
Media Youth Wrestling



15th Annual Wrangletown Invitational Tournament

Sunday, February 5, 2017

**"To our Media Youth
Wrestling Family, we
love you all. Stay
positive, have fun, and
TRUST THE PROCESS"**

**Thank you for enriching
our lives...**

THE FRANK FAMILY

**Gigi and Ron, Ronnie,
Liam, and Avery**

Thank You

Media Youth Wrestling is grateful and appreciative to the many parents, friends and family members who have helped us put together this tournament, the Fifteenth Annual Wrangletown Classic. In particular, we want to take this opportunity to recognize several groups of people:

The Rose Tree Media School District Much thanks to James Wigo, Sr., Superintendent; Ralph Harrison, Principal of Penncrest High School; Charles Olinger, Athletic Director of Penncrest High School; Grace Eves, RTM School District Business Manager; Armando Ragni, PHS Custodian Manager; John Hanna, President of the RTM School Board and all his School Board colleagues; Will Harmon, Penncrest Wrestling Head Coach; and all the people on the school staff who helped us make the best use of these great facilities,

Our Intercounty Wrestling League Much thanks for bringing your wrestlers to our tournament. Special thanks to Aston AA and Drexel Hill for their assistance with the equipment.

The Penncrest High School Wrestling Team As our literal and figurative big brothers, we appreciate so many of you volunteering your assistance with the tournament.

Our Ad Book Sponsors *Please note and **PATRONIZE** our ad book sponsors. Their support is critical to the well-being of Media Youth Wrestling. Special thanks to Terra Firma Builders, Quotations, & f.a.c.e. for their generosity and Mark Kirchgasser for his amazing, award winning BBQ donation!*



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Terra Firma Builders, LLC and The Rabena Family would like to congratulate Andrew Rabena on a successful 2017 wrestling season! We are so proud of you bud!

Love, Mommy, Daddy, Chris & Mikey



Media Youth Wrestling History

Media Youth Wrestling was founded in 1997. Lee Sitkowski, then Penncrest Wrestling Head Coach, worked with Penncrest Assistant Coach Ron Frank and active wrestling booster Roy Bell to recruit volunteers and conduct our first youth wrestling clinics. They saw that the success of the High School program had its foundation in the youth program. Today most of the PHS varsity wrestling team is comprised of former MYW wrestlers.

One of their first recruits was Hank Ternove, an active local resident who saw the need to establish Media Youth Wrestling in the community. He worked with local officials, school district representatives, and anyone with an interest to formalize the group as a sustainable youth program. "Big Hank" still appears at club events, and our Most Valuable Wrestler award is named the Ternove Trophy in his honor.

Some of the early coaches and leaders of Media Youth Wrestling were John Best, Dave Clifton, John Pantle, Ray Resnick, John Westby, Tom Muir, Bob Arbaugh, and John Guy. From the outset, the emphasis has been on sportsmanship and fun, and those goals have kept Media Youth Wrestling a strong and enthusiastic group.

The first practice room for Media Youth Wrestling was located in a detached utility building behind Penncrest High School. It was a sweat oven, where the padded walls fell down and there were no bathrooms or decent water fountains. It was the perfect place to start a wrestling tradition.

Now the club is hitting its second generation of leadership, having graduated many of these founding parents and wrestlers to the next level. Rebuilding is a normal part of any volunteer organization. A new coaching staff comprised of some familiar names and some new blood now leads the program. Ron Frank and Sean Orr lead our more experienced wrestlers.

2016 saw the club successfully host it's 14th annual Invitational Tournament. It was our most successful tournament to date and we are looking to top it in 2017.

We would like to thank all the wrestlers, parents, volunteers, coaches and sponsors that have made Media Youth Wrestling one of the most highly regarded clubs in Eastern Pennsylvania.



