



2023-24 Season

Central Jersey Group 1 Sectional Champions

#12 in New Jersey (NJSIAA Poll)

#4 Public School in New Jersey

Skyland Conference Division Champions

District 10 Champions

Goles Champions

Wendy Pandy-Leh Champions

20-2 Record

6 District Champions (2nd all time)

11 Regional Place Winners

7 NJ State Qualifiers

1 NJ State Place Winner

N J S I A A

STATE FINALS

FEBRUARY 11, 2024 - 11AM RUTGERS UNIVERSITY



N J S I A A

SEMI FINALS

FEBRUARY 9, 2024 - 6PM "THE HUTCH"



C E N T R A L J E R S E Y

GROUP 1 SECTIONAL FINALS

2/7/2024 "THE HUTCH" 6:00PM

D E L  V A L

BEST WISHES COACH NUCCI WHAT A RIDE

2/2/2024 "THE HUTCH" 6:30PM



YOUTH NIGHT

1/24/2023 "THE HUTCH" 6:



YOUTH NIGHT

1/24/2023 "THE HUTCH" 6:30PM



SENIOR NIGHT

1/17/2024 SEE YOU IN "THE HUTCH" 6:30PM

D E L V A L W R E S T L I N G

RIGHT HERE RIGHT NOW HOME OPENER


VS. Bernards


12/23/2023 SEE YOU IN "THE HUTCH" 11:00AM


2023-24 Season


 20-2 Record (858 Total DV wins since 1962)


 **Central Jersey Group 1 Sectional Champions**
District 10 Champions
Goles Champions
Wendy Pandy-Leh Champions
3rd HWS Tournament

 **Rankings**
#12 in NJSIAA Poll / #17 in nj.com poll
#4 Public School in NJSIAA Poll / #7 Public school in nj.com
#3 in Skyland Conf. by nj.com
#1 Ranked team in Region 3

 **Wendy Pandy-Leh Tournament at Del Val – 1st Place**
Champs: Jake Taylor 120, Jaden Perez 126, Matt Roche 132, Jackson Bush 144, Kevin Roman 175, & Anderson Olcott 190
2nd Place: Ben Levy 150 & Cody Lagun 215
3rd Place: Michel Hasson 138, Mitchell Sutter 157, Luke Sinkiewicz 165, Kyle Cooke 285

 **John Goles Invitational @ Warren Hills – 1st Place**
Champs: Jake Taylor 120, Jaden Perez 126, Matt Roche 132, Jackson Bush 144, Ben Levy 150, Luke Sinkiewicz, & Anderson Olcott 190
2nd Place: Kyle Cooke 285
3rd Place: Michael Hasson 138, Mitchell Sutter 165, Kevin Roman 175
4th Place: Lucas Beyers 113

 **Hunterdon Warren Sussex – 3rd Place**
Champs: Jackson Bush 138
2nd Place: Jaden Perez 126, Anderson Olcott 190
3rd Place: Matt Roche 132, Ben Levy 150
4th Place: Jake Taylor 120, Kevin Roman 175, Kyle Cooke 285
5th Place: Mitchell Sutter 157
6th Place: Tristan Fawthrop 106, Sebastian Dobak 144

 **District 10 – 1st Place**
Champs: Jake Taylor 113, Jaden Perez 126, Matt Roche 132, Ben Levy 150, Kevin Roman 175, & Anderson Olcott 190
2nd Place: Tristan Fawthrop 106, Jackson Bush 138, Mitchell Sutter 157, Luke Sinkiewicz 165, & Even Newman 215
3rd Place: Michael Hasson 144
4th Place: Kyle Cooke 285

Region 3

- Voted #1 Team in all of Region 3
- Finished 2nd in unofficial team standings

1st Place: Jaden Perez 126

3rd Place: Jacob Taylor 113, Jackson Bush 138, Ben Levy 150,
Mitchell Sutter 157, Kevin Roman 175, Anderson Olcott 190

5th Place: Matt Roche 132, Luke Sinkiewicz 165

6th Place: Tristan Fawthrop 106, Even Newman 215

NJ States

5th Place: Jaden Perez 126 (44th Del Val NJ State Place Winner)

Wins (20 total)

Group Champion: Ridge

Sectional Champs: Hopewell Valley, Kittatinny, Ridge, Hanover Park (twice), Hunterdon Central

Sectional Finalists: Point Pleasant Beach

Current W's	Current L's	Bouts	Wrestler	Career W's	Career L's		Dual Wins	Dual Losses	Dual Decs	Dual Majors	Dual Pins	Dual Inj + DQ	Dual Techs	Dual Forfeits
2	9	11	Rosato, Justin	2	9		0	7	0	0	0	0	0	0
0	1	1	Rainey, Vincent	0	1		0	1	0	0	0	0	0	0
19	17	36	Fawthrop, Tristan	19	17		10	10	1	0	7	0	0	2
14	17	31	Beyers, Lucas	21	29		11	10	3	1	5	0	0	2
27	9	36	Taylor, Jake	82	34		13	4	2	3	7	0	0	1
39	3	42	Perez, Jaden	85	18		20	0	1	4	13	0	2	0
31	4	35	Roche, Matt	68	20		18	1	2	0	10	1	1	4
3	0	3	Bednar, Julian	3	0		3	0	0	0	1	0	0	2
8	2	10	Falkenstein, Tye	12	8		6	0	0	0	4	0	0	2
15	9	24	Hasson, Michael	16	14		9	5	5	0	2	0	1	1
30	8	38	Bush, Jackson	73	34		15	4	0	2	12	0	1	0
1	0	1	Edwards, Jake	1	0		1	0	1	0	0	0	0	0
2	0	2	Leeds, Jared	14	23		2	0	0	0	2	0	0	0
1	1	2	Prouty, Russell	8	10		1	1	0	0	1	0	0	0
30	8	38	Levy, Ben	83	29		16	3	2	1	12	0	0	1
6	6	12	Dobak, Sebastian	11	9		3	4	2	0	1	0	0	0
1	1	2	Johnson, Silas	1	2		1	1	0	0	1	0	0	0
30	10	40	Sutter, Mitchell	42	16		15	3	4	2	6	0	2	1
5	0	5	McEwan, Dylan	5	0		5	0	1	1	3	0	0	0
24	11	35	Sinkiewicz, Luke	30	19		11	5	3	2	5	0	0	1
1	0	1	Francis, Owen	1	0		1	0	0	0	0	0	0	1
29	9	38	Roman, Kevin	49	23		16	3	2	0	10	1	0	3
8	3	11	Savacool, Auggie	19	13		6	1	0	2	4	0	0	0
33	5	38	Olcott, Anderson	91	32		18	1	4	2	8	1	1	2
1	1	2	Matthews, Anthony	2	1		1	1	0	0	1	0	0	0
14	10	24	Newman, Evan	19	15		8	4	3	0	4	0	0	1
2	1	3	Lagun, Cody	3	3		0	0	0	0	0	0	0	0
4	2	6	Nicholson, Brian	9	7		2	1	2	0	0	0	0	0
4	5	9	Sozanski, Branden	8	5		3	3	0	0	1	0	0	2
0	1	1	Alberdi, Luken	0	1		0	1	0	0	0	0	0	0
19	11	30	Cooke, Kyle	34	32		13	5	1	0	8	0	0	4
403	164	567		811	424		228	79						

2023-24 Pre-Varsity Stats

Season Wins	Season Losses	Bouts	Points (Wins + 1 pt for Events entered)	Wrestler	
26	0	26	30	Edwards, Jacob	1
19	1	20	23	Gary, Marcus	2
19	1	20	21	Bednar, Julian	3
17	2	19	21	Alberdi, Luken	4
17	3	20	21	Johnson, Silas	5
14	6	20	18	Woltman, Alex	6
14	2	16	17	Francis, Owen	7
12	4	16	15	Nalesnik, Jon	8
12	1	13	14	Bush, Rylan	9
11	2	13	14	Nicholson, Brian	10
11	3	14	14	Nahum, Oren	11
10	2	12	13	Sozanski, Bryan	12
9	0	9	12	Sozanski, Branden	13
9	6	15	12	Cyphert, Luke	14
8	1	9	11	Meehan, Brian	15
9	3	12	11	Woltman, Zane	16
8	4	12	11	Hirsch, Scott	17
9	4	13	10	Paul, Olivier	18
7	6	13	9	Carr, Aiden	19
6	7	13	9	Sencher, Matt	20
7	4	11	8	Rainey, Vincent	21
6	6	12	8	Brito, Anthony	22
6	11	17	8	Rosato, Justin	23
5	0	5	6	Dobak, Sebastian	24
6	0	6	6	Falkenstein, Tye	25
4	5	9	5	Shuey, Owen	26
2	17	19	5	Barczynski, Tim	27
4	1	5	4	Gonzalez, Nicolas	28
1	8	9	4	Woltman, Lucien	29
1	6	7	3	Hornig, Sebastian	30
0	7	7	2	Armenti, Garrett	31
0	11	11	2	Miller, Alejandro	32
1	0	1	1	Sandor, Kyle	33
1	0	1	1	Fawthrop, Tristan	34
0	1	1	0	Parraga, Santiago	35
291	135	426			

2023-24 Girls Stats

Season Wins	Season Losses	Bouts	Wrestler	
8	6	14	Liskowacki, Emma	1
11	17	28	Toye, Annabelle	2
7	12	19	Perez, Akalya	3
7	6	13	Jenkins, Grace	4
10	6	16	Hotz, Emmy Rea	5
4	12	16	Flower, Noelle	6
2	9	11	Fleming, Madilyn	7
49	68	117		

