

SALERNO LAKE SENTINEL 2017 SPRING / SUMMER EDITION

JUNE 2017

It's about family, friends, community, relaxation, fun!



Greetings

After the winter of our discontent, of divisive politics, of deep ice encrusted snow and bitter cold, followed by a spring of endless rains and almost biblical plagues of mosquitoes and black-flies, we are now brightening our outlook. Summer is coming! The cottage roads are open again. Life is good. Welcome back to Salerno Lake (if you ever left...)

Take a look at our SDLCA Events Calendar for this summer and mark the dates. There's much to look forward to and it is our hope that you will participate. We have a terrific community here on Salerno Lake and you are an important part of it.

The annual Canada Day Fireworks will be held this year on - gasp - Saturday July 1st, the actual Canada Day. That happens only once every seven years... On July the 8th we have our very first Dock Sale AND our 7th Concert On The Lake at 6:30 PM featuring Kiyomi Valentine (McCloskey) a talented young woman who has a deep family connection to Salerno Lake. (Her sister Chloe was married here just last summer!)

It's also the summer of our 50th Annual Canoe Race, an incredible milestone in a long, storied tradition. And we will be holding the 2nd edition of the Youth Race for those 6-12 years of age. These events will be held on Sunday August 6th. The route of the Canoe Race is still to be determined due to the large log jam on the Irondale River.

We would also like to welcome Rob Brown to the role of Lake Steward. Rob and his wife Rosalie have been on the lake for more than 25 years. It's a very important position because ultimately the health of the Lake matters to all of us. One final thought on the environmental side: we all know that as individuals the initiatives we undertake have a relatively small effect but as numbers grow, eventually change occurs. (Think of society's attitude towards drinking and driving, for example.) However in a small ecosystem like a lake our individual effect is magnified. If I maintain my septic system properly, or naturalize my shoreline, it matters. There are approximately 200 cottages on Salerno Lake. We can make a difference.

Happy summer everyone!

Ex Presidente



To our NEW 2016 SDLCA members

- Kim and Jeff Chebott
- Adam Jamieson and Cassandra Rogers
- Robin Kay
- Drew Parr & Daryl
 Oliver
- Perry, Elaine and Cailey Stuckless
- Ashley and Caitlyn Sud
- Rob & Elaine Ellerton
- Paul and Jennifer Harbaruk

Thank you for taking the time to become an SDLCA member: we value your support.

Member Page Password

You can view the <u>members only page</u> on our website using the following **PASSWORD: sdica17**

We update this page with member discounts and savings provided by our advertisers or affiliates.

SDLCA Summer Events

We are looking forward to another exciting summer and seeing you at our SDLCA events.

Book the dates in your calendar:

- Canada Day Fireworks Saturday, July 1st at 10 pm
- NEW Dock Sale Saturday, July 8th from 12:00 to 3:00 pm
- Concert On The Lake Saturday, July 8th at 6:30 pm featuring **Kiyomi Valentine**—further details on our next page.
- AGM Saturday, August 5th at 10:00am @ Irondale Community Centre
- 2nd Youth Lake Race on Salerno Sunday, August 6th at 11am
- 50th Annual Canoe Race, Childrens' Games and Barbecue Sunday, August 6th at noon

Further details can be found in your DOCK Package or on our website at **www.SDLCA.ca**

Welcome to our SDLCA Team!

With great pleasure we would like to introduce Kay Armatage to our Executive Team.

Kay Armatage is a Professor Emerita, retired from teaching Cinema Studies and Women & Gender Studies at University of Toronto. She specialized in women filmmakers and women's cinema in academic research and as an international programmer for TIFF. She is the author of *The Girl From God's Country: Nell Shipman and the Silent Cinema*; and co-editor of *Gendering the Nation: Canadian Women's Cinema*.



She bought a cottage on Salerno Lake in 1988, and has participated regularly in the SDLCA annual canoe race for more than 20 years, winning 5 paddles.



