



NORTHWOOD TRACK & FIELD GIRLS CLASS RECORDS



To be eligible all running event records must be recorded with fully automatic timing (FAT)

100m				
Senior				
Averie Hernandez	12.29	+1.1	2025	
Junior				
Megan Blanchard	12.43	+0.7	2007	
Sophomore				
Chinyere Chambers	12.85	+1.7	2014	
Freshman				
Danielle Solaru	12.69	+0.0	2013	

100m (wind aided)				
Senior				
Averie Hernandez	12.28	+3.4	2025	
Junior				
Megan Blanchard	12.38	+2.7	2007	
Sophomore				
Lauren Park	12.72	nwi	2025	
Freshman				
Megan Blanchard	12.79	nwi	2005	

200m				
Senior				
Averie Hernandez	25.52	+0.6	2025	
Junior				
Alyssa Bowman	25.79	+2.0	2023	
Sophomore				
Danielle Solaru	26.12	+0.4	2014	
Freshman				
Kathleen Overbaugh	25.98	+0.4	2017	

200m (wind aided)				
Senior				
Averie Hernandez	25.23	nwi	2025	
Junior				
Kathleen Overbaugh	25.88	+2.1	2019	
Sophomore				
Danielle Solaru	25.90	+2.8	2014	
Freshman				
Kathleen Overbaugh	26.23	nwi	2017	

400m			
Senior			
Samantha Solaru	56.66		2013
Junior			
Marissa Clow	57.95		2009
Sophomore			
Samantha Solaru	57.25		2011
Freshman			
Samantha Solaru	58.96		2010

800m			
Senior			
Bethan Knights	2:13.80		2014
Junior			
Ashley Larson	2:17.17		2015
Sophomore			
Ashley Larson	2:15.66		2014
Freshman			
Rachel Ngu	2:16.95		2008

1600m			
Senior			
Bethan Knights	4:42.29		2014
Junior			
Bethan Knights	5:01.82		2013
Sophomore			
Bethan Knights	4:57.37		2012
Freshman			
Rachel Ngu	5:01.34		2008

3200m			
Senior			
Bethan Knights	9:50.12c		2014
Junior			
Bethan Knights	10:37.64		2013
Sophomore			
Samantha Murphy	10:59.51		2015
Freshman			
Samantha Murphy	10:50.29		2014

100m HH				
Senior				
Kellie May	15.28	+1.1	2017	
Junior				
Kellie May	15.48	+1.6	2016	
Sophomore				
Michelle Rosinski	17.05	+0.0	2013	
Freshman				
Eunice Lee	17.52	+1.7	2019	

100m HH (wind aided)				
Senior				
Kellie May	15.18	+2.6	2017	
Junior				
Tori Oloro	15.62	+3.6	2019	
Sophomore				
Joy Wang	17.16	+2.3	2013	
Freshman				
Jiwon Kim	17.67	nwi	2012	

300m LH			
Senior			
Katelyn Muniz	46.54		2021
Junior			
Tori Oloro	45.21		2019
Sophomore			
Tori Oloro	46.75		2018
Freshman			
Katelyn Muniz	49.14		2018

HIGH JUMP			
Senior			
Skylar Legaspi	5' 03.00"		2020
Junior			
Skylar Legaspi	5' 02.00"		2019
Sophomore			
Skylar Legaspi	5' 02.00"		2018
Freshman			
Skylar Legaspi	4' 11.00"		2017

Long Jump				
Senior				
Kellie May	18' 05.25"	+0.7	2017	
Junior				
Brooke Kong	17' 04.00"	+1.2	2017	
Sophomore				
Kellie May	17' 00.50"	-1.0	2015	
Freshman				
Kellie May	15' 09.25"	-0.1	2014	

Long Jump (wind aided)				
Senior				
Kellie May	18' 01.00"	nwi	2017	
Junior				
Victoria Ton	17' 08.50"	nwi	2004	
Sophomore				
Kellie May	18' 00.50"	nwi	2015	
Freshman				
Melissa Kan	16' 05.00"	nwi	2007	

Triple Jump				
Senior				
Kellie May	38' 06.25"	+2.0	2017	
Junior				
Kellie May	36' 09.00"	+1.1	2016	
Sophomore				
Kellie May	36' 01.50"	+1.1	2015	
Freshman				
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Triple Jump (wind aided)				
Senior				
Kellie May	38' 11.75"	+2.3	2017	
Junior				
Kellie May	36' 01.75"	nwi	2016	
Sophomore				
Kellie May	36' 03.50"	nwi	2015	
Freshman				
Kellie May	36' 01.00"	+2.9	2014	

Shot Put			
Senior			
Christa Kondru	40' 10.00"		2010
Junior			
Christa Kondru	37' 09.75"		2009
Sophomore			
Christa Kondru	37' 00.00"		2008
Freshman			
Christa Kondru	32' 09.50"		2007

Discus			
Senior			
Christa Kondru	131' 11"		2010
Junior			
Abri Lipscomb	120' 02"		2002
Sophomore			
Christa Kondru	116' 08"		2008
Freshman			
Christa Kondru	104' 08"		2007

Pole Vault			
Senior			
Kalea Brown	12' 00.00"		2022
Junior			
Kalea Brown	9' 09.00"		2021
Sophomore			
Melissa Kan	9' 00.00"		2008
Freshman			
Leyla Karimova	9' 00.00"		2019