Athletes,

It is the coach who frames the sport experience for the athlete. The quality of coaching has the greatest influence on whether or not participation in high school sports becomes a positive experience for the young athlete.

The sport of track and field events offers opportunities for athletic success to a wider variety of personalities, body types and natural athletic talent than any other sport. Combined with its dual offering of individual and team competition, no other sport can provide so much for so many. There are opportunities to develop physically, emotionally and socially. There are opportunities to discover hidden talents, learn about oneself and develop a new sense of competence and self-worth. There are opportunities to be part of a team while competing as an individual. There are lessons about life and reality. There is the motivation to pursue goals and objectives that most teenagers dismiss as being impossible. All these possibilities are woven into the unique fabric of sport.

What exactly is the high school coach’s role: recruiter, teacher, trainer, strategist, personnel manager, administrator, promoter, communications expert, diplomat, spokesperson, psychologist, impartial judge, disciplinarian, caring friend, counselor, or a parent substitute? To be a high school coach is to assume all of these diverse roles.

For the coach, the greatest reward should not only be the outcome of winning, but rather the process of training and competition that positively affects the personal development of young athletes. Great coaches use sport as a vehicle to enrich the lives and the futures of their athletes.

If it is important enough for a coach to say or write something to an athlete, it is important enough to be repeated, reinforced and reviewed to be sure the message is understood. Communication must be an ongoing process, especially with high school athletes.

An effective high school coach will be an inspirational leader, a knowledgeable teacher and an appropriate role model. More than just a teacher of skills and strategies, the high school coach is a significant adult force in the life of a student-athlete. Coaches can have a great impact on the psychological growth and personal development of athletes.

Organizing and directing a track and field program is an enormous coaching challenge. Track and field is a collage of seven technical sports: sprinting, hurdling, distance running, horizontal jumping, vertical jumping, throwing, and pole vaulting. Track and field should be one of the largest participation sports at every high school because it accommodates an almost unlimited number of athletes with various skills and combines seven individual sports into one team sport.

As your coach my expectations are very high and it will be my job to help you reach your goals.

Coach Pugh and Coach Coy
2017

Westwood Track & Field

Coaching Staff

- **Head Coach - Boys**: Brad Pugh 464-4134
  - 400 / 800
  - Relays - Boys
  - High Jump
  - Pole Vault
- **Head Coach - Girls**: Jaime Coy 464-4034
  - Distance
  - Triple Jump / Long Jump
- **Assistant**: Jeff Wilkerson 464-4132
  - Shot Put
  - Discus
- **Assistant**: Kyle Blanton 464-4130
  - Short Sprints (100/200)
  - Relays – Girls
  - Long Jump / Triple Jump
- **Assistant**: L.D. Williams 464-4129
  - Hurdles
- **Assistant**: Will Janson 464-4135
  - Sprints
  - Relays - Boys
- **Assistant**: Tara Nelson 464-4140
  - Sprints / Relays - Girls
  - High Jump
# 2017 Westwood High School Track & Field Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Meet</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/2/17</td>
<td>Practice Dual</td>
<td>McNeil H.S.</td>
<td>5:00PM</td>
</tr>
<tr>
<td>2/9/17</td>
<td>Practice Tri-Meet</td>
<td>Hutto H.S.</td>
<td>4:30PM</td>
</tr>
<tr>
<td>2/16/17</td>
<td>JV MEET (DUAL)</td>
<td>WHS – WARRIOR BOWL</td>
<td>5:00 PM</td>
</tr>
<tr>
<td>2/18/17</td>
<td>Lake Travis (VARSITY ONLY)</td>
<td>Lake Travis H.S.</td>
<td>8:00AM</td>
</tr>
<tr>
<td>2/25/17</td>
<td>Lehman</td>
<td>Buda H.S.</td>
<td>8:00AM</td>
</tr>
<tr>
<td>3/4/17</td>
<td>Round Rock Invitational</td>
<td>Dragon Stadium (RRHS)</td>
<td>8:00AM</td>
</tr>
<tr>
<td>3/10/17</td>
<td>Mav Relays</td>
<td>McNeil H.S.</td>
<td>12:30PM</td>
</tr>
<tr>
<td></td>
<td>*SPRING BREAK (3/11 – 3/19)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>*VOLUNTEER WORKOUTS (9 AM – 10:30 AM, MON. 3/13, TUES. 3/14, WED. 3/15)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3/25/17</td>
<td>Marble Falls</td>
<td>Marble Falls H.S.</td>
<td>8:00AM</td>
</tr>
<tr>
<td>4/1-2/17</td>
<td>Texas Relays</td>
<td>Mike Meyers UT</td>
<td>TBA</td>
</tr>
<tr>
<td>4/6/17</td>
<td>Eagle Relays</td>
<td>Georgetown H.S.</td>
<td>1:00PM</td>
</tr>
<tr>
<td>4/12-4/13/17</td>
<td>13-6A District Meet</td>
<td>Pflugerville H.S.</td>
<td>TBA</td>
</tr>
<tr>
<td>4/21/17</td>
<td>Area Meet</td>
<td>Marble Falls</td>
<td>TBA</td>
</tr>
<tr>
<td>4/29-30/17</td>
<td>Region 2 Meet</td>
<td>Baylor University</td>
<td>TBA</td>
</tr>
<tr>
<td>4/13-14/17</td>
<td>State Meet</td>
<td>Mike Meyers UT</td>
<td>TBA</td>
</tr>
</tbody>
</table>

