

USA THROWBALL ASSOCIATION

CONGRATULATIONS!
25 & UP TOURNAMENT

Champions:
Detroit Champs
Finalist:
Team Mamba



Trivia Korner:

My Team has attended these tournaments several times.
Do I still need to attend Captains/Coaches calls?

ABSOLUTELY!

To get the latest updates on rules, tournament specific guidance and to get important tournament dates.

What an Amazing Tournament!
Thank you for your participation, support and Feedback!

Loved to see the unity and passion for the sport. Volunteers were amazing

Good platform to learn and compete with other talented players

Everything was well organized

Very happy, polite and professional environment

Fantastic experience overall

Competition and Meeting people from all over

Fun themed, marketing and fair refs

Happiness, fairness, ambiance and volunteers



We strive to improve our delivery in every tournament and we appreciate your feedback. We also would like to thank you for your encouragement and positive remarks!!!

**Summer Classic
2022 tournament
will be held
in
Chicago, IL.
on
June 25th/26th**

**Invitational 2022
Tournament
will be held
in
Dallas, TX.
on
Oct. 8th/9th**

**Winter Classic
2023 tournament
will be held
in
Houston, TX.
on
Jan. 14th/15th**

Newest addition to our USA Throwball Family ...



Austin Strikers

Team **Austin Strikers** was a vision of 4 enthusiastic Throwball players (Sridevi, Geethanjali, Supriya & Dhanya) based in Austin.

Our passion for Throwball brought us together & with the support of the players from our local Teams we formed the first National Throwball Team - **Austin Strikers**.

From that moment onwards we were determined to participate in the Nationals conducted by USTA. We played our First National Tournament in Orlando.

It was a great platform for **Austin Strikers** to interact, learn and compete with other National level Throwball players from different parts of US. We won our First Match in the League & went on to win one more in the League stage.

Strikers fought hard but lost in Quarter Finals.

As Co- Captains, we are proud of our team and appreciate all their hard work & dedication. Our team is looking forward for **Winter Classics 2023!!**

Dhanya Mohanan - Captain
Supriya Nageneni - Co Captain

**It was an amazing experience.
My team is still learning but they
enjoyed. Dhanya - Captain**

7 Reasons Why Stretching Is Important

1. Stretching Promotes Proper Circulation
2. Improves Coordination And Free Movement
3. Prepares You For The Physical Challenge
4. Improves Flexibility
5. Reduces Muscle Tension
6. Increase Your Range Of Motion
7. Prevents Muscle Strain

CONTACT US AT:

