

2016 Fall/Winter Sentinel

Greetings from the SDLCA

As we near the end of 2016, we'd like to wish everyone in our Salerno Lake community the best in the year to come. 2017 will mark the 50th Anniversary of our Annual SDLCA Canoe Race (which began one year after the formation of the Association). We invite everyone to take part in the festivities and it is our goal to have 50 entrants in the race which would be most appropriate and set a record for entrants. You will find more on the Canoe Race inside your Sentinel.

We would also like to ask for some assistance in the volunteer department. Our Executive at the moment is running a couple of bodies short. Since Douglas Rodger left the Presidency, (although he still remains on the Board), Kevin Mansfield has been doing double-duty as both President and Treasurer. Bill Holding is acting as both Recording Secretary and de facto Lake Steward. Please take a moment to consider joining the Executive in the important and rewarding job of serving to protect and enhance our lake for the generations to come. It's not an onerous responsibility and it's a great way to meet your neighbours and make a positive impact on the place we all love so much.

See you on the lake!

Membership Update

Did you know that, although there are approximately 220 cottages on Salerno Lake, only 122 families have paid the annual cottage association dues this year.

We need your help to grow and remind non members that if they have ever put a boat in the water using the Public Boat Launch, it was the SDLCA that dealt with two municipalities to build it when our original boat launch site was sold. If they have enjoyed the Canada Day Fireworks, the Concert By The Lake, the Annual Canoe Race or our Summer Workshops, those are events created, organized and sponsored by the SDLCA.

Our dues are modest and benefits are many.



Inside this issue

Canoe Race Update	2
Loon Report	5
Salerno Lake Calendar	6
Fireplace Safety	7
Cottage Dreams	8
Membership Dues Update	9
Cottage Succession Planning	9
Concert by the Lake	10
What's your favorite recipe	11
Advertise with US	12



The Highland Drone videos and photos

A little 2 minute compilation video of the 2016 Canoe and Kayak Race for everyone to enjoy. Click here to launch the video [SDLCA Canoe Race 2016](#)

Video provided by Markus Tuomi - check out his website for his contact information highlanddrone.com

From Markus:
If you participated and don't see yourself in the video, I'm sorry, but I couldn't fit all the racers in such a short video since there were so many and I didn't get a good clip of everyone. However, there are many short clips not used in the video, and one of them may feature you. If you are interested in obtaining it, feel free to contact me.

SDLCA 2016 Canoe Race

The 49th annual SDLCA Canoe and Kayak race was held on July 31st this year. This year we had 31 boats and 52 participants plus 6 youth race participants. Once again we used the 9 km Lake course as the Irondale River is still obstructed. Rob Stuart, who has been the Race Marshall for decades, organized and orchestrated the event with the help of his family, particularly his daughter Kim.

This year we also featured a Youth Race which was organized by Keith Cowan and family. This involved a shorter route tailored to the needs of a younger group. There were six participants in the inaugural race. This is a great introduction to the Canoe race and hopefully the participants will graduate in future to the full event. Many thanks to the Cowan family for organizing this fun race for the kids and they have promised to organize it again next year.

The Children's Games held at the Irondale Community Centre were once again run by Jennifer Legge with help from a former Salerno Laker cottager—Amy Alfreddson.

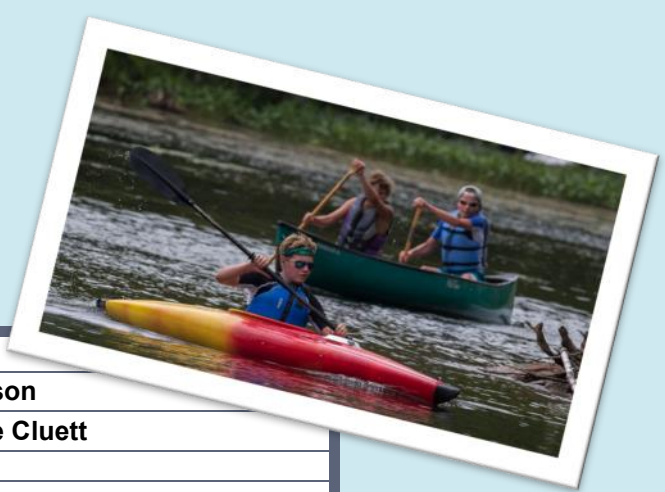
2017 will mark the 50th anniversary of the SDLCA Canoe Race, an event that is unique to Salerno Lake. We would love to see at least 50 entrants in our 50th year. We would like to hold this historic race on the Irondale River if the efforts to clear the large log jams are successful. Stay tuned as we may put out a call for volunteers...