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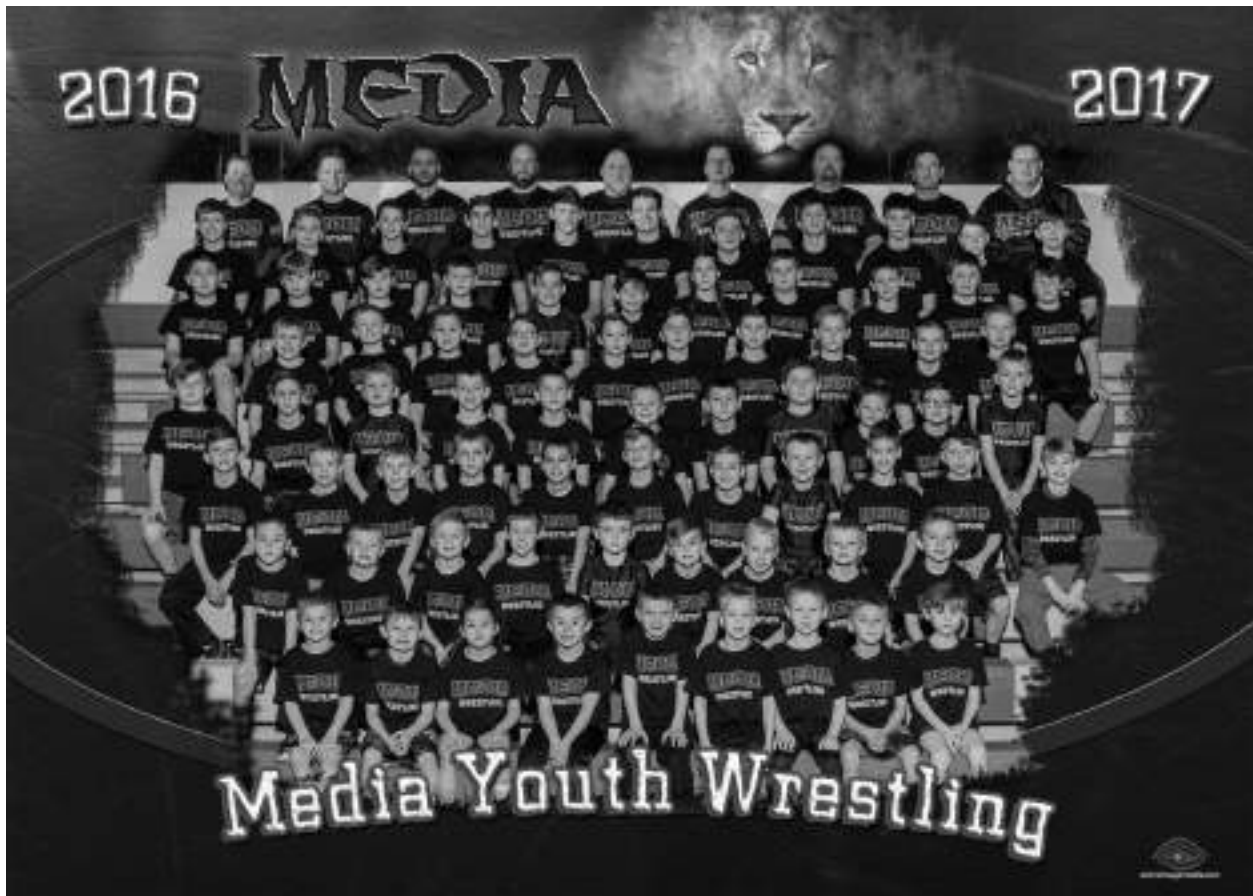
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- HOURS -

Monday-Thursday 10AM-9PM

Friday & Saturday 10AM-10PM

Sunday 12NOON-9PM



Media Lions Youth Wrestling Program

2016-2017 ICWL Roster

Media Youth Wrestling is part of the Inter-County Wrestling League (ICWL), whose main objective is to promote youth wrestling in Delaware, Montgomery, and Chester counties. The following Teams make up the ICWL for the 2016-2017 season:

AB	Abington	HAV	Haverford	PG	Pottsgrove
AV	Avon Grove	HH	Hatboro Horsham	PT	Pottstown
BEN	Bensalem	INT	Interboro	PV	Pekiomen Valley
BOY	Boyertown	KEN	Kennett Square	PX	Phoenixville
BYC	Brandywine	LM	Lower Merion	RID	Ridley
CHI	Chichester (Team Chaos)	MED	Media	SAA	Springfield
CON	Conestoga	MET	Methacton	SMM	Saint Mary Magdellan
CV	Coatesville	MN	Marple Newtown	SF	Spring-Ford
CR	Council Rock	NC	Northeast Catholic	SH	Strath Haven
DOW	Downingtown	NESH	Neshaminy	UM	Upper Merion
DH	Drexel Hill	NOR	Norchester	UMO	Upper Moreland
EN-NOPAL	East Norriton-Pal	NP	North Penn	WC	West Chester
GN	Greater Norristown	OCT	Octorara	WS	Wissahickon
GV	Great Valley	OX	Oxford	21st	Twenty-First Ward