Andrew Hodgson Broker of Record/Owner



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Bark Lake Cultural Developments

Contact: President - Carol Simmons 705-457-8438

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Celebrating the 50th Anniversary of the Salerno (Devil's) Lake Canoe Race

by Sydney Clark (with input from Rob Stuart)

Back in the summer of 1967, the executive of the recently formed Devil's Lake Cottagers' Association, led by Jack Thompson, wanted to do something special to mark the country's 100th birthday. They also wanted to create an event that would bring the members of the fledgling organization together in a festive and fun-filled manner. Some people had made the paddle from Irondale to Furnace Falls each year and felt that turning that experience into a friendly race might be just the ticket. Other lake associations held regattas on their lakes, but those lakes had geographical features like beaches or landings from which a regatta could be mounted. Salerno Lake (or Devil's Lake as it was then known) had no such feature so the decision was made to sponsor a canoe race down the Irondale River from the bridge at Irondale to Furnace Falls, a distance of ten kilometres. Jack and Betty Thompson organized the first race and Rob Stuart and his team began marshalling and organizing it in 1972 and have continued to do so until the present.

In the beginning, Joe Hancock gave permission to launch the race from his property east of what was then the Bailey Bridge. When the numbers of participants increased, an "in canoe" launch on the west side of the new bridge began. Rob obtained permission from the owner at that time and, with a crew, he weed whacked the start area. Property changed hands again and Rob could not contact the owner so the marshalling moved to the road-side of the fence.

The race has been an annual highlight of the summer ever since 1967, with the participants vying for awards that have become cherished decorations in their cottages. Initially, from 1967 to 1973, there was only ONE category, Men's. Now there are ten including Men's, Women's, Senior men's, Senior women's, Mixed, Junior, Open, Men's and Women's kayak, and Junior kayak. In order to participate, one must have a current membership in our Cottagers' Association, SDLCA.



The original prizes in 1967 and 1968 were birch bark trophies, hand crafted by Jack's wife, Betty Thompson. Then, the following year actual trophies were awarded. In 1972 paddles were first awarded.

Continues on the next page...



Ever since 1971, every participant has received a crest, and many people proudly display these on their cottage walls. In 1987, John Leonard designed a new crest in honour of the 20th anniversary of the race. In 1994, John changed the crest once again, depicting a man and woman paddling. Since then, the design has not changed much except for the dates and colours.



It was in 1992 that the now-coveted paddles, hand painted by renowned artist John Leonard, were first awarded. John has continued to donate his skill and talent to this day.

Safety has always been of paramount concern. Rob and his crew would always run the river prior to race day and clear any obstacles. Before the launch of the first boats, Rob or one of his team would go over the rules and brief the paddlers on any concerns. The venue for the race had to change three years ago in 2014 when a series of log jams made the river impassible. Given that there had never been a serious accident in the race, the organizers felt that to run it under such conditions would be courting disaster. Thus, the decision was made to move the race to the lake in the interest of continued safety for all participants. The fact that we now have a viable landing on the lake made the move possible. Remember, back in 1967, there was no landing.

There are pros and cons to running the race on the lake. The first pro is the safety of the participants, the second is that all cottagers can enjoy watching it from the comfort of their docks or porches, and the third advantage is that transporting your canoe or kayak from your cottage to the starting point is much simpler. Another advantage is that the Bar-b-cue and Children's Games can now be held at the Irondale Community Centre, which also did not exist in 1967. The biggest disadvantage to racing on the lake is that it is a hard slog, especially if it's windy. There is no current to help you on your way. There are some who say that the race is no longer the same; it is not as much fun paddling on the lake as on the river, but when one considers that the primary reasons for holding a race at all were to increase the sense of community at the lake and to commemorate a significant birthday for the nation, the race, whether on the river or the lake, fulfills its function. For this, our 50th anniversary year, we do not yet know where the race will be held. Rest assured, Rob and his

team will ensure that wherever it is held, it will be a safe and positive experience for all.

The current executive of SDLCA hopes that in this our 50th year of running the race, everyone will come out to support it, either as participants or as cheerleaders, both onshore and at the Bar-b-cue and Games afterwards. Mark the date, August 6, in your calendars and be sure to tell all your friends. It would be great to have 50 boats in the 50th race!



50th Canoe Race Apparel — coming this week!

