



Salerno Lake Sentinel

2018 Spring / Summer Edition

May 2018

It's about family, friends, nature, community, relaxation, fun and creating memories!



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SDLCA Executive Greetings

I don't know about you but I have had just about enough of this endless Winter. And Spring! Ha! Don't get me started. Everywhere I go this April, I either freeze my butt off or get wet. (Note to self. This is a good opening for a Sentinel. Complain about the weather. It's a Canadian thing.)

But let us look ahead to what will be an awesome summer on Salerno Lake. There will be fireworks - literally on Canada Day Weekend; and figuratively, at the AGM. Fireworks have become something of an issue on the lake but if we're all respectful to other folks' opinions, it'll work out. Most folks just want to reduce the number of random nighttime disruptions caused by freelance fireworks. (Whoa, Dude! It's Tuesday! Let's blast some pyro!)

In 2017, Kiyomi Valentine's performance in front of a 'hometown' audience at the Concert On The Lake really rocked the dock. This event drew our largest turnout ever - and, after a great performance, we witnessed an onstage marriage proposal that was joyfully accepted. Hard to top that in 2018 that but we'll try.

In keeping with the family theme, this year on Saturday July 14th, Concert On The Lake will feature my very own sister, Claire Rodger, with Alan Cohen on keyboards and Bruce Griffin on bass. I'm so happy to be bringing her music to the Lake. Claire has been a big help to us on a few of our concerts so she gets what a cool gig this is. So she is putting together a special Salerno Lake show called "Songs For A Summer Night."

Also on the same day, July 14th, from 12 - 3pm there will be a Dock Sale on the Lake. Read all about our 2018 events in this edition of the Sentinel.

Lastly I'd like to send a shout-out to Jacqueline Proud and Kay Armatage who have brought this edition of the Salerno Lake Sentinel together. And a big welcome to Bob Collins who has joined the SDLCA Executive as our Treasurer!

See you on the lake! Douglas Rodger our Ex-Presidente

WELCOME

To our NEW 2017 SDLCA members

Janette Jones

Dave & Katie Roberts

Samuel Watt & June Hong

Sean Carnrite

Chris Simons

***Thank you for taking
the time to become an
SDLCA member: we
value your support.***

Member Page Password

You can view the
[members only page](#) on
our web-site using the
following

PASSWORD:
sdica18

We update this page with
member discounts and
savings provided by our
advertisers or affiliates.

Thanks Kevin Mansfield!

Kevin Mansfield began looking after the coffers of the SDLCA in 2010, having taken on the position of Treasurer. During his tenure we have maintained a steady balance and thanks to his careful management, the Association's funds have actually increased! When Doug Rodger retired after several years as President in 2015, Kevin stepped up as Acting President.

A lifelong summer resident of Salerno Lake, Kevin recognized the value of the SDLCA's work and felt it was important to "give back" to the community from which he has derived so much pleasure. We thank him for sharing his financial acumen and for the professional and efficient manner with which he chaired our meetings.

By Sydney Clark our Ex-Ex-Presidente

Welcome to our SDLCA Team!

With great pleasure we would like to introduce Bob Collins to our Executive Team.

Bob will be taking over for Kevin Mansfield as our new Treasurer – he has been working with Kevin to transition the role this spring.

Bob and his wife Mary Jane are first-generation cottagers and bought a fixer-upper on Salerno lake in 2003. After spending the first four years making their cottage (aka Woody's Surf Shack) liveable they've been loving lake life even more than they imagined.

After more than a decade of enjoying SDLCA events Bob felt it was time to stick his hand up when the executive asked for volunteers. Feel free to drop by if you see Bob and Mary on their dock - just look for a pontoon boat (the Bunny II) and tiki bar.

By The SDLCA Executive Team





Spring Loon Watch

The Salerno Lake community is truly blessed to include Kevin K. Pepper, a professional photographer who has taken on the role of tracker and chronicler of the loons on our lake and is known to some of us as "the loon whisperer."

In a recent Facebook post, Kevin wrote, "April 1, 2018. The first of April, we are turning the corner on winter and looking forward to "Ice Out." Our Loons have started their migration and will be arriving on Salerno very soon. I'm looking forward to another incredible season with the Loons on our Lake. The Loons are our barometer to let us know we have a healthy lake. Clean water, safe levels of natural chemicals, plenty of snails, fish and plant life. The water quality of Salerno is all of our responsibility. Come on home, Loons - we are waiting."

Of the photo above, he writes, "It will not be long before the Loons will be running on the water. With no warning you have a second to focus and click to capture these images."

By Kay Armatage

Join our SDLCA



We are still looking to fill the role of President and Membership Secretary.

We need your help to make the SDLCA work for you. Send us an email at sdlca.membership@gmail.com. If you would be interested in joining our team to help make our lake healthier, meet new friends and to feel good about contributing!

Shoreline Naturalization Workshop and Planting Event on SALERNO LAKE This Summer

The Coalition of Haliburton Property Owners' Association, with funding through the Great Lakes Guardian Fund, in partnership with the Salerno (Devil's) Lake Cottagers' Association and Paul Heaven of Glenside Ecological Services Limited are creating a shoreline re-naturalization demonstration site at two locations on Salerno Lake this summer.

Our first site will be the island on the south end of Salerno Lake. The second site will be a property across from the island. Planting on the first site will take place on June 2nd 2018. The second site is planned for September 8th.



The Coalition of Haliburton Property Owners Association is **seeking interested lakefront land owners and volunteers** to participate in a Shoreline Naturalization Workshop and planting events.

This is a great opportunity to learn about restoration planning components such as: erosion control, vegetation spacing, invasive species, access points and buffer zones.

It would also be a good opportunity for high school students on the lake to meet and contribute to their volunteer hours.

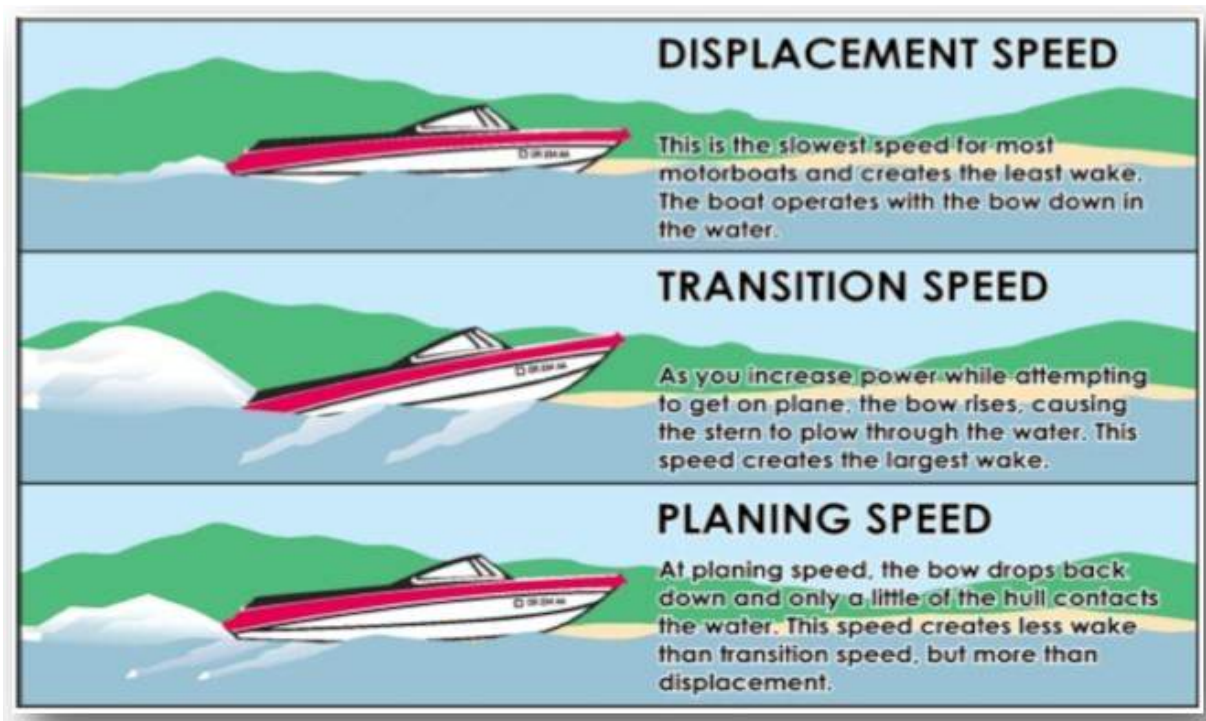
[Click here to Volunteer!](#)

Wake Up! And Look Behind!

Over the past several years there has been an increase in larger boats on Salerno Lake, resulting in sizable wakes that are particularly hazardous to the shoreline and to eco-friendly floating docks. A sudden huge wave crashing up on shore or lifting your boat/dock can be anywhere from simply annoying to downright destructive of property, not to mention social relations. Boaters have been heard swearing at each other, as well as shouting "slow down." A child reportedly nearly broke a foot in the gap between dock sections crashing against each other as a wake boat passed!

Boaters tend to be unaware rather than wilfully inconsiderate, so here's some friendly advice: when you're near shore (which is all the time on Salerno) or in a narrow channel, take a minute to turn around and look at how much water you're dragging behind the boat. Especially when you're slowing down, the stern of your boat can drop down and push up a lot of water, even more than it does when you're up on plane. The destruction also happens when boaters rush up to the dock.

It's simple. There are only two speeds that cause very little wake: planing speed, fully up on the wake, and displacement speed, when your boat is perfectly flat in the water, bow down.



Unlike in the U.S., in Canadian waters there is no such thing as a "no wake zone". At least there is no enforcement of no wake zones because Transport Canada seems to think that by enforcing speed limits, they're controlling wake.

But if you're going 10 KPH/6 MPH and you see you're still throwing a lot of water around, for your neighbours and the health of the lake, please slow down some more! And in places like the narrows between the island and the projects, drop right down to idle, and coast your way through. First of all, it's more considerate. Also, you are responsible for any property damage your wake causes.

By Rob Brown our Lake Steward

2018 MUNICIPAL AND
SCHOOL BOARD ELECTIONS

ON THE LIST TO VOTE?

HAVE YOUR SAY. LOG ON TODAY.

Voter
Lookup.ca

Your Roles in 2018

1. Ensure you are on the voter's list! Visit [voterlookup.ca](https://www.voterlookup.ca/home.aspx) <https://www.voterlookup.ca/home.aspx>
2. Vote in your Municipal Election (October 2018)

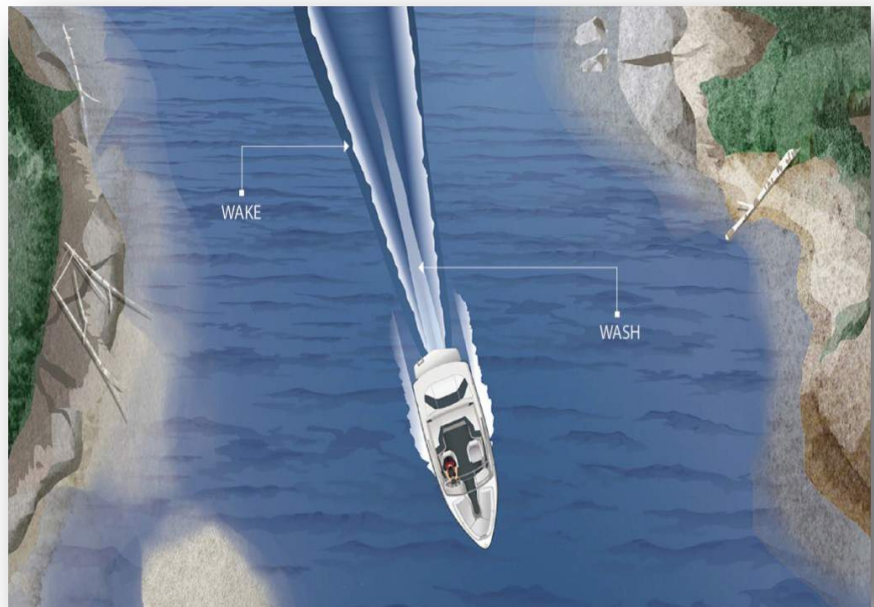
Municipal Property Assessment Corporation (MPAC) has officially launched Voterlookup.ca in support of the 2018 Municipal Election.

