



SEATTLE WRESTLING CLUB

FOLKSTYLE SEASON

(Folkstyle = High School Rules)

AGES 5 -14

Registration and First Practice:
Monday, October 22, 2018
6:30PM

Practices: Monday and Wednesday evenings, 6:30 to 8:00
in the Nathan Hale High School Wrestling Room

Season runs from October to February with numerous tournaments scheduled

Novice wrestlers welcome

For schedule and registration information visit
Seattlewrestling.org

Registration: \$150 club fee and a current USA Wrestling card

