutes the team is late. One penalty point shall be considered for each additional five minutes the team is late. When the game commences, the non-offending team will be given the choice of last rock. After thirty minutes have elapsed, the non-offending team shall be declared the winner.

Scorecards will be placed behind each sheet. The winning team must sign the card and turn it into the umpire immediately after the game.

Thirids make their own measurements. If there are any concerns, the umpire can be summoned to assist.

Uniform Rule: Style and colour of uniform must be consistent throughout the team. **Uniforms must also be representative of their school.** No multi-colored pants, jeans or club affiliated clothing permitted. Curlers and coaches will not be allowed to wear headwear during competition, opening ceremonies, awards ceremonies, banquets and/or luncheons. Any curler, team member or coach deemed in violation may be subject to a performance bond violation in the amount \$50 - \$100 assessed to the school.

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131

Coaches should be advised that if the uniform rule is not adhered to, the team may not be allowed to compete and may be fined up to \$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

It is expected that all teams attend opening ceremonies and related functions. Non-attendance may result in fines and/or further sanctions against the school.

No smoking on the Provincial sites.

3. AWARDS

In each division, the championship team will receive the Association championship banner, first place medals and Championship T-shirts (max. of 6).

The runner-up team in the championship event will receive the Association finalist banner and second place medals (max. of 6).

4. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations and consequences. Violation of this rule may result in a fine up to a maximum of \$200.00.

5. INCLEMENT WEATHER PROCEDURE

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

Boys & Girls

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Anderson Inn & Suites (The Pas)	204-623-1888	0 min
Wescana Inn (The Pas)	1-844-261-5644	0 min
Kikiwak Inn (Opaswayak Cree Nation)	204-623-1800	5 min

Mixed Doubles

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Blue Crescent Hotel (Rivers)	204-710-0150	0 min
Comfort Inn & Suites (Virden)	204-707-6020	50 min
Jays Inn & Suites (Virden)	204-748-2223	50 min
Best Western Plus (Bdn)	204-727-7997	35 min
Comfort Inn (Bdn)	204-727-6232	35 min
Lakeview Inn & Suites (Bdn)	204-728-1880	35 min
Motel 6 (Bdn)	204-726-4000	35 min
Super 8 (Bdn)	204-729-8024	35 min

“The strength of the team is each individual member. The strength of each member is the team.”

PHIL JACKSON

HOCKEY

“AA”

February 23, 24 & 25

Site: Somerset

Convenor: Marvin Gundrum

Ph: 204-744-2751

Email: mgundrum@prspirit.org

“AAAA”

March 10, 11 & 13

Site: Winnipeg

Convenor: Allen Mironuk

Ph: 204-339-2058

Email: allen.mironuk@7oaks.org

Schedules and other pertinent information will be posted on the MHSAA website one week prior to the championships

1. DEADLINE DATES

PRIOR TO FIRST LEAGUE GAME Hockey Manitoba forms must be submitted to the Regional registrar, “**HIGH SCHOOL**” must be written on form.

ALL TOURNAMENTS must be registered online at the MHSAA website at least one week prior to the tournament start date.

ONLINE ROSTER/ELIGIBILITY is due by **NOVEMBER 4** (All AP players must be included in this list) Players not listed will be ineligible.

DECLARATION TO A HIGHER CATEGORY must be submitted in writing by **NOVEMBER 25** to the MHSAA Executive Director.

ZONE/LEAGUE PLAY-OFFS must be completed by **FEBRUARY 16** for AA & **MARCH 2** for AAAA.

WILDCARD APPLICATIONS are due by the dates indicated below at **1:00 pm sharp**. Wildcards are open to zone quarter-finalists, semi-finalists, and finalists only. Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a **\$25** non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of **\$225**. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email chad@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.**

If your application does not include the letter of intent, and/or is late, the application will not be considered.

Wildcard Application Deadlines are as follows:

“AA” – Wednesday, February 15 by 1:00 pm

“AAAA” – Wednesday, March 1 by 1:00 pm

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until the dates indicated below to ensure their season record accurately reflects all games played throughout the season. In addition, any team that participates in an out of province tournament or exhibition game must email chad@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.

“AA” – Wednesday, February 17 by 1:00 pm

“AAAA” – Wednesday, March 3 by 1:00 pm

MHSAA / Hockey Manitoba **High School Hockey Letter of Agreement**

- a) This letter of agreement outlines the conditions and manner in which high school hockey will be structured and administered in the Province of Manitoba between the Manitoba High Schools Athletic Association (MHSAA) and Hockey Manitoba.
- b) It is agreed that Hockey Manitoba and the MHSAA shall work together in a positive manner to ensure the advancement of hockey through leadership.
3. The Manitoba High Schools Athletic Association shall establish and govern rules and regulations for the formation and operation of high school hockey teams.
4. The MHSAA will be responsible for Provincial High School Hockey Championships.
5. The MHSAA shall ensure all high school hockey team members are registered with Hockey Manitoba on rosters approved for this division of play.
6. All teams shall register with their league registrar. Registration packages will be provided to the league by the Hockey Manitoba Office located at 145 Pacific Ave., Winnipeg, MB R3B 2Z6.
7. A list of first year high school players will be submitted to the regional registrar prior to first game to confirm eligibility. Players are ineligible to register in the event that they were not a member in good standing with the local minor hockey association at the conclusion of the previous season. The list will serve as an applicable release.
8. Players that are registered high school players are eligible to play for the school that they attend, as per the MHSAA's eligibility guidelines.
9.
 - a) All high school teams must have a minimum roster size of 12 players – one of which must be a goaltender.
 - b) Westman and Zone IV High School Hockey League teams will have a maximum roster size of 25 (2 of whom must be goaltenders and including all Aps)
 - c) Winnipeg High School Hockey League teams will have a maximum roster size of 20 (2 of whom must be goaltenders).
 - d) Winnipeg High School Hockey League roster formation will predominantly be limited to players registered in grades 10, 11 and 12 only that are 15 years of age and older as of January 1st of the previous season.
 - e) Winnipeg High School Hockey League rosters will be limited to a maximum of two (2) grade 9 players per season.

- f) If a Winnipeg High School Hockey League team wishes to exceed the maximum of two (2) grade 9 players per season, the school may submit a written appeal for consideration by a joint MHSAA and Hockey Manitoba appeal committee. The appeal must be submitted by no later than the Wednesday of the second week of school. The appeal committee will be comprised of the Executive Directors of both the MHSAA and Hockey Manitoba in addition to a mutually agreed upon, independent, third party. The decision of the appeal committee will be considered final. A \$100 non-refundable appeal fee must be submitted to the MHSAA.

The written appeal must contain the following:

1. A list of all student athletes who tried out for the team.
2. A written explanation as to why more than two (2) grade 9 players are needed for the upcoming season.
3. A letter of endorsement from the school's administration.
4. Metrics to consider include eligible returning players, graduating players, history of grade 9's in program, High School Division, and registered players in catchment area.
5. Team rosters cannot be comprised primarily of grade 9 players.

10. It is agreed that affiliation between Hockey Manitoba teams and MHSAA teams will be permitted with the following limitations.

- a) Hockey Winnipeg registered players will not be allowed to affiliate to high school.
- b) A player of a team of a lower Division or category of the same club, or of an affiliated team, or a specially affiliated player, may affiliate to a team or teams of higher Divisions and categories at any time, to a maximum of ten (10) games. However, if the player's registered team completes its regular season and playoffs before the player's affiliated team or teams, the player may therefore affiliate an unlimited number of times. **Please note:** That exhibition and/or tournament games, which are not part of the regular league or play-off games are excluded from the eligible number of games.
- c) Hockey Manitoba registered players attending a school that has a team in either the Westman or Zone IV High School Hockey Leagues will be allowed unlimited affiliation to their school's high school hockey team.
- d) Hockey Manitoba 2nd year Bantam registered players attending a school that has a team in either the Westman or Zone IV High School Hockey Leagues only will be allowed unlimited affiliation to their school's high school hockey team.
- e) All High School players (including Aps) must be registered on their school's MHSAA online roster by the annual posted deadline in order to be eligible.
- f) Affiliated players can only be used once a team's roster falls below 17 players (2 of whom must be goaltenders).
- g) High school players may play a maximum of 10 games as an affiliate player, to Junior A, B & OA Hockey Manitoba teams. Affiliation is subject to the High School Hockey League approval. A player may not play a beyond his 10th game until after their high school season is completed.
- h) In rural Manitoba high school players have unlimited affiliation to Senior A-D and Junior C teams in Rural Manitoba provided permission is received from the High School Coach.
- i) Once a student's high school season is completed, the student may play for a higher-level team pending permission from the high school coach and MHSAA.

- j) Affiliation lists must be filed by all teams prior to a team using an affiliate player. Failure to file this list prior to using an affiliate player may result in sanctions against the offending coach.
 - k) All affiliation lists must conform to Hockey Manitoba and MHSAA criteria and the posted annual deadlines.
 - l) High School and Hockey Manitoba coaches shall obtain prior approval from a player's team coach before using the players as an affiliate for any sanctioned activity (game). This must be done prior to each game in which an affiliate player is used (no block agreements are permitted). Affiliated players cannot be used for practice.
11. High school hockey will follow the minimum suspension guidelines as those established by Hockey Manitoba.
 12. The High School League Commissioners shall advise the MHSAA office immediately of any suspension of affiliate player that is registered to a Hockey Manitoba team, the MHSAA office will immediately advise Hockey Manitoba of such suspensions and provide relative information.
 13. Any affiliate player who plays with a high school team and is suspended in high school league or exhibition play must serve the full suspension with their rostered team.
 14. High School hockey players may only appeal suspensions to the MHSAA (except those suspensions of physical abuse of an official under Minimum Suspension Guidelines).
 15. Match penalties involving physical abuse of officials shall be reported to Hockey Manitoba. Hockey Manitoba will deal with all match penalties that involve physical abuse of an official.
 16. It is agreed that high school hockey teams will communicate to the Hockey Manitoba office through the MHSAA office. The Hockey Manitoba office will communicate to high school teams through the MHSAA office. The MHSAA will communicate with Hockey Manitoba teams/players through the Hockey Manitoba office. Athlete registration is administered through the Hockey Manitoba office and all communication of the respective teams will be processed through this office.
 17. Prior to sanctioning of tournaments, the MHSAA shall advise to Hockey Manitoba if the tournaments meet Hockey Canada sanction criteria.
 18. Manitoba high school teams will be permitted to participate, subject to approval of the MHSAA, against other Branch non-Hockey Canada member high school hockey teams. However, Hockey Manitoba and or the Hockey Canada will not be responsible for actions emanating from such activities and further that the medical and liability insurance programs under which all members are protected will be automatically voided during such activities.
 19. A joint MHSAA and Hockey Manitoba standing committee shall be established. Any disputes between the MHSAA and Hockey Manitoba in regard to the terms contained within this agreement shall be settled by using the mutually agreed upon Dispute Resolution Policy.

20. All high school hockey coaches must follow the Hockey Manitoba Coach Certification Model.
21. Tryout Dates: Tryout dates will be followed for the Hockey Winnipeg/Winnipeg High School Hockey League. These dates will be posted in the Hockey Winnipeg rulebook.

FORMAT/RULES

- A) **FORMAT:** Both Championships will be a six (6) team round robin tournament divided into two pools of three teams each, with teams advancing to play-off rounds. For the “AA” Championship there will be a consolation and 3rd place game. The “AAAA” Championship will have NO consolation or 3rd place game.

Overtime: overtime will consist of one 10 minute sudden death period of 4 on 4 hockey (depending on ice availability, a second 10 minute overtime (4 on 4) may be added). After that it will be a shoot-out with each team selecting 5 players to shoot. If the score is still tied, then it will be a group of 3 different shooters. If still tied, then it will be one on one with different shooters until a team reaches 12 shooters and then they can begin to reuse players. **Overtime will be played to determine championship play-off games only.**

No team will have fewer than three skaters in overtime, so if a team is penalized in overtime, the other team would add a player rather than the penalized team removing a player. In any case, the penalized player would still serve his or her penalty.

- B) **RULES:** All players must be registered on both Hockey Manitoba Forms, and the MHSAA Online Roster. **No additions permitted to MHSAA roster after NOVEMBER 4th of current year.**

The HOME team is the higher ranked/seeded team on the draw. The home team will wear their white sweaters. (The dressing room # will be on the draw).

All games will consist of 2 -15 minute and one 20 minute stop time periods. The format will be as follows: (games may be changed depending on ice availability).

- a 10 minute pre-game skate approximately 25 minutes prior to game time.
- teams will warm up on the 3rd period ice of the preceding game.
- a flood 15 minutes prior to game time. (when possible)

The mercy rule will be in effect for all games. Running time is used when one team is ahead by 5 or more goals with 5 minutes left in the game.

The maximum number of players dressed per game will be 19. The maximum number of coaches, trainers, etc. allowed on the bench will be 4.

Each team will be allowed one time out per game.

Any player who receives 4 penalties in one game, or 3 stick penalties, shall be removed from that game. This is not a game misconduct and the penalty can be served by any player.

Players that play in a league that require neck guards will be required to wear them.

Centre ice red line will be used in icing calls. It will not be used for offside calls. This allows teams to pass from their own goal line to the opposition's blue line.

Tie Breaker Rule: In the event that teams are tied for a playoff position after the round robin, the following procedure will apply:

- a) The team with the most wins in the round-robin gains the highest position.
- b) If the teams are still tied after 1 above, the winner of the round-robin game between the tied teams gains the highest position.
- c) If the teams are still tied after 1, and 2 have been applied, then the team with the best goal average gains the highest position. The goal differential of a team is to be determined in the following manner:
- d) Total number of goals for divided by the total number of goals for and against. NOTE: All round-robin games are included.
- e) **NOTE: The highest percentage gains the highest position.**
- f) If the teams are still tied after 1, 2, and 3, have been applied, the team with the least number of minutes in penalties throughout all round –robin games, gains the highest position.
- g) If the teams are still tied after 1, 2, 3, and 4 have been applied, then the team that scored the first goal in the game between the tied teams gains the highest position.
- h) If the teams are still tied after 1, 2, 3, 4, and 5 have been applied, a single coin toss will determine which team gains the highest position.
- i) In the case where you have three or more teams tied you would move through the steps above one after the other until all ties have been broken.

If any team uses an ineligible player or players, then that team will forfeit the game in which the ineligible player or players played or were listed on the score sheet.

Any player who receives a Fighting or Match penalty in the Provincial Championship will be removed for the duration of the Provincial Championship.

Any player who receives a Game Misconduct will be removed from that game plus the next game.

All leagues must submit penalty statistics of teams which qualify for the Provincial Championships. These penalties will carry over.

All coaches behind bench must have a minimum of Coach Level Certification. Other Hockey Canada qualification, such as safety, and speak out must be held by other bench personnel.

Uniform Rule: Athletes, team members and coaches will not be allowed to wear headwear (excluding players helmets), during competition, opening ceremonies, awards ceremonies, banquets and/or luncheons. **Any athlete or coach deemed in violation may be subject to a fine in the amount \$50 - \$100 per violation assessed to the school.**

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131

It is expected that all teams attend opening ceremonies and related functions. Non-attendance may result in fines or other sanctions being placed against the school.

C) PENALTIES

c) Fighting/Match/Gross Misconduct

- 1st Offense – 5 minutes, game misconduct, expulsion from the Provincial Championships.

d) Major/Game Misconduct (All majors become game misconducts with the 5 minute penalty served by any player.)

- 1st Offense – Remainder of that game plus 1 game
- 2nd Offense – Remainder of that game and expulsion from the Provincial Championships.
-

EXCEPTION – Game misconduct for a minor penalty for hitting from behind will be penalized as follows:

- 1st and 2nd Offense – Removed for the remainder of the game. If this penalty occurs in the last 10 minutes of regulation time, the player is suspended for the next game
- 3rd Offense – 1 game (2 if penalty occurs in last 10 minutes)

e) Misconduct (10 Minute Misconduct)

- 1st & 2nd Offense – Player serves 10 minutes. Players receiving a 10 minute misconduct with less than 10 minutes left in regulation time, will automatically be suspended for the next regular game as well.
- 3rd Offense – becomes a game misconduct (1 additional game, if the penalty occurs in the last 10 minutes)
- Any major misconduct and 10 minute misconduct penalties received during league, exhibition, and/or wildcard games will be carried over to the Provincial Championship.

2. AWARDS

In each division, the championship team will receive the Association tournament trophy (annual presentation), the Championship banner, first place medals and Championship T-shirts (max. of 24)

The runner-up team in the championship event will receive a finalist banner and second place medals (max. of 24)

The winning team of the third-place event will receive a third place plaque and third place medals ("AA" Only)

Winning team of the consolation event ("AA") will receive a consolation plaque

An all-star team, Players Choice award and M.V.P will be selected

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

3. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a bond forfeiture up to a maximum of \$200.

