



NORTHWOOD TRACK & FIELD GIRLS RELAY RECORDS



To be eligible all running event records must be recorded with fully automatic timing (FAT)

4x100	V/Open	48.45	Chinyere Chambers	Amanda Bolger	Carina Hendley	Brooke Kong	2016
	F/S	50.37	Camiille Alarcon	Reina Kabbara	Katelyn Muniz	Julia Muniz	2019
	JV	52.35	Suzanne Denson	Madeline Johnson	Alexis Muniz	Amy Nguyen	2010

4x200	V/Open	1:45.89	Kathleen Overbaugh	Martha Bowers	Katelun Muniz	Tori Olora	2020
	F/S	1:52.35	Chinyere Chambers	Carina Hendley	Lauren Muniz	Reanna Villegas	2013

4x400	V/Open	3:55.60	Nicole Theodorou	Lauren Park	Maya Marfatia	Averie Hernandez	2025
	F/S	4:07.73	Jazmin Esparza	Haley Fry	Alexis Gopaul	Kaylee Nguyen	2016
	JV	4:19.18	Kate Barry	Brittnay Le	Isha Punja	Melissia Rosborough	2012

4x800	V/Open	9:53.67	Alexandria Adams	Bethan Knights	Alexis Muniz	Marisa Purcell	2012
	F/S	10:21.65	Anjali Dixit	Emily Gibson	Kathryn Marshall	Isha Punja	2012

4x1600	V/Open	23:24.89	Leah Gelsinger	Leslie Kerry	Erica Miller	Sharon Tseng	2005
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SM ¹ (800M)	V/Open	1:53.31	Nicole Theodorou	Chole Bogosh	Lauren Park	Maia Murthy	2026
	F/S	1:58.40	Camille Alarcon	Sophia Alarcon	Hailey Kim	Julia Muniz	2019

SM ² (1600m)	V/Open	4:13.90	Nicole Theodorou	Chole Bogosh	Lauren Park	Maia Murthy	2026
	F/S	4:45.10	Mikoto Eguchi	Eunice Lee	Hannah Tao	Sheinne Laygo	2020

DM ³ (4K)	V/Open	12:19.65	Erika Alder	Amanda Bolger	Aleksandra Crampton	Jazmin Esparza	2017
	F/S	13:16.52	Brooklyn Guan	Audrey Landis	Katelynn Muniz	Emily Odom	2019

Shuttle Hurdles ⁴	V/Open	1:07.25	Katelyn Muniz	Martha Bowers	Skylar Legaspi	Tori Olora	2020
	F/S	1:13.21	Hannah Tao	Sophia Garcia	Lavanyah Kunga	Eunice Lee	2020

Long Jump ⁵	V/Open	45' 06.00"	Brooke Kong	Kellie May	Charlotte Tanner	-	2017
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High Jump ⁵	V/Open	14' 08.00"	Amanda Bolger	Kellie May	Riley Saul	-	2016
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Discus ⁵	V/Open	248' 10.00"	Dani Galisteo	Lizzy Li	Ashlynn Lynch	-	2025
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Shot Put ⁵	V/Open	84' 09.50"	Sunya Ahmed	Soleil Cotton	Sophie Grossman	-	2019
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1 - 800m Sprint Medley - 100m, 100m, 200m, and 400m
2 - 1600m Sprint Medley - 200m, 200m, 400m, and 800m

3 - Distance Medley - 1200m, 400m, 800m, and 1600m
4 - Shuttle Hurdles, 4 x 110m with 5 - 30 inch hurdles