

Lady Huskies Tennis - How do I fit in?

Scale	Who Am I?	Description	What's For Me?
1	I am a beginner	I have never played tennis before. I do not own a racket or have just recently purchased one. I have never taken a tennis lesson. I do not know how to keep score. I am not familiar with tennis terminology, concepts, strategy, etc.	4th hour Tennis academy. Freshmen tennis team.
2	I am an intermediate player	I have a little bit of experience. I know how to keep score. I have taken a couple of tennis lessons. I am able to hit a ball back and forth over the net with another person. I understand the general idea of how a tennis match should flow. I have never played in a tournament.	4th hour Tennis academy, group clinics and/or private tennis lessons. Freshmen or JV tennis team.
3	I am an experienced player	I know how to play a tennis match. I have played freshmen and/or JV or varsity tennis in the past. I plan to play JV or varsity tennis again. I have played in several tournaments in my lifetime, maybe 1-2 tournaments a year. I understand some basic competitive strategies and ideas. I take some private lessons and/or small group lessons.	5th hour athletic locker is required for 2-4 years to establish program philosophies, routines, consistency, coaching familiarity, etc. 9 th and 10 th grade years a must, additional years are encouraged for continued growth and development. Coach and player can evaluate after two years. Group clinics and private lessons are all offered and highly recommended each year and throughout the year. JV tennis team.
4	I am a tournament player	I have been playing tennis for a long period of time or most of my life. I take high level lessons on a daily/weekly basis. I have a national ranking. I have varsity level playing experience. I play in USTA tournaments year-round. I have a significant USTA ranking and/or UTR rating.	5th hour team athletic locker is required for one year to establish program philosophies, routines, consistency, coaching familiarity, etc. (freshman year, requires coach's approval). Not required after freshman year. High level USTA tournament level training and competition must be trackable and continue on your own. Varsity tennis team.

If you are unclear where you fit in to this, please see Coach Sweet and we will talk about it together.