DELAWARE VALLEY WRESTLING

Overall Wins

Rank	Year	Wrestler	Wins	Losses	Ties
1	2013	Pongracz, Mike	148	16	
2	2007	Kelly, Dan	142	12	
3	2019	DeRosa, AJ	133	26	
4	2017	Kolonia, Matt	130	32	
5	2007	Sigafoos, Kris	129	17	
6	2010	Stevely, Bobby	123	32	
7	2008	LaFevre, Nick	116	30	
8	2005	Kelly, Chris	111	34	
9	2011	Barbiche, Cody	110	25	
10	2002	Hutchins, Dan	109	27	
	2006	Inglin, CJ	109	27	
12	2020	Crater, Gage	106	40	
13	2004	Kurtz, Ricky	101	33	
14	1990	Conly, Brian	99	21	1
	1988	Aschenbach, Bill	99	25	2
16	2014	Eichlin, Kody	96	33	
17	2012	Zehnbauser, Derek	94	30	
18	2016	Schlittler, Kyle	93	28	
19	1988	Wicks, Jamie	92	5	
20	1998	Brunner, Bobby	91	19	
	2024	Olcott, Anderson	91	32	
22	1986	Savacool, Ricky	90	21	
23	1994	Conly, Brent	89	6	1
24	1986	Tettemer, Scott	87	21	1
	1990	Borzotta, Joel	87	30	
26	2025	Perez, Jaden	85	18	
27	1978	Traxinger, Jim	84	14	1
28	1993	Krazer, Curt	83	24	
	2024	Levy, Ben	83	29	
30	2024	Taylor, Jacob	82	34	
31	2017	Zigich, Rhys	80	50	
32	1975	Segreaves, Jeff	79	11	1
33	1993	Krieger, Ricky	78	11	1
34	2008	Gebert, Rich	76	35	
35	1992	Petiet, Chris	75	34	1
	2003	Markus, Keith	75	49	
37	1996	Brunner, Rich	74	20	
38	2025	Bush, Jackson	73	34	

Rank	Year	Wrestler	Wins	Losses	Ties
39	2002	Thatcher, Lance	72	28	
	2023	Colasurdo, Chris	72	30	
	2019	Ramsby, Shawne	72	42	
42	1982	Zdepski, James	71	13	
	1993	DiBartolomeo, Tony	71	24	1
44	2012	VanDoren, Will	70	20	
45	2001	Shallop, Alex	69	20	
	2013	Gilmore, Matt	69	30	
	2017	Mills, Connor	69	51	
48	2023	Kucharski, Owen	68	19	
	2024	Roche, Matt	68	20	
50	2006	Guenther, Mike	66	40	
51	1990	Fitz, Andy	65	11	
	2000	Angione, Joe	65	36	
	2017	Bauberger, Chase	65	40	
54	1978	Staskewicz, Scott	64	13	
	2007	Gelegonya, Brad	64	28	
	1977	Johnson, Lonnie	64	33	
	2000	Conord, Mike	64	40	
58	1975	Traxinger, Dave	63	9	1
	2002	Schumacher, Adam	63	35	
	2009	Inglin, Korey	63	48	
61	2000	Lukas, Joe	62	26	
62	1994	Kucharski, Walt	61	18	
	1984	Limoli, Mike	61	27	
	2015	Erwin, Ryan	61	28	
	2002	Gould, Grant	61	28	3
	2007	Kerr, Roy	61	30	
67	2010	Gellner, Ryan	60	25	
	1984	Cowder, Andy	60	27	1

A TRADITION OF EXCELLENCE

22 SECTIONAL TITLES | 10 GROUP TITLES | 133 DISTRICT CHAMPS | 44 STATE PLACE WINNERS | 9 NJ STATE CHAMPS

DELAWARE VALLEY WRESTLING

60 Win Club

Year	Wrestler	Wins	Losses	Ties
1975	Segreaves, Jeff	79	11	1
	Traxinger, Dave	63	9	1
1977	Johnson, Lonnie	64	33	
1978	Traxinger, Jim	84	14	1
	Staskewicz, Scott	64	13	
1982	Zdepski, James	71	13	
1984	Gould, Grant	61	28	3
	Cowder, Andy	60	27	1
1986	Savacool, Ricky	90	21	
	Tettermer, Scott	87	21	1
1988	Aschenbach, Bill	99	25	2
	Wicks, Jamie	92	5	
1990	Conly, Brian	99	21	1
	Borzotta, Joel	87	30	
	Fitz, Andy	65	11	
1992	Petiet, Chris	75	34	1
1993	Krazer, Curt	83	24	
	Krieger, Ricky	78	11	1
	DiBartolomeo, Tony	71	24	1
1994	Conly, Brent	89	6	1
	Kucharski, Walt	61	18	
1996	Brunner, Rich	74	20	
1998	Brunner, Bobby	91	19	
2000	Angione, Joe	65	36	
	Conord, Mike	64	40	
	Lukas, Joe	62	26	
2001	Shallop, Alex	69	20	
2002	Hutchins, Dan	109	27	
	Thatcher, Lance	72	28	
	Schumacher, Adam	63	35	
	Kerr, Roy	61	30	
2003	Markus, Keith	75	49	
2004	Kurtz, Ricky	101	33	
2005	Kelly, Chris	111	34	
2006	Guenther, Mike	66	40	
	Inglin, CJ	109	27	

Year	Wrestler	Wins	Losses	Ties
2007	Kelly, Dan	142	12	
	Sigafoos, Kris	129	17	
	Gelegonya, brad	64	28	
	Limoli, Mike	61	27	
2008	LaFevre, Nick	116	30	
	Gebert, Rich	76	35	
2009	Inglin, Korey	63	48	
2010	Stevly, Bobby	123	32	
	Gellner, Ryan	60	25	
2011	Barbiche, Cody	110	25	
2012	Zehnbauser, Derek	94	30	
	VanDoren, Will	70	20	
2013	Pongracz, Mike	148	16	
	Gilmore, Matt	69	30	
2014	Eichlin, Kody	96	33	
2015	Erwin, Ryan	61	28	
2016	Schlittler, Kyle	93	28	
2017	Kolonia, Matt	130	32	
	Zigich, Rhys	80	50	
	Mills, Connor	69	51	
	Bauberger, Chase	65	40	
2019	DeRosa, AJ	133	26	
	Ramsby, Shawne	72	42	
2020	Crater, Gage	106	40	
2023	Colasurdo, Chris	72	30	
	Kucharski, Owen	68	19	
2024	Anderson Olcott	91	32	
	Ben Levy	83	29	
	Jake Taylor	82	34	
	Matt Roche	68	20	
2025	Jaden Perez	85	18	
	Jackson Bush	73	34	

A TRADITION OF EXCELLENCE

22 SECTIONAL TITLES | 10 GROUP TITLES | 133 DISTRICT CHAMPS | 44 STATE PLACE WINNERS | 9 NJ STATE CHAMPS

DELAWARE VALLEY WRESTLING

Season Dual Wins

Rank	Wins	Losses	Ties			Rank	Wins	Losses	Ties		
1	25	0		Kolonia, Matt	2016-17		19	2		Inglin, CJ	2004-05
2	24	1		Kelly, Dan	2005-06		19	3		Barbiche, Cody	2009-10
	24	4		Crater, Gage	2019-20		19	3		Huff, Scott	2000-01
4	23	2		Lightner, Kyle	2016-17		19	3		Mesce, Kyle	2009-10
	23	2		Sigafoos, Kris	2005-06		19	3		Stevely, Bobby	2007-08
6	22	0		Eichlin, Kody	2013-14		19	4		Johnson, Sean	2007-08
	22	0		Pongracz, Mike	2009-10		19	7		Schlittler, Kyle	2013-14
	22	1		Schlittler, Kyle	2015-16	43	18	0		Conly, Brian	1988-89
	22	3		Guenther, Mike	2005-06		18	0		Pongracz, Mike	2011-12
10	21	0		Barbiche, Cody	2010-11		18	0		Wicks, Jamie	1987-88
	21	0		Pongracz, Mike	2010-11		18	0		Zehnbauer, Derek	2011-12
	21	2		Borzotta, Joel	1989-90		18	1		Borzotta, Joel	1988-89
	21	2		Kolonia, Matt	2015-16		18	1		Conly, Brian	1989-90
	21	2		Tomanek, Marek	2013-14		18	1		Kelly, Chris	2002-03
	21	2		Zigich, Rhys	2016-17		18	1		Kucharski, Owen	2022-23
	21	3		Inglin, CJ	2005-06		18	1		Olcott, Anderson	2023-24
	21	4		DeRosa, AJ	2016-17		18	1		Perez, Jaden	2022-23
18	20	0		Perez, Jaden	2023-24		18	1		Roche, Matt	2023-24
	20	1		DeRosa, AJ	2017-18		18	1		Zehnbauer, Derek	2010-11
	20	1		LaFevre, Nick	2007-08		18	1	1	Conly, Brian	1987-88
	20	1		Shallop, Alex	2000-01		18	2		Costello, Brian	2002-03
	20	1		Stevely, Bobby	2009-10		18	2		Gelegonya, Brad	2005-06
	20	2		Stevely, Bobby	2008-09		18	2		Hutchins, Dan	2001-02
	20	4		Limoli, Mike	2005-06		18	2		Schumacher, Adam	2001-02
	20	5		DeRosa, AJ	2015-16		18	3		Hutchins, Dan	2000-01
	20	5		LaFevre, Nick	2005-06		18	3		Moore, Jake	2015-16
27	19	0		Brunner, Bob	1997-98		18	4		Colasurdo, Chris	2021-22
	19	0		DeRosa, AJ	2018-19		18	4		Gellner, Ryan	2009-10
	19	0		Kelly, Dan	2006-07		18	8		Mills, Connor	2016-17
	19	0		Krieger, Ricky	1991-92						
	19	0		Pongracz, Mike	2012-13						
	19	1		Gebert, Rich	2007-08						
	19	1		Kelly, Dan	2004-05						
	19	1		Kerr, Roy	2001-02						
	19	1		Krazer, Curt	1991-92						

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DELAWARE VALLEY WRESTLING

Career Dual Wins

Rank	Dual wins	Dual Losses	Dual Ties		
1	80	0		Pongracz, Mike	2009-13
	80	10		DeRosa, AJ	2015-19
3	76	6		Kelly, Dan	2003-07
4	72	12		Kolonia, Matt	2013-17
5	70	10		Sigafoos, Kris	2003-07
	70	11		Stevely, Bobby	2006-10
	70	20		Crater, Gage	2016-20
8	68	13		Inglin, CJ	2002-06
9	67	14		LaFevre, Nick	2004-08
10	66	10		Hutchins, Dan	1998-02
	66	11		Kelly, Chris	2001-05
12	62	12		Barbiche, Cody	2007-11
	62	14		Eichlin, Kody	2013-14
	62	15		Kurtz, Ricky	2000-04
	62	18		Borzotta, Joel	1986-90
16	61	7	1	Conly, Brian	1986-90
	61	13		Schlittler, Kyle	2012-16
18	59	11	2	Aschenbach, Bill	1984-88
	59	14		Zehnbauer, Derek	2008-12
20	57	8		Savacool, Rick	1982-86
	56	16		Olcott, Anderson	2020-24
22	54	2		Wicks, Jamie	1984-88
	54	10		Brunner, Bob	1994-98
	51	12	1	Krazer, Curt	1989-93
	51	13		Tettemer, Scott	1982-86
	50	13		Levy, Ben	2020-24
27	49	21	1	Petiet, Chris	1988-92
	49	26		Zigich, Rhys	2013-17
29	48	7		Zdepski, James	1978-82
	48	14		Colasurdo, Chris	2019-23
	48	20		Taylor, Jacob	2020-24
	48	32		Markus, Keith	1999-03

Rank	Dual wins	Dual Losses	Dual Ties		
33	47	17	1	Thatcher, Lance	1998-02
	47	24	1	Conord, Mike	1996-00
	46	8		Perez, Jaden	2021-24
36	46	24		Angione, Joe	1996-00
37	45	4	1	Traxinger, Jim	1974-78
	45	10		Kucharski, Owen	2019-23
	45	28		Mills, Connor	2013-17
	45	35		Refalvy, Kyle	2012-16
41	44	3		Conly, Brent	1990-94
	44	8	1	Krieger, Ricky	1989-93
	44	15		Inglin, Korey	2005-09
	44	17		Gilmore, Matt	2009-13
	44	20		Schumacher, Adam	1998-02
	44	28		Limoli, Mike	2003-07
47	43	3	3	Berger, Ken	1965-69
	43	5	1	Segreaves, Jeff	1971-75
	43	14		Gellner, Ryan	2006-10
	43	26		Guenther, Mike	2002-06
51	42	7		Guenther, Kevin	2007-11
	42	9		Shallop, Alex	1997-01
	42	15		Costello, Brian	2001-04
	42	15		Kerr, Roy	1998-02
	42	17		Zehnbauer, Luke	2010-14
	42	21		Bauberger, Chase	2013-17
	42	28		Carr, Matt	2002-06
58	41	26		Ramsby, Shawne	2015-19
59	40	13		Lukas, Joe	1996-00
	40	15	4	Gould, Grant	1980-84
61	39	14		Gebert, Rich	2004-08
	39	18		Erwin, Ryan	2011-15
	39	23		Stiefken, Trevor	2006-10
	39	33		Sigafoos, Justin	1996-00

A TRADITION OF EXCELLENCE

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DELAWARE VALLEY WRESTLING

Career Dual Winning %

Rank	Career Win %	Dual wins	Dual Losses	Dual Ties	20 dual min	
1	100.00%	80	0		Pongracz, Mike	2009-13
2	96.43%	54	2		Wicks, Jamie	1984-88
3	93.48%	21	1	1	Hall, Leigh	1981-85
4	92.71%	44	3	1	Conly, Brent	1990-94
5	92.68%	76	6		Kelly, Dan	2003-07
6	91.46%	37	3	1	Traxinger, Dave	1971-75
7	91.00%	45	4	1	Traxinger, Jim	1974-78
8	90.82%	43	3	3	Berger, Ken	1965-69
9	90.48%	38	4		Fitz, Andy	1986-90
10	89.13%	61	7	1	Conly, Brian	1986-90
	88.89%	80	10		DeRosa, AJ	2015-19
12	88.78%	43	5	1	Segreaves, Jeff	1971-75
13	88.57%	30	4		Tomanek, Marek	2010-14
14	87.69%	57	8		Savacool, Rick	1982-86
15	87.50%	70	10		Sigafoos, Kris	2003-07
	87.50%	17	2	1	Matthews, Mark	1986-90
17	87.27%	48	7		Zdepski, James	1978-82
18	86.84%	66	10		Hutchins, Dan	1998-02
19	86.49%	32	5		Em, Stephen	1994-96
20	86.42%	70	11		Stevely, Bobby	2006-10
21	86.36%	76	12		Kolonia, Matt	2013-17
	86.36%	38	6		Lightner, Kyle	2014-18
23	86.11%	31	5		Wurst, Josh	1998-02
	86.11%	31	5		Kucharski, Walt	1991-94
25	86.05%	37	6		Yozzo, Rob	1986-90
	86.05%	37	6		Staskiewicz, Scott	1978-82
27	85.71%	42	7		Guenther, Kevin	2007-11
	85.71%	66	11		Kelly, Chris	2001-05
	85.71%	18	3		Peterson, George	1999-03
30	85.18%	46	8		Perez, Jaden	2021-23
31	85.00%	17	3		Traxinger, Steve	1978-81
32	84.85%	28	5		Godown, Don	1969-73
33	84.78%	19	3	1	Mularchuk, Steve	1972-75
34	84.72%	30	5	1	Jurgensen, Eric	1981-85
35	84.38%	54	10		Brunner, Bob	1994-98
36	84.29%	29	5	1	McLaren, Tom	1969-73

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DELAWARE VALLEY WRESTLING

Undefeated Dual Seasons

Rank	Dual Wins	Dual Losses	Dual Ties		
1	25	0		Kolonia, Matt	2013-17
2	22	0		Eichlin, Kody	2013-14
	22	0		Pongracz, Mike	2009-10
4	21	0		Barbiche, Cody	2010-11
	21	0		Pongracz, Mike	2010-11
6	20	0		Perez, Jaden	2023-24
7	19	0		DeRosa, AJ	2015-19
	19	0		Pongracz, Mike	2012-13
	19	0		Kelly, Dan	2006-07
	19	0		Brunner, Bob	1997-98
	19	0		Krieger, Ricky	1991-92
12	18	0		Conly, Brian	1988-89
	18	0		Pongracz, Mike	2011-12
	18	0		Wicks, Jamie	1987-88
	18	0		Zehnbauer, Derek	2011-12
16	17	0		Wicks, Jamie	1986-87
	17	0		Wicks, Jamie	1985-86
	17	0	1	Hall, Leigh	1984-85
	17	0		Cowder, Andy	1983-84
20	16	0		Fitz, Andy	1989-90
	16	0		Tettemer, Scott	1984-85
	16	0	2	Gould, Grant	1983-84
23	15	0		Haver, Bob	1993-94
	15	0		Petiet, Chris	1990-91
25	14	0		Conly, Brent	1991-92
	14	0		Staskiewicz, Scott	1977-78
	14	0		Lenehan, Jeff	1976-77
	14	0		Flanagan, Dennis	1975-76
	14	0		Traxinger, Dave	1974-75
30	13	0		Wurst, Josh	2001-02
	13	0	1	Segreaves, Jeff	1972-73
	13	0		Berger, Ken	1968-69
33	12	0		Anderson, Brad	1977-78
	12	0		Segreaves, Jeff	1973-74
	12	0		Tettemer, Garrett	2022-23

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DELAWARE VALLEY WRESTLING

Season Dual Pins

Rank	Dual Pins
1	18 Crater, Gage 2019-20
2	15 DeRosa, AJ 2017-18
	15 Lightner, Kyle 2016-17
4	13 Maddalena, Nick 2010-11
	13 Moore, Jake 2015-16
	13 Perez, Jaden 2023-24
	13 Pongracz, Mike 2011-12
	13 Schenberger, Matt 1987-88
	13 Schlittler, Kyle 2015-16
10	12 Barbiche, Cody 2009-10
	12 Barbiche, Cody 2008-09
	12 Bush, Jackson 2023-24
	12 Gellner, Ryan 2008-09
	12 Johnson, Sean 2007-08
	12 LaFevre, Nick 2007-08
	12 Levy, Ben 2023-24
	12 Kucharski, Owen 2021-22
	12 Sigafoos, Justin 1999-00
	12 Tomanek, Marek 2013-14
	12 Wicks, Jamie 1987-88
	12 Wicks, Jamie 1985-86
22	11 Angione, Joe 1998-99
	11 Barbiche, Cody 2010-11
	11 Brunner, Bob 1997-98
	11 DeRosa, AJ 2018-19
	11 DeRosa, AJ 2016-17
	11 Hutchins, Dan 1999-00
	11 Hutchins, Dan 2001-02
	11 Schlittler, Kyle 2014-15
	11 Stevely, Bobby 2009-10
	11 Wicks, Jamie 1986-87
	11 Wurst, Josh 2001-02
	11 Zehnbauer, Luke 2012-13
	11 Zehnbauer, Luke 2011-12
	11 Zigich, Rhys 2015-16