V-Neck T-Shirts, Tank tops along with a mixture of Performance T-shirts all featuring our SDLCA logo in the front and our 50th Canoe Race Logo on the back! Our colours this year will be Red with Royal Blue logos. Dress for success and join us at the annual 50th Canoe Race!



Concert On The Lake

This year we are asking folks to buy tickets in advance. We are presenting professional musicians who must be paid (modest tho the sums are.) By buying tickets in advance through our website, you are helping to ensure that the Concert On The Lake will continue to happen every summer. Please make the 10\$ commitment.

The Salerno (Devil's) Lake Cottagers' Association presents Kiyomi Valentine, Live in Concert



Rain or shine, there will be a show!

Our Concert On The Lake this year will be on **Saturday July 8th at 6:30 pm** offshore of Rob and Rosalie Brown's cottage, where it has been held every year since 2011. The featured artist is Kiyomi Valentine, who spent all her youthful summers on Salerno Lake. She is the daughter of Judy Stephens and Jim McCloskey who are still (separately) cottagers here. Kiyomi lives in Brooklyn New York these days but still comes here to Salerno Lake every summer.

Kiyomi began her career in the bustling centre of Toronto's downtown scene. She prides herself and her art on the contributions of Toronto's vibrant, diverse cultural playground. She started playing shows at the age of 15 and formed her first band in high school. Before long she had formed a band called HUNTER VALENTINE which had a good long run but is

now on hiatus. These days Kiyomi performs as a solo act or with a guitarist. (One of her most popular numbers is called 'Irondale'.) Kiyomi is also a professional actor who, among other credits, was featured in the Show-time Series "The L Word".

Learn more about Kiyomi and hear her music on her website http://www.kiyomivalentine.com/

Click <u>HERE</u> to purchase your tickets **IN ADVANCE** at the same \$10 price. In case of bad weather the performance will be held at the Irondale Historical Church.

What do we get for our memberships with our Affiliates?

More than you might think! They provide special offers, FOCA discounts, Lake Steward workshops and a voice for us into matters that impact cottagers.

Further details on their programs, resources, roles and objectives can be found on <u>our website</u> <u>under affiliates</u>.

And FOCA member discounts can be found on our <u>SDLCA members</u> page.

FOCA

Our SDLCA members can also login to access the members only RESOURCES on the FOCA website (<u>https://</u> <u>foca.on.ca/resources/</u>) using the following:

USERNAME: focamember PASSWORD: Foc@M3mb3\$2014

SDLCA Affiliates

As an association, SDLCA pays fees to the following associations which provide us with educational information, workshops and resources to keep you, our members, up-to-date on current topics.



Federation of Ontario Cottagers' Associations

FOCA advocates for waterfront property owners and lobbies for fair taxation for water front property owners.

The **CHA** is a broadly-based Haliburton coalition of volunteers, drawing upon the collective knowledge and strength of its member associations to create synergy through sharing best practices, effectively studying common issues, developing common solutions, recommending county-wide policies and influencing outcomes. CHA also provides Lake Steward workshops on Environmental, Fishing and Septic issues.





The **CEWF** monitors water levels on our lake and river system and advocates for reservoir lakes (including Salerno Lake) that feed into the Trent-Severn Waterway. The Coalition seeks the implementation of an equitable water management policy for the Trent Sev-

ern Waterway (TSW) that accords equal consideration, along with fair and just treatment, to everyone in the entire Trent River Watershed. Reservoir and Flow Through (RAFT) lake communities (such as Salerno Lake) should be considered equally with all other TSW communities where the policy applies to safe navigation, access to waterfront property, economic sustainability and the avoidance of negative environmental and economic impacts.

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Fishing in our Lakes

Everyone fishing that is aged 18 to 64 must have in their possession an Outdoors Card, either a Sport fishing or Conservation fishing tag.

Anyone that is under 18 or over 65 does not require an Outdoor card but does require a legal proof of age ie. birth certificate, drivers license. Those under 18 and over 65 have the same rules and limit restrictions as those holding a Sport License.

Canadian Resident Outdoors Cards and fishing licence tags are available through licence issuers <u>across On-tario</u>.



Switch to lead-free tackle!

