

What to Expect after Tryouts:

- You will receive an email following tryouts on Wednesday 7/23, extending a position on a travel team, an alternate on a travel team, or an invitation to join our in-house programs.
- Follow the directions in the offer email within 48 hours of the time it was sent in order to accept your position.
- Once you accept an offer, Pittsburgh Elite will send you further instructions on the next steps including a Meet&Greet event, the first official practice, athlete and parent contracts, and enrollment paperwork.

Cost & Fundraising:

- Specific team costs are on the reverse of this handout.
- All travel team athletes are expected to participate in two fundraisers.
 Sales exceeding the amount below will be credited in part toward the athlete's tuition.
 - o Night at the Races sell 2 tickets at \$30 each
 - o Calendar lotto sell 4 calendars at \$30 each

Other fundraising opportunities can be found on the website.

• For families with demonstrated financial need, financial assistance may be available.

Team Composition:

- Two coaches per team at practices and select competitions.
- 9-11 athletes per team

Practices:

- Practices in Pittsburgh Elite's own facility with multiple age and skill comparable teams.
- Qualified Director and Lead Coaches overseeing day-to-day practices and training, in addition to your team's own dedicated staff.
- Strength and conditioning training by Dan Knorr (BB Sports Performance) and qualified staff.
- No team practice on the day that immediately follows a competition/tournament.

Tournaments and Travel:

- Travel tournaments requiring an overnight stay as part of registration at a qualifying hotel booked through a specific travel group are listed as Stay to Play on your team's webpage. You must fulfill this obligation to be eligible to compete in the tournament.
- Tournaments noted as having team block hotels do not require you to fulfill a specific hotel obligation.
- Some tournaments are single day and nearby and do not require any hotel stay. You are welcome to stay overnight if you so choose.
- Post-season competition and travel should be expected.

2025-2026 TEAM GUIDE: 18U ELITE & PREMIER DIVISIONS

	18 ELITE	18 PREMIER
	Season Basics	
Season runs:	December - April	December - April
First practice:	Tues 12/2	Tues 12/2
Practice days: S&C days:	Tues, Thurs, Sun Tues, Sun (during practice)	Tues, Thurs, Sun Tues, Sun (during practice)
Practice hours:	90+ hours	90+ hours
	Regular Season Competitions	
Competitions:	6 tournaments + Post Season	6 tournaments + Post Season
Example Schedule:	1/17-1/19 The Nike Classic TBD single day KRVA event 2/7-2/8 KRVA PA Kickstarter (freedom bid) 2/21-2/22 KRVA Capitol City Freeze (N and A bid) 3/6-3/8 Adidas Bluegrass OR 3/6-3/8 Boston Qualifier 3/20-3/22 MEQ 5/1-5/3 GJNC *qualify* or 4/25-4/26 Nike Open	1/17-1/19 The Nike Classic TBD single day KRVA event 2/7-2/8 KRVA PA Kickstarter (freedom bid) 2/21-2/22 KRVA Capitol City Freeze (N and A bid) 3/6-3/8 Adidas Bluegrass OR 3/6-3/8 Boston Qualifier 3/20-3/22 MEQ 5/1-5/3 GJNC *qualify* or 4/25-4/26 Nike Open
	Postseason Competition	
If Qualified, Otherwise:	USAV 18s GJNC @Reno, NV The Nike Open	USAV 18s GJNC @Reno, NV The Nike Open
	Cost	
Regular Season:	Tuition: \$3,800	Tuition: \$3,800
Travel:	Athlete travel, lodging, and meals not included	Athlete travel, lodging, and meals not included
Fundraisers:	Total: \$180 Calendars: 4 at \$30 each NATR: 2 tickets at \$30 each	Total: \$180 Calendars: 4 at \$30 each NATR: 2 tickets at \$30 each
Membership:	KRVA/USAV: \$55	KRVA/USAV: \$55
	Payment Options	
Regular Season:	\$1,140 deposit due upon team registration \$1,330 due 2/2/26 \$1,330 due 3/2/26	\$1,140 deposit due upon team registration \$1,330 due 2/2/26 \$1,330 due 3/2/26
	us to make other payment arrangements. See financial ass Competition schedule provided is an example only and s	ubject to change.

*If a team qualifies for USAV Nationals, they will travel to Reno, NV to compete.

Competition schedule provided is an example only and subject to change.