Voterlookup.ca is an easy and efficient way for electors to confirm they are on the list to vote for the upcoming municipal and school board elections.

Electors are encouraged to visit Voterlookup.ca or call MPAC at 1-866-296-6722 to confirm that they are on the list and that their information is correct.

So Let's Remember To Reduce the Effect of Wake and Wash

Your boat's wake and wash can cause damage to the shoreline by crashing against it. Large wakes may also swamp smaller boats, putting them at risk of capsizing.



You must understand the effect of your boat's wake on the following:

- Docks
- Wildlife
- Shoreline erosion
- Smaller craft (such as fishing boats)
- Swimmers and beach areas
- Human-powered boats (such as canoes, kayaks, and stand-up paddleboards)

You should have a look behind you occasionally to see how your wake affects other boats and shoreline. You may be surprised at what you learn, and how its passing affects fellow boaters.

HIKE IT
BABY 30

30 THINGS TO DO WITH YOUR KIDS OUTSIDE

Look at a cloud and say what you think it looks like. <input style="width: 30px; height: 20px;" type="checkbox"/>	Make a wish on a dandelion. <input style="width: 30px; height: 20px;" type="checkbox"/>	Explore a cobweb and make spiders cool. <input style="width: 30px; height: 20px;" type="checkbox"/>	Hug a tree. <input style="width: 30px; height: 20px;" type="checkbox"/>	Build a house for fairies. <input style="width: 30px; height: 20px;" type="checkbox"/>
Read a book in the woods. <input style="width: 30px; height: 20px;" type="checkbox"/>	Fill a basket with nuts, leaves, and sticks that have fallen from trees. <input style="width: 30px; height: 20px;" type="checkbox"/>	Pick up 3 pieces of trash from outside. <input style="width: 30px; height: 20px;" type="checkbox"/>	Identify 3 birds. <input style="width: 30px; height: 20px;" type="checkbox"/>	Throw rocks in a river, pond, or puddle. <input style="width: 30px; height: 20px;" type="checkbox"/>
Plant wildflowers. <input style="width: 30px; height: 20px;" type="checkbox"/>	Build a rock cairn. <input style="width: 30px; height: 20px;" type="checkbox"/>	Slide down a sand or grassy hill. <input style="width: 30px; height: 20px;" type="checkbox"/>	Explore a trail you have never been down. <input style="width: 30px; height: 20px;" type="checkbox"/>	Draw pictures in the dirt. <input style="width: 30px; height: 20px;" type="checkbox"/>
Paint rocks with water and see what colors arise. <input style="width: 30px; height: 20px;" type="checkbox"/>	Splash in a big puddle. <input style="width: 30px; height: 20px;" type="checkbox"/>	Put bugs in a bowl and observe them. <input style="width: 30px; height: 20px;" type="checkbox"/>	Work in a garden or explore a public garden. <input style="width: 30px; height: 20px;" type="checkbox"/>	Pick out how many shades of green you see on a trail. <input style="width: 30px; height: 20px;" type="checkbox"/>
Look for something prickly. <input style="width: 30px; height: 20px;" type="checkbox"/>	Sing in the rain. <input style="width: 30px; height: 20px;" type="checkbox"/> <small>no rain?? stick your head in a fountain or waterfall and sing!</small>	Plant a seed that you find on the trail. <small>i.e. acorn, pine cone, willow fuzz</small> <input style="width: 30px; height: 20px;" type="checkbox"/>	Have a picnic. <input style="width: 30px; height: 20px;" type="checkbox"/>	Find a trail with a creek and look for the animals that live in it. <input style="width: 30px; height: 20px;" type="checkbox"/>
<div style="border: 1px solid black; padding: 2px; display: inline-block;">My Trail</div> Name a trail with your own special name. <input style="width: 30px; height: 20px;" type="checkbox"/>	Make binoculars out of toilet paper rolls and spy something through them. <input style="width: 30px; height: 20px;" type="checkbox"/>	Make a new friend. <input style="width: 30px; height: 20px;" type="checkbox"/>	Walk like a duck, a deer, or a bear. <input style="width: 30px; height: 20px;" type="checkbox"/>	Find different items that are your child's favorite color. <input style="width: 30px; height: 20px;" type="checkbox"/>

www.hikeitbaby.com



Sharing Cottage Dreams

The 2018 program season is gearing up for the Cottage Dreams Cancer Recovery Initiative. Their program goal this year is to place 250 applicants and their families in donated cottage stays.