4. INCLEMENT WEATHER PROCEDURE

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

5. ACCOMMODATIONS

“AA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Somerset Motel	204-744-2112	0 min
Prairie Paradise B&B (Swan Lake)	204-825-7853	10 min
Mini Stop Motel (Notre Dame)	204-248-2276	20 min
Manitou Motor Inn	204-242-2830	25 min
The Local (Trehrene)	204-723-2323	30 min
Holiday Mountain (La Riviere)	204-242-2172	30 min
Call-Inn's (Pilot Mound)	204-825-2500	30 min
Blue Crescent Hotel (Carman)	204-542-0732	40 min
Oxbow Inn (Carman)	204-745-6176	40 min

“AAAA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

“It’s not necessarily the amount of time you spend at practice that counts, it’s what you put into the practice”

ERIC LINDROS

BASKETBALL

“A/AA” JUNIOR VARSITY

March 9, 10 & 11

Girls: Margaret Barbour (The Pas)

Convenor: Jason Dunham

Ph: 204-623-3485

Email: jdunham@ksd.mb.ca

Boys: Frontier (Cranberry Portage)

Convenor: Nic Rusak

Ph: 204-472-3431

Email: nic.rusak@fsdnet.ca

“AAA” JUNIOR VARSITY

Provincial Qualifiers: February 24 & 25

Provincial Championships: March 9, 10 & 11

Winnipeg (Zone 12)

Convenor: Jamie Kagan

Ph: 204-477-7410

Email: jkagan@grayacademy.ca

“AAAA” JUNIOR VARSITY

March 9, 10, 11 & 14

Winnipeg (WSD)

Convenor: TBA

“A”

Provincial Qualifiers: March 4

Provincial Championships: March 16, 17 & 18

Girls: Gilbert Plains

Convenor: Kelsey Foote

Ph: 204-548-2551

Email: kelsey.foote@mvsd.ca

Boys: Grandview

Convenor: Marc Giasson

Ph: 204-546-2882

Email: marc.giasson@mvsd.ca

“AA”

Provincial Qualifiers: March 4
Provincial Championships: March 16, 17 & 18

Girls: Souris

Convenor: Trever Penner
Ph: 204-483-2161
Email: tpenner@shmb.ca

Boys: Virden

Convenor: John Chandler
Ph: 204-748-2205
Email: jchnadler@flbsd.mb.ca

“AAA”

Provincial Qualifiers: March 3 & 4
Provincial Championships: March 16, 17, & 18

Thompson

Convenor: Christine Sim
Ph: 204-677-6236
Email: csim@mysterynet.mb.ca

“AAAA”

Regionals: March 9 & 11
Brandon

Final Four: March 16, 17 & 20
Winnipeg

Brandon
Convenor: Brett Nohr / Adam Hartman
Ph: 204-729-3170 / 204-729-3100
Email: nohr.brett@bsd.ca
hartman.adam@bsd.ca

Winnipeg (KPAC)
Convenor: Brian Plett
Ph: 204-667-8210
Email: bplett@mbci.mb.ca

Schedules and other pertinent information will be posted on the MHSAA website one week prior to the championship.

1. DEADLINE DATES

DECLARATION to a HIGHER CATEGORY must be done by **JANUARY 20**. Declaration must be made by emailing the Assistant Executive Director.

ONLINE ROSTER due by **JANUARY 27**. All JV and Varsity team rosters must be entered regardless of whether or not they will be attending Provincial Championships. Schools with two teams or more, in a single gender/category (i.e. varsity girls), must complete separate online rosters for each team. No lateral movement allowed between rosters.

TOURNAMENT REGISTRATION must be done online at the MHSAA website at least one week prior to the tournament start date. All tournaments **MUST** be registered online.

ZONE AND INTERZONE PLAY-OFFS The convenor must notify Greg by phone at 204-925-5642 or email (greg@mhsaa.ca) following the conclusion of the zone championship (or when the zone representative has been declared). You must declare your representative for each category by:

J.V. “AAA” – Saturday, February 18

J.V. A/AA & AAAA - Thursday, March 2

“A”, “AA”, & “AAA” - Saturday, February 25

“AAAA” - Friday, March 3

WILDCARD APPLICATIONS are due by the date indicated below at 1:00 pm sharp. A/AA Junior Varsity wildcards are open to zone semi-finalists and finalists only. AAAA Junior Varsity and Varsity wildcards are open to all eligible teams. **There are no wildcard spots for the A, AA, AAA Varsity & AAA JV Category.** Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a \$25 non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of \$75. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline below.**

If your application does not include the letter of intent, and/or is late, the application will not be considered. Wildcard game date and location will be determined once the teams have been selected. Automatic wildcard spots may be awarded. Wildcard Application Deadlines are as follows:

J.V. A/AA & AAAA – Wednesday, March 1 by 1:00 pm

“AAAA” – Thursday, March 2 by 1:00 pm

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until the dates below to ensure their season record accurately reflects all games played throughout the season. Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.

J.V. “AAA” – Friday, February 17 by 1:00 pm

J.V. “A/AA” & “AAAA” Friday, March 3 by 1:00 pm

“A”, “AA”, “AAA” – Friday, February 24 by 1:00 pm

“AAAA” – Friday, March 3 by 1:00 pm

2. **FORMAT & RULES**

A) **FORMAT:** (see draw format sample on pages 125-128)

Junior Varsity Format

“A/AA” – Ten (10) girls teams and Ten (10) boys teams. All teams will be guaranteed two games, with a consolation side and third place game included.

“AAA” – Sixteen (16) boys and (16) girls teams will be selected for placement in one of two Provincial Qualifiers. The top 3 teams from each Provincial Qualifier, along with the Zone 11 Champion, and Host school will advance to the Provincial Championship. The Provincial Championships will see Eight (8) girls teams and Eight (8) boys teams. The boys and girls championships will use the same format. All teams guaranteed two games, with a consolation side and third place game.

“AAAA” – Twelve (12) girls and Twelve (12) boys teams will compete in a single elimination play-off.

Varsity Formats

“A” & “AA” - Twelve (12) boys and (12) girls teams will be selected for placement in one of three Provincial Qualifiers. The top 2 teams from each Provincial Qualifier, along with the Zone 11 Champion, and Host school will advance to the Provincial Championship. The Provincial Championships will see Eight (8) girls teams and Eight (8) boys teams. The boys and girls championships will use the same format. All teams guaranteed two games, with a consolation side and third place game.

“AAA” – Sixteen (16) boys and (16) girls teams will be selected for placement in one of two Provincial Qualifiers. The top 3 teams from each Provincial Qualifier, along with the Zone 11 Champion, and Host school will advance to the Provincial Championship. The Provincial Championships will see Eight (8) girls teams and Eight (8) boys teams. The boys and girls championships will use the same format. All teams guaranteed two games, with a consolation side and third place game.

“AAAA” - Twelve (12) girls and twelve (12) boys teams will compete in Regional Playdowns for the first two (2) rounds. Winners will then advance to the Final Four Championship. Teams must win to advance.

B) **RULES:** FIBA rules will be in effect unless special playing rules are put forth by the MHSAA. In this case, the MHSAA rules will take precedence.

Junior Varsity Eligibility Rule: in order to qualify for the junior varsity competition athlete must meet the following requirements:

- a) Participating athletes must be under the age of 17 as of midnight of the current school year, August 31.
- b) Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. The athlete's eligibility begins upon enrolment in grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9.

For “A” and “AA” schools students may compete in an unlimited number of matches at the varsity level and still maintain their eligibility to compete in the junior varsity Provincial Championships. **Students must compete in a minimum of 6 games at the JV level in order to be eligible to compete in zone and provincial play-offs. Tournaments would count as two (2) games.**

NOTE: *(the intent of this rule is to allow schools to utilize some athletes to form both teams NOT to better one and/or both teams)*

For “AAA” and “AAAA” schools students may not compete in more than three matches at the varsity level. (league, exhibition, or tournament - Tournaments count as two matches). Rural “AAA” Junior Varsity teams are allowed to compete against rural varsity “A” and “AA” teams without these matches being counted as varsity level.

The Official Ball is the Wilson Evolution

Interzones are to be determined by the MHSAA. If the zone/interzone championship is won by the host school, then another wildcard spot becomes open. **There will be no interzones in the varsity “A”, “AA”, “AAA” & JV “AAA” category.**

Teams are to bring their own warm up balls

All Varsity games will be 10-minute quarters, with a 24 second shot clock and 8 second back court.

All Junior Varsity games will be 10-minute quarters, with 30 second shot clock and 10 second back court.

Uniform Rule: Style and colour of uniform must be consistent throughout the team. Compression undergarments can be worn, with no restrictions on colour or length.

Athletes, team members and coaches will not be permitted to wear headwear during competition, opening ceremonies, awards ceremonies, banquets and/or luncheons. **Inappropriate bench conduct (ie; changing tops, jerseys, uniforms, at the bench or on the playing field) is not acceptable.** Any athlete, team member or coach deemed in violation may be subject to a performance bond violation in the amount of \$50.00-\$200.00 assessed to the school.

All **uniforms must be numbered** 1-99, (whole numbers). (While MHSAA allows numbers 1-99, the MHSAA recommends numbers 1-15.

Coaches should be advised that if the uniform rule is not adhered to, the team may not be allowed to compete and may be fined up to \$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131

Jewelry is not allowed.

Game Limit - The maximum number of matches are 25 per season. Each tournament counts as 2 matches and the 25 match limit does not include league playoffs, zone playoffs, or provincial playoffs. Exceeding the game limit will result in a fine to the school and possible exclusion from the Provincial Championships.

ALL VARSITY "AAA" SCHOOLS INSIDE THE CITY OF WINNIPEG

must play a minimum of 4 matches/games against AAA schools in areas outside of Winnipeg, two matches/games must be played outside city limits. Tournaments count as two matches. If the tournament is hosted by a "AAA" school, 2 matches will be awarded, regardless of the classification of participating teams. These matches must be played prior to zone play-offs. Failure to fulfill the requirement may result in the team being ineligible for the Provincial Championships.

It is expected that all teams attend opening ceremonies and related functions. Non-attendance may result in fines and/or further sanctions against the school.

3. AWARDS

In each division, the championship team will receive the Championship banner, first place medals and Championship T-shirts

The runner-up team in the championship event will receive a finalist banner and second place medals

The third place team in the championship event will receive third place medals. (excluding "AAAA")

Five All-stars and one MVP will be awarded. A Players Choice Award will be selected for Varsity.

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

4. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that

supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. **ACCOMMODATIONS**

“A/AA” JV

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		The Pas	Cranberry Ptg
Anderson Inn & Suites (The Pas)	204-623-1888	0 min	60 min
Wescana Inn (The Pas)	1-844-261-5644	0 min	60 min
Kikiwak Inn (Opaswayak Cree Nation)	204-623-1800	5 min	60 min
Viking Lodge (Cranberry Portage)	204-472-3337		0 min
Bakers Narrow Lodge	866-603-6390		20 min
Victoria Inn (Flin Flon)	204-687-7555		35 min
Prospector Inn (Creighton)	306-688-1000		40 min

“AAA” JV & “AAAA” JV

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

“A”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		Gilbert Plains	Grandview
Best Western Plus (Dauphin)	204-638-3000	20 min	30 min
Super 8 (Dauphin)	204-638-0800	20 min	30 min
Dauphin Inn Express	204-638-4430	20 min	30 min
Canway Inn & Suites (Dauphin)	204-638-5102	20 min	30 min
Harvest Moon Inn (Roblin)	204-937-3700	40 min	30 min
Stay Easy Inn (Roblin)	204-937-2411	40 min	30 min

“AA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>	
		Souris	Viriden
Souris Hotel	204-483-3373	0 min	
Best Western (Bdn)	1-800-780-7234	30 min	45 min
Super 8 (Bdn)	1-800-536-1211	30 min	45 min
Lakeview Inn & Suites (Bdn)	204-728-1880	30 min	45 min
Motel 6 (Bdn)	204-726-4000	30 min	45 min
Canad Inn (Bdn)	204-727-1422	30 min	45 min
Victoria Inn (Bdn)	1-800-852-2710	30 min	45 min
Jays Inn (Viriden)	204-748-2223		0 min
Comfort Inn (Viriden)	204-707-6020		0 min

“AAA”

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Days Inn	204-778-6000	0 min
Super 8	204-778-0040	0 min
Quality Inn	204-677-5600	0 min
Best Western	204-778-8887	0 min
Meriden Hotel	204-778-8387	0 min

“AAAA” Regional

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Best Western (Bdn)	1-800-780-7234	0 min
Super 8 (Bdn)	1-800-536-1211	0 min
Lakeview Inn & Suites (Bdn)	204-728-1880	0 min
Motel 6 (Bdn)	204-726-4000	0 min
Canad Inn (Bdn)	204-727-1422	0 min
Victoria Inn (Bdn)	1-800-852-2710	0 min

“AAAA” Final Four

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

BADMINTON

May 4, 5 & 6

Winnipeg

Convenor: Neil Bridgeman

Phone: 204 -248-2167

Email: neil.bridgeman@dsfm.mb.ca

Schedules and other pertinent information will be posted on the MHSAA website prior to the championships

1. DEADLINE DATES

TOURNAMENTS must be registered online at the MHSAA website at least one week prior to the tournament start date.

ONLINE ROSTER due by **APRIL 14**. All schools must complete an online roster regardless of whether or not they will be attending the Provincial Championships. JV and Varsity athletes need to be on separate rosters.

ZONE PLAYOFFS must be completed by **APRIL 27**

ENTRIES must be received by **APRIL 28** - 4:00 pm All zone entries are to be submitted by the zone convenor using the entry form provided by the MHSAA office. Late entries may not be accepted.

WILDCARD APPLICATIONS are due by **APRIL 28** at **1:00 pm sharp**. Wildcards are open to zone semi-finalists and finalists only. Applications must include the following:

- Complete season record of all games played (exhibition, league, tournament). Season Record Form available on the MHSAA website.
- Letter of intent to participate signed by the Principal.
- **All Schools applying for a wildcard must pay a \$25 non-refundable application fee. The school will have 20 working days from the date of the invoice to pay the fee or they will be subject to further sanctioning.**

If your application does not include the complete season record and letter of intent, and/or is late, the application will not be considered. **WILDCARD ENTRY** will be determined by a committee, as determined by the MHSAA. The rationale used for the decision will be an applicant's high school tournament play and high school zone play. The wildcard entry will be awarded outright. Wildcard decisions will be posted on our website on the Monday, prior to the championship.

2. FORMAT & RULES

- A) **FORMAT:** Badminton Point-a-Rally will be used. The tournament will be seeded into four pools and round robin will be played. The top four finishers in each pool will go onto a play-off draw.

Events – Girls Singles, Boys Singles, Girls Doubles, Boys Doubles & Mixed Doubles

B) ENTRIES:

Zones are limited to two entries per event at both the JV and Varsity level. A player may be entered in only one event.

Doubles teams that advance, must advance with the partner that they qualified with, in their zone championship (Substitutions or replacements can NOT be made after zone competition). Junior varsity athletes may choose to compete in either the varsity or the JV championship but cannot compete in both provincial championships.

ONE ENTRY will go to the **HOST ZONE**, meaning, that the host zone is now allowed to enter a third representative. The rationale for this is that for most MHSAA sports, there is a host spot, and this may be more incentive and a reward for those zones (schools) that are hosting a provincial badminton championship. It is up to the host zone to determine how they will fill the host spots. If the host entry is the third entry for a single school in a category, that entry will not be allotted points towards the team scoring.

C) RULES: all matches will be governed by Badminton Canada rules, except where noted by special MHSAA rules. In these cases, MHSAA rules will take precedent over the official rules.

Tie breaking procedure - if two teams are tied for first, second, or third place, winner in round robin play finishes first.

If three teams are tied for first or second place, round robin match results between the individual tied considered first, then point for and against between the three tied teams involved will determine placing.

If three teams are tied for third place, points for and against decide third place, between the three tied teams involved. The other two teams will play-off in a single 21-point game for fourth place

If two teams are tied for fourth place, then a one game 21-point play-off will be played to decide fourth place.

If three teams are tied for fourth place, points for and against between the three tied decide the bye, other two teams play off one 21-point game. The winner immediately plays the team who received the bye for fourth place. In the event of tied teams having the same plus - minus, points for and against in the whole round robin will determine positions to advance.

Recording scores - the winner is responsible; we recommend both be present when filling in the score card on your court. When leaving court please leave by the end of the courts when reporting scores or requesting shuttles, etc.