QUOTATIONS

Media, PA



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*Congratulates MEDIA YOUTH WRESTLING
and our wrestler, **Patrick Murtagh***



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Thank you to our Media Wrestling Board Members and Coaches!

Good Luck to ALL of the Media Wrestlers and the Wood boys this Season!

Joseph and Will, continue to have fun, work hard, and it WILL pay off, remember,
it's not the critic who counts!

Love, Mom and Dad (The Wood Family)



“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

Theodore Roosevelt, 26th President of the United States



Chris Worley

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LET'S GO CODY

M

Y

W



LION

PRIDE!

WE

ARE SO

PROUD OF OUR LITTLE

CHAMPION

LOVE MOM, DAD,

BRADLY & WESLEY



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**Good luck to ALL wrestlers and
especially to our Colts players.**

Special shout out to our Colts football players wrestling today:

Chase Barlow, Landon Barlow, Gavin Dailey, Nick Farabaugh, Zach Farabaugh, Jack Galloway, Michael Pagliaccetti, Nikko Partsanakis, Chase McCauley, Liam Stauffer, Spencer Skowronek, Trevor Skowronek, Bobby Whitehouse, Will Wood, and to all current and former Colts players.

-Mostly everything I learned in life about teamwork was by playing Football and everything I learned about independence I learned in Wrestling. - Anonymous

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CONFERENCE



Thanks for another great wrestling season Noah and Christian
We love you!
Mom and Dad



The Media Youth Wrestling family
would like to thank Andy and Linda Mariani
of the Oaks Ballroom
for their generosity and neverending support
of our program.

You're the best!!



Kevin McCarthy

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<http://www.linkedin.com/pub/kevin-mccarthy/0/521/133>

Keep working hard, dreams do come true!



