As a coach of the Thundercats Volleyball Club I understand I am expected to conduct myself at all times in a manner that demonstrates good sportsmanship and respect for others as stated within the <u>Coaches Code of Conduct</u>. The Coaches Code of Conduct addresses principles of responsible coaching and is in keeping with the best practices and ethical standards of the Club.

1. ATTENDANCE

- Expected to attend all practices and tournaments. If unavailable find a substitute coach to take my place.
- Willing to devote a large amount of time to my team.

2. SPORTSMANSHIP

- Respect all officials, opposing athletes and coaches, and spectators, and use only appropriate language.
- Abide by, and accept gracefully, the decisions of officials, no matter which team those decisions may favour.
- Demonstrate appreciation for and applaud good play, and never make derogatory remarks about officials, coaches or the athletes of any other team.
- Respect and care for the facilities in which practices and competitions are being held, and listen to those in authority.
- Be aware of and abide by the regulations of the Ontario Volleyball Association and Volleyball Canada.

3. COMMUNICATION

- Treat my athletes with respect. Never do anything that harms the athletes entrusted in my care, either mentally, morally or physically.
- Establish roles and expectations with each player. Guide them honestly.
- Encourage all the team members to develop sportsman spirit and ensure that my team is the best volleyball team.

4. PERSONAL

- Sensitive, firm, insightful, adaptable, and flexible. A coach must be consistent.
- Understand my role on the coaching staff and execute that role to the best of my ability.
- Exhibit the same standard of behavior when out in public, as I do on the court. Realize that when off the court, especially when wearing Club attire, I are still a representative of the Thundercats Volleyball Club.
- Ensure a safe environment for the athletes and mitigating the risk of accidents and injuries
- Upgrade my coaching levels.
- Respect my fellow coaches, and support them to my utmost in my team endeavors.

5. TEACH

- Coaching is teaching depth teaching of the advanced skills and strategies of the sport of volleyball.
- Develop each of my athletes to his or her full potential.
- Teach team players how to play flexibly, effectively and winningly.
- Formulate effective game strategies and making my team enforce the same in the court.
- Motivate the team players to give their 100% in the game and provide them with suggestions to improve their game.
- Aid the educational and individual growth of the team players and ensuring that they maintain good health and undergo healthy overall development.

I understand and agree to adhere to the Coach's Code of Conduct as described above.	
Signature of Coach:	Date: