

SDLCA Fall/Winter Sentinel



Salerno (Devil's) Lake
Cottagers' Association



Switching Roles!

Greetings from the Lake

As the seasons change, so have some of the roles on our SDLCA Team.

We finally have someone leading the pack. Bill Holding has taken on the role of President.

Our newest member, Lynn Blake, will be taking over as the Membership Secretary.

Kay Armatage has stepped in to take over as Secretary, in charge of keeping our meeting minutes organized and up-to-date. She will also continue as our Editor for Communications.

Jacqueline Proud will remain for one more year to support communications and our website. Let's hope we can attract new volunteers to help keep these efforts going in 2020.

Margaret Clayton, as noted at our AGM, will be stepping down in September. This creates a new opening on the team.

Send us an email at sdca.president@gmail.com if you would be interested in joining our team to help make our lake healthier, meet new friends and to feel good about contributing!



Message from our New President

The leaves have been down many weeks now and almost every boat pulled from the lake. A quietness and stillness has descended as the coolness of early winter approaches.

Fall is one of my favourite seasons with the trees' leaves changing colour and eventually falling. This is only the second time of the year you can tramp through the woods and see great distances while the weather is still relatively warm. Hiking the fall woods is also one of my favorite pastimes and so I want to share with you a way you can enjoy them in my article on page 8 "Haliburton Highlands' Best Kept Secret".

Keep warm and safe this winter and we will see you in the spring.

Your new SDLCA President, Bill Holding



Welcome to our SDLCA Team!

With great pleasure we would like to introduce Lynn Blake to our Executive Team as our **new Membership Secretary**.

Lynn and her husband Randy have been on the lake since 1994. The city girl quickly learned to become a pioneer woman in the early days of camping and bunkies. Now in their cottage, Lynn enjoys watching her rescue dogs (currently Dawson and Parker) enjoying the freedom of swimming, fetching balls and chasing squirrels.

An avid Blue Jays, Leafs and Argos fan, Lynn is also master of her own grill, and enjoys deck dinners and drinks with friends and neighbours. An executive assistant for an international law firm, Salerno Lake provides a beautiful balance with Bay Street.

Lynn is looking forward to meeting and getting to know other cottage owners as she takes on her new role as Membership Secretary.



Membership Update

Currently we have 121 SDLCA members - **DOWN** by 7 from last year. Good news is we have 6 new members. Also note, we still have unpaid members for this year.

There is still time to renew your 2018 membership.

[Visit our website to renew your SDLCA membership today!](#)

We do appreciate everyone's continued support.

Membership E-Mails

Membership status emails will be going out in JANUARY. Member emails will contain either a renewal notice or a confirmation of pre-payment for 2019.

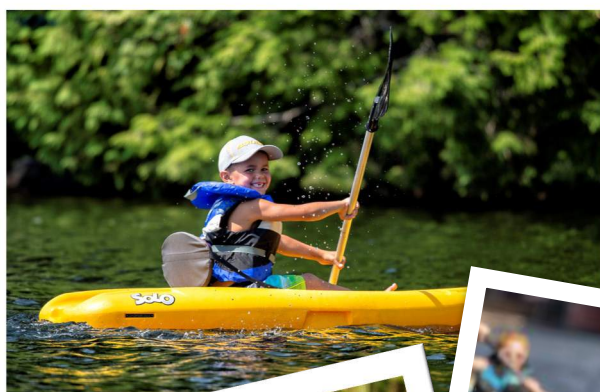
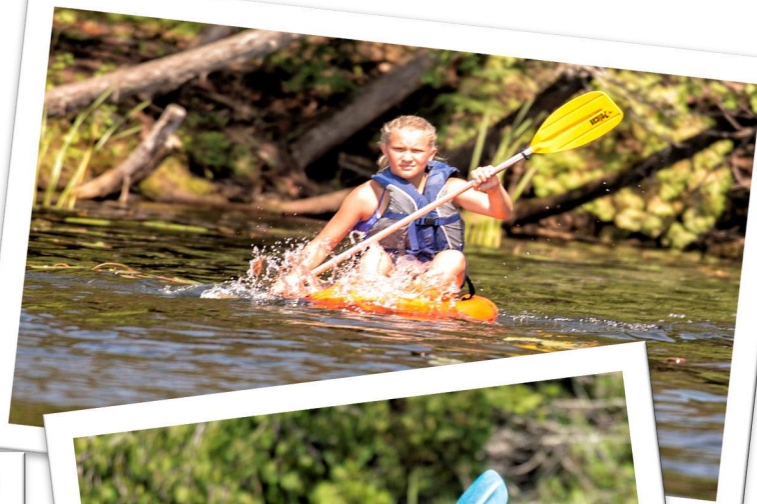
Your support allows us to continue to provide education and information through speakers, workshops and other initiatives about what matters most — our lake, our property, and our cottage lifestyle for the next generation. We need you and you need us!