MORE.. Race photos can be found on [our website...](#)



Canoe Race Times and Participants for 2016

Junior Canoe	1:08:43	1	Robert Field and Logan Boehm
Junior Canoe	1:08:53	2	Quinn Binnie and Charlie Alfredson
Junior Canoe	1:36:57	3	Mackenzie Morris and Mackenzie Cluett
Junior Kayak	1:06:17	1	Michael Field
Junior Kayak	1:24:50	2	Nelson Currie
Men's Canoe	1:07:51	1	Eric Brown and David Opheim
Men's Kayak	0:54:10	1	Eric Orschel
Men's Kayak	0:59:05	2	John Clark
Men's Kayak	1:02:04	3	Kevin Mansfield
Men's Kayak	1:10:16	4	Doug Rodger
Men's Kayak	1:12:00	5	Scott Woodard
Men's Kayak	1:14:33	6	Stuart Collins
Men's Kayak	1:14:54	7	Scott Mallon
Men's Kayak	1:17:38	8	Jordan Holt
Mixed Canoe	0:59:18	1	Tyler Crschel and Brooke Jones
Mixed Canoe	1:00:18	2	Julie Lock and Ryan Blair
Mixed Canoe	1:11:19	3	Sarah White and Duncan White
Mixed Canoe	1:11:43	4	Kyle Woodard and Meagan Delima
Mixed Canoe	DNF		Robert Morgante and Sarah Hine
Open	1:00:27	1	Bill Bayard and Jacob Bayard and Sierra Orschel
Open	1:01:21	2	Rob Brown
Open	1:01:29	3	Roman Boehm and Kyla Brake and Alex Schillar
Open	1:05:28	4	Michele Diano and Paul Verschuren
Open	1:06:24	5	Laura Holman and Kathryn Manarin and Jessica Principe
Men's Senior	1:04:27	1	John Leonard and Rob Stuart
Men's Senior	1:04:52	2	Bill Holding and Richard Hall
Woman's Senior	1:24:04	1	Kay Armatage and Barbara Holding
Woman's Canoe	1:08:38	1	Melissa Rayburn and Amy Rayburn
Woman's Canoe	1:22:51	2	Peggy Boehm and Morgan Boehm
Woman's Kayak	1:02:36	1	Rosalie Brown
Woman's Kayak	1:22:22	2	Ella Russell



BEST TIMES EVER DOWN THE LAKE



Mens	2015	0:59:35	Alex McClea and Pete Bukovec
Juniors	2014	1:08:03	Beau Binnie & Charlie Alfredsson
Senior Men	2014	1:04:13	Rob Stuart & John Leonard
Senior Women	2016	1:24:04	Kay Armatage and Barbara Holding
Women	2016	1:08:38	Melissa Rayburn and Amy Rayburn
Mixed	2016	0:59:18	Tyler Orschel and Brooke Jones
Open	2015	0:55:40	Eric Orschel and Sierra Orschel and Bill Bayard and Jacob Bayard
Kayak Women	2014	1:02:26	Jean Orschel
Kayak Men	2014	0:51:42	Eric Orschel
Kayak Juniors	2016	1:06:17	Michael Field

See you next year at our 50th Canoe Race and BBQ



Our Loon Update Report and More From Kevin Pepper

Once again where has the season gone! It seems it was not long ago we were waiting for spring and now we are preparing our cottages and homes for the cold weather and the lake to take on a bed of ice and snow.

We had an outstanding year on Salerno as the wildlife made its home here or passed through as a visitor. The usual cast of characters such as our bears, moose with young calves and plenty of deer roaming the bush. There were coyote, fox and wolf sightings along with our friendly raccoons. I'm sure there were plenty of others that just went unseen in the darkness of night.



As for our feathered friends we also had an outstanding year. The migration in the spring brought plenty of ducks including mallards, cormorants, wood ducks, common and hooded mergansers, bufflehead and ring-necked ducks. Most of these birds used Salerno as a stopover on route to wherever. Our usual residents were here, owls, herons, grouse, common mergansers, gulls, kingfishers and members of the wood pecker family. We can't leave out our feeder friends such as hummingbirds, blue jays, nuthatches, sparrows, chickadees and many other species we were fortunate to have on the lake.

We had an increase in our cooper hawk population this year along with spotting an osprey patrolling the shores. The merlin falcon made its presence known for a short period. AND we can't leave out our Loons. This year they arrived in April and we had two pair and a single take up residence on Salerno. It is so important to have a Loon population on the lake. The Loon is our barometer to tell us we have a clean and healthy lake.



Throughout the summer I witnessed many Loons visiting our lake in the morning to join up with our residents. One morning I experienced 12 Loons in one sighting. It was not uncommon to have 8 to 10 Loons drop in and visit. Again this indicated to me the quality of our water was able to sustain a fish population to feed our guests. A good sign.

The highlight of the Loon season was on the morning of July 8th, when on one of my Loon Watches I discovered 2 Loon chicks at the south end of the lake. This was just incredible. The nest was located in the marshy area out of sight and safe from predators. The last time we had young Loons on the lake was two years ago. Our Loon population had grown to 7 overnight.

I have spent the season following the Family and several times thought we lost one of the chicks. I know the Mother has abandoned one of the chicks however it is doing very well on its own. September 22nd was day 74 for the chicks and they are both doing well. The next major event will be the Mother migrating by herself and leaving the young adults to fend for themselves. I determined the Mother migrated on or around September 29th. Let's hope the young adults will migrate before the ice comes in.

I want to thank everyone for their interest and support of our wildlife on Salerno Lake. Kevin



Salerno Lake 2018 Calendar

We received great feedback from our 2017 Calendar and have decided to keep the tradition going.

Interested in being featured in our 2018 calendar? Whether showcasing a splash of summer, the leaves of fall, a moment in nature or a beautiful winter day we are looking for your photos! Submit them to SDLCA

Submissions should include the month and location of the photo. Please specify if you would like your name published. Photos from a regular camera required pixels (3300 or greater), unfortunately, camera phones do not provide enough clear resolution.

All submission will be reviewed by the end of August. Please note NOT all photos may be featured in the calendar. Photos may also be featured on the website or newsletters, so keep checking.

The **PROCEEDS** from the sale of the Salerno Lake 2017 Calendar which reflects the gorgeous iconic images from our very own paparazzi Kevin Pepper totalled \$350.00 These funds have been set aside for a Salerno Lake Wildlife Initiative.

Send an email to SDLCA if you would like to volunteer or provide suggestions for our Wildlife Project.

We look forward to hear from you!



There is comfort in the crackling sound of a wood-burning fireplace or stove on a cold winter's night. But warm and cozy can quickly turn dangerous, destructive and deadly if your wood-burning unit is not properly installed or regularly maintained.

Fireplace and woodstove users need to think about safety before starting any fires.

Preparation Tips

Preventative care and a well-designed area for burning wood can reduce the likelihood of an unintended incident. For example, when installing a woodstove, situate it on a non-combustible surface such as a tile floor. Adequate ventilation is very important for preventing carbon monoxide poisoning; make sure that a door or window is easily accessible from your wood-burning area.

Consult a professional about proper installation of stove pipes. If you are using a fireplace, regularly have the chimney cleaned and serviced by a professional. Keep an area of at least one metre around the stove or fireplace clear of anything that might catch fire or over-heat.



Know what to expect from your wood-burning unit. Stoves are designed to heat larger areas, and emit warmth from all sides. You may need to install a heat shield behind or beside the stove to prevent heat damage to any nearby walls. A fireplace, meanwhile, is primarily decorative and often does little more than provide some heat to the room in which it is located.