Lead poisoning is the leading cause of death for adult Common Loons in the Northeast, accounting for hundreds of adult loon deaths over the last 25 years. These deaths are completely preventable by using non -lead fishing tackle.

How Do Loons Ingest Lead Tackle?

- Eating a fish that has ingested a lead jig or sinker
- Striking at a line being trolled or retrieved through the water with lead tackle attached
- Picking small split-shot sinkers off the bottom of the lake, mistaking them for a pebble they normally ingest to aid in digestion.

How Can You Help?

Switch to lead-free tackle made from non-toxic materials such as bismuth, tin, tungsten, steel, and ceramics (please note that zinccontaining tackle is not recommended because it is also toxic to wildlife!)

Go through your tackle box and dispose of old lead tackle properly Reel in around loons

Educate others about the dangers of lead fishing tackle and ask them to use non-lead alternatives

> Lead poisoning does not have to happen

We on Salerno Lake are part of Zone 15

S – refers to limits under a Sport Fishing Licence Tag C – refers to limits under a Conservation Fishing Licence Tag

	OPEN	LIMITS
Walleye	OPEN January 1 to March 15, opens 3rd Saturday in May (May 20) to December	S - 4; not more than 1 greater than 46 cm (18.1 in.) C - 2; not more than 1 greater than 46 cm (18.1 in.)
Muskie	OPEN 1st Saturday in June (June 3) to December 15	S - 1; must be greater than 91 cm (36 in.) C - 0
Small and Large mouth bass	OPEN 4th Saturday in June (June 24) to November 30	S - 6 C - 2

Remember ** fish in your fridge & freezer count as part of your limits **

Ontario's Catch and Retain Rules

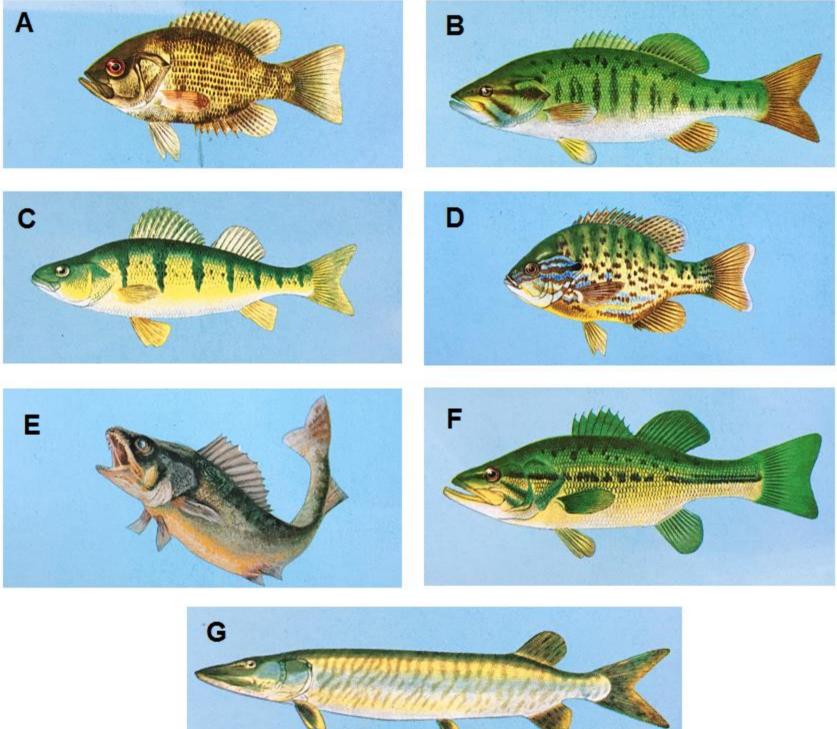
Generally, daily catch limits include all fish that are retained for any period of time and not immediately released. Anglers fishing from a boat may catch, hold, and selectively live release more Walleye, Northern Pike, Largemouth or Smallmouth Bass than the daily limit, provided:

- The fish are held in a livewell with a mechanical aerator operating at all times
- The fish comply with any applicable size limits
- The Sport or Conservation Fishing Licence daily catch and retain lim-
- No more than six Largemouth or Smallmouth Bass (or any combination) are retained at any one time for fish caught under a Sport Fishing Licence
- The Conservation Fishing Licence catch and retain limits for Largemouth and Smallmouth Bass (or any combination) are not exceeded at any one time for fish caught under a Conservation Fishing Licence.

