

# HHS Volleyball Player/Parent Contract



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## In the Classroom

- As a representative of the volleyball team, I know that I am expected to be a role model in the classroom. I work hard to maintain good attendance, be on time for class and earn strong grades in all of my classes.
- I will notify my teachers in advance if I will miss class for a volleyball-related activity.
- I will ask for help (from coach, teacher, student tutor, parent, or counselor) if I need assistance in a subject.
- I will follow all school rules and will treat all school officials, teachers and classmates with respect.

## In Practice

- I will attend practices when scheduled and will actively help set up the equipment and begin the warmup activities prior to practice.
- I will make good use of practice time and work to achieve good repetitions during drills and competition.
- I will attend all practices and team events, recognizing that the only excused absences include family emergencies, religious services and illnesses. I am expected to travel with the team unless I have unusual circumstances that I have had cleared through my coach in advance.
- I will notify my coach in advance if I am unable to attend a practice due to illness.
- I will listen attentively for information given by coaches in practice and be responsible to communicate necessary information (travel arrangements, etc back to my parent(s)).

## In the Team

- I will encourage and support my teammates and refrain from negative behavior that is unproductive to the team's goals.
- I recognize that volleyball is a team sport and that sometimes means placing the needs of the team above my own desires. In trying out for the volleyball team, I agree to try my best to excel at whatever role (team, position, leadership) that is needed of me during a given time. I also understand that roles may change several times throughout the year.
- I will notify one of the coaches or senior leaders if there is an individual or team concern that needs to be addressed.
- I will treat all HHS equipment and uniforms with respect. I will turn in all parts of the uniform at the end of the season.
- I will complete all my team's fundraising, line judging, and ball retrieving requirements.
- I will cheer and support other teams in the HHS volleyball program.
- I recognize the importance of good sportsmanship and will treat my coaches, teammates, opponents and officials with respect at all times.
- I recognize that playing time is determined by an athlete's ability, effort, role, attitude, unselfishness, aggressive play and positive effect on the team. **\*\*THIS IS ALSO DETERMINED BY THE COACH.**
- I acknowledge that being part of the team is a privilege, not a right, and I will treat it as such.

## Out of School

- I will prepare myself physically for practice and competition by striving to eat a nutritious diet, getting enough rest and staying hydrated. (I will work to drink water prior to practice and bring a water bottle to practice each day.)
  - As a representative of the volleyball team, I know that I have the responsibility of maintaining the good reputation of the team and preserving my eligibility. I will be extremely cautious and smart about my activity on social network sites because I know that my words and photos that I post are a reflection of the HHS volleyball program.
  - I will not use any drugs (alcohol, tobacco, prescription) that have not been prescribed for me.
  - I will not engage in any illegal activity.
- I understand that I will be held accountable for my behavior as expressed within the framework of the Germantown Municipal School District's Discipline Policy (SP.6).

Failure to meet these requirements may result in loss of playing time, loss of eligibility, and removal from the team.

Player Signature \_\_\_\_\_ Date \_\_\_\_\_

- I recognize that volleyball is a team sport and that means that the role assigned to my daughter might be different than the role I anticipated. In my daughter's trying out for the volleyball team, I agree to try my best to encourage her to excel at whatever role (team, position, leadership) that is needed of her during a given time. I also understand that roles may change several times throughout the year.
- If my daughter has a concern about her team role, assigned team, playing time, or other concern, I will encourage her to communicate first with the coaches. If the matter is not resolved, I can communicate with the coach via email. If needed, I can meet with the coach with an appointment as long as my daughter is present at the meeting. **\*PLEASE WAIT 24hrs IF THERE ARE ANY CONCERNS ABOUT PLAYING TIME.**
- I will model excellent sportsmanship as I encourage my daughter and her team to do their best. I recognize that the team's efforts, learning and enjoyment of the sport are more important than winning.

Parent(s) Signature(s) \_\_\_\_\_ Date \_\_\_\_\_