Rank	Dual Pins
36	10 Baehr, Brian 2012-13
	10 Colasurdo, Chris 2021-22
	10 Groogan, Robert 2019-20
	10 Heaps, CJ 2017-18
	10 Kalfaian, Eli 2017-18
	10 Kelly, Dan 2006-07
	10 Kelly, Dan 2003-04
	10 Lightner, Cory 2014-15
	10 Mesce, Kyle 2009-10
	10 Moose, Nick 2019-20
	10 Ombalski, Dan 1987-88
	10 Parry, Doug 1983-84
	10 Perez, Jaden 2022-23
	10 Quinby, Ron 1982-83
	10 Roche, Matt 2023-24
	10 Roman, Kevin 2023-24
	10 Schenberger, Matt 1988-89
	10 Schepens, Derek 2019-20
	10 Stevely, Bobby 2007-08
	10 Whalen, Pat 1983-84
	10 Whalen, Tom 1982-83

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DELAWARE VALLEY WRESTLING

Career Dual Pins

Rank	Dual pins		Rank	Dual pins	
1	45	DeRosa, AJ 2015-19	38	21	Aschenbach, Bill 1984-88
2	37	Hutchins, Dan 1998-02		21	Kurtz, Ricky 2000-04
	37	Wicks, Jamie 1984-88		21	Lightner, Cory 2011-15
4	36	Barbiche, Cody 2007-11		21	Kerr, Roy 2002-06
5	35	Kelly, Dan 2003-07		21	Kucharski, Owen 2019-23
	35	Pongracz, Mike 2009-13		21	Petiet, Chris 1988-92
	35	Schlittler, Kyle 2012-16		21	Roche, Matt 2020-24
8	34	Crater, Gage 2016-20	45	20	Conord, Mike 1996-00
9	33	LaFevre, Nick 2004-08		20	Lightner, Kyle 2014-18
	33	Stevely, Bobby 2006-10		20	Moose, Nick 2016-20
11	31	Brunner, Bob 1994-98		20	Ombalski, Dan 1985-89
12	29	Kolonia, Matt 2013-17		20	Schepens, Derek 2016-20
	29	Levy, Ben 2020-24		20	Traxinger, Jim 1974-78
	29	Sigafoos, Kris 2003-07		20	Whalen, Tom 1979-83
	29	Zehnbauer, Luke 2010-14		20	Zehnbauer, Derek 2008-12
16	28	Inglin, CJ 2002-06	53	19	Baehr, Brian 2010-14
17	27	Olcott, Anderson 2020-24		19	Costello, Brian 2001-04
18	27	Sigafoos, Justin 1996-00		19	Crater, Corey 2017-21
19	26	Krazer, Curt 1989-93		19	Gilmore, Matt 2009-13
	26	Segreaves, Jeff 1971-75		19	Johnson, Lonie 1973-77
	26	Zdepski, James 1978-82		19	Markus, Keith 1999-03
22	25	Borzotta, Joel 1986-90		19	Moore, Jake 2012-16
	25	Conly, Brian 1986-90		19	Refalvy, Kyle 2012-16
	25	Maddalena, Nick 2007-11		19	Wurst, Josh 1998-02
	25	Perez, Jacob 2021-23	63	18	Brunner, Rich, Jr. 1992-96
	25	Taylor, Jacob 2020-24		18	Fitz, Andy 1986-90
27	24	Angione, Joe 1996-00		18	Fleming, Brian 1979-83
	24	Colasurdo, Chris 2019-23			
	24	Gellner, Ryan 2006-10			
	24	Kelly, Chris 2001-05			
	24	Schenberger, Matt 1985-89			
32	23	Fleming, Brad 1974-78			
	23	Krieger, Ricky 1989-93			
	23	Savacool, Rick 1982-86			
	23	Zigich, Rhys 2013-17			
36	22	Berger, Ken 1965-69			
	22	Lukas, Joe 1996-00			

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DELAWARE VALLEY WRESTLING

Season Dual Technical Falls

Rank	Dual Techs
1	6 Fitz, Andy 1989-90
2	5 Kelly, Chris 2004-05
3	4 Aschenbach, Bill 1987-88
	4 Conly, Brian 1989-90
	4 DeSapio, Joey 2017-18
	4 Kolonia, Matt 2016-17
	4 Krieger, Ricky 1991-92
	4 Kurtz, Ricky 2002-03
	4 Savacool, Rick 1985-86
	4 Stevely, Bobby 2008-09
11	3 Conly, Brent 1993-94
	3 Costello, Brian 2002-03
	3 Erwin, Ryan 2014-15
	3 Kolonia, Matt 2015-16
	3 Kolonia, Matt 2013-14
	3 Markus, Keith 2002-03
	3 Mays, Nour 2013-14
	3 McLaughlin, Tanner 2016-17
	3 Rosinski, Jim 2000-01
	3 Thatcher, Lance 2001-02
	3 VanDoren, Will 2011-12
	3 Yozzo, Rob 1988-89
	3 Zehnbaauer, Derek 2011-12
24	2 Aschenbach, Bill 1985-86
	2 Aschenbach, Bill 1986-87
	2 Bonos, Tom 1988-89
	2 Borzotta, Joel 1989-90
	2 Borzotta, Joel 1988-89
	2 Bush, Mark 1987-88
	2 Carr, Matt 2005-06
	2 Chimiel, Walt 1996-97
	2 Conly, Brent 1991-92
	2 Conly, Brian 1987-88
	2 Conly, Brian 1986-87
	2 Cyphers, Mark 1985-86
	2 Cyphers, Mark 1987-88

Rank	Dual Techs
2	DiBartolomeo, Tony 1991-92
2	Ferrari, Steve 1987-88
2	Gelegonya, Brad 2006-07
2	Godown, Rob 1985-86
2	Godown, Scott 1986-87
2	Guenther, Kevin 2008-09
2	Heaps, CJ 2017-18
2	Hutchins, Dan 2001-02
2	Janssen, Alex 2009-10
2	Kelly, Chris 2001-02
2	Kelly, Dan 2005-06
2	Kirk, Jeremy 1994-95
2	Kurtz, Ricky 2001-02
2	LaFevre, Nick 2005-06
2	Markus, Keith 2001-02
2	Mesce, Kyle 2009-10
2	Perez, Jaden 2023-24
2	Rosinski, Mike 2003-04
2	Schlittler, Tommy 2018-19
2	Shallop, Alex 2000-01
2	Sutter, Mitchell 2023-24
2	Stains, John 1986-87
2	Stevely, Bobby 2007-08
2	Tettermer, Garrett 2019-20
2	Thatcher, Lance 1999-00
2	Uderman, Dylan 2016-17
2	Wicks, Jamie 1987-88
2	Wicks, Jamie 1985-86
2	Wicks, Kelly 1985-86
2	Wurst, Josh 2000-01
2	Zehnbaauer, Derek 2009-10

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DELAWARE VALLEY WRESTLING

Career Dual Technical Falls

Rank	Dual Techs		
1	10	Kolonia, Matt	2013-17
2	9	Conly, Brian	1986-90
	9	Kelly, Chris	2001-05
4	8	Aschenbach, Bill	1984-88
	8	Stevely, Bobby	2006-10
6	7	Fitz, Andy	1986-90
	7	Kurtz, Ricky	2000-04
8	6	Conly, Brent	1990-94
	6	Zehnbauer, Derek	2008-12
10	5	Costello, Brian	2002-04
	5	LaFevre, Nick	2004-08
	5	Markus, Keith	1999-03
	5	Thatcher, Lance	1998-02
	5	Yozzo, Rob	1986-90
15	4	Borzotta, Joel	1986-90
	4	Cyphers, Mark	1985-88
	4	DeSapio, Joey	2014-18
	4	Gelegonya, Brad	2003-07
	4	Hutchins, Dan	1998-02
	4	Krieger, Ricky	1989-93
	4	Savacool, Rick	1982-86
	4	Wicks, Jamie	1984-88

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DELAWARE VALLEY WRESTLING

Season Dual Majors

Rank	Dual Majors
1	8 Tettermer, Scott 1983-84
2	7 Guenther, Mike 2005-06
	7 Savacool, Rick 1984-85
4	6 Aschenbach, Bill 1986-87
	6 Kurtz, Ricky 2003-04
	6 Kelly, Dan 2004-05
	6 Pasterkiewicz, Joe 1983-84
	6 Pongracz, Mike 2010-11
	6 Rosinski, Jim 2001-02
10	5 Erwin, Ryan 2013-14
	5 Eichlin, Kody 2013-14
	5 Flanagan, Dennis 1975-76
	5 Gebert, Rich 2007-08
	5 Godown, Scott 1988-89
	5 Heininger, Jim 1984-85
	5 Intili, Vito 2015-16
	5 Kelly, Chris 2003-04
	5 Kolonia, Matt 2016-17
	5 Kolonia, Matt 2015-16
	5 Limoli, Mike 2005-06
	5 Sigafoos, Guy 1979-80
	5 Sigafoos, Kris 2005-06
	5 Sigafoos, Tank 1975-76
24	4 Aschenbach, Bill 1984-85
	4 Borzotta, Joel 1989-90
	4 Borzotta, Joel 1986-87
	4 Breithoff, Marty 1975-76
	4 Cowder, Andy 1983-84
	4 DiBartolomeo, Tony 1991-92
	4 Fleming, Keith 1988-89
	4 Godwin, Jeff 2007-08

Rank	Dual Majors
	4 Gould, Grant 1983-84
	4 Guenther, Kevin 2010-11
	4 Hutchins, Dan 1998-99
	4 Inglin, CJ 2005-06
	4 Jordan, Dave 1987-88
	4 Kelly, Dan 2006-07
	4 Kucharski, Owen 2019-23
	4 Kucharski, Walt 1992-93
	4 Kurtz, Ricky 2001-02
	4 LaFevre, Nick 2005-06
	4 Lessig, Sean 2016-17
	4 Mills, Connor 2015-16
	4 Moore, Jake 2014-15
	4 Oberholtzer, Tim 1979-80
	4 Petiet, Chris 1990-91
	4 Petronko, Russ 1991-92
	4 Perez, Jaden 2023-24
	4 Pongracz, Mike 2012-13
	4 Pongracz, Mike 2009-10
	4 Refalvy, Kyle 2014-15
	4 Schumacher, Adam 1999-00
	4 Shallop, Alex 1999-00
	4 Stamets, Derek 1981-82
	4 Steinmetz, Dave 1989-90
	4 Stevely, Bobby 2007-08
	4 Tettermer, Scott 1985-86
	4 Tettermer, Scott 1984-85
	4 Thatcher, Lance 2001-02
	4 Thatcher, Lance 2000-01
	4 Tranchida, Frank 1980-81
	4 Traxinger, Dave 1974-75
	4 Traxinger, Dave 1972-73
	4 Yozzo, Rob 1988-89

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DELAWARE VALLEY WRESTLING

Career Dual Majors

Rank	Dual Majors
1	18 Tettermer, Scott 1982-86
2	15 Kurtz, Ricky 2000-04
3	14 Aschenbach, Bill 1984-88
	14 Pongracz, Mike 2009-13
5	13 Borzotta, Joel 1986-90
	13 Kolonia, Matt 2013-17
	13 Savacool, Rick 1982-86
8	12 Eichlin, Kody 2010-14
	12 Kelly, Dan 2003-07
10	11 Inglin, CJ 2002-06
	11 Traxinger, Dave 1971-75
12	10 Cowder, Andy 1980-84
	10 Erwin, Ryan 2011-15
	10 Guenther, Mike 2002-06
	10 LaFevre, Nick 2004-08
	10 Sigafoos, Kris 2003-07
	10 Thatcher, Lance 1998-02
	10 Zehnbauser, Derek 2008-12
19	9 Kelly, Chris 2001-05
	9 Petiet, Chris 1988-92
	9 Perez, Jaden 2021-24
	9 Rosinski, Jim 1998-02
	9 Stamets, Derek 1979-83
24	8 Flanagan, Dennis 1972-76
	8 Gebert, Rich 2004-08
	8 Guenther, Kevin 2007-11
	8 Limoli, Mike 2003-07
	8 Lukas, Joe 1996-00
	8 Mills, Connor 2013-17
	8 Zigich, Rhys 2013-17

Rank	Dual Majors
31	7 Bush, Jackson 2021-24
	7 Conly, Brent 1990-94
	7 Godown, Scott 1985-89
	7 Hutchins, Dan 1998-02
	7 Levy, Ben 2020-24
	7 Moore, Jake 2012-16
	7 Pasterkiewicz, Joe 1982-85
	7 Petronko, Russ 1989-93
	7 Refalvy, Kyle 2012-16
	7 Schumacher, Adam 1998-02
	7 Stevely, Bobby 2006-10
	7 Taylor, Jacob 2020-24
	7 Tranchida, Frank 1978-81
44	6 Barbiche, Cody 2007-11
	6 DiBartolomeo, Tony 1989-93
	6 Gould, Grant 1980-84
	6 Kucharski, Walt 1990-94
	6 Niemann, Alex 2009-13
	6 Sigafoos, Guy 1976-80
	6 Stiefken, Trevor 2006-10
	6 Yozzo, Rob 1986-90

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DELAWARE VALLEY WRESTLING

Season Dual Bonus Wins

Rank	Dual Wins	Dual Losses	Dual Pins	Dual Techs	Maj/S. Dec	Dual Forfeits	Dual Inj +DQ	Bonus Wins		
1	25	0	8	4	5	2	1	20	Kolonia, Matt	2016-17
	23	2	15	0	3	2	0	20	Lightner, Kyle	2016-17
3	24	4	18	1	0	0	0	19	Crater, Gage	2016-20
4	21	2	7	3	5	3	1	19	Kolonia, Matt	2015-16
	20	0	13	2	4	0	0	19	Perez, Jaden	2023-24
5	21	0	11	1	2	4	0	18	Barbiche, Cody	2010-11
	21	2	9	2	4	3	0	18	Borzotta, Joel	1989-90
	21	0	9	1	6	1	1	18	Pongracz, Mike	2010-11
	22	1	13	1	1	3	0	18	Schlittler, Kyle	2015-16
9	19	3	12	0	3	2	0	17	Barbiche, Cody	2009-10
	19	0	11	0	2	4	0	17	Brunner, Bob	1997-98
	20	1	15	0	2	0	0	17	DeRosa, AJ	2017-18
	21	4	11	0	2	4	0	17	DeRosa, AJ	2016-17
	18	3	13	1	3	0	0	17	Moore, Jake	2015-16
	19	3	10	2	4	0	1	17	Stevely, Bobby	2007-08
15	19	0	11	0	2	3	0	16	DeRosa, AJ	2018-19
	20	5	8	1	2	5	0	16	DeRosa, AJ	2015-16
	21	3	9	1	4	2	0	16	Inglin, CJ	2005-06
	19	4	12	0	1	3	0	16	Johnson, Sean	2007-08
	19	0	10	0	4	2	0	16	Kelly, Dan	2006-07
	19	0	8	4	1	2	1	16	Krieger, Ricky	1991-92
	20	5	9	2	4	1	0	16	LaFevre, Nick	2005-06
	20	1	12	1	2	1	0	16	LaFevre, Nick	2007-08
	18	1	10	1	3	2	0	16	Perez, Jaden	2021-23
	18	1	10	1	0	4	1	16	Roche, Matt	2023-24
	17	1	9	0	7	0	0	16	Savacool, Rick	1984-85
	23	2	7	1	5	3	0	16	Sigafoos, Kris	2005-06
	18	0	12	2	1	1	0	16	Wicks, Jamie	1987-88
	17	0	11	0	1	4	0	16	Wicks, Jamie	1986-87

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Career Dual Bonus Wins

Rank	Dual Wins	Dual Losses	Dual Ties	Dual Pins	Dual Techs	Maj/S. Dec	Dual Forfeits	Dual Inj +DQ	Bonus Wins		
1	80	10		45	1	5	15	0	66	DeRosa, AJ	2015-19
2	76	12		29	10	13	9	2	63	Kolonia, Matt	2013-17
3	80	0		35	1	14	7	1	58	Pongracz, Mike	2009-13
4	76	6		35	2	12	7	0	56	Kelly, Dan	2003-07
5	62	12		36	1	6	11	0	54	Barbiche, Cody	2007-11
6	70	11		33	8	7	3	1	52	Stevely, Bobby	2006-10
	66	10		37	4	7	4	0	52	Hutchins, Dan	1998-02
8	67	15		33	5	10	2	0	50	LaFevre, Nick	2004-08
	70	10		29	3	10	8	0	50	Sigafoos, Kris	2003-07
10	62	15		25	4	13	7	0	49	Borzotta, Joel	1986-90
	61	13		35	3	5	6	0	49	Schlittler, Kyle	2012-16
	54	2		37	4	3	5	0	49	Wicks, Jamie	1984-88
13	67	14		28	3	11	5	0	47	Inglin, CJ	2002-06
14	59	11	2	21	8	14	3	0	46	Aschenbach, Bill	1984-88
	54	10		31	1	5	9	0	46	Brunner, Bob	1994-98
	66	11		24	9	9	4	0	46	Kelly, Chris	2001-05
	62	16		21	7	15	3	0	46	Kurtz, Ricky	2000-04
18	61	7	1	25	9	3	7	0	44	Conly, Brian	1986-90
	70	20		34	3	5	2	0	44	Crater, Gage	2016-20
20	57	8		23	4	13	3	0	43	Savacool, Rick	1982-86
	46	8		25	3	9	3	0	40	Perez, Jaden	2021-24
22	51	13		26	0	5	7	1	39	Krazer, Curt	1989-93
	50	13		29	0	7	3	0	39	Levy, Ben	2020-24
	48	7		26	0	5	8	0	39	Zdepski, James	1978-82
25	44	8	1	23	4	5	5	1	38	Krieger, Ricky	1989-93
	59	14		21	5	10	2	0	38	Zehnbauer, Derek	2008-12
27	48	14		27	2	5	3	0	37	Colasurdo, Chris	2019-23
	45	10		21	0	5	11	0	37	Kucharski, Owen	2019-23
29	49	21	1	21	1	9	6	0	37	Petiet, Chris	1988-92
30	48	32		19	5	5	7	0	36	Markus, Keith	1999-03
31	49	26		23	3	8	1	0	35	Zigich, Rhys	2013-17
32	47	17	1	15	5	10	4	0	34	Thatcher, Lance	1998-02
	42	17		29	0	3	2	0	34	Zehnbauer, Luke	2010-14
34	45	35		19	1	7	6	0	33	Refalvy, Kyle	2012-16
	51	12	1	12	1	18	1	1	33	Tettemer, Scott	1982-86
36	44	3	1	17	6	7	2	0	32	Conly, Brent	1990-94
	62	14		10	3	12	7	0	32	Eichlin, Kody	2010-14
	43	14		24	1	1	5	1	32	Gellner, Ryan	2006-10