Anglers are reminded to monitor the condition of fish held in a livewell. Only fish that are in such a condition that they will survive may be released. Releasing a fish that will not survive and allowing the flesh of that fish to be wasted is an offence. Any fish not live released are part of your catch limit and your possession limit.

Who Lives	in	Salerno	Lake
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Sunfish	Walleye	Perch
Rock Bass	Smallmouth Bass	Muskelunge
	Laregemouth Bass	



ANSWER

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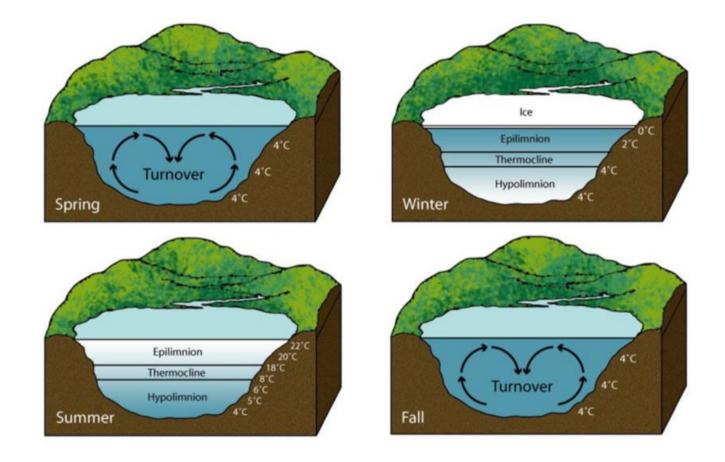


Lake Turnover

Ever wonder why the clarity of a lake in the spring usually decreases? Because mixing (Lake Turnover) brings up nutrient rich water from the bottom of the lake and causes the lake to look cloudy. Also, the algae start growing due to the available nutrients, which decreases water clarity. Then, when turnover is complete, the clarity increases. Keep reading to learn more about the process.

Lake turnover is the process of a lake's water turning over from top (epilimnion) to bottom (hypolimnion).

- As the weather becomes warmer in late May, the surface water warms and begins to float on top of the cold deeper water. Once the lake begins to form into layers, summer stratification (layering) has begun.
- Once the surface is **39 degrees F** and the water clarity is deeper than it's been all summer, you will know that turnover is complete.
- When the air temperature cools enough that the upper layer of water reaches the same temperature as the depths, the **fall turnover** begins. That's because all of the water in the lake is now at the same temperature and density, so the wind can circulate the entire mass.
- During the fall, the warm surface **water** begins to cool. As **water** cools, it becomes more dense, causing it to sink. This dense **water** forces the **water** of the hypolimnion to rise, "**turning** over" the layers.





Donate Your Cottage to Cottage Dreams

Since 2003, Cottage Dreams Cancer Recovery Initiative has been offering cancer survivors the opportunity to spend a week at a donated cottage. This much needed time away with survivors, their friends and families allows them to reflect and celebrate recovery. To find out more, visit their <u>FAQ</u>

The response to Cottage Dreams has been incredibly positive and Cottage Dreams has designed the program details to ensure the protection and peace of mind for both owners and visitors.

To access the registration form, <u>click here</u>



Protecting the land we love for future generations

739 Mountain Street P.O. Box 1478 Haliburton, ON KOM 150 T: 705.457.3700 E: admin@haliburtonlandtrust.ca W: www.haliburtonlandtrust.ca

WANTED: BAT SIGHTINGS

Bat populations across North America are plummeting due to a fungal disease called White-nose Syndrome. The Eastern Small-footed Myotis, Little Brown Myotis and Northern Myotis are now listed as ENDANGERED.



Eastern Small-footed Myotis



Little Brown Myotis



Northern Myotis

Help the Land Trust find out what bats we still have in the County. If you see bats THIS YEAR please,

Report all bat observations to Paul Heaven, Email: pheaven@glenside-eco.ca Tel: 705-286-3181

Did you know that bats help farmers, gardeners and foresters by consuming countless insect pests thereby protecting our crops, gardens and forests from potential damage? Bats can consume thousands of mosquitoes in one night.