**Head Coach:** Brad Pugh – Boys / Jaime Coy - Girls  
**Assistant Coaches:** Kyle Blanton, Will Janson, Tara Nelson, Jeff Wilkerson, L.D. Williams  
**Athletic Coordinator:** Anthony Wood
## Round Rock ISD

### Dates for UIL Eligibility

#### 2016-17

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 30</td>
<td>End of 6 weeks grading period</td>
</tr>
<tr>
<td>October 7</td>
<td>Eligibility check gain or lose (gain by credits only)</td>
</tr>
<tr>
<td>October 28</td>
<td>Eligibility check gain only</td>
</tr>
<tr>
<td>November 4</td>
<td>End of 6 weeks grading period</td>
</tr>
<tr>
<td>November 11</td>
<td>Eligibility check gain or lose</td>
</tr>
<tr>
<td>December 9</td>
<td>Eligibility check gain only</td>
</tr>
<tr>
<td>December 15</td>
<td>End of 6 weeks grading period</td>
</tr>
<tr>
<td>January 13</td>
<td>Eligibility check gain or lose</td>
</tr>
<tr>
<td>February 3</td>
<td>Eligibility check gain only</td>
</tr>
<tr>
<td>February 17</td>
<td>End of 6 weeks grading period</td>
</tr>
<tr>
<td>February 24</td>
<td>Eligibility check gain or lose</td>
</tr>
<tr>
<td>March 24</td>
<td>Eligibility check gain only</td>
</tr>
<tr>
<td>April 7</td>
<td>End of 6 weeks grading period</td>
</tr>
<tr>
<td>April 14</td>
<td>Eligibility check gain or lose</td>
</tr>
<tr>
<td>May 5</td>
<td>Eligibility check gain only</td>
</tr>
</tbody>
</table>
PHILOSOPHY

- The mission of Westwood High School is to provide an educational process in a safe school environment that will foster critical thinking and acquisition of knowledge and skills, a self-discipline that will encourage academic excellence, self-sufficiency and personal responsibility and a respect for diversity, all of which will prepare students for life-long learning, a high standard of ethics and a willingness to make a positive contribution to society.

- The coaching philosophy of Westwood Track & Field is to develop athletes to run the 400 meters. With 400 meter training athletes can run any event from the 800 meters and below. Distance athletes training plan will emphasize a Base Building Phase, Lactate Threshold Training Phase, VO2 Max Training Phase, and a Peaking Phase. It is also a philosophy of mine to find a particular field event to utilize the abilities of all of our athletes. I believe that this particular philosophy develops a TEAM concept that allows all of our athletes to become recognized.

- A primary goal is to try to develop athletes into fine, upstanding citizens that our school and community can be proud of. A second goal is to develop characteristics such as PRIDE, integrity, honesty, responsibility, coach-ability, dedication, loyalty, and respect. These are vital traits needed to achieve these goals.

- Athletics is a tremendous opportunity to help build and shape character, but it takes a tremendous amount of character to be successful. Building good character traits through competition and desiring to win will not only improve the team but it will build the individual as well. Hopefully, our athletes will be better people at the end of our season than they are when we started. It is important I lead them in the right direction not only in their actions on the track but the way they present themselves in the community as well.
TO THE PARENTS

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child’s program.

COMMUNICATION YOU SHOULD EXPECT FROM THE COACH

1. Philosophy of the coach
2. Expectations the coach has for your child as well as all the athletes on the squad
3. Locations and times of all practices and contests
4. Team requirements; i.e., practices, special equipment, out-of-season conditioning
5. Procedure followed should your child be injured during participation
6. Discipline that may result in the denial of your child’s participation

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach
2. Notification of any scheduled conflicts well in advance.

As your child becomes involved in the programs at Westwood High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you and your child wishes. At these times, discussion with the coach is encouraged.
Round Rock ISD Coaching Code of Ethics

The coach will be aware of his/her tremendous influence in the education of the student athlete and shall never place the value of winning above the value of instilling the highest desirable ideals of character.

The coach shall treat all athletes fairly and with respect. The coach shall not engage in the use of embarrassment or humiliation to motivate behavior. The coach shall be consistent in the administration of discipline to athlete’s involved in the same offense.

The coach will uphold the honor and dignity of the coaching and education professions. The coach shall always set an example of the highest ethical and moral conduct in personal contact with the student athlete, officials, school administrators, the UIL, the media, the public, and parents.