3rd Youth Lake Race Results



Under 7	38:33	1	Jackson Steele
7-9 yrs	22:11	1	Brayden Steele
10—12 yrs girls	17:43	1	Natalie Stimers
	17:43	1	Natalie Chabott
	23:17	3	Taylor Vens
	23:46	4	Mackenzie Rendell
10-12 year boys	16:28	1	Daniel Stimers
	19:44	2	Aiden Ferguson
	40:00	3	Liam Ferguson
	40:00	4	Ciaran Ferguson

3rd Youth Lake Race Photos



51st Annual Canoe Race and BBQ

This year marked our 51st Annual Canoe Race and BBQ. We had a total of 14 boats and 23 participants. Fun was had by all.

The extreme heat meant fewer people who were willing to exert themselves for 9kms of intense lake paddling. Those who braved it, however, rocked it - especially having to battle a hard open-water head wind at the end. And there we have it—another amazing SDLCA Annual Canoe & Kayak Race & Lake Picnic in the books!

From Kim Stuart — “My dad and I have been coordinating this lake event for over 25 of its 51 years. We LOVE to do this alongside one another and to see our lake community come together generation after generation... the sense of belonging was so real for so many of us yesterday”

Our 2018 Canoe Race FINALISTS are...
(see our next page)



51st Annual Canoe Race Results



Junior Canoe	01:31:35	1	Clayton Danyshyn and Brayden McKnight
Senior Women	01:11:50	1	Ann Van Hoof and Fran Hurst
Senior Women	01:25:49	2	Kay Armatage and Barbara Holding
Junior Kayak	00:59:02	1	Robert Field
Mixed Canoe	1:00:57	1	Taylor Orshel and Brooke Jones
Mixed Canoe	1:03:46	2	Julia Chebott and David Wentland
Mixed Canoe	1:08:08	3	Amy Sshott and Djin Schott
Senior Mens	1:06:30	1	Doug Rodger and Bill Holding
Senior Mens	1:07:25	2	Robert Stuart and John Leonard
Women Kayak	1:17:42	1	Denise Desveaux
Women Kayak	1:19:03	2	Kim Chebott
Women Kayak	1:20:17	3	Ella Russell
Men's Kayak	1:03:19	1	Kevin Manfield
Men's Canoe	1:05:42	1	Scott Woodard and Dan Wagnell

Simple Way to Speed Up Pump Priming

If you drain your pump every fall for winter, here is a simple way to speed up pump priming in spring, thanks to a tip from John who works at the Home Hardware in Minden.

Instead of using a funnel and removing the pipe plug every time you need to prime your pump, this simple setup is permanently installed.

Parts required:

- One ABS 1-1/2 x 3 increaser bushing
- One ABS bushing 1-1/2 to 1/2 NPT (Dishwasher bushing)
- One ABS adapter 3" SPIG to 3" FIPT
- One ABS male pipe plug 3"
- Two 1/2" brass nipples (length to suit installation)
- One gate valve 1/2" NPT (or optional 1/2" NPT ball valve)

Build it:

Be sure to use nylon plumbing tape for the assembly of all threaded parts.

1. Using ABS glue, assemble the ABS parts as shown.
2. Assemble the brass nipples and valve assembly.

Install it:

1. Remove the existing 1/2" pipe plug from the top of the pump housing.
2. Install the brass valve assembly onto the pump housing.
3. Carefully tighten the ABS reservoir onto the upper brass nipple (Do not over tighten). The ABS pipe plug is used to keep the reservoir clean when you are not priming the pump.

Use it:

1. Remove the pipe cap and fill the reservoir with water.
2. Open the valve to fill the pump chamber.
3. Close the valve before turning on the pump. If necessary, repeat the priming process.

Submitted by Tom Kott
Salerno Lake, Irondale Ontario



Shared TIPS from one Salerno Lake Cottager to another

Haliburton Highlands' Best Kept Secret

The Hike Haliburton Festival started 16 years ago and has grown to an event with over 100 guided themed hikes held over 4 days every September with over 3000 hikers taking part this year. Some hikes are up to 19 km long and cover rugged terrain with high cliff look-outs; others are shorter and less strenuous and aimed at taking pleasure in your surroundings and storytelling from your guides.

Olden times' history comes alive through stories and walks among ruins of early homesteads, old fenced-in mining pits, mineral outcrops and mature forest stands. Local business and outfitters offer you a taste of their year-round offerings such as tree-top walks, rock climbing, horseback trekking, mineral collecting and this year's E-Bike trips on the rail trail. If you are looking for inspiration some hikes are offered by artists, writers and photographers who will share their insights and allow you to learn to view nature in different and unique ways. Many hikes offer up a chance to experience a rare opportunity to see country and trails on private lands that are not normally open to the public.

My first brush with the festival was 4 years ago, when one of my neighbours said they were going on the Irondale Mine Tour. This sounded interesting, so I signed up as well. Led by our informative and entertaining guide, George Simmons, the tour took us onto private land to see several abandoned mine pits and later, Irondale's tallest pine tree. I didn't realize at the time that this hike was part of a much larger event.

The following year I noticed a sign for the Hike Festival in the window of a business near the old rail car exhibit in Haliburton village. I had always wanted to explore more of Haliburton Highlands through hiking and snowshoeing and to share those experiences with my family and friends.

Guided hikes on new trails that I could at a later time bring my family back to explore, was just what I was looking for. That year I walked the Three Trails hike and the following year the Circuit of 5 View Points with my daughter.

Continue next page...



Haliburton Highlands' Best Kept Secret

This year we were all in, with one of my daughters taking vacation time to attend. The first day's hike was "Hike the Hills" at the Frost Centre on St. Nora's Lake which was a 7 km combination of three of the many in the area. Of note there are also two self-guided tours available here one a 3.5 km Geomorphology Hike with 15 informative sign posts and the Forest Management Trail on the west side of the highway with 13 signposts pointing out various trees and explaining forest eco systems.

The second day we were booked on separate hikes with my two daughters going on the Spirit of the Waterfall and I on the Devil Made Me Do It.

My hike was a 19 km trek through the Queen Elizabeth Wildlands with rugged terrain, bogs, marshes, beaver dams, rock faces and lakes along the way. One of our guides, having a botanical background, explained the mystery of the dead mole on the trail, the relationship



mushrooms have with trees and their profusion at this time of the year. This guide even pointed out a small insect-eating plant at the edge of a marsh which I was able to photograph. Even though an afternoon thunderstorm approached and opened up on us for about 15 minutes it was a great day.

Saturday was a true family hike with the whole family booked on the 6 km Sir Sam's Hill of History Hike. It was a cool sunny morning and a welcome change from the previous evening's thunderstorm and deluge. In the offseason the ski hills have a number of trails for hiking and mountain biking which wind their way to the top with a great view of the lakes in the area.