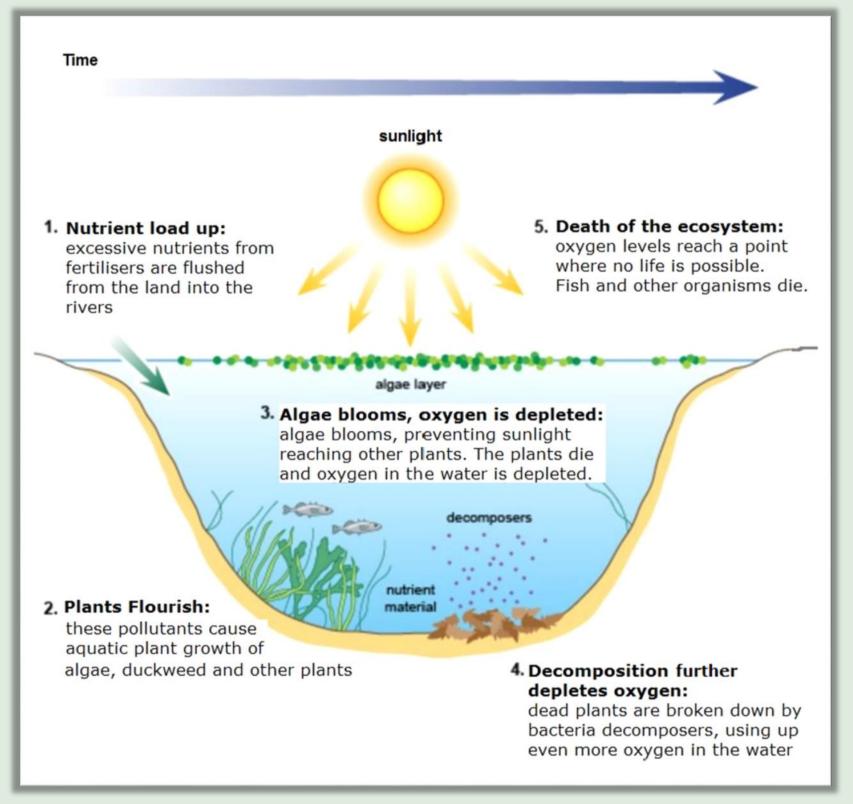
Learn more about these fascinating, beneficial creatures by attending our June 7th presentation at the Minden Hills Cultural Centre from 7:00pm-8:00pm. And, join the Land Trust on July 8th, at Abbey Gardens from 10:00am to noon to build a bat box and learn more about these interesting animals. Please register for the workshop on the Land Trust website.

The Land Trust monitors all Species at Risk (SAR) in the County of Haliburton so please continue to report all SAR observations. For a complete list of SAR in the County, please check the Land Trust website, haliburtonlandtrust.ca.

Learning More About...

How algae and aquatic plants play in your waterbody, what influences their growth and ways that you can help to keep your lake or river healthy.

These plants play an important role in maintaining the health of our water bodies. They are essential to life in lakes and rivers. But when you have too much algae and aquatic plant growth the health of your aquatic systems can be threatened.



Provided below is a link to 24-page document that describes the role of algae and aquatic plants in water bodies, water quality influences and what you can do as a waterbody user to improve and maintain a healthy aquatic community.

Produced as part of the People, Aquatic Plants and Heathy Lakes project, this manual is now available for download from the RVCA site: <u>http://www.southfrontenac.net/en/town-hall/resources/Algae-Manual-Concise-Final.pdf</u>

By Canada Day, most Common Loon chicks will have hatched across Canada. Small chicks are surprisingly difficult to see. They are also vulnerable especially if separated from their parents, which can happen when boaters approach too closely. We asks boaters including kayaks and canoes as well as motor boats, to avoid disturbing the loons this summer. If you see loons or other water birds, please slow down and steer clear.