How can you help? Please contact Debbie at program.info@cottagedreams.org for more information!

Make Your Own Cheap AND Simple *FIRE STARTERS*



While nothing beats starting a fire with nothing but the local flora and quality bushcraft knowledge, sometimes a little help is nice—especially in the rain. Try these inexpensive and easy-to-make fire starters before your next camping trip to get crackling, whatever the weather.

These simple fire starter recipes reuse materials that would otherwise become household garbage.

Campgrounds often sell a similar fire starter for \$5 a pop, but you can make these almost free of charge just using ingredients from around your house and yard. Because this project involves using a stove and hot wax, parents should help kids.

WRITTEN BY KAYDI PYETTE

FIRE CRACKERS

You'll need:

- Newspaper
- Cardboard toilet paper tubes
- Dryer lint
- Parcel wrap
- Cotton string

Stuff newsprint into one side of a cardboard tube, using only enough newspaper to fill the first third of the tube. Next, stuff dryer lint into the other side of the tube. Finish by stuffing in more newsprint on that side, effectively creating a newsprint and lint Oreo cookie sandwich.

Once stuffed, roll the cardboard tube in a 10- by five-inch piece of parcel wrap paper. Twist the overhanging paper ends and tie them closed with paper string. Ta da—your fire starter is complete.

To keep these homemade fire starters ready to crackle, store them in a watertight container.

MAGIC MUFFINS

You'll need:

- Paper muffin cups
- Wax scraps from old candles
- Mix of wood chips and wood shavings
- Medium-sized cook pot
- Tin can

Start by melting the wax. The most efficient way to do this is by heating the wax over the stove. Fill a cooking pot halfway with water and put the pot on the stove over medium heat. Once the water has come to a boil, put your wax scraps in a clean tin can, and place the can upright in the boiling water. As you melt the wax, set up for the next step of the project by putting your paper muffin cups into the boiling water. Once the wax has completely melted you can remove the tin can from the boiling water using protective cooking mitts. Switch off the stove — you won't need heat for the rest of the project.

Add your mix of wood shavings and chips to the melted wax and stir, getting the wood completely coated. Add enough that your mixture is very chunky. Pour the mixture of wax and wood into the paper muffin cups. You'll want to leave a bit of paper at the top of each muffin cup, which will allow it to catch fire. Allow your Magic Muffin fire starter to dry completely before using. At camp, hold a match to the edge of the muffin cup and watch it ignite.

Voting in Municipal Elections Highlands East and Minden Hills

On **Monday, October 22nd, 2018** municipal elections will be held across Ontario. This is a once in every four years opportunity to talk with candidates and choose leaders who will advocate on behalf of issues that are important to you. Waterfront property owners and residents have a right to vote in municipal elections.

The SDLCA rarely endorses any particular candidate but we will endeavour to provide as much information about those running for municipal office, as possible. We feel that it's very important that seasonal residents who are the majority of the taxpayers in cottage country, have a clear and coherent voice in local governments. So do your part, and be sure you are registered to vote. Then exercise your right which can be done by mail-in ballot.



More information and updates will be made available in the next few months leading up to the election.

Environmentally Friendly Products for Your Cottage

Consider avoiding purchasing products for the cottage with microbeads. These are small plastic particles that are less than 5 millimetres in diameter.

They are used in a number of ways, such as cleansing or exfoliating agents in cosmetics, soaps or toothpaste. Microbeads do not dissolve, and after they are rinsed down the drain they can end up in in our rivers and lakes for decades, harming fish and other wildlife.

Avoid toothpaste, soaps, cleansers, and other personal care products with polyethylene (PE), polypropylene (PP), polyethylene terephthalate (PET), polymethyl methacrylate (PMMA) and nylon in their ingredients.

