



DELAWARE VALLEY WRESTLING

19 Senator Stout Road
Frenchtown, NJ 08825
Tel: (908) 996-2131
DelValWrestling@dvrhs.org
DelValWrestling.com

DEL VAL SUMMER 2023

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<i>June 5</i>	<i>June 6</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>June 7</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>June 8</i> Open Mat (9-12 th) 3PM-4:15	<i>June 9</i>	<i>June 10</i>	<i>June 11</i>
<i>June 12</i>	<i>June 13</i> DV CLINIC 6-8PM Open Mat (7-12 th) 5PM-6	<i>June 14</i> DV CLINIC 6-8PM Open Mat (7-12 th) 5PM-6	<i>June 15</i> Open Mat (9-12 th) 3PM-4:15	<i>June 16</i>	<i>June 17</i> Raritan Duals 8AM~2	<i>June 18</i>
<i>June 19</i>	<i>June 20</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>June 21</i> Open Mat (7-12 th) 9AM-11 TWC: (K-6 th) 6PM-7	<i>June 22</i> Open Mat (7-12 th) 9AM-11	<i>June 23</i>	<i>June 24</i> <u>LYCOMING</u> CAMP	<i>June 25</i> <u>LYCOMING</u> CAMP
<i>June 26</i> <u>LYCOMING</u> CAMP	<i>June 27</i> <u>LYCOMING</u> CAMP TWC: (K-6 th) 6PM-7	<i>June 28</i> <u>LYCOMING</u> CAMP TWC: (K-6 th) 6PM-7	<i>June 29</i>	<i>June 30</i>	<i>July 1</i>	<i>July 2</i>
<i>July 3</i>	<i>July 4</i>	<i>July 5</i> Open Mat (7-12 th) 9AM-11 TWC: (K-6 th) 6PM-7	<i>July 6</i> RR Day 9AM-12 at Del Val TWC: (K-6 th) 6PM-7	<i>July 7</i>	<i>July 8</i>	<i>July 9</i>
<i>July 10</i>	<i>July 11</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>July 12</i> Open Mat (7-12 th) 9AM-11 TWC: (K-6 th) 6PM-7	<i>July 13</i> Open Mat (7-12 th) 9AM-11	<i>July 14</i>	<i>July 15</i>	<i>July 16</i>
<i>July 17</i>	<i>July 18</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>July 19</i> Ball & Sprawl (evening)	<i>July 20</i> RR Day 9AM-12 at Hopewell TWC: (K-6 th) 6PM-7	<i>July 21</i>	<i>July 22</i>	<i>July 23</i>
<i>July 24</i>	<i>July 25</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>July 26</i> Open Mat (7-12 th) 9AM-11 TWC: (K-6 th) 6PM-7	<i>July 27</i> Open Mat (7-12 th) 9AM-11	<i>July 28</i>	<i>July 29</i> Farmer's Fair Duals 9AM~2	<i>July 30</i>
<i>July 31</i>	<i>August 1</i> TWC: (K-6 th) 6PM-7 Open Mat (7-12 th) 7PM-8:15	<i>August 2</i> Open Mat (7-12 th) 9AM-11 TWC: (K-6 th) 6PM-7	<i>August 3</i> Open Mat (7-12 th) 9AM-11	<i>August 4</i> 1000 Islands Duals	<i>August 5</i> 1000 Islands Duals	<i>August 6</i> 1000 Islands Duals

Boys K-6 and Girls k-8 Wrestlers should register for the Terrier Wrestling Club (TWC) Summer workouts on

<u>Open Mats at DV</u> Wrestling room is open to Boys 7-12 and Girls 9-12	June 17th: Raritan Duals @ Hazlet, NJ High School: 4 Duals with HS weights + 3 lbs
July 29th: Farmers Fair Duals High School Duals at the Warren County Farmers Fair.	July 19th: BALL & SPRAWL @ Washington Boro Park Dual meet & 7 on 7 Football Scrimmage on 1 Football Field!
June 24th – 28th: Lycoming Camp (JR HIGH & HS) Overnight Camp for Grade School & High School programs. Incoming 7 th & 8 th graders are welcome!	<u>Round Robin Events</u> July 6th: Day #1 @ Del Val July 20th: Day #2 @ Hopewell Valley No weight classes. 2 or 3 bouts for each wrestler.
June 13th – 14th: DV Clinic Wrestling clinic at DV Boys (Current K-6 th) & Girls (Current K-8 th)	August 4th – 6th: 1000 Islands Duals in NY High School (entering 9-12 th): 101, 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, and 285.

A TRADITION OF EXCELLENCE

21 SECTIONAL TITLES | 10 NJ GROUP TITLES | 127 DISTRICT CHAMPS | 43 STATE PLACE WINNERS | 9 NJ STATE CHAMPS