Coaching is not allowed from the side at any time. Coaches may access the court area with their athletes between games in a best of three only.

Officiating: efforts will be made to have Badminton Manitoba Officials on site throughout the tournament.

Five minute no show in effect.

Two minute warm up - coaches, if there is a delay, please ask your athletes to quickly prepare for play.

Serving - serve from wrong court is a “let” if it is noticed by the opponent

Defaults - Points will only be awarded if an entry does not show up for a scheduled match. It is the zones responsibility to ensure that their representatives fulfill any commitments. **If a player(s) leaves prior to finishing any or all of their games, their scores will all be eliminated. Their school may also be subject to a \$200.00 fine.**

Equipment:

- all competitors must supply their own racquets
- Mavis 350 blue band nylon shuttlecocks (optic yellow).
- shuttlecocks will be left on the court after a game. If a new shuttlecock is required, the one in use must be returned to a committee member
- **Protective eyewear** - the MHSAA strongly encourages the use of protective eyewear during Provincial Badminton Championships

Uniform Rule: Proper uniforms must be worn. Players are allowed to wear school uniforms, which must have short sleeves, or a plain white T-shirt. Doubles must have consistent uniforms and shorts. Athletes can NOT wear other school jersey's that have the name of a sport on the jersey, other than the sport name of badminton.

Athletes and coaches will not be allowed to wear headwear during competitions, opening ceremonies, awards ceremonies, banquets and/or luncheons. Any athlete or coach deemed in violation may be subject to a performance bond violation in the amount of \$50 - \$200 assessed to the school.

Coaches should be advised that if the uniform rule is not adhered to, the team/player may not be allowed to compete and may be fined up to \$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Scoring System: Points will be awarded from 14th Place through to the Championship finals as follows:

1 st place	14 points
2 nd place	12 points
3 rd place	10 points
4 th place	8 points
5 th place	7 points

6 th place	6 points
7 th place	5 points
8 th place	4 points
9 th place	3 points
10 th place	2 points
11 th – 12 th place	1 points

Tie breaker, if tied - greatest number of 1st place finishes. If still tied - greatest number of 2nd place finishes. If still tied - greatest number of 3rd place finishes. If still tied - greatest number of 4th place finishes. If still tied, it will be the greatest number of athletes in the quarterfinal.

It is expected that all teams attend opening ceremonies and related functions. Non-attendance may result in fines, and/or further sanctions against the school.

3. **AWARDS**

A Provincial Championship banner will be presented to the winning school in the “A-AA” categories

A Provincial Championship banner will be presented to the winning school in the “AAA-AAAA” categories.

Provincial Champions will be declared in each of the events. They will receive medals and a championship T-shirt. Medals will also be presented to second and third place.

4. **SUPERVISION**

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

“If we dare to win, we should also dare to lose.”

LEE CHONG WEI

FAST PITCH / BASEBALL

Fast Pitch (Girls)

June 2 & 3

Site: Winnipeg

Convenor: Christy Capner

Ph: 204-256-4366

Email: christy.capner@lrsd.net

Baseball (Boys)

June 1, 2, & 3

Site: Glenboro

Convenor: Ryan Diehl / Corey Forbes

Ph: 204-827-2593

Email: rdiehl@prspirit.org
cforbes@prspirit.org

Schedules and other pertinent information will be posted on the MHSAA website one week prior to the championships

1. DEADLINE DATES

TOURNAMENTS must be registered online at the MHSAA website at least one week prior to the tournament start date.

ONLINE ROSTER is due by **MAY 19**. All teams must enter their roster online regardless of whether or not they will be attending the Provincial Championships.

ZONE AND INTERZONE PLAYOFFS must be completed by **MAY 25**. Please inform the MHSAA as soon as your representative has been determined.

WILDCARD APPLICATIONS are due by **MAY 24** at **1:00 pm sharp**. Wildcards are open to zone semi-finalists and finalists only. Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a **\$25** non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of **\$125**. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.**

If your application does not include the letter of intent, and/or is late, the application will not be considered. Wildcard game date and location will be determined once the teams have been selected. Automatic wildcard spots may be awarded.

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until **MAY 26** to ensure their season record accurately reflects all games played throughout the season. Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.

2. **FORMAT & RULES**

- A) **FORMAT:** both the boys and girls championship will be twelve (12) team round robin with four (4) pools of three (3). There will be a championship play-off with no consolation.
- B) **RULES:** Baseball Canada (18U A category) and Softball Canada (U19 category) rules will be in effect. Special playing rules approved by the MHSAA will take precedence over playing rules in the official rule book.

It is expected that all teams attend Opening Ceremonies and related functions. Non-attendance may result in fines, and/or further sanctions against the school.

Uniform Rule: Style and colour of uniform must be consistent throughout the team. Each team must have matching caps (no commercial advertising allowed on them) and shirts with clearly visible numbers on the shirts. (No commercial or 'club' shirts permitted.) Coaches must wear school team cap.

Coaches should be advised that if the uniform rule is not adhered to, the team may not be allowed to compete and may be fined up to \$200. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Fast Pitch:

All games except for semi-finals and finals will be 5 innings; 10-run rule after 3 innings. All semi-final and final games - 7 innings with 10-run rule after 5 innings.

Ties at all stages must be broken by continuation of play until a winner is declared. Tie breakers will be decided by the **International Tie Breaker Rule**. The last batter at the end of regulation play for the home team, will start the extra inning at second base. Play will continue until a winner is decided.

The following procedure will be used to break any ties in the pool following the completion of pool play:

1. Won/Lost records (%). If still tied, then:
2. Winners of games between tied teams
3. Difference PLUS or MINUS of total runs scored, with a limit of 7 PLUS or MINUS per game allowed.
 - (a) If still tied within 3) then: The least (fewest) amount of runs scored against in all games will be used. If still tied, then:
 - (b) The total runs scored in all games will be used with a maximum of 10 runs scored per game will be used. If still tied, then:
 - (c) Positions will be settled by a coin toss.

Pitching distance - 43 feet. (measurement is from the back of home plate to the front of the pitching rubber)

Official batting helmets must be worn while batting and while running bases.

Smoking or chewing tobacco will not be permitted on the field or on the player benches while the game is in progress.

Back catchers must wear protective helmet and mask with an attached throat protector, in addition to the appropriate protective wear. All of this equipment is to fit properly.

For MHSAA competitions the 9-person batter order will be used.

Baseball:

Pitch Count is in effect for high school baseball.

All games will be seven (7) innings with 10-run rule after five (5) innings.

The following procedure will be used to break any ties in the pool following the completion of pool play:

Two Teams Tied - Round-robin winner in game between tied teams shall advance.

Three Teams Tied for first- When three teams are tied for first place in a round-robin draw the team with the best win-loss record in the game(s) played between or among the tied teams will place higher in the standings. Following this, if the three teams are still tied for first place, one team will be awarded first place based on the three teams tied formula (as shown below). 2nd place will be determined by continuing on through the formulas as listed until the tie is broken.

Three teams tied formula (use these in the order they are listed)

1) Runs Against

Defensive Outs (= Lowest Ratio Advances) (Games between tied teams only)

Example:

Team A - 11 Team B - 1 in 15 defensive outs

Team C - 9 Team A - 8 in 21 defensive outs

Team B - 15 Team C - 13 in 21 defensive outs

	<u>Team A</u>	<u>Team B</u>	<u>Team C</u>
Runs against	10	24	23
Number of defensive outs	36	36	42
Ratio	0.278	.667	.548

In this example, Team A is declared first

2) Runs For

Offensive Outs (= Highest Ratio Advances) (Games between tied teams only)

- 3) Runs Against
Defensive Outs (= Lowest Ratio Advances) (All games included)
- 4) Runs For
Offensive Outs (= Highest Ratio Advances) (All games included)
- 5) Three-way coin flip.

NOTE: When a multiple tie occurs and is only partially resolved, the remaining ties will be resolved by continuing on with the remaining tie breaking priorities until all 5 priorities have been exhausted. In continuing, the statistics of all the originally tied teams are still used until all priorities have been applied. Then and only then will the remaining tied teams return to priority number 1 and proceed through the order again.

3. AWARDS

The winner will receive the championship banner, championship t-shirt, and 1st place medals (16 each).

The finalists will receive the finalist banner, and 2nd place medals (16).

For fast pitch only the third-place team will receive a plaque and bronze medals (16).

An all-star team along with a M.V.P. will be selected.

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

4. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. INCLEMENT WEATHER PROCEDURE

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

Fast Pitch

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Holiday Inn South (Wpg)	204-452-4747	0 min
Canad Inns (Wpg)	1-888-332-2623	0 min
Best Western Pembina (Wpg)	204-269-8888	0 min
Motel 6 (Wpg)	204-819-5236	0 min
Super 8 - East (Wpg)	204-253-1935	0 min
Super 8 - West (Wpg)	204-831-9800	0 min

Baseball

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Spruce Woods Inn (Glenboro)	204-827-2648	0 min
Carberry Motor Inn	204-834-2197	20 min
Robins Nest Motel (Carberry)	204-834-2878	20 min
Forest Hills Cabins	204-834-2421	15 min
Best Western Plus (Bdn)	204-727-7997	45 min
Comfort Inn (Bdn)	204-727-6232	45 min
Motel 6 (Bdn)	204-726-4000	45 min
Super 8 (Bdn)	204-729-8024	45 min

AAAA SOCCER

June 2 & 3

Site: Steinbach
Convenor: Steve Rebizant
Ph: 204-326-6426
Email: srebizant@hsd.ca

Schedules and other pertinent information will be posted on the MHSAA website by one week prior to the championships.

1. **DEADLINE DATES**

TOURNAMENTS must be registered online at the MHSAA website at least one week prior to the tournament start date.

ONLINE ROSTER must be entered by **MAY 19**. All teams must enter their roster online regardless of whether or not they will be attending the Provincial Championships.

ZONE AND INTERZONE PLAYOFFS must be completed by **MAY 27**. Please contact Greg at 204-925-5642 or email: greg@mhsaa.ca as soon as the representative has been determined.

WILDCARD APPLICATIONS are due by **MAY 26** at 1:00 pm sharp. Wildcards are open to zone semi-finalists and finalists only. Applications must include the following:

- Letter of intent to participate signed by the Principal.
- All Schools applying for a wildcard must pay a **\$25** non-refundable application fee. Schools selected to play in a wildcard game will additionally be invoiced for the wildcard game fee of **\$125**. The school will then have 20 working days from the date of the invoice to pay the fee(s) or they will be subject to further sanctioning.
- **All teams applying for a wildcard will have their season record taken from the MHSAA website. Teams applying must ensure their online record accurately reflects all games played (league, exhibition, & tournament). Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.**

If your application does not include the letter of intent, and/or is late, the application will not be considered. Wildcard game date and location will be determined once the teams have been selected. Automatic wildcard spots may be awarded.

SEEDING INFORMATION will be taken from the MHSAA website. All teams will have until **MAY 26** to ensure their season record accurately reflects all games played throughout the season. Additionally, any team that participates in an out of province tournament or exhibition game must email greg@mhsaa.ca with the date, opponent(s) and scores of those games by the deadline above.

2. **FORMAT & RULES**

- A) **FORMAT:** for both the girls and boys championship it will be an 8 team tournament with a championship and consolation play-off.
- B) **RULES:** FIFA rules will be in effect. Special playing rules approved by the MHSAA will take precedence over playing rules in the official rule book.

Teams arriving late: If a team is fifteen (15) or more minutes late without a valid reason, the game may be forfeited or the team arriving on time may be awarded goal(s). (Up to the discretion of the convenor and/or MHSAA representative)

Game Length: All games will consist of two 35 minute halves.

Overtime: Should there be overtime, the overtime will consist of two 7 1/2 minute halves. After that, if the teams are still tied, penalty kicks (as per FIFA Rules) will decide the winner. Teams will select five players from those eleven players on the field at the end of the overtime to take the first round of kicks alternately with the opposition. If, after the first round of shots the score still remains tied, then teams will continue alternating the shootout one at a time with those players of the eleven who have not shot. Teams must have an even number of shots to declare a winner. That is, the first team to score does not necessarily win. If the score remains tied after all eleven players have taken kicks, then any of the first five shooters is eligible to take kicks again.

Uniforms: Shin guards are mandatory. Teams must have the same coloured shirts and matching shorts. Absolutely no multicoloured shorts, knee length shorts or cut off jean shorts. A set of extra uniforms or pinnies (numbered) should also be brought to prevent uniform clashes. Teams with improper uniforms may not be allowed to play. Athletes, team members and coaches will not be allowed to wear headgear during competition (except the goalkeeper). Athletes, team members and coaches will not be allowed to wear headwear during opening ceremonies, award ceremonies or any special functions.

Coaches should be advised that if the uniform rule is not adhered to, they may not be allowed to compete and may be fined up to \$200 and be put on probation. (Probation being that; if the school violated the infraction again, the school may be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Substitutions: Each team is allowed an unlimited number of substitutes. Substitutions are allowed at any time during the game when there is a definite stoppage in play and when the substituting team is in possession of the ball. The referee must be informed of the intention to enter the game by calling "substitution". The substitute should remain on the sidelines until the referee waves him/her in. Players coming out of the game may return later. Players sent off during a game by the referee cannot be replaced. The suspended player cannot return during the game.

Cautions: A player receiving one red or two yellow cards during the tournament will be automatically suspended for the following game. In the case of a red card received during a game, the player will be ejected, and the team will be forced to play short for that game. The player will not be allowed to play in the next game. If a player receives two yellow cards in one game, they will be ejected from the game and the team will be forced to play short for that game. The player will not be allowed to play in the next game. If a player receives two yellow cards during the tournament, they will be suspended from the next game.

Equipment:

Coaches are asked to bring the following equipment to minimize problems:

- a) the team's own properly marked soccer balls for warm-ups (Size 5)
- b) **first aid kits.** Each school is responsible for bringing: Tape, bandages, and other supplies for treating minor injuries. (Do not expect to have tape provided)

It is expected that all teams attend opening ceremonies and related functions. Non-attendance may result in fines, and/or further sanctions placed against the school.

3. **AWARDS**

Medals are to be awarded to the 1st place, 2nd place, 3rd place teams (max 20). The winner and finalists will receive the championship banners, while the consolation and third place winners will also receive a plaque. Eleven all-stars and one MVP will be selected.

Schools with team rosters that exceed the allotted number of awards would be responsible for the cost of any additional awards required.

4. **SUPERVISION**

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

5. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be

based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools deciding to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

6. ACCOMMODATIONS

<u>Hotel/Motel</u>	<u>Phone:</u>	<u>Distance:</u>
Days Inn	204-320-9200	35 min
Roadhouse 52 Inn & Suites	204-326-5885	35 min
Sleep Suite Motel	204-326-1324	35 min

***“I am a member of a team, and I rely on the team. I defer to it
and sacrifice for it because team, not the individual,
is the ultimate champion”***

MIA HAMM

TRACK & FIELD

June 8, 9, & 10

Site: Brandon
Convenor: Greg Jarvis
Phone: 204-925-5642
Fax: 204-925-5624
Email: greg@mhsaa.ca

Schedules, standards, records and other information will be posted on the MHSAA website one week prior to the championships

1. **DEADLINE DATES**

INVITATIONAL MEETS must be registered online at the MHSAA website at least one week prior to the meet start date.

ONLINE ROSTER is due by **MAY 19**. All junior varsity and varsity athletes must be submitted online regardless of whether or not they will be attending the Provincial Championships.

ENTRIES DEADLINE for Zone Top Three Finishers is **12:00 noon June 2** Athletes qualifying through Standard at either zone or any MHSAA sanctioned meet is 12:00 noon: **June 6**. (All Athletes including para-athletes must have competed at the zone meet in the events that they are attempting to qualify in). Zone convenors must send their entries on the MHSAA Meet Manager program or they will not be accepted. (*An updated Meet Manager database will be sent to all zone convenors in early May*). All entries must be emailed to: pat.alexander@gvsc.ca.

SCRATCHES OR CHANGES are due Tuesday, **JUNE 6** by 4:00 pm. All scratches and changes must be emailed to pat.alexander@gvsc.ca and greg@mhsaa.ca. Schools **not** submitting scratches or changes, may be fined (\$50-\$100). **Any athlete that scratches an event during the Championship will be scratched from all remaining events they are entered in. All scratches at the track must be done at the result/entry booth. Scratches are NOT PERMITTED at the marshalling areas. Scratches done at the marshalling area will be treated as no shows and the school will be subject to a fine.**

2. **ENTRIES**: If entries are not completed properly, those athletes may not be allowed to compete!