For a list of products in Canada that contain microbeads, visit [Beat the Microbead](#).

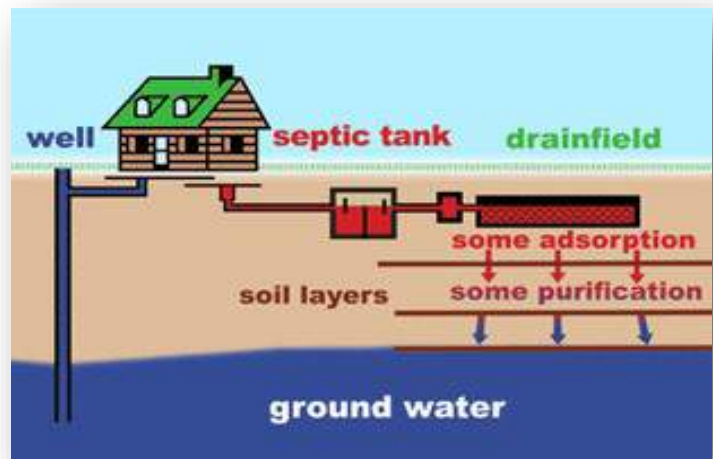


Coming to Salerno Lake this Summer

SEPTIC RE-INSPECTIONS

Haliburton County's municipalities are taking steps to develop septic reinspection plans in order to prevent blue green algae blooms in the county's lakes and rivers.

Septic tanks are the leading contributor of phosphorous to lakes in Ontario, and phosphorous is the main cause of blue green algae blooms. Toxins released by blue green algae when it blooms can pose serious health risks to humans and animals, including fish in the water. Drinking water affected by the algae can cause nausea, headaches and vomiting, while bathing in it can cause skin rashes and hay fever-like symptoms.



Municipalities have been mandated by the province to create septic re-inspection programs, although what type of inspections are performed is up to each individual municipality.

There are four basic types of septic inspection.

- Type 1 involves only paperwork and requires no site visit.
- Type 2 includes a site visit, but inspectors don't actually look inside the tank.
- Type 3 involves a lid-off inspection of septic tanks.
- Type 4 includes a lid-off inspection, and then a second inspection after the tank has been pumped out.

Minden Hills Council previously discussed inspections, noting the link between healthy septic systems and healthy lakes. Improperly functioning septic systems leach phosphorous into water bodies, phosphorous being a leading cause of algae blooms, which can seriously and negatively impact aquatic ecosystems.

"Is there any reason not to do Type 4?" Minden Hills Mayor Brent Devolin asked his colleagues. Councillors seemed in agreement that Type 4 inspections were the way to go.

On the other hand, as reported in the last issue of the Sentinel, **Highlands East** has started a Type 2 program, where university students will visit properties, determining what sort of system is in place and asking residents to fill out a questionnaire. Only in cases where septic tanks are deemed to be high-risk will a lid-off inspection take place.

Member Discounts from Total Site Services

Offering SDLCA members a \$30 discount for Septic Pumping Services!

Provide them with our discount code when you book your appointment - SDLCA40

Pumping service is \$240 taxes included, which is \$30 off.

This offer is valid if Total Site Services is coming over to do more than one septic, if one person calls in they will schedule you on a day when they are in that area. **So connect with your neighbour and book your septic pumping service at the same time!!** Emergency call outs are not eligible for the discount.

See their business card in the "Advertise with SDLCA" section below.

Poem by Canadian poet Karen Mulhallen

former Salerno Lake cottager

May on the Haliburton Road, Number 23

Carpet:

A fallen bird's egg, broken, blue
white stars of snow drops
masses of trilliums, dog-toothed yellow
violets pendulous bells, deep yellow fuzz of
dandelions
moss, spikes and fur, acid green softness
forget-me-knots
sky blue cumulus puffs, threads of cirrus
beaver pond a navy eye treed lashes at far
shore
in the morning gold water-lily pads
dried pods of rushes, ellipse of pond
milk weed, verticals and horizontals
of fallen trees, wind, hardwood
scrub, elder flower pods and white birch—
lake caught from elevation.