Firing it up

Before lighting your fireplace or wood-stove, open the damper to allow for good airflow. Keep the damper open until the fire is out and the ashes are cool enough to touch.

Build your fire with a small amount of dry, seasoned wood to keep the flames under control. Resist the temptation to overload your fireplace or stove. Burning too much wood at once can cause tar and creosote to build up in your chimney or stove pipes, which creates a fire hazard.

Never use highly flammable materials such as wrapping paper or gasoline in a woodstove or fireplace. These substances can create dangerous fireballs in an instant and, just like burning too much wood at once, can cause a buildup of flammable materials in your chimney or stove pipes.

Always use a screen in front of the fireplace, and never leave children unattended by a fire. Have a fire escape plan for your house and regularly review it with your family.

Continue on next page....

Other considerations

Keep a working fire extinguisher in an accessible location. Check your smoke detectors monthly, and replace the batteries as necessary. You should also have a carbon monoxide detector in your sleeping quarters to alert you if there is a buildup of the deadly gas. Carbon monoxide buildup can occur if the area around your wood-burning unit is inadequately ventilated. Symptoms of carbon monoxide poisoning can include headaches and nausea. If your carbon monoxide detector goes off, get out of the building immediately and find out what needs to be done to correct the ventilation problem.



With the holiday season fast approaching, remember to take decorations such as stockings off the fireplace before use. If you have a real Christmas tree, water it regularly and keep it a safe distance away from your woodstove and any open flames.

Be responsible and use common sense. Avoid being intoxicated or impaired when around fire. Never leave your house or go to bed when a fire is still burning.

When it's time to clean the ashes out of the fireplace or wood-stove, wait until they are completely cool and scoop them into a metal bucket; never place the ashes in a plastic or cardboard container. It can take up to three days for embers and ashes to completely cool.

Exercise due care and enjoy staying toasty by your fireplace or woodstove this winter!



If you are a cottage owner and would like to donate your cottage for the 2017 program season please email Debbie at program.info@cottagedreams.org. Debbie has her 2017 cottage donor spreadsheet updated and ready to go!

Our goal for 2017 is to place 300 applicants and their families. Please assist us in reaching our goal for next year.

If you know of a cancer survivor that can utilize our program, please pass along our information. We are now accepting applications for our 2017 program season.

Did you know..



At the AGM this summer, a small dues increase was approved by the membership in order to keep our budget within a sustainable level.

The annual dues were increased to 35\$ per annum, an increase of \$5.00, (the first increase in ten years).

However a two year renewal will cost only \$65 so the actual increase could be as low as \$2.50 a year by paying in advance.

These new rates will take effect in 2018.

Cottage Succession Seminars Video is released !

This summer, FOCA held their in-person seminars for 2016 on the topic of passing the cottage to the next generation. **Estate lawyer Peter Lillico spoke on August 21st in Irondale (Haliburton) about creating a cottage sharing agreement.**

FOCA has released a DVD version of the Seminar, "**Cottage Sharing Agreements**," for those who were not able to join them in person, or who want to review this topic with family members. The video covers topics such as: What is a Cottage Sharing Agreement? When is it needed? What are some advantages, restrictions and pitfalls along the route?



FOCA is now offering a DVD copy for sale. The total for one DVD including HST is **\$22.60 (Canadian funds)**.

You can pay online using credit card by [clicking here](#) . Alternatively if you would prefer you can call FOCA during office hours and we can take your payment information over the phone. Phone: 705-749-3622

If you are mailing a cheque it can be made payable to the Federation of Ontario Cottagers' Association and Cheques can be mailed directly to the FOCA Office: Federation of Ontario Cottagers' Associations #201 – 159 King St., Peterborough, ON K9J 2R8.