Blair Orr 2009 PJW State Champion

2017 EA 100 Win Club

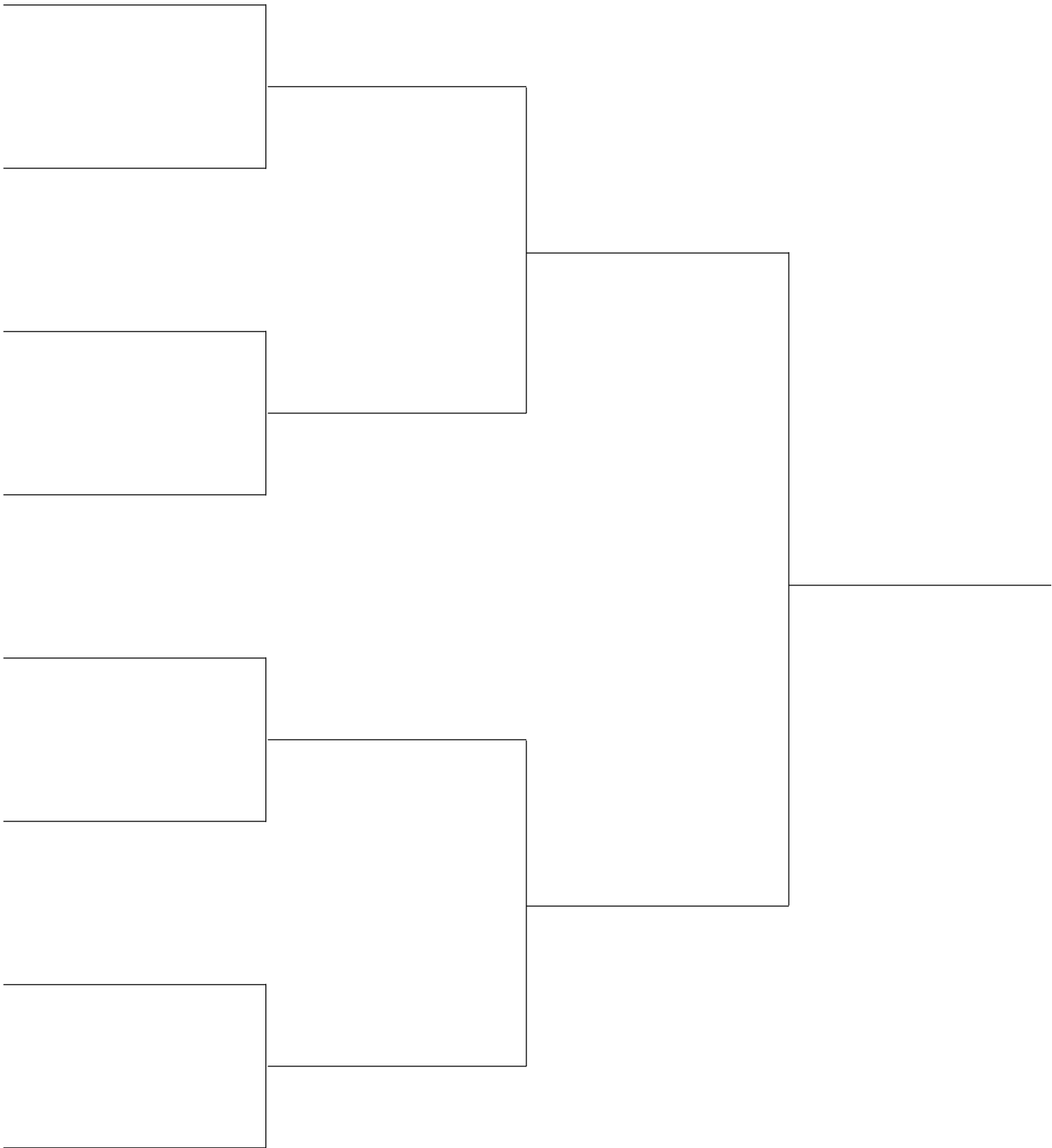


Best of luck to all MYW Competitors today, The Orr's

Wishing all Media Wrestlers a safe and successful season.

Reminder: There's still time to register for Media Little League.







Aston-Middletown Little League

would like to wish all our
young wrestlers good luck today.....
be they Lions or Bandits!



Registration for the spring season is
now open at:

www.amlbaseball.com

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But *The MEMORIES* Will!

Keep Fighting,
Farabaughs!

Love, Mom, Dad, and
Jake

Brandon and Jacob,

We are so proud, not just of all you've done in wrestling, but of all that wrestling has done in you!

Love,

Mom and Dad



“Good luck Media wrestlers!”

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Good Luck
Stosh, Lukas & Cordy
We're very proud of you!
Love – Mom & Dad



Congratulations Christopher and Logan.
You both make us so very proud.
Keep your heart in everything you do and you can move mountains.
Love, Mom, Dad, and Alexa



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So proud of Michael for his commitment to wrestle alongside a great group
of wrestlers and to take part in a great organization! Love you, Mom



The Media Youth Wrestling boosters would like to thank our great parents, coaches, board members, and alumni for their hard work and support in making this club a great experience for the kids!

Special thanks to our current President, Max McCauley, for his leadership and especially, the countless hours he has put in to make this tournament and this club a WINNER in every sense of the word!!



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Have a great season Shane & Finnian!
From your family & friends at Holfelder
Brothers, Inc.



2017

Go Lions



Jacob Steinmetz-

We are so proud of all of your accomplishments on and off the mat.
On deck, high school! We love you.

Mom & Dad



Shane Steinmetz-

Keep working hard and having fun, whistle man. You make us very proud and we can't wait to see how far you go at MYW and beyond. Remember, once you've wrestled, everything else in life is easy!



CONCORD AUTO BODY INC. of MEDIA

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Great Job Jack Signor!
We are so proud of your hard work and effort.
Love, Mom, Dad, and Riley



Great work this season to all Media Youth Wrestlers
Penncrest Wrestling Boosters

Can't wait to see you at Penncrest!



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Media Wrestlers

Good Luck at Wrangletown!