Road:

No Exit Road hump, rise and fall
and then fall no more.
Over the quiet a bird calls,
a plane leaves a stream, a double wake,
alone on the lake one power boat—
time and its passage, from light to dark.
The fox crosses as the sun rises from right
to left taking gold on his tail.

Woman:

Six in the morning; no one on the lake,
gold spreads, shore approaches shore,
bird calls and calls again,
chorus begins.

The birch tree is white,
luminous white against the even morning
light
spreading down the hill to the eastern shore.
Every sapling, every green branch distinct.
Gold becomes greener, hill becomes clearer,
bird song sweeter.

From the hills come peace,
comforts increase, gold moves from shore,
dark mirror on the south.
North becomes day, gold takes the lake,
silver birches spread limbs, tall, white.

The fox crosses down, gold on his tail,
road and trees dark, black top smooth,
city spires rise.

*Once there was a carpet, there was a road,
there was a woman, and nobody loved
as much as she...*

The poem can be found in Mulhallen's new book, *Captive Love, A Memoir of Rescue* (Quattro Books, 2018). Available for purchase at Amazon.ca.

Obituary: Betty Stephens

Betty passed away peacefully in her sleep early on the morning of August 8, 2017 in her 100th year. Predeceased by her husband Arthur. Beloved mother of Joni and Judy. Devoted grandmother to Jesse (Lara), Chloe (Oli) and Kiyomi (Meaghan). Her spirit will be greatly missed by everyone who knew her. Betty's unique style and fashion sense were legendary (she loved her bling!), as was her great wit.



Betty was married to Art Stephens, **whose family was one of the first on the lake.** Their cottage was built from the makings of an old log barn, which was brought across the lake in winter by horse-drawn sled. The old cottage was renovated in 2017 to be ready for the wedding of Chloe Stephens-McCloskey, Betty's granddaughter and the fourth generation of the Stephens family on the lake. Betty presided over the dining table and scrabble board for about seventy-five years on Salerno Lake, and was an avid painter in her later years.

A Sure Sign of Spring around Salerno Lake

Leeks are allium vegetables that are closely related to onions, garlic, shallots, and scallions.

With a milder flavor and larger size, they work well added to everything from salads to soups, where they add beneficial fiber and bulk along with vitamins, minerals, and antioxidant polyphenols.



Just make sure when harvesting, you don't take the total bunch. Always leave some roots so they will spread for next year.

We're eating them sautéed in their entirety, savouring the slightly sweet green leaf and mild bulb. Later in the summer the bulb will grow in size and taste deliciously pungent.

Enjoy!

Source: Our Salerno Lake Facebook friends

Testing Life Jackets and PFDs

Life jackets and PFDs should be tested for buoyancy at the start of each season and on a regular basis throughout the season. Even if they are new!

Proper maintenance of your lifejacket or PFD is very important:

- A flotation device is designed to save your life and should never be used as a seat cushion or fender for your boat. Using it in this manner could cause damage, voiding its “approved” status.
- Inspect your flotation devices regularly. If there are rips or signs of wear, they should be replaced immediately.
- Store flotation devices on board your boat in a dry, well ventilated area.
- Ensure your flotation devices are readily accessible and stored away from gasoline



To test your new lifejacket or PFD, take the following steps:

- In a supervised area, put your lifejacket or PFD on and wade out into chest deep water.
- Bend your knees and float on your back.
- Make sure your flotation device keeps your chin above water and you can still breathe easily.
- Practice swimming on your stomach and back.
- If you are responsible for children, let them experiment with their own flotation device under your supervision.

To clean a lifejacket or PFD:

- Use mild soap and water.
- Rinse thoroughly.
- Air-dry out of direct sunlight and away from direct heat.

Lauren McFarlane, customer service rep from Salus Marine Wear, explains that a PFD that has lost buoyancy will feel heavy in the water, almost like it's full of rocks, while a buoyant one should make you feel like you are effortlessly floating. Once on land, a buoyant PFD should drain and dry quickly. Tired PFDs that should be retired may be heavy and retain water.

Sources: <http://www.redcross.ca> & www.rapidmedia.com

SDLCA Summer Events

We are looking forward to another exciting summer and seeing you at our SDLCA events.