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Rank	wt	Wrestler		time	Team	Date
1	171	Cibula, Mike	pin	0:06	Pius X	2/4/88
	103	Kappus, Chad	pin	0:06	North Warren	12/23/09
	106	Schepens, Derek	pin	0:06	Secaucus	2/12/20
4	189	Gelegonya, Brad	pin	0:08	Bound Brook	2/3/07
	182	Zehnbauer, Luke	pin	0:08	South Plainfield	12/21/12
6	115	Rule, Dave	pin	0:09	Lawrenceville	1971-72
	152	Hutchins, Dan	pin	0:09	Saucon Valley	1/5/02
8	HWT	Parry, Doug	pin	0:10	East Brunswick	2/11/84
9	215	Brunner, Bob	pin	0:11	David Brearley	2/7/98
	160	Fitz, Andy	pin	0:11	Howell	12/23/89
	140	Krazer, Jason	pin	0:11	Kittatinny	2/19/94
	189	Wicks, Jamie	pin	0:11	High Point	12/22/87
	195	Zuchowski, Zach	pin	0:11	New Brunswick	1/29/20
14	220	Moose, Nick	pin	0:12	Hunterdon Central	1/3/19
	101	Day, Neil	pin	0:12	East Brunswick	2/14/87
	125	Fulton, Bobby	pin	0:12	JFK	2/14/06
	132	Gilmore, Matt	pin	0:12	Lenape Valley	12/22/12
	113	Groogan, Robert	pin	0:12	Bernards	1/22/20
	182	Schlittler, Kyle	pin	0:12	Warren Hills	1/7/15
20	101	Godown, Rob	pin	0:13	Somerville	2/15/84
	112	Hutchins, Dan	pin	0:13	Hunterdon Central	1/27/99
	188	Wicks, Jamie	pin	0:13	North Hunterdon	1/31/87
	126	Schlittler, Tommy	pin	0:13	Emmaus	1/3/18
	175	Roman, Kevin	pin	0:13	West Morris Central	1/7/23
	138	Leeds, Jared	pin	0:13	Franklin	1/29/24
	138	Bush, Jackson	pin	0:13	Robbinsville	2/1/24
27	108	McLaren, Tom	pin	0:14	Lawrenceville	1971-72
	112	Stevely, Bobby	pin	0:14	Seton Hall	1/19/08
	120	Taylor, Jacob	pin	0:14	Ridge	1/20/24
30	120	Adam, Michael	pin	0:15	Hunterdon Central	1/9/13
	188	Brindisi, George	pin	0:15	Hackettstown	1/31/76
	145	Lightner, Cory	pin	0:15	Old Bridge	2/8/14
	HWT	Zdepski, James	pin	0:15	Morrisville	12/20/80
	160	Zehnbauer, Nick	pin	0:15	Scotch Plains	12/31/15
	126	DeRosa, AJ	pin	0:15	Bernards	2/5/18
36	103	Barbiche, Cody	pin	0:16	Boonton	1/17/09
	132	Christie, Chase	pin	0:16	East Brunswick	12/31/19
	108	Fleck, Jeff	pin	0:16	Pope John	2/23/80
	145	Johnson, Ryan	pin	0:16	Manville	1/5/08
	103	Kelly, Dan	pin	0:16	Point Pleasant	2/15/05
	103	Kelly, Dan	pin	0:16	Raritan	2/17/05
	106	Kucharski, Owen	pin	0:16	Kittatinny	2/13/22
	130	Lukas, Joe	pin	0:16	North Warren	1/6/99
	132	Pongracz, Mike	pin	0:16	North Warren	12/22/12
	171	Wicks, Jamie	pin	0:16	Monroe	2/18/87

46	125	Borzotta, Joel	pin	0:17	P'Burg Catholic	1/18/89
	157	Corbin, Jaden	pin	0:17	Asbury Park	2/7/22
	275	Fickling, Justin	pin	0:17	Wilson	12/21/91
	113	Groogan, Robert	pin	0:17	Pt Pleasant Beach	2/16/20
	145	LaFevre, Nick	pin	0:17	Hunterdon Central	1/16/08
	170	Lightner, Cory	pin	0:17	Lawrenceville	12/22/15
	119	Kelly, Dan	pin	0:17	Bergen Catholic	1/20/07
	171	Wicks, Jamie	pin	0:17	Pemberton	2/7/87
	Hwt	Zdepski, James	pin	0:17	South Hunterdon	1/30/80
55	152	Gellner, Ryan	pin	0:18	Hackettstown	1/15/09
	160	Johnson, Ryan	pin	0:18	Boonton	1/17/09
	103	Kelly, Dan	pin	0:18	Phillipsburg	2/4/04
	160	Shallop, Alex	pin	0:18	Scotch Plains	1/27/01
	HWT	Zdepski, James	pin	0:18	Belvidere	2/11/81
	126	Perez, Jaden	pin	0:18	Voorhees	1/4/23
	144	Bush, Jackson	pin	0:18	Pingry	12/20/23
62	126	Christie, Chase	pin	0:19	Hillsborough	1/25/19
	188	Fleming, Brad	pin	0:19	North Hunterdon	1/31/81
	285	Kendzulak, Ethan	pin	0:19	Somerville	1/16/16
	103	Krazer, Curt	pin	0:19	Morris Knolls	12/23/89
	145	Lightner, Cory	pin	0:19	Kittatinny	1/25/14
	145	Ombalski, Dan	pin	0:19	St. Benedict's	1/2/88
	189	Wicks, Jamie	pin	0:19	St. Benedict's	1/2/88
	285	Wooden, Forrest	pin	0:19	North Hunterdon	1/4/12
70	220	Baehr, Brian	pin	0:20	Montgomery	1/24/14
	103	Barbiche, Cody	pin	0:20	Notre Dame	2/3/11
	150	Colasurdo, Chris	pin	0:20	Pt Pleasant Beach	2/9/22
	138	Crater, Corey	pin	0:20	Perth Amboy	1/25/20
	121	Schrimpe, Art	pin	0:20	Warren Hills	1/14/81
	158	Traxinger, Steve	pin	0:20	Morrisville	12/20/80
	189	Ziemba, Chad	pin	0:20	All Saints	1/20/93
77	125	Hutchins, Dan	pin	0:21	Cranford	12/23/99
	113	Heaps, CJ	pin	0:21	Montville	2/10/18
79	103	Barbiche, Cody	pin	0:22	Belvidere	1/19/09
	189	Brunner, Bob	pin	0:22	Raritan	2/17/98
	128	Cowder, Andy	pin	0:22	Christian Bros Acad	12/23/82
	119	Hendrickson, Adam	pin	0:22	David Brearley	2/7/98
	145	Petronko, John	pin	0:22	Hackettstown	1/30/89
	138	Bush, Jackson	pin	0:22	Voorhees	1/4/23
	126	Perez, Jaden	pin	0:22	Somerville	1/11/23

DELAWARE VALLEY WRESTLING

Freshmen to win district titles (5)

Brent Conly / Kris Sigafoos / Nick LaFevre
Scott Santangelo / Mike Pongracz

Sophomores to win Districts (15)

Jeff Segreaves ('73) / Scott Tettemer ('84)
Jamie Wicks ('86) / Brent Conly ('92)
Stephen Em ('95) / CJ Inglin ('04) / Dan Kelly ('05)
Kris Sigafoos ('05) / Nick LaFevre ('06)
Mike Pongracz ('11) Kyle Lightner ('15)
Anthony DeRosa ('20) / **Jacob Taylor ('22)**
Jaden Perez ('23) / Jackson Bush ('23)

District Outstanding Wrestler Winners (9)

Jamie Wicks ('87) / John Pasterkiewicz ('88)
Brian Conly ('89) / Tony DiBartolomeo ('93)
Don Schaeffer ('99) / Kris Sigafoos ('07)
Matt Kolonia ('16) / AJ DeRosa ('19)
Chris Colasurdo ('22)

2x District Champs (15)

Dave Traxinger ('74, '75) / Jim Traxinger ('77, '78)
Scott Tettemer ('84, '85) / Eric Jurgensen ('84, '85)
Rick Savacool ('85, '86) / Bill Aschenbach ('87, '88)
Cody Barbiche ('10, '11) / Kody Eichlin ('13, '14)
Kyle Schlitter ('15, '16) / Matt Kolonia ('16, '17)
Kyle Lightner ('16, '17) / AJ DeRosa ('18, '19)
Jaden Perez ('23, '24) / Matt Roche ('23, '24)
Anderson Olcott ('23, '24)

3x District Champs (7)

Jeff Segreaves ('73, '74, '75) / Jamie Wicks ('86, '87, '88)
Brent Conly ('91, '92, '93) / CJ Inglin ('04, '05, '06)
Dan Kelly ('05, '06, '07) / Mike Pongracz ('10, '11, '13)
Jacob Taylor ('22, '23, '24)

4x District Champs (2)

Kris Sigafoos ('04, '05, '06, '07)
Nick LaFevre ('05, '06, '07, '08)

Region Outstanding Wrestler Winners (1)

John Pasterkiewicz ('88)

2x Region Champs (3)

Jeff Segreaves ('74, '75)
Jamie Wicks ('87, '88)
Mike Pongracz ('11, '13)

3x Region Champs (3)

Brent Conly ('91, '92, '93)
Kris Sigafoos ('05, '06, '07)
Dan Kelly ('05, '06, '07)

Freshmen to qualify for states (5)

Rick Savacool('83) / Brent Conly ('91)
Dan Kelly ('04) / Mike Pongracz ('10) / AJ DeRosa ('16)

2x State Qualifiers (24)

Jeff Segreaves ('74, '75) / Jim Traxinger ('77, '78)
Brad Anderson ('77, '78) / Grant Gould ('83, '84)
Brian Conly ('89, '90) / Joel Borzotta ('89, '90)
Andy Fitz ('89, '90) / Ricky Krieger ('92, '93)
CJ Inglin ('05, '06) / Brad Gelegonya ('06, '07)
Rich Gebert ('07, '08) / Nick LaFevre ('06, '08)
Bobby Stevely ('08, '10) / Cody Barbiche ('10, '11)
Derek Zehnbauser ('11, '12) / Will VanDoren ('11, '12)
Connor Mills ('16, '17) / Matt Kolonia ('16, '17)
Kyle Lightner ('16, '17) / Shawne Ramsby ('18, '19)
Chris Colasurdo ('22, '23) / **Jacob Taylor ('23, '24)**
Anderson Olcott ('23, '24) / Jackson Bush ('23, '24)