- a. each zone will be allowed to enter their top three finishers per event, plus any others that meet the standard (Standards are under #10), and any Para - Athletes that qualify by competing at their zone championship.
- b. any athlete(s) who qualify by meeting standards at a MHSAA sanctioned meet must be emailed by the zone convenor to pat.alexander@gvsc.ca by June 5 at 12:00 noon. **(Athletes must have competed at the zone meet in the event(s) which they are attempting to gain entry through obtaining standard).**

- c. top three relay teams from each zone plus any other teams that meet the standard at their zone meet. At the provincial meet prior to the relays schools must provide the names of all runners on their relay team along with the name of one alternate. The alternate must be an athlete that is listed on their MHSAA eligibility sheet.
- d. Individual competitors may compete in a maximum of four (4) events, one of which must be a relay.

ENTRY DUE TO INJURY/EXTENUATING CIRCUMSTANCE

- a. An athlete may request approval of an entry without competing at the zone meet providing they meet the following guidelines:
- b. written request from coach and principal.
- c. medical certificate/documentation provided.
- d. proof of obtaining the standard at a sanctioned MHSAA meet.

This written request must be received by the Assistant Executive Director by the Monday prior to the championship for approval

Junior Varsity Eligibility: in order to qualify for the junior varsity competition athlete must meet the following requirements:

- a) Participating athletes must be under the age of 17 as of midnight of the current school year, August 31.
- b) Students are eligible to participate in junior varsity for two years. In determining the two-year clause, member schools must count grade 9 as the first year. The athlete's eligibility begins upon enrolment in grade 9 and is allowed two consecutive years of competition from time of enrolment in grade 9

JV Athletes competing in any events in the Varsity category, must then compete in all of their events in the Varsity category. (I.e., if a JV athlete competes in a Varsity relay, then that JV athlete is required to compete in all of their events in the Varsity category).

Para-Intellectual Athlete Eligibility:

- a) Para-Athletes with an Intellectual Disability are eligible to participate until the last school day of June in the calendar year of which they turn 21 years of age. They will be eligible to compete for 7 years. The athlete's eligibility begins upon enrollment in grade 9 and they are allowed seven (7) consecutive years of competition from time of enrollment in grade 9.
- b) They must be certified by the principal as a bona fide student and as meeting all para-intellectual eligibility requirements.
- c) Athlete with an Intellectual Disability are defined as any student that participates in a school program involving courses with a Modified (M) Course Designation.

3. **PROVINCIAL CHAMPIONS SHALL BE DECLARED IN THE FOLLOWING EVENTS:** (Implements and weights will be supplied at the championship)

Boys – Track Event

100m
200m
400m
800m
1500m
3000m

Boys – Field Events

High Jump
Long Jump
Triple Jump
Shot Put JV – 4kg, Varsity – 5kg
Discus 1.5 kg
Javelin 700 grams

Pentathlon - 100m, 800m, Long Jump, High Jump & Shot Put.

Varsity Boys – 100m Hurdles – 8.5 m between flights and a height of 36 inches. Distance to first hurdle is 13 m. Distance from last flight to finish line is 10.5m (total of 10 hurdles)

Junior Varsity Boys – 100m Hurdles – 8.5 m between flights and a height of 33 inches. Distance to first hurdle is 13 m. Distance from last flight to finish line is 10.5m (total of 10 hurdles).

4 x 100 relay – Jr & Sr with all 4 runners from the same class (all from 1 school)

4 x 400 relay – Jr & Sr with all 4 runners from the same class (all from 1 school)

Medley relay (400, 200, 200, 800) – Junior Varsity and Varsity. (all from 1 school)

4 x 100 Unified Relay (2 Companion & 2 Para athletes) can be any gender or category.

Girls – Track Events

100 metres
200 metres
400 metres
800 metres
1500 metres
3000 metres

Girls – Field Events

High Jump
Long Jump
Triple Jump
Shot Put 4 kg
Discus 1 kg
Javelin 600 grams

Pentathlon - 100m, 800m, Long Jump, High Jump & Shot Put.

Junior Varsity Girls – 80m Hurdles – 7.5 m between flights and a height of 30 inches. Distance to first hurdle is 12 meters. Distance from last flight to finish line is 15.5m (total of 8 hurdles)

Varsity Girls – 100m Hurdles – 8.0 m between flights and a height of 33 inches. Distance to first hurdle is 13 m. Distance from last flight to finish line is 15 m (total of 10 hurdles)

4 x 100 relay – Jr & Sr with all 4 runners from the same class (all from 1 school)

4 x 400 relay – Jr & Sr with all 4 runners from the same class (all from 1 school)

Medley relay (400, 200, 200, 800) – Junior Varsity and Varsity. (all from 1 school)

4 x 100 Unified Relay (2 Companion & 2 Para athletes) can be any gender or category.

Para- Track Events

100m
200m
400m
800m
1500m

Para- Track Events

Long Jump
Triple Jump
Shot Put Girls – 3kg Boys -4kg
Discus 1 kg
Javelin Girls – 500g Boys – 600g

Athletes may choose to throw a heavier weight to match what is indicated by Athletics Canada for their classification and age group but may not throw a lighter implement.

Para- Events will be available in the following categories Athletes who compete in a wheelchair, athletes with an intellectual disability, athletes with a visual impairment, athletes with other ambulatory disabilities. All athletes must have competed at the zone meet in the events which they intent to compete.

Para-Athletics at higher levels are broken down into specific classifications within each disability category. For MHSAA competition specific classifications within each disability category will not be required. This is not something we have the resources or expertise to administer. However, for the other ambulatory athletes category, coaches would specify whether they will be competing in; 1) athletes with amputees/limb deficiencies, loss or limited use of limbs, or, 2) athletes with athetosis, ataxia, and/or hypertonia, cerebral palsy, neuromuscular disorders.

Addition of age categories will be considered if number of entries increase to a point where it become necessary. Number of zone entries at this time will continue to be open. May only compete in up to three (3) individual events.

Assistance would only be allowed for athletes with Visual impairments.

4. **RULES:** It is the Coach(es) responsibility to ensure that athletes are aware of rules. Athletics Canada rules shall apply in regard to the staging of competitions and their officiating rules pertaining to events, except for the high jump. Field events will be conducted under International Amateur Athletic Federation Rules, in that, there will be trials for the top eight competitors. Special rules approved by the MHSAA will take precedence over the rules above.

False Starts: Any competitor making a false start shall be warned. Only one false start per race shall be allowed without the disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified from the race.

Athletes in field and track events at the same time – Athletes having to leave a field event to compete in a track event, may return to their field event. When they return to their field event, they must resume at the present rotation as the other competitors.

Coaching Rule: Coaching is not permitted at any time from the infield or in the field of play for any event, unless in a designated coaching area.

Electronic Devices: Watches, monitors and other electronic devices are not permitted to be worn by athletes while competing. Athletes caught wearing such devices will be disqualified from the event in which the device was used.

Uniform Rule: Competitors must wear appropriate track and field attire. No headgear is allowed. School track and field uniforms are required. A t-shirt in school colours, with the school logo, will be accepted as a proper track uniform. It cannot be the school uniform of another sport. Absolutely no multi-coloured t-shirts, slogan t-shirts, multi-coloured shorts, cut off jean shorts. Athletes participating in these types of clothing may not be allowed to continue, until they change into appropriate clothing. Tights will be allowed as long as they have no more than two colours and do not extend below the knee.

Athletes and coaches will not be allowed to wear headwear while accepting awards. Any athlete deemed in violation may be subject to a performance bond violation in the amount of \$50 - \$100 assessed to the school.

Coaches should be advised that if the uniform rule is not adhered to, the team/athlete may not be allowed to compete and may be fined up to \$100 per offence. The school may also be put on probation (probation being that if the school violates the infraction again, the school may be fined \$200 and be suspended from all MHSAA activities).

Advertising on uniforms must adhere to guidelines as outlined on pages 130-131.

Substitutions: No substitutions will be allowed. Only those athletes submitted on the entry forms will be allowed to participate.

Aggregate Point system:

8+ Competitors:	1 st -8	2 nd -7	3 rd -6	4 th -5	5 th -4	6 th -3	7 th -2	8 th -1
7 Competitors:	1 st -7	2 nd -6	3 rd -5	4 th -4	5 th -3	6 th -2	7 th -1	
6 Competitors:	1 st -6	2 nd -5	3 rd -4	4 th -3	5 th -2	6 th -1		
5 Competitors:	1 st -5	2 nd -4	3 rd -3	4 th -2	5 th -1			
4 Competitors:	1 st -4	2 nd -3	3 rd -2	4 th -1				
3 Competitors:	1 st -3	2 nd -3	3 rd -1					
2 Competitors:	1 st -2	2 nd -1						
1 Competitor:	1 st -1							

First Aid: Each school is responsible for bringing: Tape, bandages and other supplies for treating minor injuries. (Do not expect to have tape provided).

5. ADVANCEMENTS

Track Events: Heat advancements will be based on the number of entries received and will be posted to the provincial championship website prior to the championship. MHSAA reserves the right to change heat advancements if numbers change during the meet.

Field Events: A flight would include a **Qualifying Mark*, which, once achieved, would advance that athlete directly to the Final. No further attempts by that athlete would be permitted. All distances and heights achieved in the qualifying rounds are

not considered in the final results; these results only serve to advance the athlete to the final. The Final would include the top 12 competitors (minimum). If the entries are 20 or less, flights would be eliminated.

- Qualifying marks will be posted to the website prior to the meet.
- LJ, TJ, and throws: Number of attempts will be 3 attempts in qualifying round. 3 attempts in first round of final, with the top 8 athletes receiving 3 additional attempts.
- HJ – in the qualifying round, the bar eventually will rise to the qualifying mark, but no higher. Starting height will be determined and posted to the website prior to the meet. The 12 competitors (minimum) with the best results will advance to the final. Any athletes achieving the qualifying mark are automatically advanced to the final.

6. AWARDS

Medals are to be awarded to 1st place, 2nd place, & 3rd place. Aggregate banners will be handed out in each category (JV Boys, JV Girls, Varsity Boys & Varsity Girls), along with each school classification (“A”, “AA”, “AAA”, & “AAAA”).

Aggregate Banner Tie Breaker: The following sequence will be used to break ties for the Aggregate Banner categories:

- a) The team with the highest total number of accumulated medals will be declared the winner.
- b) If still tied, the team with the highest total of accumulated gold medals will be declared the winner.
- c) If still tied, the team with the highest total of accumulated silver medals will be declared the winner.
- d) If still tied, the team with the highest accumulated bronze medals will be declared the winner.
- e) If still tied, the team with the greatest number of participants will be declared the winner.

7. SUPERVISION

At all MHSAA Provincial Championships, interzone and wildcard games, participants must have a teacher from the school division in attendance as a supervisor, or they will not be allowed to compete. In individual sports where it may be unrealistic for one teacher to accompany one student, the zone may designate teacher supervisors for athletes. This must be a written request, signed by each principal involved, and approved by the MHSAA, well in advance. The designated teacher supervisor should have a copy of the letter, with them during the championship.

Teachers employed in the school division where they are coaching a team, may be the supervisor for that team. The responsibility rests with the school to ensure that supervisor(s) are fully acquainted with all MHSAA rules, regulations, and consequences. Violation of this rule may result in a fine up to a maximum of \$200.

8. **INCLEMENT WEATHER PROCEDURE**

The MHSAA, in cases of severe weather disruptions, may have to make decisions as to the possible rescheduling of Provincial Championships. MHSAA decisions will be based on Environment Canada weather reports, the Manitoba Highway reports and weather conditions at the host site.

Information on possible schedule changes will be posted on the host website between 6:30 and 7:00 am on the day of the Championship. Schools will also be emailed any changes. In case of inclement weather, schools should refrain from travelling to Provincial Championships until they receive notification from the MHSAA Assistant Executive Director with instructions and updated scheduling. Schools making a decision to travel prior to receiving notification from MHSAA Assistant Executive Director do so at their own risk and will be responsible for their travel and hotel costs, should the event be postponed or changed.

Many schools travel to Provincial Championships on the day prior to the championship beginning. In cases where most schools are already at the host site, the convenor along with MHSAA assistant director will try to modify schedules to accommodate teams that will be arriving later due to weather conditions.

9. **STANDARDS:** These standards will remain the same from year to year and be reviewed on an ongoing basis. Current standards posted September 2022.

	JV Girls	Varsity Girls	JV Boys	Varsity Boys
80/100mh	13.95	18.10	16.36	15.63
100m	13.62	13.44	12.10	11.78
200m	27.97	28.05	24.54	23.72
400m	1:04.07	1:04.46	55.21	53.53
800m	2:33.71	2:33.45	2:10.34	2:07.70
1500m	5:25.41	5:16.88	4:32.86	4:26.44
3000m	12:02.18	11:54.68	10:13.65	10:01.25
4 X 100	55.24	54.78	48.41	47.12
4 X 400	4:49.26	4:48.42	3:58.73	3:47.44
S.P.	8.67	9.37	12.46	12.43
DISCUS	24.89	26.20	30.94	34.54
JAV.	26.59	28.75	37.30	42.23
L.J.	4.72	4.74	5.49	6.07
T.J.	9.83	10.12	11.49	12.32
H.J.	1.40	1.46	1.68	1.77
Medley	4:50.33	4:50.07	4:06.06	3:57.24
Pentathlon	1889	2063	2316	2643

10. PROVINCIAL TRACK & FIELD RECORDS

Junior Varsity Girls

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
80m Hurdles	00:15:35	1999	Ladonna Waldner	R.D. Parker Coll.
100m	00:12:00	1966	Cheryl Cringan	Glenlawn
200m	00:25:00	2009	Carly Paracholski	Sisler
400m	00:56:73	2008	Carly Paracholski	Sisler
800m	02:12:14	2010	Julia Zrinyi	Vincent Massey (Wpg)
1500m	04:35:20	1977	Lori Docker	Oak Park
3000m	10:12:05	2005	Sarah-Ann Brault	Coll. Louis Riel
4 x 100 relay	00:50:30	1980	Kildonan East	Kildonan East
4 x 400 relay	04:03:60	1976	Oak Park	Oak Park
Shot Put (4 kg)	12.96	2015	Taylor Heald	Grant Park
Discus	42.62	2015	Taylor Heald	Grant Park
Javelin	39.93	1972	Dianne Jacobson	Arborg
Long Jump	5.52	2012	Robyn Wear	Gimli
Triple Jump	11.51	2019	Laura Denbow	Neepawa
High Jump	1.75	1997	Tammy Mahon	Treherne
Medley relay	04:15:51	2009	Sisler	Sisler
Pentathlon	2393 points	2022	Taya Clark	Garden City

Varsity Girls

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
100m hurdles*	00:15:27	2019	Rachal Mann	Kelvin
100m	00:11:57	1980	Tanya Brothers	John Taylor
200m	00:24:05	1980	Tanya Brothers	John Taylor
400m	00:54:93	2016	Victoria Tachinski	Vincent Massey (Wpg)
800m	2:09:05	2012	Julia Zrinya	Vincent Massey (Wpg)
1500m	04:27:38	1980	Nancy Rettie	Oak Park
3000m	10:01:36	1986	Cheryl Murphy	Oak Park
4 x 100 Relay	00:49:88	1982	Murdoch MacKay	Murdoch MacKay
4 x 400 Relay	04:02:80	1979	Grant Park	Grant Park
Shot Put	12.90	1987	Susanne Dandenault	Glenlawn
		2017	Taylor Heald	Grant Park
Discus	45.06	2017	Taylor Heald	Grant Park
Javelin	44.80	1994	Sami Jo Small	Jeanne Sauve
Long Jump	5.88	2013	Robyn Wear	Springs Christian
Triple Jump	12.62	2016	Rebekah Eckert	Murdock MacKay
High Jump	1.76	1998	Tammy Mahon	Treherne
Medley Relay	04:11:12	2022	St. Mary's	St. Mary's
Pentathlon	2743 points	2022	Juliana Crocker	Vincent Massey (Bdn)

Junior Varsity Boys

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
100m Hurdles*	00:13.99	2017	Michael Silverie	Sisler
100m	00:10:60	1973	Greg Sexsmith	Grant Park
200m	00:22:30	1969	Calvin Young	Miles Macdonell
400m	00:49:60	1989	Byron Goodwin	Grant Park
800m	01:56:30	1999	Eric Sproll	St. Paul's H.S.
1500m	04:02:26	2013	Jay Ort	Carman
3000m	08:52:59	2013	Jay Ort	Carman
4 x 100 Relay	00:44:80	1976	Vincent Massey	Vincent Massey (Wpg)
4 x 400 Relay	03:31:60	1979	Grant Park	Grant Park
Shot Put	18.22	1976	Mike Byrne	Silver Heights
Discus (1.5 kg)	42.72	2019	Kyle Novak	Garden City
Javelin (700 g)	49.87	2010	Curtis Urniezius	St. Paul's H.S.
Long Jump	6.75	1988	Jamie Slogan	Lord Selkirk
Triple Jump	13.61	2018	Robbie Gerstner	St. Paul's H.S.
High Jump	1.96	1978	Scott Flagel	Charleswood
Medley Relay	03:38:79	2022	St. Paul's HS	St. Paul's HS
Pentathlon	2788 points	2022	Brady Fay	Vincent Massey (Wpg)