A few facts about Loons:

- chick can swim right away, but spend some time on the back of a parent to rest, conserve heat, and avoid predators
- have many bones that are solid, rather than hollow like those of other birds, which aid its diving ability
- can stay under water for almost a minute and dive to depths of 80 m
- may have to run as far as several hundred metres on the surface of the water on a calm day before gaining enough speed to take off

First Loon Report for 2017



Our Loons arrived in March from their long migration north from the south. I have been on the lake many times and it looks like we have 2 pair and a single Loon taking up residence on Salerno Lake.

One pair seems to have taken up ownership around the Island and the other pair at the far end of the lake near the boat launch. Our single Loon floats back and forth joining the others. There is a chance we could have more Loons join the others on Salerno Lake.

I believe the territories have been set and now it is a matter of waiting to see if we have chicks on the lake again this year. The incubation period is about 6 weeks so that will put us into late June or the first week of July.

Having the Loons return to Salerno tells us our Lake is healthy, fish levels are good and the water clarity is very clear. I will keep everyone posted on the progress of our Loons and if our Loon numbers increase.

Kevin

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Member Discounts from Total Site Services

Offering SDLCA members a \$30 discount for Septic Pumping Services! Provide them with our discount code **SDLCA40** when you book your appointment ..

Call them today at 705-457-9558.

After the \$30 discount, pumping service is \$240 including taxes.

This offer is valid if Total Site Services is coming

over to do more than one septic. If one person calls in they will schedule you on a day when they are in that area. So connect with your neighbour and book your septic pumping service at the same time!!

Emergency call-outs are not eligible for the discount.

The Broken Canoe

Located at The General Store in Irondale. Where foodies feed Friends & Neighbors.

Our suggested hours of business will be:

- May & June Thursday to Sunday 11-7
- July & August 7 Days a week from 11-7
- possible fall hours as well

At the Broken Canoe we take pride in selecting our pork for our hand cut, homemade Souvlaki on the Bun. We select the best produce for our Red Rice Salad, Black Bean, Corn Curry Salad, German Potato salad and Kale Salad.

The Broken Canoe offers Samosa and our Smoked Salmon by the piece. For the more traditional Food Truck customers we have Sausages on the Bun, Hot Dogs, Hand Cut Fries and Poutine.

Coming Soon will be our Woodfired Pizza.

Please STOP by the Broken Canoe and try us out.

Have a great 2017 Summer!







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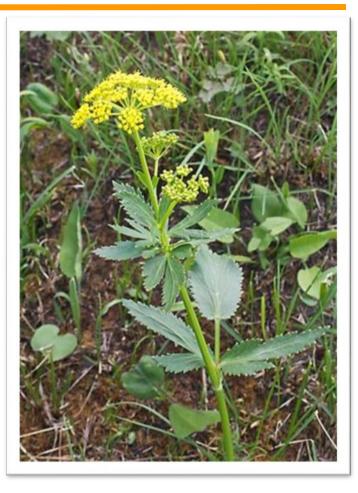


You'll Want To Learn To Recognize This Plant

WILD PARSNIP, which is spreading rapidly in Eastern Ontario. People coming in contact with the plant's sap have developed severe skin irritations. This plant has a yellow umbrellalike top and saw tooth leaves. Wild parsnip can be controlled by pulling or digging, or by mowing if done at the right stage of its development. Wear protective clothing and be extremely cautious when handling it, and be wary of picking wild flowers.

Click here to learn more about the plant.

Height	0.5 to 1.5 m
Flowers	Yellowish-green flower clusters 10 to 20 cm across
Leaves	Leaves consist of 2 to 5 pairs of leaflets that grow across from each other along the stem, and one diamond-shaped leaflet on the end. Leaflets toothed and often shaped like a mitten
Stem	Green, 2.5 to 5 cm thick. Smooth with few hairs
Origin	Biennial/Perennial
Origin	Invasive



Playing Old Cottage Games

My sister brought to the cottage for the May long weekend a board game that had been stored away for years. It originally came from our childhood cottage named Pine Point down on the south end of Salerno Lake. The game is called: **The Great Walleye Tournament Board Game**. It was marketed as "A Truly Family Fun Board Game" for 2-12 players and ages 8+.