3x State Qualifiers (9)

Rick Savacool('83, '84, '86) / Scott Tettemer('84, '85, '86)
Jamie Wicks ('86, '87, '88) / Bill Aschenbach('86, '87, '88)
Brent Conly ('91, '92, '93) / Dan Hutchins ('00, '01, '02)
Chris Kelly ('03, '04, '05) / Kris Sigafoos ('05, '06, '07)
AJ DeRosa ('16, '18, '19)

4x State Qualifier (2)

Dan Kelly ('04, '05, '06, '07)
Mike Pongracz ('10, '11, '12, '13)

Freshmen to Place in NJ States (1)

Brent Conly, '91, 4th at 103

Sophomores to Place in NJ States (5)

Brent Conly, '92, 1st at 112 / Dan Kelly, '05, 5th at 103
Kris Sigafoos, '05, 3rd at 119 / Stephen Em, '06, 3rd at 103
Mike Pongracz, '11, 8th at 119

2x State Place Winner (4)

Brian Conly '89 (4th), '90 (2nd)
Joel Borzotta '89 (7th/8th), '90 (7th/8th)
Rick Krieger '92 (3rd), '93 (1st)
Kris Sigafoos '04 (3rd), '05 (5th)

3x State Place Winner (3)

Brent Conly '91 (4th), '92 (1st), '93 (1st)
Dan Kelly '05 (5th), '06 (2nd), '07 (1st)
Mike Pongracz '11 (8th), '12 (5th), '13 (5th)

NJ State Outstanding Wrestler Winners (2)

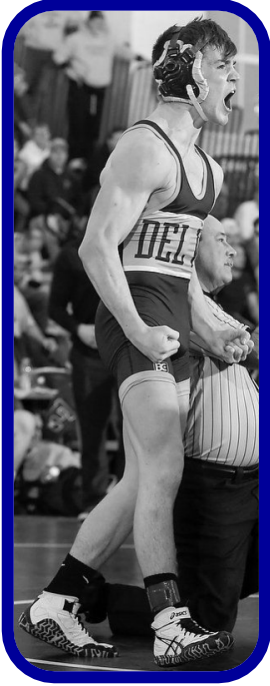
Jeff Segreaves ('75)
Jamie Wicks ('88)

A TRADITION OF EXCELLENCE

22 SECTIONAL TITLES | 10 GROUP TITLES | 133 DISTRICT CHAMPS | 44 STATE PLACE WINNERS | 9 NJ STATE CHAMPS



Terrier Wrestling Club



2024 Spring Session

at Del Val HS

Spring (\$120): March 4th – May 26th
or \$10 per workout

Spring Times:

Boys & Girls K – 6th (Current Grades)

Mondays & Wednesdays from 6 – 7:00 PM

Saturdays from 8 – 9:00 AM (Open to all Grades)

Boys & Girls 7th – 12th (Current Grades)

Mondays & Wednesdays from 7 – 8:15 PM

Fridays from 2:45 – 4:00 PM (9-12th Only)

Head Coach: CJ Inglin (DV '06)

109 Career victories while at Del Val, 3x District Champ, Region Champ, 4-year starter at Boston University (Div 1), & AP Biology Teacher at Del Val

The Terrier Wrestling Club (TWC) is expanding to give our athletes a local and very low-cost option to continue their development as a wrestler. Workouts will include techniques from the top, bottom, and neutral positions along with advanced drilling and live wrestling. The TWC will expose their wrestlers to practices run by Coach Inglin as well as former DV Alumni, DV High School, and DV Youth level coaches.

Essentially, the TWC is an affordable, local, and unique opportunity for every student-athlete to improve their wrestling skills and reach their personal/team goals.

[Signup online at DelValWrestling.com](https://DelValWrestling.com)

Questions?: E-mail us at TerrierWC@gmail.com



DELAWARE VALLEY WRESTLING

19 Senator Stout Road
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DelValWrestling@dvrhs.org
DelValWrestling.com

What will Freestyle Wrestling do for you?

by Zeke Jones, Arizona State Head Coach

1. Freestyle wrestling is fun. It's exciting, creative, and dynamic because you can score points from almost anywhere. You will receive more points for a spectacular throw, five points, than you do a normal takedown, one point. Freestyle rewards wrestlers for taking risk which creates more excitement and as a result takes less control of your opponent to score. Take the risk to flip him to his back, without even controlling him and get two points. The great thing about freestyle wrestling is you can even throw a guy over your head, which is legal, and if you do it with proper technique, style, and flair and the referee will reward you with a five point move. Many wrestlers that we have spoken to love freestyle because it's fast, exciting, and it was easier to score points. Most freestyle matches also are mostly on your feet in the neutral position. Everyone loves to go takedowns. That's 80% of freestyle wrestling.

2. If your goal is to be a city champion, league champion, state champion or state placer, (or a great referee or coach) and a lofty goal I might add, freestyle increases your chances dramatically. If one wrestler is getting 40 matches a year in the high school or junior high season and another wrestler is getting those same 40 matches plus 30 matches in the freestyle season whom do you think is going to get better at a faster rate? The wrestler with more matches. More competition will give you more opportunities to improve your technique, skill, and mat strategy. More minutes on the mat = more wins. Are your high school, junior high or elementary opponents going to freestyle tournaments? If they are and you're not, then your competitors are getting ahead of you. Don't let them. The best wrestlers in the state are going to these tournaments. You should too.

3. Freestyle wrestling is for everyone. Whether you're a beginner or an advanced wrestler, boy or girl, big or small, five years old or seventy five years old there's a freestyle tournament that is right for you. There are many novice freestyle wrestling tournaments all over the nation that will give you an opportunity to try freestyle for the first time. Are you really good and looking for a challenge? Go to the biggest and the best tournaments in the world in your age group. Tournaments like the Cadet or Junior Nationals attract the best wrestlers in the United States.

4. If you're a good high school wrestler, freestyle wrestling will increase your opportunity to earn a college wrestling scholarship. Many of the NCAA Division I college coaches travel to USA Wrestling's Junior and Cadet Nationals to watch the best wrestlers in the nation with the goal of attracting the best high school wrestlers to come to their university. Unless you are a multiple high school state champion from Pennsylvania, Ohio, New York, New Jersey, or California, you will need to wrestle freestyle to receive the exposure so college coaches will believe you can compete at a national level. Beat a state champion from Pennsylvania, Ohio, or New York in a freestyle tournament and you will receive strong consideration for a college wrestling scholarship. In other words, if you are a state champion in a smaller populated state your chances of getting a wrestling scholarship are minimal to none.

Wrestle freestyle and increase your chances of earning a scholarship dramatically. College coaches need to know that you can compete against the best in the nation before they will feel comfortable offering you scholarship money. College coaches get excited knowing that when a wrestler comes into their program that they might become not only an NCAA Champion but also a World and Olympic Champion. Dream to become a World and Olympic Champion.

The time is now to learn freestyle wrestling. Whether you just want to improve your wrestling technique and skill, become a state placer or champion, or even want to become a World and Olympic Champion, freestyle wrestling is mandatory to become successful. If you have high wrestling goals, freestyle wrestling must be a part of your yearly wrestling plan.

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Why Freestyle?

An interview with Jeff Buxton, School of Buxton Head Coach and Former Blair Academy Head Coach

Question: You are very active as a state coach with USA Wrestling New Jersey. You take athletes to competitions all over the state, region and nation. How important is competing in the USA Wrestling spring and summer events to the success of a young athlete?

Buxton: I find if you are not training for a reason, it is difficult to train at a high level. There is not much improvement if you don't have a high goal for the summer. Our goal is to do well at the Cadet and Junior Nationals.

Question: Why should young people compete in Freestyle and Greco-Roman instead of just wrestling folkstyle all summer?

Buxton: You get to go to tournaments that have the best kids in the nation competing. Every major kid goes to Fargo and they have something to prove. When you don't have something to prove, you take a step backwards. I take great pride when my seniors go to Junior Nationals and the High School Nationals. Sure, there are so many college coaches there. But you don't get too many chances to be a national champion. Your chance to win a national championship gets smaller and smaller as they get older. My wrestlers learn about that when they get to college. What a big win can do for you at one of these tournaments is mind boggling. A college coach can see them compete at the highest level, and see what kind of athlete and competitor they are.

Question: How does international style wrestling make a wrestler compete better in high school and college?

Buxton: Technically, every facet of Freestyle and Greco-Roman can improve a high school wrestler in Freestyle. I can break it down completely. If you don't shoot properly in Freestyle, you give up exposure points. It teaches you to shoot properly, with your head up, in good position, coming across for the finish. In high school you can get away with it. But if you learn proper technique, you can score on the best kids. If you don't do it properly in Freestyle, you will get crushed. The new rules require kids to stay in bounds. If they don't work on their handfighting and know how to hold a lead, they are in trouble in Freestyle. College wrestling requires you to handfight. We work hard on that, in the final 30 seconds to block them out and handfight. In folkstyle, this is a huge thing, and we work on that in Freestyle. Greco-Roman is the same deal, where you still have to handfight and control ties completely....

....The best part is you get a break from folkstyle. It keeps the kids and coaches fresh. They are learning new things. At the end of the folkstyle season, they are looking so forward to the Freestyle and Greco-Roman season. We make it a huge and integral part of our program.

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1000 Islands Info



Summer 2024

We have reserved a block of rooms at the Capt. Thomson's Resort, located at 45 James Street Alexandria Bay, NY 13607.

The reserved nights are Thursday, August 1st through Saturday, August 4th (Check out on the 5th).

The High School weigh ins are around 3:30 PM on Friday (August 2nd) and finishes in the afternoon on Sunday (August 5th). End time is TBD & based upon how we do in the event, but it could be late afternoon on Sunday.

