



PARENTS' CODE OF CONDUCT

As a Parent(s) of the Team Quest's (TQ) athletic sports program I agree to adhere to following policies and procedures:

Print Athlete's Name: _____ Date: _____

- I hereby pledge to provide positive support, care, and encouragement for all athletes participating in youth sports by following this Parents' Code of Conduct.
- Encourage good sportsmanship by demonstrating positive support for all athletes, coaches, parents and officials at every meet, practice, and other TQ events.
- Place the emotional and physical well-being of my child ahead of my personal desire to win.
- Insist that my child compete in a safe and healthy environment.
- Require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Conduct.
- Support coaches, parents and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- Respect all coaches, parents and officers of the board and support his/her decision for the team.
- Partner with the coaching staff and never coach from the sidelines during practices and events and direct all issues or complaints to the appropriate personnel.
- Never make offensive comments to athletes, coaches, fellow parents or officials and avoid negative confrontations of any kind during TQ activities.
- Demand a sports environment for my child that is free from drugs and tobacco.
- Help foster an environment that is conducive to mental and physical growth for all athletes on and off the track.
- Demand my Child treat other athletes, coaches, parents, fans and officials with respect regardless of race, sex, culture, sexual orientation, disability or ability.
- Help my child enjoy the youth sport's experience by doing whatever I can, such as being a respectful fan and providing transportation when possible.
- Promise to make a commitment to volunteer whenever I can.
- Bring my athlete to all practices and events on time.
- Pay **ALL** fees for events and make good on any return items for insufficient funds.
- Strictly adhere to Team Quest's code of conduct and all rules governing use of facilities.

Parent's Signature

Date



Athlete's Code of Conduct

As an athletic of Team Quest Sports Program, I agree to adhere to the following policies and procedures:

- Adhere to all Team Quest Track Club rules and instructions.
- Respect parents, coaches, teammates and opponents at all times and **never bully anyone.**
- Notify a Team Quest Coach, Board member or parent if an issues arises which requires immediate attention, (injuries, confrontations, inappropriate behaviour, rule violators).
- Never make offensive comments to athletes, coaches, parents or officials and avoid negative confrontations of any kind during.
- Work equally hard for myself and/or my team.
- Arrive on-time to all practices and events with the intent to practice and compete with a positive attitude.
- Wear the appropriate attire during all practices and events.
- Exhibit good sportsmanship at all times and applaud the efforts of my teammates.
- Cooperate with parents, coaches, team mates, and officials.
- Exhibit humility in victory and pride in defeat.
- Participate for enjoyment, development and benefit, not just to please parents and coaches.
- Comply with the anti-doping policies and never use alcohol or illegal drugs of any kind.
- Respect the rights and values of all participants regardless of their gender, ability, cultural background, sexual orientation, disability or religion.
- Strictly adhere to Team Quest's code of conduct and all rules governing use of facilities.

Athlete's Printed Name

Athlete's Signature

Date