Continue next page...

Haliburton Highlands' Best Kept Secret

The original settlement was at the top of this hill and old apple trees are still to be found. Early farmers in the area had a steam combine shipped by rail in crates to be assembled for the fall wheat harvest and then dismantled and shipped south again when done. Sunday saw us sleep in and attend the closing picnic at Head Lake Park in the afternoon where there was entertainment, food and local craft breweries on display.



So now the secret is out.

You too can get out and enjoy more of the Highlands. You always savour those pictures you have taken in the past that bring back memories of family times and people in your life. What better reason than to get out and share new ones! The hardest part will be choosing among all the options. But remember, the next year will give you an opportunity to take the ones you missed.

Your SDLCA President,

Bill Holding



The Hike Haliburton Festival will see over 3,000 people participate in 100 hikes and events throughout the beautiful Haliburton Highlands. Hikers of all ages and abilities will come from across Ontario – and beyond – to take in the wonder of our region from **September 18-22nd, 2019** during Canada's largest hiking festival!

Follow them online:

<https://www.facebook.com/HikeHaliburton/>

How to Relax at the Cottage this Winter



If you think that a cottage on the lake is best enjoyed in the summer, think again. A winter cottage getaway has the potential to be a relaxing retreat.

According to Sara Laux for Cottage Life, winters at the cottage can be the best time to recharge your batteries. Here are a few reasons why:

The Smells & Sounds

There's nothing more soothing than the crackle of a wood fire and the gentle smell of smoke as the snow drifts down outside. Throw in a cozy blanket and you've got heaven on earth.

The Chance To Rest

It seems like the summer to-do list never ends, but there's a lot less you can do in the winter. Enjoy the break!

The Pure White Snow

You don't have to deal with a houseful of sand, your dog won't get muddy or sprayed by a skunk, and you won't have to constantly hang up wet towels and swimsuits.

The Excuse To Stay In

Because it gets dark so early, you have no choice but to spend a lot of your time reading by the fire. (Substitute playing board games, doing jigsaw puzzles, chatting with your family, painting, drawing, crafting—whatever floats your cottage boat.)

The Total Silence

The seemingly endless din of voices, stereos, and boat motors drifting across the lake are mercifully silenced.

Ice Safety



Did you know the colour of ice may be an indication of its strength?

- Clear blue ice is strongest.
- White opaque or snow ice is half as strong as blue ice. Contains air. Opaque ice is formed by wet snow freezing on the ice.
- Grey ice is unsafe. The grayness indicates the presence of water. Extremely dangerous!

Did you know ice thickness should be:

- 15 cm for walking or skating alone
- 20 cm for skating parties or games
- 25 cm for snowmobiles.

Source: <http://www.redcross.ca>

Shock on the Dock 2018

Instructor Joey, a Barrie firefighter, used dummies to teach CPR and the proper usage of a defibrillator (AED) to another bunch of dummies on the dock at the Brown's cottage on July 21, 2018.

This was a wonderful and potentially life saving session of instructions. Joey is the perfect person to teach this course.

Douglas Rodger



Devil's Edge Brewery

Irondale has recently hit the map of towns with its own **craft brewery** as Devil's Edge Brewery recently opened. The outlet is right beside The 503 Stop (Irondale Gas Station), only about 10min from Kinmount.

A number of new beers are ready and, according to the brew master, new recipes are also in the works.

Our beer taster has so far only tried the IB&O Pale Ale. He has to say his expectations were not super high but, wow, what a great pale ale!

It's a refreshing version and definitely not too strong nor too heavy — even for folks not accustomed to the unique flavour of a pale ale. He grades it at least an 8.5 on a scale to 10 and says it's certainly a recipe that shouldn't be tweaked. It's a great tasting beer as is.

Definitely fun for the Irondale and Salerno Lake community to have 'our own' local craft brewery!