*Hurdle Height/Distances changed in 2017

Varsity Boys

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
100m Hurdles	00:13.64	2015	Nti William	Fort Richmond
100m	00:10:20	1982	Courtney Brown	John Taylor
200m	00:21:56	1981	Rick Jones	Garden City
400m	00:49:10	1977	Greg Haydenluck	Arthur Meighen
800m	1:53:08	2001	Eric Sproll	St. Paul's H.S.
1500m	03:51:08	1980	Carey Penner	Dakota
3000m	08:28:81	1980	Carey Penner	Dakota
4 x 100 Relay	00:42:20	1983	Vincent Massey	Vincent Massey (Wpg)
4 x 400 Relay	03:25:48	1993	Grant Park	Grant Park
Shot Put (5 kg)	15.77	2014	Justin Krantz	Goose Lake (Roblin)
Discus (1.5 kg)	51.46	2006	Mathew Sedor	Ste. Rose
Javelin (700g)	59.78	2011	Max Cote	Elm Creek
Long Jump	7.41	2006	Nathan Labbe	McCreary
Triple Jump	14.47	2014	Luxon Glor	Fort Richmond
High Jump	2.05	2000	Mike Kizinkewich	Vincent Massey (Wpg)
Pole Vault	4.15	1993	Matt Schwenke	Garden Valley
Medley Relay	03:33:10	2015	Vincent Massey	Vincent Massey (Wpg)
Pentathlon	3290 points	2018	Cassius Meeches	Sisler

Para – Girls

Para Intellectual

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
100m	00:13:84	2017	Regan Hofley	Dakota
200m	00:29:57	2017	Regan Hofley	Dakota
400m	01:14.90	2019	Juliette Neudert	Warren
Shot Put	5.96	2019	Celeste Collet	Notre Dame

Para – Boys

Para Intellectual

<u>Event</u>	<u>Time/Distance</u>	<u>Year</u>	<u>Athlete/s</u>	<u>School</u>
100m	00:13:19	2017	Patrick Wabasak	Ste. Rose
200m	00:27:46	2017	Patrick Wabasak	Ste. Rose
400m	01:07:20	2022	Dereon Poulton	Garden City
800m	03:19:60	2022	Rylan Thibedeau	Warren
1500m	5:51.15	2022	David Spence	Maples
Shot Put	9.83	2019	Ethan Ponask	Winnipegosis
Long Jump	3.77	2022	Dereon Poulton	Garden City

11. ACCOMMODATIONS:

Hotel/Motel

Phone:

Distance:

Best Western Plus (Bdn)	204-727-7997	0 min
Comfort Inn (Bdn)	204-727-6232	0 min
Lakeview Inn & Suites (Bdn)	204-728-1880	0 min
Motel 6 (Bdn)	204-726-4000	0 min
Super 8 (Bdn)	204-729-8024	0 min
Canad Inn (Bdn)	204-727-1422	0 min
Victoria Inn (Bdn)	1-800-852-2710	0 min

Appendix A

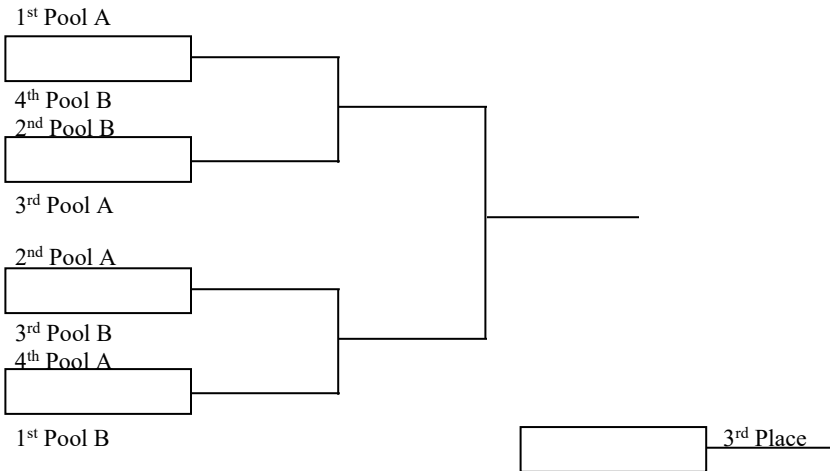
“A” & “AA” Provincial Volleyball Draw

The teams will play round robin in their pool and the top four teams in each pool will advance to the playoff's as shown below.

**There is no consolation side*

Pool A (1,3,5,7,9)

Pool B (2,4,6,8,10)



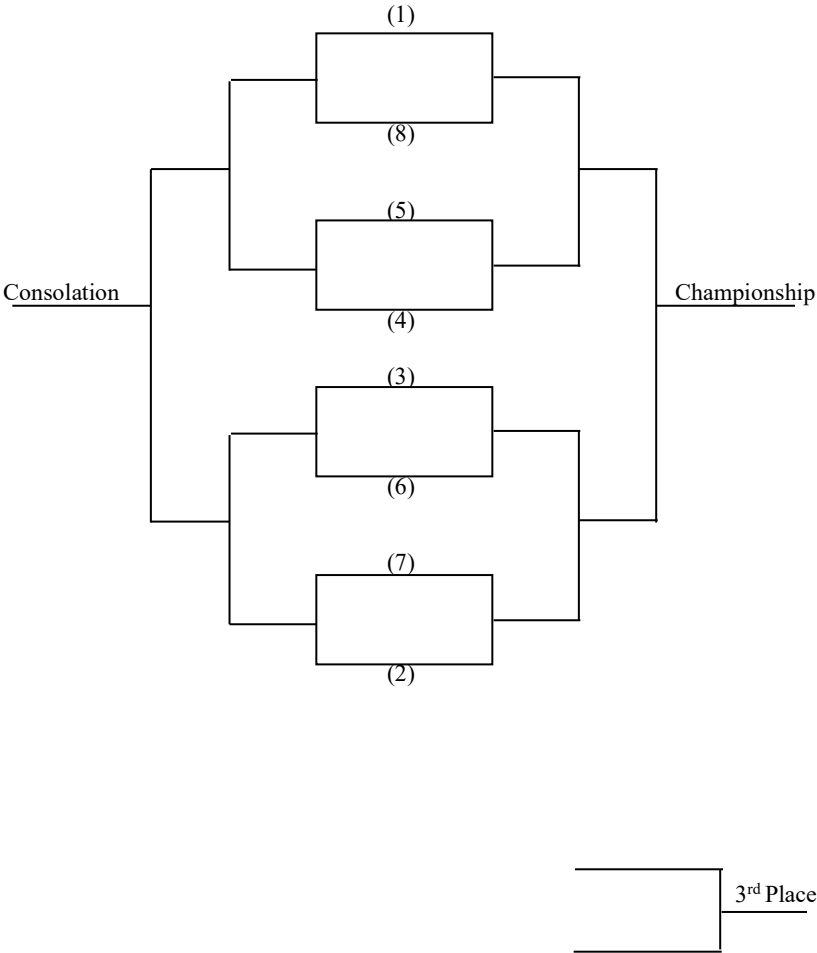
Appendix B

Provincial “AAAA” Volleyball/Basketball, JV “AAAA” Basketball, & JV “AAAA, JV “AAA”, JV “A/AA”, & “AAA” Volleyball Play-off Draw



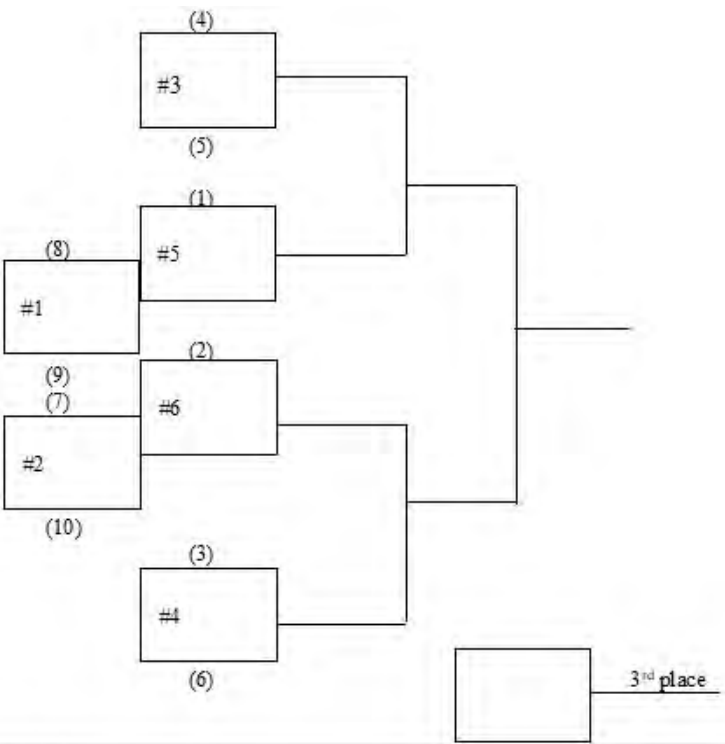
Appendix C

**“A”, “AA”, “AAA”, & “AAA” JV Provincial High School
Basketball Championship & “AAAA” Soccer Draw**

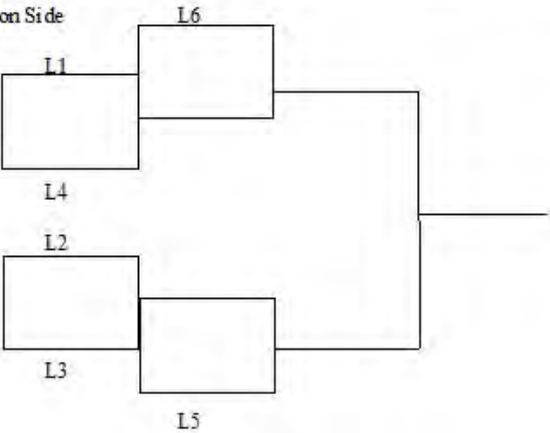


Appendix D

JV “A/AA” Provincial Basketball Draw



Consolation Side



Appendix E

Sample Wildcard Application

Oak Park Raiders
Varsity Boys Basketball
1992-1993

Date	Opponent	Score	Record
Dec. 1	Dakota	101-41	1-0
Dec. 10	Sisler	81-66	2-0
Dec. 11	Stratford, Ont.	43-51	
Dec. 12	Shaftesbury	67-49	3-0
Dec. 15	Shaftesbury	54-43	4-0
Dec. 17	Brandon Massey	58-48	5-0
Dec. 18	River East	67-52	6-0
Dec. 19	Crocus Plains	59-57	7-0
Dec. 26	St. Johns	67-50	8-0
Dec. 28	Westwood	54-40	9-0
Dec. 29	Sisler	63-56	10-0
Jan. 5	St. Pauls	81-70	11-0
Jan. 7	Crocus Plains	53-69	12-0
Jan. 8	Sisler	45-32	13-0
Jan. 9	Shaftesbury	58-41	14-0
Jan. 12	Silver Heights	62-51	15-0
Jan. 14	Fort Richmond	68-44	16-0
Jan. 15	Vincent Massey	55-39	17-0
Jan. 19	Sturgeon Creek	81-30	19-0
Feb. 1	John Taylor	85-53	20-0
Feb. 2	Westwood	64-59	21-0
Feb. 8	St. Pauls	58-69	21-1
Feb. 10	Eastglen (EDM)	70-67	
Feb. 11	Beaverbroo (Cal)	79-67	
Feb. 12	Harry Ainly (EDM)	55-68	
Feb. 13	Belfour (REG)	70-63	
Feb. 16	Westwood	55-52	22-1
Feb. 18	Shaftesbury	37-69	22-2
Feb. 19	John Taylor	76-39	23-2
Feb. 23	Sturgeon Creek	82-23	24-2
Feb. 25	Silver Heights	72-39	25-2
Mar. 2	St. Pauls	73-59	26-2
Overall Record			26-2
Conference Record		10-2 (1 st place tie)	
Tournament Results			
Fort Garry Invitational		Third Place	
Crocus Plains		Champions	
Wesmen Classic		Champions	
Piper Classic		Champions	
Greater Raider Shoot-Out		Champions	
Tri-Prov (Edmonton)		Third Place	

Appendix F

Advertising on Uniform Guidelines

- a. Advertising may be allowed on player's jerseys and singlets. Recognition of the sponsor may appear either on the left or right sleeve or the right or left breast. The maximum area to be covered by the advertising on the sleeve is 64 square cm (maximum length is 10cm). All advertising must be consistent on each uniform. (if a team has more than one sponsor, all sponsors must be on one patch totaling 64 sq. cm.) In hockey, advertising may be placed on the "bum bar". Maximum height is 6.4 cm and maximum width is 20 cm. In baseball, fast pitch and golf advertising may be placed on back of hats (if part of uniform), maximum height is 1.5 cm by 6 cm.
- b. Advertising may appear on warm up tops and may appear either the left or right sleeve or left or right breast. Maximum area to be covered by the sponsorship advertising on the sleeve is 64 square cm (maximum length is 10 cm). All advertising must be consistent on each uniform.
- c. All teams must submit, in writing, to the MHSAA, their uniform sponsor logos prior to the manufacturing of their jerseys. If there is a conflict, the participating team will have to cover the sponsorship. The decision of the MHSAA will be final. Any cover up must be done tastefully, i.e.: advertising on a blue jersey to be covered up with blue tape.
- d. Playing jerseys, singlets, and warm up tops in violation of the maximum size may be fined up to \$200, per occurrence. (i.e.: ten violations on a team = ten occurrences). A second offence may deem the team ineligible for the remainder of the championship with a further fine of \$200
- e. An MHSAA official sponsor, who is also sponsoring a team, may have a larger logo size displayed. (larger size to be approved by the MHSAA Executive Director)
- f. Provincial sponsors may change from year to year; therefore, teams must be prepared to conform each year (the office to provide a list of MHSAA sponsors)

SAMPLE SIZE DIMENSIONS ARE ON NEXT PAGE

Advertising on Uniform Size Dimensions

8cm

64 cm²

8cm

6.4cm

64 cm²

10cm

MHSAA Scholarships & Recognition Awards

Name	Application Distributed	Announced	Amount	Criteria
Dr. Dale Iwanoczko Scholarships	November	January	4 x \$1,000.00	Minimum 75% average, volleyball ability
Winnipeg Jets Alumni & Friends Hockey Scholarships	March	May	2 x \$2,500.00	Minimum 75% average, hockey ability, leadership & mentorship
Ken “ Friar” Nicolson Award	March	May	\$1,000.00	Minimum 80% average, hockey ability
Fred Stevenson Award	March	May	\$1000.00	Minimum 75% average, hockey, school, community
Sami Jo Small Award	March	May	\$1,000.00	Minimum 75% average, hockey, school,
Alexander Josephson Memorial Scholarships	March	May	2 x \$2,500.00	Minimum 75% average, hockey, school, community
Garett Lee Sidor Memorial Basketball Scholarship	March	May	\$750.00	Minimum 80% average, basketball, leadership & ability
Manitoba’ s Credit Unions Scholar Athlete Award	April	June	4 x \$1,000.00	Minimum 85% average, 2 inter school sports school, community