Like many old board games, the gameplay combines mostly luck with some skill/knowledge to determine a winner. Here's a couple of the sample **'skill testing questions'** for Walleye fishing:

- 1. You have trolled many fruitless hours using medium to large lures. Should you:
 - a) Change to ultra light gear and small lures ?
 - b) Continue using the larger lures ?
- 2. Why do Walleye feed for longer periods in the spring ?
 - a) Because they are hungry after a long winter.
 - b) Because the baitfish are smaller in the spring.

Answers 1 a) Sometimes a small tidbit will make an otherwise fussy walleye strike. 2 b) Because good size forage is not yet available the walleye must satisfy themselves by feeding for longer periods on smaller prey.

It was fun to play this traditional family game with our nieces and nephews. Invented in 1992 and still a fun cottage game!



Written by Brett Proud

INSPIRING!

CLEANING UP THE OCEANS

Youthful entrepreneur Boyan Slat is pioneering a technology to remove the millions of tons of unsightly plastic trash floating on the surface of the world's oceans, which endanger marine species and pollute the human food chain.

'I became obsessed with the issue of plastic pollution, and couldn't think of anything else for a year – even after I started studying'

'The plan is to launch a pilot operation during 2017, and if that is successful start a full deployment within three years'

<u>https://</u> <u>www.theoceancleanup.</u> <u>com/</u>



The Remarkable Return of Turkeys to Ontario's Wild



Did you ever wonder where these turkeys we are seeing in our area came from? I did, and here is the story!

It just might have been the wildlife trade of the century. In 1984, Ontario received 274 wild turkeys from various U.S. states in exchange for river otters, partridge, geese and moose.

Dr. David Ankney, a retired biology professor at the University of Western Ontario, was one of the main catalysts in bringing the bird back to the province. "Some people call it biological poker: 'I'll see your moose and raise you two turkeys," he said with a laugh.

The birds are now believed to number as many as 100,000 in the province; quite impressive considering that in the early 20th century, wild turkeys were completely wiped off the map in Ontario. Most remarkably, they're abundant in Muskoka, which experts agree is likely outside of their historical natural range.

Randy Jennings, wild turkey coordinator with the Ontario Federation of Anglers and Hunters (OFAH), has a cottage in the Carnarvon area, just east of Muskoka in Haliburton County. He and his wife routinely spot turkeys on and around their cottage grounds. "I love seeing them," he said. "I think it's awesome for everybody, for viewing opportunities and just to have something like that back around here. It's incredible they can survive... you know what the snow depth is like up there and total lack of food in the wintertime. It shows you how hardy they are."

Call it a comeback

SPORTS Aug 18, 2011 by John Spratt North Bay Nipissing News

Stay Afloat this Summer

The **Explore our Lakes committee** is urging you to be safe and around the waterways this year. In recent years a few lives were lost in Haliburton County on the waterways; these deaths were **preventable**. We encourage you and your guests to practice the water safety guidelines listed below:

- P PFD you should always wear a PFD on and around water
- **R Renters** provide your renters with information about water safety
- **E Environmental hazards** pay attention to weather hazards and know how to deal with them should they arise while you are out on the water (i.e. wind, heavy fog, rain, lightening, cold water)
- V Visible make sure that you are visible to others while out on the water whether you are in a watercraft or swimming
- **E Emergency Contact Information** clearly list your address, emergency #, and access roads by the phone in your cottage/home for anyone who is staying or visiting.
- N Navigation always know your physical location on the waterways and carry navigation lights for night paddling/boating
- T Tell someone Always let someone know where you are going and when you expect to be back.
- A Awareness know the signs and symptoms of hypothermia, heat exhaustion and sunstroke. Take steps to prevent these from happening to you and your guests.
- B Boat safely follow the guidelines set out by Transport Canada
- L Location always have your cottage/home location on your cell phone
- **E Enjoy!** Practice these water safety tips and enjoy the lakes and waterways.

Let's have fun and play safe this summer!

Follow us on Facebook at: <u>https://www.facebook.com/</u> <u>haliburtonpaddles/</u> or visit our website at: <u>http://</u> www.dysartetal.ca/explore-our-lakes-150-days-of-paddling/ Article provided by





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