Once we receive payment, the DVD(s) will be shipped to your mailing address. If you have any questions or concerns, please do not hesitate to contact Deanna Panitz - Membership and Programs Coordinator for FOCA - Email: info@foca.on.ca

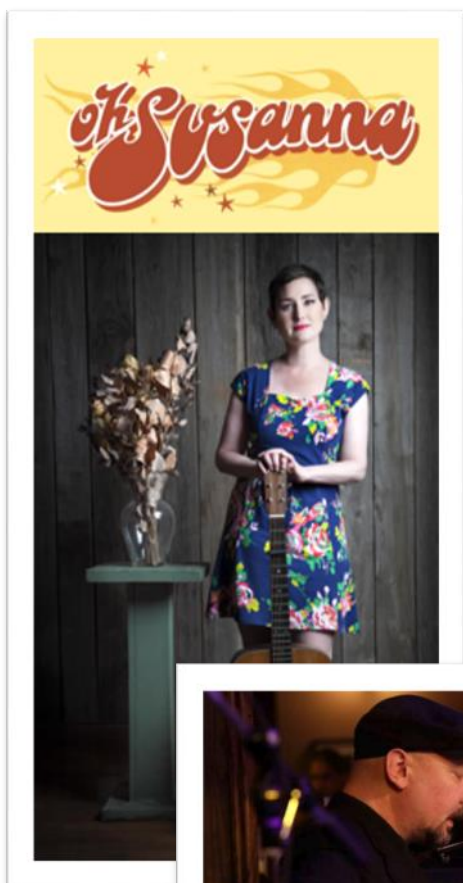
Additional Resources:

- [Read this article](#) about FOCA's Cottage Succession Seminar series with estate lawyer Peter Lillico (source: My Kawartha)
- Get additional notes from estate lawyer Peter Lillico about leaving the cottage to the kids, online here: <http://www.lbghlaw.com/cottages/>

Concert By The Lake

Our unique musical series of concerts on the shore of Salerno Lake has been ongoing for six years now. For all of those years, the weather has been more or less cooperative and the concerts have been financially self-sustaining with attendance between 75 to 100 people. The ticket price has remained at 10\$ per person with children under 16 being free. We have had stellar artists, strong independent Canadian (and one Englishman) performers. I have had people come to me a month after the event, to pay for the concert they had enjoyed without leaving their dock.

We always had a back up venue in case of inclement weather; the Irondale Heritage Church which is a splendid place to hear music. This year for the first time we were forced to make the switch due to ongoing thunderstorms. (It is not safe to run a PA system in wet conditions.) Unfortunately our audience did not follow us to the church. Although the show, featuring Juno Award winning pianist Julian Fauth was an artistic success, the loss to the coffers of the SDLCA was almost \$500. For an organization as small as ours, this is unsustainable.



What are you interested in learning about at the cottage next summer?

- Swimming or water safety?
- The environment?
- Animal Habitats?

Let us know so that we can align our summer workshops to meet the needs and interest of our community.

Did you know the 503 Stop is open Monday to Saturday 9:00 to 5:00 pm and closed on SUNDAY during the winter months

What's your favorite cottage Recipe?

On Thanksgiving weekend I made Hot Apple Cider. See the recipe below. I have to say it was the best I have ever had. We didn't have a cheesecloth so we simply put all the ingredients into the pot together. It was enjoyed by everyone. A great way to stay warm on a cold day!



Hot Apple Cider



Prep
5 m

Cook
10 m

Ready In
15 m

Recipe By: Stella

"Nothing beats a mug of hot cider on a cold winter day. This recipe is great as it calls for fresh apple cider and pure maple syrup. Start with only 6 strips each of the orange and lemon peel, and adjust to taste."

Ingredients

6 cups apple cider
1/4 cup real maple syrup
2 cinnamon sticks
6 whole cloves

6 whole allspice berries
1 orange peel, cut into strips
1 lemon peel, cut into strips

Directions

- 1 Pour the apple cider and maple syrup into a large stainless steel saucepan.
- 2 Place the cinnamon sticks, cloves, allspice berries, orange peel and lemon peel in the center of a washed square of cheesecloth; fold up the sides of the cheesecloth to enclose the bundle, then tie it up with a length of kitchen string. Drop the spice bundle into the cider mixture.
- 3 Place the saucepan over moderate heat for 5 to 10 minutes, or until the cider is very hot but not boiling.
- 4 Remove the cider from the heat. Discard the spice bundle. Ladle the cider into big cups or mugs, adding a fresh cinnamon stick to each serving if desired.

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