MHSAA

2022 - 2023

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ZONE 1

Children of the Earth High School

100 Salter Street

Winnipeg R2W 4J6

PE Staff: Elke Wurr

Email: ewurr@wsd1.org

Principal: Nichola Batzel

Phone: 589-6383 **Fax:** 589-4822

Churchill High School

510 Hay Street

Winnipeg R3L 2L6

PE Staff: Colin Shaw

Email: cshaw@wsd1.org

Principal: Ryan Hughes

Phone: 474-1301 **Fax:** 452-5943

Daniel McIntyre Collegiate Institute

720 Alverstone Street

Winnipeg R3E 2H1

PE Staff: Morgan Cheyne

Email: mcheyne@wsd1.org

Principal: Lorne Belmore

Phone: 783-7131 **Fax:** 783-9286

Elmwood High School

505 Chalmers Avenue

Winnipeg R2L 0G4

PE Staff: Nancy Baker

Email: nbaker@wsd1.org

Principal: Mike Babb

Phone: 667-8823 **Fax:** 654-0028

Ecole Secondaire Kelvin High School

155 Kingsway Avenue

Winnipeg R3M 0G3

PE Staff: Bruce Sirrell

Email: bsirrell@wsd1.org

Principal: Maria Silva

Phone: 474-1492 **Fax:** 453-2116

Gordon Bell High School

3 Borrowman Place

Winnipeg

R3G 1M6

PE Staff: Todd Hunter

Email: thunter@wsd1.org

Principal: Arlene Skull

Phone: 774-5401 **Fax:** 783-9469

Grant Park High School

450 Nathaniel Street

Winnipeg

R3M 3E3

PE Staff: Donna Alexander

Email: dalexander@wsd1.org

Principal: Susan Anderson

Phone: 452-3112 **Fax:** 477-5633

R.B. Russell Vocational High School

364 Dufferin Avenue

Winnipeg

R2W 2Y3

PE Staff: Lisa Fraser

Email: lfraser@wsd1.org

Principal: Jacqueline Connell

Phone: 589-5301 **Fax:** 586-1817

Sisler High School

1360 Redwood Avenue

Winnipeg

R2X-0Z1

PE Staff: Jill Swirsky

Email: jswirsky@wsd1.org

Principal:

Phone: 589-8321 **Fax:** 586-0625

St. John's High School

401 Church Avenue

Winnipeg

R2W 1C4

PE Staff: Grant McMillan

Email: gmcmillan@wsd1.org

Principal: Doug Taylor

Phone: 589-4374 **Fax:** 582-5891

Tec Voc High School

1555 Wall Street

Winnipeg

R3E 2S2

PE Staff: Leanne Turner

Email: lturmer@wsd1.org

Principal: Gord Crook

Phone: 786-1401 **Fax:** 774-8375

ZONE 2

Centre Scolaire Leo Remillard

1095 St. Anne's Road
Winnipeg R2N 4G5
PE Staff: Debbie Ritchot
Email: Debbie.ritchot@dsfm.mb.ca
Principal: Marc Roy
Phone: 256-2831 **Fax:** 256-3848

College Beliveau

296 rue Speers
Winnipeg R2J 1M7
PE Staff: Christian Brunel
Email: christian.brunel@lrstd.net
Principal: Gilles Mousseau
Phone: 255-3205 **Fax:** 255-0692

College Jeanne-Sauvé

1128 Dakota Street
Winnipeg R2N 3T8
PE Staff: Jack Durrand
Email: jack.durrand@lrstd.net
Principal: Alain Michalik
Phone: 257-0124 **Fax:** 256-0867

College Louis Riel

585 rue St. Jean Baptiste
Winnipeg R2H 2Y2
PE Staff: Joel Nicolas
Email: joel.nicolas@dsfm.mb.ca
Principal: Dale Normandeau
Phone: 237-8927 **Fax:** 235-0139

College Pierre-Elliott-Trudeau

216 Redonda Street
Winnipeg R2C 1L6
PE Staff: Chantel Hebert
Email: chebert2@retsds.mb.ca
Principal: Ron Cadieux
Phone: 958-6888 **Fax:** 222-4883

College St. Norbert Collegiate

870 St. Therese Street
Winnipeg R3V 1H8
PE Staff: Adrian Huntley
Email: ahuntley@srsd.ca
Principal: Chris Szun
Phone: 269-4920 **Fax:** 269-9969

Dakota Collegiate

661 Dakota Street
Winnipeg R2M 3K3
PE Staff: Brad Johnston
Email: brad.johnston@lrstd.net
Principal: Jill Mathez
Phone: 256-4366 **Fax:** 257-4347

Glenlawn Collegiate

770 St. Mary's Road
Winnipeg R2M 3N7
PE Staff: Russ Harder
Email: russell.harder@lrstd.net
Principal: Dionne Deer
Phone: 233-3986 **Fax:** 233-9212

J. H. Bruns Collegiate

250 Lakewood Blvd.
Winnipeg R2J 3A2
PE Staff: Kris Funk
Email: kris.funk@lrstd.net
Principal: Julie Cote-Marinelle
Phone: 257-2928 **Fax:** 253-2149

Nelson McIntyre Collegiate

188 St. Mary's Road
Winnipeg R2H 1H9
PE Staff: David Day
Email: david.day@lrstd.net
Principal: Shelly Hopper
Phone: 237-0219 **Fax:** 237-1615

St. John's Ravenscourt

400 South Drive
Winnipeg R3T 3K5
PE Staff: Dean Wright
Email: dwright@sjr.mb.ca
Principal: Linda Bulka
Phone: 477-2468 **Fax:** 477-2429

Westgate Mennonite Collegiate

86 Westgate

Winnipeg R3C 2E1

PE Staff: Jen How**Email:** jhow@westgatemennonite.org**Principal:** James Friesen**Phone:** 775-7111 **Fax:** 786-1651**Windsor Park Collegiate**

1015 Cottonwood Road

Winnipeg R2J 1G3

PE Staff: Doug Vince**Email:** douglas.vince@lrzd.net**Principal:** Nicholas Kelly**Phone:** 256-7316 **Fax:** 256-2856

ZONE 3

College Sturgeon Heights Collegiate

2665 Ness Avenue

Winnipeg R3J 1A5

PE Staff: Ryan Vermette**Email:** ryan.vermette@sjasd.ca**Principal:** Ron Pelletier**Phone:** 888-0684 **Fax:** 889-0796**Ecole Secondaire Oak Park High School**

820 Charleswood Road

Winnipeg R3R 1K6

PE Staff: Murray Brown**Email:** mbrown@pembinatrails.ca**Principal:** Michelle Lawrence**Phone:** 895-7221 **Fax:** 895-8889**Fort Richmond Collegiate**

99 Killarney Avenue

Winnipeg R3T 3B3

PE Staff: Deondra Twerdun-Peters**Email:** dtwerdunpeters@pembinatrails.ca**Principal:** Janet Gray**Phone:** 275-7520 **Fax:** 261-7624**Inst. Coll. Vincent Massey Collegiate**

975 Dowker Avenue

Winnipeg R3T 1R7

PE Staff: Marshall Jones**Email:** mjones@pembinatrails.ca**Principal:** Tony Carvey**Phone:** 453-8023 **Fax:** 284-0448**John Taylor Collegiate**

470 Hamilton Street

Winnipeg R2Y 0H4

PE Staff: Dustin Bruce**Email:** dustin.bruce@sjasd.ca**Principal:** Walt Lipinski**Phone:** 888-8930 **Fax:** 889-9999**Shaftesbury High School**

2240 Grant Avenue

Winnipeg R3P 0P7

PE Staff: Paul Bryant**Email:** pbryant@pembinatrails.ca**Principal:** Catherine Birch**Phone:** 888-5898 **Fax:** 896-5492**St. James Collegiate**

1900 Portage Avenue

Winnipeg R3J 0J1

PE Staff: Ashley Van Aggellan**Email:** ashley.vanaggellan@sjasd.ca**Principal:** Lorelei Steffler**Phone:** 888-4867 **Fax:** 889-0830**St. Mary's Academy**

550 Wellington Crescent

Winnipeg R3M 0C1

PE Staff: Demetro Danyluk**Email:** dedanyluk@smamb.ca**Principal:** Michelle Klus**Phone:** 477-0244 **Fax:** 453-2417**St. Paul's High School**

2200 Grant Avenue

Winnipeg R3P 0P8

PE Staff: Andrew Harder**Email:** aharder@stpauls.mb.ca**Principal:** Bob Lewin**Phone:** 831-2300 x341 **Fax:** 831-2340

Westwood Collegiate

360 Rouge Rd.

Winnipeg

R3K 1K3

PE Staff: Brian Schmeichel**Email:** brian.schmeichel@sjasd.ca**Principal:** Kevin Deuck**Phone:** 888-7650 **Fax:** 889-0802

ZONE 4

Carman Collegiate

Box 1510

Carman

R0G 0J0

PE Staff: James Ballantyne**Email:** carmancollegiate@prsdmb.ca**Principal:** Jeffery Latimer**Phone:** 745-2001 **Fax:** 745-6288**Dufferin Christian School**

Box 1450

Carman

R0G- 0J0

PE Staff: Daniel Slaa**Email:** dcathletics@dufferinchristian.ca**Principal:** Nathan Kok**Phone:** 745-2278 **Fax:** 745-3441**Ecole Regional St. Jean-Baptiste**

C. P. 130

St. Jean Baptiste

R0G 2B0

PE Staff: Jared Magne**Email:** jared.magne@dsfm.mb.ca**Principal:** Jennifer Wiebe**Phone:** 758-3501 **Fax:** 758-3243**Elm Creek School**

Box 40

Elm Creek

R0G 0N0

PE Staff: Derek Tyler**Email:** dtyler@prsdmb.ca**Principal:** Jesse Thomaschewski**Phone:** 436-2354 **Fax:** 436-2659**Garden Valley Collegiate**

736 Main Street

Winkler

R6W 4C8

PE Staff: Brendan Neufeld**Email:** brendan.neufeld@gvsgd.ca**Principal:** Scott Jantzen**Phone:** 325-8008 **Fax:** 325-5894**Mennonite Collegiate Institute**

Box 250

Gretna

R0G 0V0

PE Staff: Kevin Giesbrecht**Email:** kevingiesbrecht@mciblues.net**Principal:** Toby Wiens**Phone:** 327-5891 **Fax:** 327-5872**Miami School**

Box 220

Miami

R0G 1H0

PE Staff: Steve Doell**Email:** sdoell@prsdmb.ca**Principal:** David Langill**Phone:** 435-2441 **Fax:** 435-2464**Morden Collegiate Institute**

345 - 5th Street

Morden

R6M-1Z1

PE Staff: Nicole Rutledge**Email:** nrutledge@westernsd.mb.ca**Principal:** Marianne Fenn**Phone:** 822-4425 **Fax:** 822-6455**Morris School**

Box 548

Morris

R0G 1K0

PE Staff: Stephanie Kurylko**Email:** skurylko@rrvsgd.ca**Principal:** Mike Watson**Phone:** 746-2612 **Fax:** 746-2126**Northlands Parkway Collegiate**

139 Northlands Parkway E.

Winkler

R6W 0E9

PE Staff: Pat Alexander**Email:** pat.alexander@gvsgd.ca**Principal:** Tammy MacDonald**Phone:** 325-8200 **Fax:** 325-8600

Portage Collegiate Institute65-3rd Street SW.

Portage La Prairie R1N 2B6

PE Staff: Jo-Anne Clark-Gillespie**Email:** jjclark-gillespie@plpsd.mb.ca**Principal:** Greg Waldvogel**Phone:** 857-6843 **Fax:** 239-5905**Roseau Valley School**

Box 176

Dominion City R0A 0H0

PE Staff: Delvyn Cote**Email:** coted@blsd.ca**Principal:** Jason Mateychuk**Phone:** 427-2143 **Fax:** 427-2615**Rosenort School**

Box 70

Rosenort R0G 1W0

PE Staff: Brent Dueck**Email:** bdueck@rrvsc.ca**Principal:** Arlin Scharfenborg**Phone:** 746-8355 **Fax:** 746-2069**Sanford Collegiate**

Box 70

Sanford R0G 2J0

PE Staff: Kelli Sinnock**Email:** ksinnock@rrvsc.ca**Principal:** Jaynie Burnell**Phone:** 736-2366 **Fax:** 736-4177**Shevchenko School**

Box 1000

Vita R0A 2K0

PE Staff: Dean Hardern**Email:** hardern@blsd.ca**Principal:** Peter Osadchuk**Phone:** 425-3535 **Fax:** 425-3064**St. Paul's Collegiate**

Box 70

Elie R0H 0H0

PE Staff: Craig Baron**Email:** cbaron@prsdmb.ca**Principal:** Jason Green**Phone:** 353-2084 **Fax:** 353-2624**W.C. Miller Collegiate**181-6th Street SE

Altona

R0G 0B3

PE Staff: Tim Brock**Email:** brockt@blsd.ca**Principal:** Angela Pilkington**Phone:** 324-6416 **Fax:** 324-8525**Westpark School**

2375B Saskatchewan Ave. W.

Portage La Prairie R1N 3B2

PE Staff: Merrill Friesen**Email:** merrillfriesen@westparkschool.com**Principal:** Lydia Stoesz**Phone:** 857-3726 **Fax:** 239-6545**ZONE 5****Arborg Collegiate**

Box 220

Arborg R0C 0A0

PE Staff: Barb Ashby**Email:** barb.ashby@esd.mb.ca**Principal:** Randy Semenak**Phone:** 376-2605 **Fax:** 376-5160**Ashern Central School**

Box 1200

Ashern R0C 0E0

PE Staff: Brasen McInnes**Email:** asherncentral@lakeshoresd.mb.ca**Principal:** Darlene Willetts**Phone:** 768-2571 **Fax:** 768-2879**Ecole Comm. Aurele-Lemoine**

Group 900

St. Laurent R0C- 2S0

PE Staff: Odette Schneider**Email:** odette.schneider@dsfm.mb.ca**Principal:** Serge Carriere**Phone:** 646-2392 **Fax:** 646-2235

Fisher Branch Collegiate

Box 250

Fisher Branch

R0C 0Z0

PE Staff: Kyler Nottveit**Email:** nottvek@lakeshoresd.mb.ca**Principal:** Angela Magon**Phone:** 372-6459 **Fax:** 372-6363**Fisher River High School**

Box 360

Koostatak

R0C 1S0

PE Staff: William Whiteway**Email:** widwhiteway@csschool.mb.ca**Principal:** Warren Woodhouse**Phone:** 645-3313 **Fax:** 645-2614**Gimli High School**

Box 1260

Gimli

R0C 1B0

PE Staff: Chad Heminger**Email:** cheminger@esd.mb.ca**Principal:** Leona Groot**Phone:** 642-8546 **Fax:** 642-5063**Lake St. Martin School**

Box 2021

Gypsumville

R0C 1J0

PE Staff: Alvin North**Email:** alvn@mfins.com**Principal:****Phone:** **Fax:****Lundar School**

Box 602

Lundar

R0C 1Y0

PE Staff: Rory Tycoles**Email:** tycoles@lakshoresd.mb.ca**Principal:** Ryan Wallack**Phone:** 762-5610 **Fax:** 762-5942**Morweena Christian School**

Box 1030

Arborg

R0C 0A0

PE Staff: Jason Reimer**Email:** jasonr@morweenaschool.org**Principal:** Tim Reimer**Phone:** 364-2466 **Fax:****Peguis Central School**

Box 670

Peguis First Nation

R0C 3J0

PE Staff: Jessica McCorrister**Email:** jessica.mccorrester@hotmail.com**Principal:** Faye Stephenson**Phone:** 645-2164 **Fax:** 645-2270**Riverton Collegiate**

Box 749

Riverton

R0C 2R0

PE Staff: Don Bodnarus**Email:** don.bodnarus@esd.ca**Principal:** Erin Furgala**Phone:** 378-5135 **Fax:** 378-5201**St. Laurent School**

P.O. Box 800

St. Laurent

R0C 2S0

PE Staff: Sheena Morsette**Email:** smorsette@prsdmb.ca**Principal:** David Halldorson**Phone:** 646-2209 **Fax:** 646-2034**Stonewall Collegiate Institute**

451-5th St. West

Stonewall

R0C 2Z0

PE Staff: Christy Steeves**Email:** csteeves@isd21.mb.ca**Principal:** Jason Cassils**Phone:** 467-5539 **Fax:** 467-5105**Teulon Collegiate Institute**

Box 189

Teulon

R0C 3B0

PE Staff: Rod Ledochowski**Email:** rledochowski@isd21.mb.ca**Principal:** Miles Blahut**Phone:** 886-2593 **Fax:** 886-2590**Warren Collegiate Institute**

119 Macdonald Avenue

Warren

R0C 3E0

PE Staff: Tyler Oliver**Email:** toliver@isd21.mb.ca**Principal:** Laura Perrella**Phone:** 322-5586 **Fax:** 322-5204

ZONE 6

Baldur School

Box 340
Baldur R0K 0B0
PE Staff: Devin McLean
Email: d.mclean@prspirit.org
Principal: Laurie Glenn Martindale
Phone: 535-2314 **Fax:** 535-2242

Cartwright School

Box 419
Cartwright R0K 0L0
PE Staff: Troy Chandler
Email: rkemp@prspirit.org
Principal: Riley Kemp
Phone: 529-2357 **Fax:** 529-2455

Ecole Comm. Gilbert-Rosset

CP 147
Saint Claude R0G 1Z0
PE Staff: Mohamed Aziz
Email: mohamed.aziz@dsfm.mb.ca
Principal: Sabin Basque
Phone: 379-2177 **Fax:** 379-2166