End of Season Loon Report

I'm sure like myself we were all caught off guard with the snowfall last week. It marks the start of winter and the end of another great Loon Season on Salerno.

As reported earlier we had 7 resident Loons on our lake and the birth of a Loon chick back on June 18th. I really want to thank everyone who protected and watched out for Ryder. The interest and concern for the growth of this little creature was amazing. It seems that everyone took Ryder under their wings to make sure he was safe.

The chances of a Loon chick surviving birth, surviving the season and finally migrating is less than 50%.

At times I witnessed up to 12 Loons enjoying Salerno and visiting on a frequent basis. The adult Loons all migrated in mid-September leaving Ryder behind. This is normal behaviour for Loons. Adult Loons leave first to ensure a good food supply for the first-year chicks, who normally then migrate in October or before the ice forms.

We have experienced a complete and successful life cycle of the Loons this season: their migration to Salerno in the spring, the birth of a chick, the raising of that chick, and finally, a successfully migrate in October. The Common Loon is diminishing in numbers so to be able to report to Bird Studies of Canada the addition of a Loon chick means Salerno Lake successfully contributed to the Loon population.

A combination of a very healthy lake and the awareness of everyone to protect the Loons makes a difference.

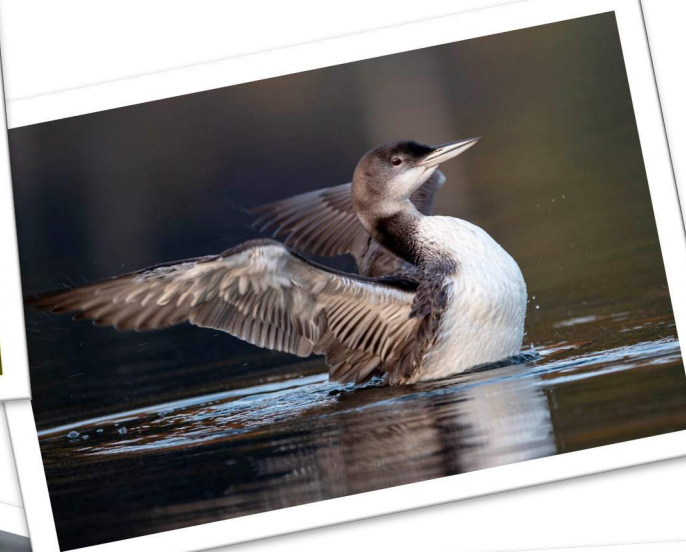
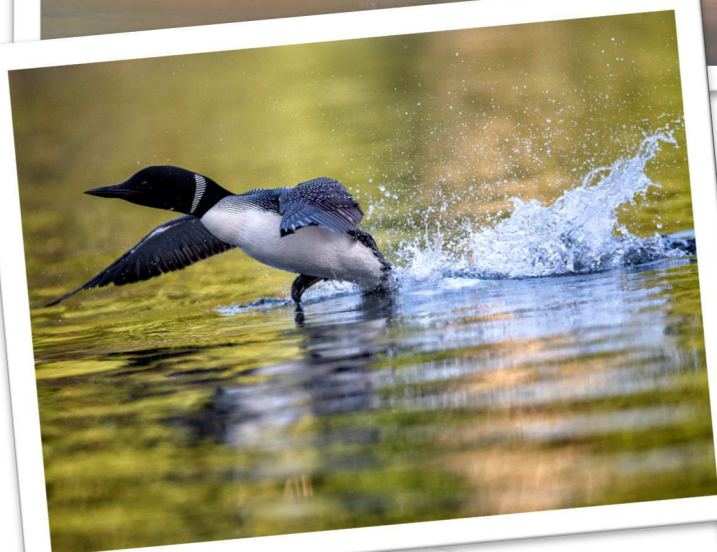
I'm very much excited and waiting for our Loon Season to start again in the spring.

Good job, everyone! Have a safe winter and we will see you all in the Spring.

Kevin Pepper



End of Season Loon Report



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