For the **High School** group, some families drive up Thursday (the 1st), but others drive up early Friday (the 2nd). You just need to be there by weigh in time (around 3:30 PM on Friday).

To book the room you will need to call [315-482-9961](tel:315-482-9961) or email Lisa@CaptThomsonsResort.com and mention Del Val Wrestling to receive the negotiated rates. You can not get the reduced rate online.

Rooms must be reserved by July 2nd. Rooms can be cancelled until 4PM on the day of arrival.

- Castle View - Single & Double occupancy: \$210 Thurs, \$230 Fri, \$230 Sat
- Non-Castle View – Single & Double occupancy: \$180 Thurs, \$210 Fri, \$210 Sat
- Check in is at 4 PM and check out is at 12 PM.

***I understand many of you are new to the program so if you have questions, please email Coach Fitz anytime. We will be planning lineups for this as the spring/summer progresses. This is the only event all summer where we can't get everyone in as it's a dual meet format. With that being said, many wrestlers and families have attended over the years, even with limited or no bouts. It's just wonderful up there and there is plenty of time for touring and rasslin!

***Note that there is a \$45 payment for each wrestler for the registration fee that needs to be paid to the Foundation. This is needed to cover the registration fee, t-shirts, and all items needed for the team at the event.

*****(Wrestlers entering 9-12 only)** For wrestlers traveling up with other families & staying in one of our extra rooms, you will be staying in the supervised room with a few other wrestlers. The coaches and parents will be supervising you for the few days. The cost for the weekend should you be traveling with another family will be a maximum of \$125 to cover the cost of the room for the few nights. This also needs to be paid to the Foundation.

To check out all that 1000 Islands has to offer, go to this web site: visit1000islands.com

Notes from the resort

All of your guests will have a private balcony overlooking the St. Lawrence River with rooms that include the following free amenities: Cable TV, Wi-Fi, iron & ironing board, hair dryer, alarm clock, compact fridge/freezer unit, coffee maker & condiments, closet area with hangers, luggage rack, tub and/or shower with toiletries, and a personal heating/cooling unit. King rooms without a Jacuzzi will have a sofa bed with coffee table and most rooms include a desk with an office chair. Your group will have free access to the following property amenities: our Riverside Sun Deck and heated above ground pool (open Memorial Day through Labor Day,) propane fire-pits, brand new docks, a Gazebo facing Boldt Castle and convenient ice machines. During office hours guests can enjoy our lobby with fresh, hot coffee or tea and fruit-infused cold water. Our rooms, balconies, & walkways are non-smoking. Each guest room will be given a copy of our resort rules that are expected to be followed. Incidental fees, such as losing a room key, will be payable at check-out time by your guests. To access the 2nd floor, stairs are required. We do not have elevators.

RESORT POLICIES

ROOM RESERVATIONS: ***The resort has 2 floors and no elevators.*** Our Castle-View Upper Harbor building requires 2 stairs to access the 1st floor and 20 additional stairs to access the 2nd floor. Guests must specify mobility requirements; based on availability.

CANCELLATION POLICY: ***Changes or cancellations to meals, boat rides and all ADD-ON's are not possible under 30 days' notice.*** Individual cancellations require 48-hours' notice for their individual rooms; failure to do so will result in forfeiture of their deposit. All cancelled groups within their policy time frame requesting a refund will be charged at \$10 processing fee.

2024 Warrior Wrestling Camp



June 22nd – 26th (Sat thru Wed)

***100's of bouts to be wrestled!**

***Dozens of DV Wrestlers attend camp each year!**

***1 Great week!**

****Incoming 7th grade through our new senior class is encouraged to come with the team***

****There are separate Jr High (7th-9th) and Sr High (10-12th) Camps during this week***

Team Camp: \$360

Registration Options:

Option 1: Register and pay online at <http://teamlyco.com/forms.html>

*-Be sure to fill out BOTH the **application** and **medical form** online.*

Option 2: The application on back side and \$350 should be mailed to:

***Roger W Crebs Warrior Wrestling Camp
Lycoming College
700 College Place Campus Box 143
Williamsport PA 17701***

*Please include a non-refundable deposit of \$100 (or pay entire \$360 fee now).

*Make checks payable to Roger W. Crebs

***Please email coach Andy Fitz (andyfitz@dvrhs.org) once you have registered.**

REGISTRATION



Name _____
Address _____
City _____
State _____ Zip _____
Home Phone _____
Parent's Cell _____
Age _____ Grade in Sept. 2024 _____
☐ Male ☐ Female
Weight _____ School _____
☐ Junior High ☐ Senior High
Coach _____ Roommate _____

Warrior Wrestling Summer Camps 2024 June 22th - 26th

Cost: ☐ \$360 Resident ☐ \$300 Commuter

I, the undersigned, individually and as a parent/guardian of _____ (camper) a minor, request that he/she be admitted to participate in the Warrior Wrestling Camps. I do hereby agree to release, discharge, and hold harmless Lycoming College, the Warrior Wrestling Camps, their owners, agents, and employees from all causes, liabilities, damages, or claims in the course of competition and/or activities held in connection with the sports camp.

I understand that a camper who does not abide by the rules and regulations promulgated by the camp or college is subject to discharge without reimbursement or recourse.

All postal registrations must include a non-refundable cash or check deposit of \$100. Checks payable to: Roger W Crebs. Return check fee is \$45. NO REFUNDS.

Online registration available at www.teamlyco.com. Credit car payment accepted for online registrations only. Payments must be in full and incur a +\$10 processing fee.

Parent/Guardian Signature Required:

X _____

MAKE CHECKS PAYABLE TO: ROGER W. CREBS

Mail application with payment to:
Roger W. Crebs Warrior Wrestling Camp
Lycoming College
One College Place • Campus Box 143
Williamsport, PA 17701

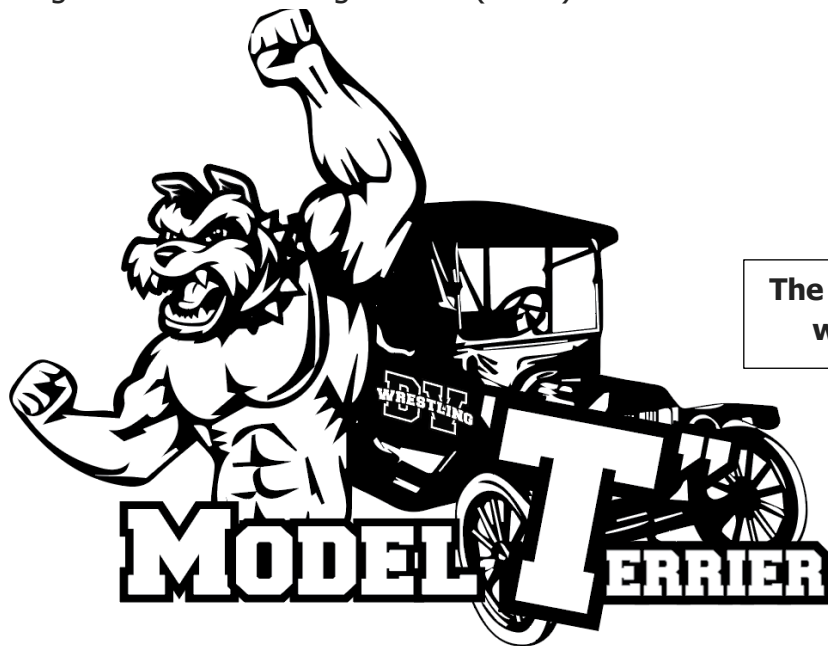
Model T(errier) Award



Long Sleeve Shirts are being given to the wrestlers who...

- Never had an unexcused absence.
- Were not constantly in Study Hall.
- Never missed weigh for a Varsity event.
- Never had a major discipline problem in school or on the mat.
- Abide by Team Rules
- Did 3+ volunteer practices with the youth programs

Congrats to the following Model T(errier) Award Winners!!



The shirts are **BLACK**
with **GOLD** ink.

2024

Lucas Beyers

Kyle Cooke

Owen Francis

Ben Levy

Jaden Perez

Vincent Rainey

Alex Woltman

Jackson Bush

Tristan Fawthrop

Silas Johnson

Anderson Olcott

Emmy Rae Hotz

Annabelle Toye

Zane Woltman

Del Val's 2023-24 Wrestling Sponsors

Platinum Sponsors

American Electrical Testing
Canales and Son Construction
Clayton Contracting
Clinton Bagel
Clinton Station Diner
Fortify Wrestling (DV '06)
Fiona's
Freshwater Well and Pump Service
Hunterdon Mini Storage
Hunterdon Storage
JP Martin Excavating
Jersey Mike's
Just Subs
Little York

Mark Bush (DV '88) Construction
Mary Malone Reality (DV '89)
Mt Salem Electric
NAC Custom Builders
Napoleon Auto Body
Nicole Fawthrop (DV '97)
- Sunrise Title Services
PBA Local 177
Rob Godown (DV '87) – Morgan Stanley
Rosato Eye Care (DV '92)
Stem Brothers (DV '93)
Steve & Son Tree
Whitehouse Auto Service

Gold Sponsors

HJ Opdyke Lumber Company
Jim's Autobody
Richard E Yard Plumbing & Heating
Café Maria
Giel's Automotive
Shoprite of Clinton



Family Sponsors

The Beyers Family
The Donaruma Family
The Levy Family
The Kucharski Family
Vince and Elaine Fitz
Andy Fitz & Sarah Hall
The Perez Family
The Prouty Family
Marianne Rosato
The Sinkiewicz Family
Flemington Department Store
Ray Fisher Autobody
Bowker's Pharmacy

Want to be a Sponsor?
Signup online at DelValWrestling.com