Ecole Regionale Notre Dame

C. P. 250
Notre Dame De Lourdes R0G 1M0
PE Staff: Neil Bridgeman
Email: neil.bridgeman@dsfm.mb.ca
Principal: Gisele Bosc
Phone: 248-2167 **Fax:** 248-2371

Glenboro School

Box 550
Glenboro R0K
0X0 **PE Staff:** Corey Forbes
Email: cforbes@prspirit.org
Principal: Ryan Diehl
Phone: 827-2596 **Fax:** 827-2768

Nellie McClung Collegiate

Box 339
Manitou R0G 1G0
PE Staff: Justin Cantlon
Email: jcantlon@prspirit.org
Principal: Pat Nakonechny
Phone: 242-2640 **Fax:** 242-2981

Pilot Mound Collegiate

Box 299
Pilot Mound R0G 1P0
PE Staff: Ruth Loney
Email: rloney@prspirit.org
Principal: Nathan Ramage
Phone: 825-2559 **Fax:** 825-2360

Prairie Mountain High School

Box 250
Somerset R0G 2L0
PE Staff: Marvin Gundrum
Email: mgundrum@prspirit.org
Principal: Michelle Berard
Phone: 744-2751 **Fax:** 744-2054

St. Claude School Complex

Box 250
St. Claude R0G 1Z0
PE Staff: Kelly Richardson
Email: krichardson@prspirit.org
Principal: Jean Godard
Phone: 379-2441 **Fax:** 379-2049

Treherne Collegiate Institute

Box 269
Treherne R0G 2V0
PE Staff: Darrel VanDenBussche
Email: dvandenbussche@prspirit.org
Principal: Brenda Park
Phone: 723-2781 **Fax:** 723-2867

ZONE 7

Carberry Collegiate

Box 518

Carberry

R0K 0H0

PE Staff: Becky Birch

Email: bbirch@bpsd.mb.ca

Principal: Bruce McCallum

Phone: 834-2172 **Fax:** 834-3440

Ecole La Source

C.P. 240

Shilo

R0K 2A0

PE Staff: Isabelle Vauzelle

Email: isabelle.vauzelle@dsfm.mb.ca

Principal: Darcy Simard

Phone: 765-5050 **Fax:** 765-2687

Elton Collegiate

205 Hillman Avenue

Forrest

R0K 0W0

PE Staff: Steve Dyck

Email: sdycck@rrsd.mb.ca

Principal: Glen McNabb

Phone: 728-7676 **Fax:** 727-5142

Erickson Collegiate Institute

Box 370

Erickson

R0J 0P0

PE Staff: Brooke Bayes

Email: bbayes@rrsd.mb.ca

Principal: Barry Lee

Phone: 636-2605 **Fax:** 636-2383

MacGregor Collegiate Institute

Box 160

MacGregor

R0H 0R0

PE Staff: Marc Gaudet

Email: mgaudet@pcsdonline.ca

Principal: Kyle McKinstry

Phone: 685-2047 **Fax:** 685-3036

Minnedosa Collegiate

Box 1230

Minnedosa

R0J 1E0

PE Staff: Tyler Jacobson

Email: tjacobson@rrsd.mb.ca

Principal: Arlene Demontigny

Phone: 867-2794 **Fax:** 867-5170

Neepawa Area Collegiate

Box 430

Neepawa

R0J 1H0

PE Staff: Drew Phillips

Email: dphillips@bpsd.mb.ca

Principal: Kelvin Hollier

Phone: 476-3305 **Fax:** 476-2765

Rivers Collegiate

Box 519

Rivers

R0K 1X0

PE Staff: Taryn Luhowy

Email: riverscoll@rrsd.mb.ca

Principal: Mike Klassen

Phone: 328-5364 **Fax:** 328-7592

William Morton Collegiate Institute

Box 510

Gladstone

R0J 0T0

PE Staff:

Email:

Principal: Shannon Blondeau

Phone: 385-2845 **Fax:** 385-3031

ZONE 8

Alonsa School

Box 6

Alonsa

R0H 0A0

PE Staff: Jeffery Schwarz

Email: jschwarz@trsd.ca

Principal: Nathan Dmytriw

Phone: 767-2168 **Fax:** 767-2279

Dauphin Regional Comp. Sec. School

330 Mountain Road

Dauphin R7N 2V6

PE Staff: Mark Graham**Email:** mgraham@mvsd.ca**Principal:** Norm Casavant**Phone:** 638-4629 **Fax:** 638-4671**Ebb & Flow School**

1 Arena Road

Ebb & Flow R0L 0R0

PE Staff: Glen Henry**Email:** eandf@mts.net**Principal:** Kathleen Morrisseau**Phone:** 498-2012 **Fax:** 448-2393**Ethelbert School**

Box 241

Ethelbert R0L 0T0

PE Staff: Daniel Grant**Email:** eci@mvsd.ca**Principal:** Warren Heschuk**Phone:** 742-3265 **Fax:** 742-3460**Gilbert Plains Collegiate**

Box 70

Gilbert Plains R0L 0X0

PE Staff: Kelsey Foote**Email:** kelsey.foote@mvsd.ca**Principal:** Renee Minshall**Phone:** 548-2551 **Fax:** 548-2773**Glenella School**

General Delivery

Glenella R0J 0V0

PE Staff: Chris Smith**Email:** csmith@trsd.ca**Principal:** Lauren Frohwerk**Phone:** 352-4253 **Fax:** 352-4330**Goose Lake High School**

Box 759

Roblin R0L 1P0

PE Staff: Amanda Sicinski**Email:** amanda.sicinski@mvsd.ca**Principal:** Kirk Wilson**Phone:** 937-2138 **Fax:** 937-2267**Grandview School**

Box 279

Grandview R0L 0Y0

PE Staff: Chris Porter**Email:** cporter@mvsd.ca**Principal:** Marc Giasson**Phone:** 546-2882 **Fax:** 546-3026**McCreary School**

Box 220

McCreary R0J 1B0

PE Staff: Daniel MacFarlane**Email:** dmacfarlane@trsd.ca**Principal:** Jennifer Chrisp**Phone:** 835-2083 **Fax:** 835-2660**Minegoziibe Anishinabe School**

Box 130

Camperville R0L 0J0

PE Staff: David Kopecky**Email:** david.kopecky@fsdnet.ca**Principal:** Cynthia Nepinak**Phone:** 524-2354 **Fax:** 524-2287**Rorketon School**

Box 160

Rorketon R0L 1R0

PE Staff: Connie Vandekerckhove**Email:** Rorketon@fsdnet.ca**Principal:** Eric Odame**Phone:** 732-2525 **Fax:** 732-2404**Ste. Rose School**

General Delivery

Ste. Rose R0L 1S0

PE Staff: Nathan Zadorozny**Email:** nzadorozny@trsd.ca**Principal:** Rhonda Buchanon**Phone:** 447-2088 **Fax:** 447-2457**Sandy Bay (Isaac Beaulieu Memorial)**

Box 108

Marius, R0H 0T0

PE Staff: David Roulette**Email:** zephon1011@hotmail.com**Principal:** Jean Malcolm**Phone:** 843-2407 **Fax:** 843-2269

Swan Valley Reg. Secondary School
Box 5000
Swan River R0L 1Z0
PE Staff: Jody Williams
Email: jwilliams@svsd.ca
Principal: Jacquie Mydynski-Arp
Phone: 734-4511 **Fax:** 734-3855

Winnipegosis Collegiate
Box 100
Winnipegosis R0L 2G0
PE Staff: Jeremy Gilfoy
Email: jgilfoy@mvsd.ca
Principal: Carlo Erik Persson
Phone: 656-4792 **Fax:** 656-4454

ZONE 9

Boissevain School
Box 1030
Boissevain R0K 0E0
PE Staff: Corey Billaney
Email: cbillaney@tmsd.mb.ca
Principal: Stephanie Emberly
Phone: 534-2494 **Fax:** 534-2993

Deloraine School
Box 448
Deloraine R0M 0M0
PE Staff: Brad Mills
Email: bradmills@shmb.ca
Principal: Tony Franklin
Phone: 1-866-422-5116 **Fax:** 747-3956

Elkhorn School
Box 310
Elkhorn R0M 0N0
PE Staff: Tyler Wood
Email: twood@flbsd.mb.ca
Principal: Lance Barrate
Phone: 845-2118 **Fax:** 845-2476

Hartney School
Box 130
Hartney R0M 0X0
PE Staff: Krista Carlisle
Email: kcarlisle@shmb.ca
Principal: Shannon Combs
Phone: 1-866-422-5115 **Fax:** 858-2156

Killarney School
417 King Street
Killarney R0K 1G0
PE Staff: Kendall Campbell-Jonsson
Email: kcampbelljonsson@tmsd.mb.ca
Principal: Terry Beazley
Phone: 523-4696 **Fax:** 523-8545

Melita School
Box 579
Melita R0M 1L0
PE Staff: Kelly Wright
Email: kellywright@shmb.ca
Principal: Denise Benton
Phone: 1-866-422-5113 **Fax:** 522-3126

Pierson Collegiate
Box 250
Pierson R0M 1S0
PE Staff: Nathan Lee
Email: nathanl@shmb.ca
Principal: Debra McCallum
Phone: 634-2390 **Fax:** 634-2505

Reston School
Box 60
Reston R0M 1X0
PE Staff: Kurtis Callander
Email: kcallander@flbsd.mb.ca
Principal: Dan Kristof
Phone: 877-3994 **Fax:** 877-3101

Sioux Valley High School
Box 99
Griswold R0M 0S0
PE Staff: Mike Wasieuna
Email: Michael.wasieuna@yahoo.com
Principal: Kevin Nabess
Phone: 855-2663 **Fax:** 855-2023

Souris School

Box 639

Souris R0K 2C0

PE Staff: Trever Penner**Email:** treverpenner@shmb.ca**Principal:** Guy Williams**Phone:** 483-2161 **Fax:** 483-2828**Virden Collegiate Institute**

Box 1418

Virden R0M 2C0

PE Staff: John Chandler**Email:** jchandler@flbsd.mb.ca**Principal:** Mark Keown**Phone:** 748-2205 **Fax:** 748-3555**Waskada School**

Box 190

Waskada R0M 2E0

PE Staff: Lori Pople**Email:** loripople@shmb.ca**Principal:** Dayna McFarlane**Phone:** 1-866-422-5117 **Fax:** 483-6298**Wawanesa School**

Box 310

Wawanesa R0K 2G0

PE Staff: Amy Cassan**Email:** amym@shmb.ca**Principal:** Brent Hauser**Phone:** 483-6298 **Fax:** 824-2659**ZONE 10****Birdtail Sioux School**

Box 40

Beulah R0M 0B0

PE Staff:**Email:** birdtailsioux@fsdnet.ca**Principal:** Peter Bignal**Phone:** 568-4757 **Fax:** 568-4762**Birtle Collegiate**

Box 370

Birtle R0M 0C0

PE Staff: Alan Wilson**Email:** bci@pwsd.ca**Principal:** Stacie Stonehouse**Phone:** 842-3315 **Fax:** 842-5317**Ecole St. Lazare**

Box 70

St. Lazare R0M 1Y0

PE Staff: Louis Berniers**Email:** louis.berniers@dsfm.mb.ca**Principal:** Richard Fiola**Phone:** 204-683-2251**Hamiota Collegiate Institute**

Box 200

Hamiota R0M 0T0

PE Staff: Mason Metcalfe**Email:** mmetcalfe@pwsd.ca**Principal:** Bruce Coulter**Phone:** 842-2803 **Fax:** 764-2725**Major Pratt School**

484 Russell Street E.

Russell R0J 1W0

PE Staff: Jay Thiesen**Email:** jthiesen@pwsd.ca**Principal:** Tammy McCulloch**Phone:** 842-2812 **Fax:** 773-3470**Rosburn Collegiate**

Box 370

Rosburn R0J 1V0

PE Staff: Cory Chuchmuch**Email:** rci@pwsd.ca**Principal:** Bob Ploshynsky**Phone:** 842-2810 **Fax:** 859-3044**Shoal Lake School**

Box 10

Shoal Lake R0J 1Z0

PE Staff: Scott Maynes**Email:** smaynes@pwsd.ca**Principal:** Mark Geekie**Phone:** 842-2822

Strathclair School

Box 130

Strathclair

R0J 2C0

PE Staff: Derek Caldwell**Email:** dcaldwell@pwsd.ca**Principal:****Phone:** 842-2801 **Fax:** 365-2085**Frontier Collegiate Institute**

General Delivery

Cranberry Portage

R0B 0H0

PE Staff: Tyler Johnston**Email:** tyler.johnston@fsdnet.ca**Principal:** Kae Blancher**Phone:** 472-3431 **Fax:** 472-3191

ZONE 11

1972 Memorial High School

General Delivery

Oxford House

R0B- 1C0

PE Staff: Wanda Munroe**Email:** wandajmunroe@yahoo.ca**Principal:** Peter Andrews**Phone:** 538-2021 **Fax:** 538-2075**Chemawawin School**

Box 10

Easterville

R0C 0V0

PE Staff: Ken MacDougall**Email:****Principal:** Rachel Clarke**Phone:** 329-2115 **Fax:** 329-2214**Chief Sam Cook Mahmuwee Ed. Cen**

General Delivery

Split Lake

R0B 1P0

PE Staff: Malarvizhi Ray**Email:** raamalar@gmail.com**Principal:** Melvin Cook**Phone:** 342-2134 **Fax:** 342-2139**Duke of Marlborough School**

Box 263

Churchill

R0B 0E0

PE Staff: Armando Riez**Email:** armando.ruiz@fsdnet.ca**Principal:** Reg Reimer**Phone:** 675-2737 **Fax:** 675-2617**Frontier Mosakahiken School**

General Delivery

Moose Lake

R0B 0Y0

PE Staff: Adam Khan**Email:** adam.khan@fsdnet.ca**Principal:** Dave McDougall**Phone:** 678-2353 **Fax:** 678-2367**Gillam School**

Box 370

Gillam

R0B 0L0

PE Staff: Amy Moyer**Email:** amy.moher@fsdnet.ca**Principal:** Robert Peters**Phone:** 652-2193 **Fax:** 652-2150**Grand Rapids School**

General Delivery

Grand Rapids

R0C 1E0

PE Staff:**Email:****Principal:** Charlotte Campbell**Phone:** 639-2451 **Fax:** 639-2605**Hapnot Collegiate Institute**

115 Green Street

Flin Flon

R8A 0P7

PE Staff: Mackenzie Bortis**Email:** mbortis@ffsd.mb.ca**Principal:** Brent Bedford**Phone:** 687-7506 **Fax:** 687-8667**Helen Betty Osborne Ininu Ed. Res. Cen**

P.O Box 790

Norway House

R0B 1B0

PE Staff: Josiah Rogge**Email:** josiah.rogge@fsdnet.ca**Principal:****Phone:** 359-4100 **Fax:** 359-4803

Joseph H. Kerr School

Box 220
Snow Lake R0B 1M0
PE Staff: Justin Geisheimer
Email: jusstin.geisheimer@fsdnet.ca
Principal: Steve Deighton
Phone: 358-2281 **Fax:** 358-2116

**Kisemattawa Kiskinwahamakew
Kamik School**

Box 240
Shamattawa R0B 1K0
PE Staff: Abu Kamara
Email: kamaraabu@gmail.com
Principal: Lloyd Chubb
Phone: 565-2022 **Fax:** 565-2122

Leaf Rapids Education Center

Box 670
Leaf Rapids R0B 1W0
PE Staff: Trisha Anterola
Email: trisha.anterola@fsdnet.ca
Principal: Marietta Anterola
Phone: 473-2403 **Fax:** 473-8632

Margaret Barbour Collegiate Inst.

Box 4700
The Pas R9A 1R4
PE Staff: Jason Dunham
Email: jdunham@ksd.mb.ca
Principal: Katherine McCannell-How
Phone: 623-3485 **Fax:** 623-7741

Mel Johnson School

Box 179
Wabowden R0B 1S0
PE Staff:
Email: meljohnson@fsdnet.ca
Principal: Brenda Tozer
Phone: 689-2620 **Fax:** 689-2289

Mikisew School

Box 370
Cross Lake R0B 0J0
PE Staff: Pam Garrioch
Email: pamgarrioch@clea.mb.ca
Principal: Anna McKay
Phone: 676-3030 **Fax:** 676-2464

Neil Dennis Kematch Memorial School

General Delivery
Pelican Rapids R0L 1L0
PE Staff: Charlene Leask
Email: merry_kern@hotmail.com
Principal: Lorna Carter
Phone: 587-2045 **Fax:** 587-2341

Nisichawayashik Neyo Ohtinwak Coll

1A School Drive
Nelson House R0B 1A0
PE Staff: Justin Rupot
Email: justinr@nhea.info
Principal: Gail MacDonald
Phone: 484-2602 **Fax:** 484-2612

Oscar Lathlin Collegiate

Box 10160
Opaskwayak Cree Nation R0B 2J0
PE Staff: Shane Zolinski
Email: shane.zolinski@opased.com
Principal: Ronald E. Constant
Phone: 623-5259 **Fax:** 623-4442

R. D. Parker Collegiate

272 Thompson Drive N
Thompson R8N 0C4
PE Staff: Tairra Warren
Email: twarren@mysterynet.mb.ca
Principal: Rob Fisher
Phone: 677-6200 **Fax:** 778-5050
Phys. ed: 677-6236

St. Theresa Point High School

Box 670
St. Theresa Point R0B 1J0
PE Staff: Mary Mason
Email:
Principal: Ian McDougall
Phone: 462-2087 **Fax:** 462-2341

Thunderbird School

General Delivery
South Indian Lake R0B 1N0
PE Staff: Alyse Butts
Email: alyse.butts@fsdnet.ca
Principal: Cheryl Montgomery
Phone: 374-2056 **Fax:** 374-2052

West Lynn Heights School

Box 670

Lynn Lake

R0B 0W0

PE Staff:**Email:** westlynnheights@fsdnet.ca**Principal:** Mike Murrin**Phone:** 356-2292 **Fax:** 356-8363

ZONE 12

Balmoral Hall School

630 Westminster Avenue

Winnipeg

R3C 3S1

PE Staff: Chera Mikos**Email:** cmikos@balmoralhall.net**Principal:** Jodi Hafenbrak**Phone:** 784-1600 **Fax:** 774-5534**Faith Academy**

437 Matheson Avenue

Winnipeg

R2W 0E1

PE Staff: Jeremy Bagay**Email:** jeremy.bagay@faithacademy.ca**Principal:** Trevor Warkentin**Phone:** 582-3400 **Fax:** 582-2616**Freedom International School**

771 Sargent Avenue

Winnipeg

R3E 0B5

PE Staff: Timothy Bock**Email:** athletics@fiswpg.net**Principal:** Francine Wiebe**Phone:** 219-5799**Gray Academy of Jewish Education**

A200-123 Doncaster Blvd

Winnipeg

R3N 2B4

PE Staff: Jamie Kagan**Email:** jkagan@grayacademy.ca**Principal:** Tracy White**Phone:** 477-7410 **Fax:** 477-7475**Immanuel Christian School**

215 Rougeau Avenue

Winnipeg

R2C 3Z9

PE Staff: Dave Nienhuis**Email:** dnienhuis@immanuelchristian.ca**Principal:** Colleen Veenendaal**Phone:** 661-8937 **Fax:** 669-7013**King's School (The)**

745 Kapelus Drive

West St. Paul

R4A 5A4

PE Staff: Stefan Berube**Email:** berube@thekingsschool.ca**Principal:** Suzan Zielke**Phone:** 989-6581 **Fax:** 989-6584**Laureate Academy (The)**

100 Villa Maria Place

Winnipeg, MB R3V 1A9

PE Staff: Sasha Wiebe**Email:** admin@laureateslanding.com**Principal:** Stino Siragusa**Phone:** 831-7107 **Fax:** 885-3217**Linden Christian School**

877 Wilkes Ave

Winnipeg

R3P 1B8

PE Staff: Manfred Glor**Email:** manfglor@lindenchristian.org**Principal:** Robert Charach**Phone:** 989-6730 **Fax:** 487-7068**Manitoba School for The Deaf**

242 Stradford Street

Winnipeg

R2Y 2C9

PE Staff: Mari-len Andrabado**Email:** mandrabado@msd.ca**Principal:** Ricki Hall**Phone:** 945-8934 **Fax:** 945-1767**Seven Oaks MET School**

640 Jefferson Avenue

Winnipeg

R2V 0P2

PE Staff: Clinton Neufeld**Email:** clinton.neufeld@7oaks.org**Principal:** Nancy Janelle**Phone:** 336-5050 **Fax:**

Southeast Collegiate

1269 Lee Blvd.

Winnipeg R3T-2P7

PE Staff: Richard Shead**Email:** rshead@sec.education**Principal:** Sheryl McCorrister**Phone:** 261-3551 **Fax:** 269-7880**Springs Christian Academy**

261 Youville Street

Winnipeg R2H 2S7

PE Staff: Troy Taylor**Email:** ttaylor@springs.ca**Principal:** Ruth Levasseur**Phone:** 231-3640 **Fax:** 237-8849**St. Boniface Diocesan High School**

282 Dubuc Street

Winnipeg R2H 1E4

PE Staff: Brad Scott**Email:** bscott@sbdhs.net**Principal:** Jaimie Robinson**Phone:** 987-1560 **Fax:** 237-9891**St. Maurice High School**

1639 Pembina Highway

Winnipeg R3T 2G6

PE Staff: Jeremy Lomonaco**Email:** jlomonaco@stmaurice.mb.ca**Principal:** Bryan Doiron**Phone:** 453-4020 **Fax:** 452-4050**University of Wpg Collegiate**

515 Portage Avenue

Winnipeg R3B 2E9

PE Staff: Evan Maltman**Email:** e.maltman@uwinnipeg.ca**Principal:** Kevin Clace**Phone:** 786-9221 **Fax:** 775-1942**Black River Anishinabe School**

Box 160

O'Hanley R0E 1K0

PE Staff: Danielle Seymour**Email:** daniell.seymour@fsdnet.ca**Principal:** Sonya Bushie**Phone:** 367-8298 **Fax:** 367-2266**College Lorette Collegiate**

1082 Dawson Road

Lorette R0A 0Y0

PE Staff: Michelle Marinelli**Email:** michelle.marinelli@srsd.ca**Principal:** Teresa Yestrau**Phone:** 878-2887 **Fax:** 878-3582**Collège Régional Gabrielle Roy**

310A Lamoureux Road

Ile des Chenes R0A 0T0

PE Staff: Dan Lothar**Email:** daniel.lothar@dsfm.mb.ca**Principal:** Chantel Legal**Phone:** 878-2147 **Fax:** 878-3495**Ecole Comm Real-Berard**

C.P. 490

St. Pierre-Jolys R0A 1V0

PE Staff: Marc Daniel**Email:** real-berard@ariane.dsfm.mb.ca**Principal:** Angile Comeau**Phone:** 433-7706 **Fax:** 433-3086**Ecole Edward Schreyer School**

Box 20

Beausejour R0E 0C0

PE Staff: Brian McKenty**Email:** bmckenty@sunrisesd.ca**Principal:** Pat Ilchena**Phone:** 268-2423 **Fax:** 268-1157**Ecole Heritage Immersion**

433 Rue Sabourin

St. Pierre Jolys R0A 1V0

PE Staff: Paul Esteve**Email:** pesteve@rrvsd.ca**Principal:** Chris Hicks**Phone:** 433-3460 **Fax:** 433-7175**ZONE 13**

Ecole Pointe Des Chenes

90 Chemin Arena

Ste Anne

R0A 1R0

PE Staff: Simon robert**Email:** simon.robert@dsfm.mb.ca**Principal:** Brian Martel**Phone:** 422-5505 **Fax:** 422-9934**Ecole St. Joachim**

Box 10

LaBroquerie

R0A 0W0

PE Staff: Alain Beauchamp**Email:** abeauchamp@dsfm.mb.ca**Principal:** Luc Bremault**Phone:** 424-5287 **Fax:** 424-5610**Green Valley School**

Box 29

Grunthal

R0A 0R0

PE Staff: Justin Hart**Email:** juhart@hsd.ca**Principal:** Angela Burtnack-Shinkel**Phone:** 434-6415 **Fax:** 434-9010**Lac du Bonnet Senior School**

Box 908

Lac Du Bonnet

R0E 1A0

PE Staff: Katherine Strassel**Email:** kstrassel@sunrisesd.ca**Principal:** Kim Stevenson**Phone:** 345-2585 **Fax:** 345-6347**Landmark Collegiate**

Box 40

Landmark

R0A 0X0

PE Staff: Rob Giesbrecht**Email:** rgiesbrecht@hsd.ca**Principal:** Greg Sawatzky**Phone:** 355-4020 **Fax:** 355-4171**Niverville High School**

401 Centre Street

Niverville

R0A 1E0

PE Staff: Ron Limpright**Email:** rlimpright@hsd.ca**Principal:** Michael Koester**Phone:** 388-4731 **Fax:** 388-6900**Pinawa Secondary School**

Box 580

Pinawa

R0E 1L0

PE Staff: Lindsay Baldoke**Email:** baldokel@sdwhiteshell.mb.ca**Principal:** Scott Smith**Phone:** 753-2381 **Fax:** 753-2693**Powerview School**

Box 157

Powerview

R0E 1P0

PE Staff: Lisa Grimolfson**Email:** pwrview@minet.gov.mb.ca**Principal:** Chrissy Viznaugh**Phone:** 367-2296 **Fax:** 367-2773**Ross L. Gray School**

Box 69

Sprague

R0A 1Z0

PE Staff: Dustin St. Godard**Email:** stgodardd@blsd.ca**Principal:** Jared Baines**Phone:** 437-2175 **Fax:** 437-2893**Sagkeeng Anicinabe High School**

Box 1610

Pine Falls

R0E 1M0

PE Staff:**Email:****Principal:****Phone:** 367-2243 **Fax:** 367-4566**Ste. Anne Collegiate**

197 St. Alphonse St.

Ste. Anne

R5H 1G3

PE Staff: Kyle Hiebert**Email:** kyle.hiebert@srsd.ca**Principal:** Alana Klopick**Phone:** 422-5417 **Fax:** 422-5614**Steinbach Christian School**

50 MB-12

Steinbach

R5G 1T4

PE Staff: Jamie Rogalsky**Email:** jamie.rogalsky@steinbachchristian.ca**Principal:** Emery Plett**Phone:** 326-3537 **Fax:** 326-5164

Steinbach Regional Sec. School

190 McKenzie ave.

Steinbach R5G 0P1

PE Staff: Steve Rebizant**Email:** srebizant@hdsd.ca**Principal:** Cam Kelbert**Phone:** 326-6426 **Fax:** 326-1113**Wanipigow School**

General Delivery

Wanipigow R0E 2E0

PE Staff: William Noah**Email:** william.noah@fsdnet.ca**Principal:** Larry Sharpe**Phone:** 363-7253 **Fax:** 363-7293**Whitemouth School**

Box 187

Whitemouth R0E 2G0

PE Staff: Heather Bodner**Email:** hbodner@sunrisesd.ca**Principal:** Mike Carter**Phone:** 348-2595 **Fax:** 348-2714

ZONE 14

Calvin Christian Collegiate

706 Day St.

Winnipeg R2C 1B6

PE Staff: Dave Pinto**Email:** pintod@calvinchristian.mb.ca**Principal:** Shannon Smith**Phone:** 222-7910 **Fax:** 222-8511**College Garden City Collegiate**

711 Jefferson Avenue

Winnipeg R2V 0P7

PE Staff: Jacqueline McDonald**Email:** jacqueline.mcdonald@7oaks.org**Principal:** Tony Kreml**Phone:** 339-2058 **Fax:** 334-7293**College Miles Macdonell Collegiate**

757 Roch Street

Winnipeg R2K 2R1

PE Staff: Melissa Vince**Email:** mvince@retsd.mb.ca**Principal:** Mark Bruce**Phone:** 667-1103 **Fax:** 654-3803**Lord Selkirk Reg. Comp. Sec. School**

221 Mercy Street

Selkirk R1A 2C8

PE Staff: Scott Gurney**Email:** sgurney@lssd.ca**Principal:** Martin Ingenmey**Phone:** 482-6926 **Fax:** 785-2571**Maples Collegiate**

1330 Jefferson Avenue

Winnipeg R2P 1L3

PE Staff: Matthew Medwick**Email:** matthew.medwick@7oaks.org**Principal:** Scott Schier**Phone:** 632-6641 **Fax:** 694-7229**Mennonite Brethren Coll. Institute**

175 Talbot Avenue

Winnipeg R2L 2E8

PE Staff: Brian Plett**Email:** bplett@mbsci.mb.ca**Principal:** Andrea Neufeld**Phone:** 667-8210 **Fax:** 661-5091**Murdoch MacKay Collegiate**

260 Redonda Street

Winnipeg R2C 1L6

PE Staff: Derek Simpson**Email:** dsimpson@retsd.mb.ca**Principal:** Brian Straub**Phone:** 958-6460 **Fax:** 224-5920**River East Collegiate**

295 Sutton Avenue

Winnipeg R2G 0T1

PE Staff: Kristen Admundson**Email:** kadmundson@retsd.mb.ca**Principal:** Diana Posthumus**Phone:** 338-4611 **Fax:** 338-9515

Kildonan East Collegiate

845 Concordia Avenue

Winnipeg R2K 2M6

PE Staff: Karl Zaborowsky**Email:** kzaborowsky@retsd.mb.ca**Principal:** Darwin MacFarlane**Phone:** 667-2960 **Fax:** 667-1203**Springfield Collegiate**

841 Cedar Avenue

Oak Bank R0E 1J0

PE Staff: Christian Milks**Email:** cmilks@sunrisesd.ca**Principal:** Jacqueline Julien**Phone:** 444-2404 **Fax:** 444-2533**Transcona Collegiate**

1305 Winona Street

Winnipeg R2C 2P9

PE Staff: Shauna Martin**Email:** smartin3@retsd.mb.ca**Principal:** Sandy Dzuba**Phone:** 958-6440 **Fax:** 958-6521**West Kildonan Collegiate**

101 Ridgecrest Avenue

Winnipeg R2V 4T6

PE Staff: Dana Hlady**Email:** dana.hlady@7oaks.org**Principal:** Howard Kowalchuk**Phone:** 339-6959 **Fax:** 334-7116

ZONE 15

Crocus Plains Regional Sec. School

1930 First Street

Brandon R7A 6Y6

PE Staff: Shawn Baraniuk**Email:** baraniuk.shawn@bsd.ca**Principal:** Chad Cobbe**Phone:** 729-3900 **Fax:** 727-2162**Ecole Secondaire Neelin High School**

1020 Brandon Avenue

Brandon R7A 1K6

PE Staff: Don Thomson**Email:** Thomson.don@bsd.ca**Principal:** Ken Seekings**Phone:** 729-3180 **Fax:** 726-5813**Phys Ed:** 729-0367**Vincent Massey High School**

715 McDiarmid Drive

Brandon R7B 2H7

PE Staff: Brett Nohr**Email:** nohr.brett@bsd.ca**Principal:** Bryce Ridgen**Phone:** 729-3170 **Fax:** 729-0365

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MHSAA Quick Reference Deadline Calendar

Sport	Roster/Eligibility Deadline	Wildcard Deadline	Championship Date
Golf	September 16	N/A	September 23
Cross Country	September 29	N/A	October 12
A-AAA Soccer	September 29	October 5	October 14 & 15
Volleyball	September 29	JV - Nov 17 AAAA Nov 17 AAA Nov 18	JV A/AA & AAA – November 24-26 JV AAAA – November 24-26 A – AAA – December 1-3 AAAA Regionals – November 24 & 26 AAAA Final Four – November 30, December 1 & 5
Curling	January 27	TBD	Boys & Girls - February 9-11 Mixed Doubles – February 10-11
Hockey	November 4	AA February 15 AAAA March 1	AA – February 23-25 AAAA – March 10, 11, & 13
Basketball	January 27	JV A/AA & AAAA – March 1 AAAA – March 2	JV A/AA & AAA – March 9-11 JV AAAA – March 9, 10, 11, & 14 AAAA Regionals – March 9 & 11 A-AA-AAAA Championships March 6-18 AAAA Final Four March 16, 17, & 20
Badminton	April 14	April 28	May 4-6
Track & Field	May 19	N/A	June 8-10
AAAA Soccer	May 19	May 26	June 2-3
Baseball	May 19	May 24	June 1-3
Fast Pitch	May 19	May 24	June 2-3

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Go For It

Rise to the challenge - always strive for excellence.
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Play Fair

Play honestly - obey both the letter and spirit of the rules.
Winning is only meaningful when competition is fair.

Respect Others

Show respect for everyone involved in creating
your sporting experience, both on and off the field of play.
Win with dignity and lose with grace.

Keep It Fun

Find the joy of sport.
Keep a positive attitude both on and off the field of play.

Stay Healthy

Place physical and mental health above all other
considerations - avoid unsafe activities.
Respect your body and keep in shape.

Include Everyone

Share sport with others.
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