



PRE POINTE & POINTE TECHNIQUE 4:30-5:00 AGES 8+ Rise higher & build technique en pointe



MOMMY & ME 5:00-5:30 AGES 1.5-3

Foster the love of dance & movement together



INTRO TO LYRICAL 5:30-6:15 AGES 8+ Let's get started! Feel the music & flow with us!



DANCER YOGA 6:15-6:45 AGES 9+ Balance, flexibility & focus



BATON BASICS 6:00-6:30 AGES 5+ Roll, toss & twirl into baron



TURNS PLUS 6:45-7:30 AGES 10+ Let's get Fouettés today!



MISS MANNERS 5:00-5:45 AGES 3+ Learn please & thank you, sit like a lady, & much more!



CORE STRENGTH I 5:30-6:00 AGES 9+

Nothing helps movement more than a strong center!



TUMBLING PLUS 6:00-6:45 AGES 8+ Elbow stands, headstands, walkovers & more



6:45-7:30 AGES 9+ Handsprings and trampoline prep. Space is limited

POWER TUMBLING

1620 East 4th St, North Platte

<u>dfnp.com</u>

One-Day Camps



PRE POINTE & POINTE CENTER WORK 5:00-5:30 AGES 8+ Confidence without

the barre



STORYBOOK DANCE 5:30-6:30

2025

AGES 3+ Be your favorite character for a day & move with us!



INTRO TO TUMBLING 5:30-6:00 AGES 5+ Bridges, Bear walks,

Monkey Jumps & Rolls



HIP HOP BASICS 6:00-6:30 AGES 5+

Learn a dance & have fun with friends



BEGINNER TUMBLING 6:30-7:00 AGES 6+ Straddle Rolls, Carwheels, Roundoffs & Backbends



HIP HOP (NOT SO BASIC) 7:00-7:45 AGES 10+

Learn a dance & have fun with friends



BABY BALLET 5:30-6:00 AGES 2+ Tip Toe into ballet with us!



PRE POINTE HOW-TO 6:00-6:45

AGES 8+

Any pre-pointe dancer. Shoe care, how to sew, tie & store your pointe shoes



CORE STRENGTH II 5:30-6:00 AGES 9+ Take it a step further & challenge yourself!



BATON BEGINNER 6:45-7:30

AGES 8+

You've taken class in the past & it's time to level up...

1620 East 4th St, North Platte

dfnp.com