- 1. Shoreline Naturalization Workshop and Planting Event** -- **Saturday, June 2nd and September 8th** The CHA is **seeking interested lakefront land owners and volunteers** to participate in a Shoreline Naturalization Workshop and planting events that we will be happening on Salerno Lake this summer. This is a great opportunity to learn about restoration planning components such as: erosion control, vegetation spacing, invasive species, access points and buffer zones.

[Click here to Volunteer!](#)

- 2. Canada Day Fireworks** -- **Saturday, June 30th at 10 pm**

- 3. Dock Sale** -- **Saturday, July 14th at noon** — Remember, one person's trash is another person's treasure!

- 4. Concert On The Lake** -- **Saturday, July 14th at 6:30 pm** featuring Claire Rodger. Although Claire is a jazz vocalist, Songs For A Summer Night will be a very eclectic mix, covering tunes by James Taylor, The Beatles, Louis Armstrong, Neil Young, Bill Withers and Jesse Winchester. (Damn That Traffic Jam, Harvest Moon, Here Comes The Sun, Wonderful World, Help-less). There will be an opportunity for us all to sing along on some of those choruses. Here's a taste of what you may hear! <https://youtu.be/OKIFrMRs1HM>



[Click here to purchase your Concert On The Lake ticket now!](#)

- 5. NEW Shock on Dock Workshop** - **Saturday, July 21st from 11:00 to 1:00'ish** Lakeside learning hosted by Action First Aid



This 1-2 hr interactive and hands-on workshop is designed to increase the awareness and understanding of your AED (automated external defibrillator) at your home or cottage. Workshop is limited to 20 participants. **[Click here to learn more and register online](#)**

- 6. SDLCA Annual General Meeting** -- **Saturday August 4th** at the Irondale Community Centre

- 7. 3rd Youth Lake Race** – **Sunday, August 5th at 11 am** — Fun, Fun, Fun for all! We look forward to seeing the parents line the course to cheer on the children.

- 8. Canoe Race, Children's Games and Barbecue** -- **Sunday, August 5th** Registration for the race starts at noon at the boat launch, 3:30 to 6:30 for the BBQ, raffles, games and awards. Kids' games usually start at 4:30'ish



**Further details can be found in your DOCK Package (coming in July)
or on our website at www.SDLCA.ca under 2018 Events**

Canadians and the outdoors

Nearly **7 in 10 Canadians** participated in outdoor or wilderness activities, some in more than one.

18% participated in one
15% in two, and
41% in three or more kinds of activities

Canadians are a hardy bunch

4 in 10 of those with self-reported poor health still participated in outdoor or wilderness activities.



Hiking and backpacking are the most popular outdoor activities

44% Hiking or backpacking



32% Wildlife viewing or photography



20% Motor boating or jet skiing



24% Tent camping



17% Snowmobiling or other off-road vehicle use



22% Fishing



16% Foraging for food



22% Canoeing or kayaking



13% Mountain biking



13% Snowshoeing or cross-country skiing

Source: General Social Survey (Canadians at Work and Home), 2016



Statistics
Canada

Statistique
Canada

www.statcan.gc.ca

Canada

Advertising with the SDLCA



Redeem this ad for a
FREE Market Evaluation
and receive a 27" X 54" Canadian Flag

Anthony vanLieshout, CRA, Broker of Record

Marcia Bell* Chris James* Erin Nicholls* Chris Smolarz*

705-935-1000 ext 27

*Sales Representative

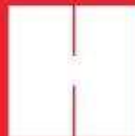
trilliumteam.ca

Summer living is easy.
Choosing just one art course is hard.

This year's summer program features over 300 courses
for beginners to experts, including almost 70 new classes.

For more information,
and to register:

hsad.ca or
705.457.1680
866.353.6464 ext. 3



**Haliburton School
of Art + Design**
Fleming College

Family Owned and Operated for Over 30 Years

Debler
WELL DRILLING



LICENSED PROFESSIONAL WELL DRILLING • HYDRO FRACTURING
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A poster for the Haliburton County Studio Tour. The background is a painting of a lake at sunset or sunrise, with a forested shoreline. The text is overlaid on the image in various white and black boxes, tilted to match the angle of the text.

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