

BRIGHTON WRESTLING

FUTURE STATE CHAMP YOUTH CAMP 2017

<u>Date</u>: June 19-21 (Monday-Wednesday)

<u>Time</u>: 6:00-8:00pm <u>Age</u>: Grades K-7 **Location**: Brighton HS Wrestling room **Who**: Camp is open to all youth wrestlers, 7th grade and below of all ability levels

Cost: \$55 Pre-Registered, \$65 Walk-Up

*Note Grade is based on 2016-17 School Year

<u>Camp Information</u>: This 3 day technique camp will be suitable for all ages and ability levels, from wrestlers with numerous years of experience to those who have never wrestled before! The camp will be split into groups to ensure proper instruction for all ability levels and instruction will focus on fundamentals of wrestling including positioning, takedowns, tilts and turns, escapes and counters, body awareness,, core strength, conditioning, and more!

Camp Staff:

Tony Greathouse, BHS Head Wrestling Coach

- 2017 Regional Coach Of The Year
- 2015 State Coach of The Year

BHS Assistant Coaches and High School wrestlers will assist in all camp sessions.



TRAIN WITH THE DOGS!

Spend a week working with the one of the elite high school wrestling programs in the state of Michigan!

The Bulldogs have finished the last five years ranked in the Top 10 in the state and won the 2015 Division 1 State Championship!

Those who stay will be CHAMPIONS!

What you need?: Athletic shirt/shorts, wrestling shoes/headgear recommended.

Registration: All registration will be done <u>online</u>. Follow the steps below to register your child for camp:

- 1. Go to www.BrightonWrestling.com and click on CAMPS page from top menu
- 2. Click link "YOUTH CAMP 2017 REGISTRATION" & Complete w/payment

^{*}Campers who are registered before June 1st will receive a free camp t-shirt

^{*}Register by June 1^{st} to ensure that your camper will receive a Camp T-Shirt

^{*}Walk-Up registration will be allowed for \$65, please note that t-shirts may not be available for those who walk up

