

NH Varsity Wrestling News - Week 2

After a tough loss to the Shaler Titans on Wednesday, the Indians were eager to get back on the mat and improve upon their last outing. The Indians would have plenty of opportunities to grow as wrestlers and as a team, as they were challenged throughout the day with five dual meets.

The Indians started the day off by facing a section opponent, the Knoch Knights. The Indians would get off to a big lead early only to have the Knights slowly cut into the lead. After the pace settled down the Indians were able to secure the lead and start the day off with a 41 - 31 win over Knoch.

Next up for the Indians was the Panthers of Upper Saint Clair. The Indians would be in for a great challenge against USC as USC finished 7 places ahead of the Indians last weekend as the two teams competed in the Chartiers-Houston Tournament. Embracing the challenge ahead, the Indian wrestlers demonstrated great energy and effort throughout the line-up to help control the USC Panthers. The Indians final score over the Panthers was 40 – 25.

In the third round of the duals, the Indians would get a shot against another team who placed ahead of them at last weekends tournament, the Pine-Richland Rams. In the most even dual of the day for the Indians, the Indians would put on one of their better team performances of the duals. The Indians showed great teamwork and leadership by dictating the pace of the dual and gaining valuable momentum that would help the Indians earn a solid 46 - 29 win over the Rams.

The fourth round of the duals for the Indians would be the biggest team challenge the Indians could possibly face all year, the WPIAL #2 ranked Kiski Area Cavaliers. Besides a couple of good individual wins for the Indians, the Cavaliers proved to be too strong for the Indians and gave the Indians their only loss of the duals by a score of 66 - 13. Wrestling is full of life lessons, and the Indians would have to remember the lesson of "it's not whether you get knocked down, it's whether you get up," because for the Indians to finish second in the duals they would have to bounce back to win their fifth and final match of the day.

In the final round, the Indians controlled and dominated the McKeesport tigers from start to finish. The Indians had great performances from multiple wrestlers who helped the Indians to a 57 – 18 win over the Tigers.

The Indians finished 4-1 in the duals earning a 2nd place finish, their highest finish in the duals in 8 years. While the Indians 2nd place finish is a season high so far, the Indians eagerly look forward to the schedule ahead. The North Hills Duals proved to be a valuable learning opportunity where each Indian will walk away with an experience that will better prepare them for the season that still awaits.

It is important to remember that success is not defined in a win/loss record nor can it be defined in a short period of time. Success is defined over a complete body of work and entails the person/wrestler you have become throughout that process. As the Indians continue to embark upon their journey, the Indians must remember to keep in perspective of the emotional highs and lows of a season and stay balanced. As a wrestler, the season will challenge you in ways you never thought possible. Keeping a positive attitude and always giving your best is an absolute must for you and your team in order to do great things. Stay focused and trust your journey.

"In wrestling you have many opponents but the toughest opponent you will face is yourself".

OWN IT
One Team, One Tribe.

The Indians will be back in action this Wednesday at home against Pittsburgh Central Catholic and then travel to Peter's Township on Friday.

Individual records from the NH Duals:

M. Reichle 3-1
Z. Curry 4-1
G. Curry 5-0
J. MacPherson 4-1
K. Lawson 4-1
L. Fotta 2-3
N. Mankey 3-0
J. Stotz 3-2
D. Cuda 5-0
B. Fulton 2-3
K. Dreyer 1-4
S. Bright 2-1

Indian of the Week:

This week's Indian of the week was a difficult decision because of multiple great individual performances. This wrestler went 5-0 in the duals, demonstrated a great attitude throughout the day and competed with great poise while representing his team. The Indian of the week award goes to Senior Devon Cuda. Congratulations Devon!