Especially
Chase McCauley!
Wrestle hard!





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MEDIA YOUTH WRESTLING

To the Fightin' Flaherty Boys,
Best of luck to Seamus, Colin, Brendan & all the Media Youth Wrestlers!!
STAY STRONG, WORK HARD & WRESTLE!!! GO MEDIA LIONS!!!!
Love, Mom & Dad, Grandmom & Grandpop McGee and Pop-pop Reds

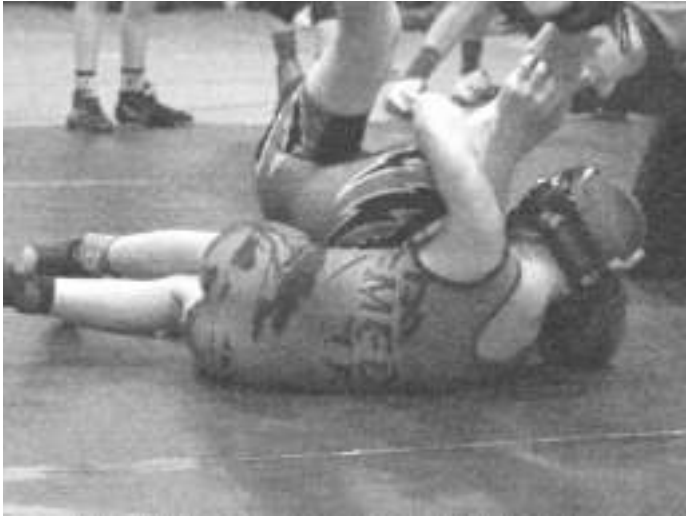


*Strength doesn't come from what you CAN do.
It comes from OVERCOMING the things you once thought you COULDN'T.*

**Max, We are so proud of you!!
You are an amazing, strong and hard working wrestler.
Keep up the good work.
Love, Mom, Dad and Charlie**



Go Get 'Em Jack "Cradle" Jones!



Love Daddy, Mommy and Lucy



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Keep driving forward.

We love you, Liam Stauffer!

Daddy, Mommy, Emma and Abi



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Ben, we are so proud of your determination and toughness to work thorough a challenging season!

Chase, we are so proud of your effort your first season! It has been fun watching you get better every week.

Love, Dad, Mom and Ansley



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GO TYLER PUGH!
WE ARE PROUD OF YOU!
LOVE MOM & DAD

***Thank you ALL MYW Coaches,
Board Members, and Volunteers!!***

**Thank you Daniel Amoroso for your generosity and
supplying rolls for the snack bar!**



Brandon, We Are Proud of your efforts.

Keep Wrestling Hard and Growing with the Sport!

Mom, Dad, Brielle, Grammy, Poppy and Mom Mom

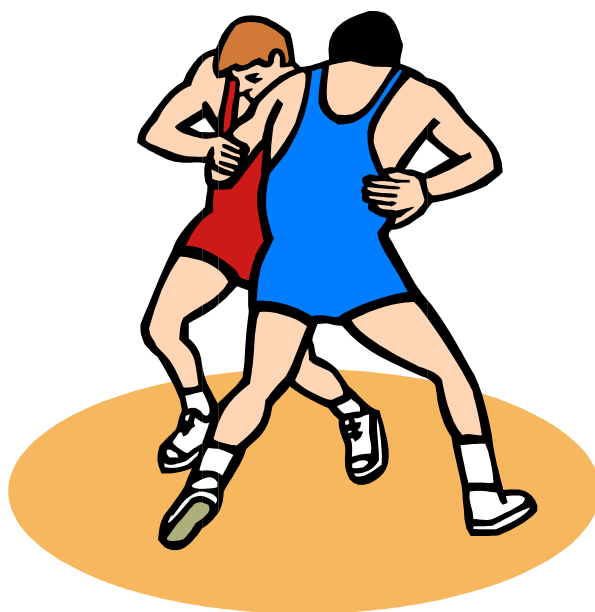
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**COACH THADDEUS KAVANAGH
thaddeuskavanagh@comcast.net**



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To schedule a workshop at your school or organization please visit our website at www.faceforstudent.org or contact Christopher Palermo at cpalermo@faceforstudents.org