The coach shall take an active role in the prevention of drug, alcohol, and tobacco abuse and under no circumstances condone their use.

The coach shall promote the entire school’s program and direct his/her program in harmony with the total school’s program and mission.

The coach shall emphasize the importance of academics and provide opportunities for academic support and growth.

The coach shall be knowledgeable with the contest rules and is responsible for their interpretation to team members. The spirit and letter of the rules should be regarded as absolute values.

The coach shall actively enhance sportsmanship with all connections to his/her program.

The coach shall demonstrate respect and support of all contest officials. The coach shall not indulge in conduct which will incite players or spectators against opponents or officials. Public criticism of officials or players is unethical.

The coach shall not engage in the use of abusive language or actions in practice, games, or elsewhere in dealing with athletes. The use of profanity is not acceptable.

The coach shall not encourage or force athletes to specialize or restrict them from participating on other school teams. The coach shall not in any way attempt to “recruit” athletes to join a specific sport program at the expense of another school program, or advise them that by not doing so will affect their status and position on teams within their program.

The coach shall ensure that student athletes and parents understand all expectations of team behavior via the use of clear and unambiguous communication at all times. The coach shall have a sport specific handbook and hold a preseason meeting with parents to provide clarity. The coach shall collect a signed acknowledgement and agreement page from parent/guardian and student.
APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child’s behavior

It is very difficult to accept your child’s role within the team concept. Coaches take their profession seriously. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those that follow, must be left to the discretion of the coach.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Team strategy
2. Coaching Decisions
3. Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear and open-minded understanding of the other's position. We feel that if the conference pertains to your son, that he should be involved in the discussion and therefore needs to attend the meeting as well. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

Call the coach at his extension 464-4134 (Coach Pugh) / 464-4132 (Coach Coy) to set up an appointment at least a day in advance. If the coach cannot be reached, leave a message. A return call from the coach will be arranged, or a meeting set up for you.

Please do not attempt to contact a coach before, during, or after a contest. These can be emotional times for both the parent and coach. Meetings under these circumstances do not promote resolution.

IF THE MEETING DID NOT PROVIDE A SATISFACTORY RESOLUTION:

Call and set up an appointment with the Athletic Coordinator and the coach.

The Athletic Coordinator will listen carefully to our concerns and mediate a resolution between you and the coach.

REMEMBER – Your concerns are important to us. Never hesitate to follow the above procedures to make those concerns known. Together we can work to improve our athletic program.
COMMITMENT

When trying out for a team and after being selected to be a member of a team, Westwood High School student-athletes are expected to attend all practices and meets of that team. Track & Field practices will average 1.5 hours, exclusive of prep time, in duration.

High School athletics demands commitment. Students should make themselves aware of the time commitment and understand that High School athletics will take precedence over club sports. Westwood High School policy states: Once an athlete is established on a team, he may not leave one team (voluntarily or due to dismissal by the coach) and try out for another team without the consent of both coaches involved and the Athletic Coordinator.

SCHOOL/FAMILY VACATIONS, EXTENDED ABSENCES

Every team member is expected to be present for all team practices and games. Because of scheduling parameters, many of our teams practice and/or play during scheduled school vacations. Student-Athletes, who plan to be absent for an extended period of time due to vacation or a planned extended absence, must discuss this situation with the coach prior to trying out for the team (varsity members should not miss).

DAILY TEAM ATTENDANCE

Practice Times

- 4:30pm – 6:00pm after school

It is extremely important that your son/daughter be present at all practices. The time and planning necessary for practices is extensive and therefore the coach must know in advance that an athlete is not going to participate in order to make the proper adjustments necessary. If an athlete is going to miss practice, please use the following guidelines to make sure proper notification is given (No one is too sick to call. Athletes be responsible!).

1. **Coach must be contacted personally** (either by phone or in person).
2. **It is the responsibility of the athlete and not the parent to make the notification.**
3. **Extenuating circumstances will be considered by the coaches.**

Student-athletes are excused from team activities for academic or religious reasons, family emergencies, illness, or injury. **Prior notification by the student-athlete of the coach is required!!**

*Unexcused Absences may result in athletes making up workouts and/or not being allowed to compete in meets.*
MEDICAL EXAMS/PARENTAL PERMISSION FORMS

Athletes will not be allowed to participate in practice without the completion of the Medical Exam, Emergency card, insurance waiver, and UIL Consent forms. All forms and information can be found here:

http://www.hometeamsonline.com/teams/?u=warriorsports-sportsmedicine&s=htosports

ACADEMIC ELIGIBILITY

Academic Performance: Students opting to participate in Track and Field should keep in mind that academic achievement should be their main priority. Frequently, the most successful athletes are those who perform well academically in the classroom and are instrumental in promoting a positive learning environment at Westwood High.

Summary of Westwood High Eligibility Rules: Any student on academic probation is not eligible to participate in game situations in interscholastic sports and all other extra-curricular activities. The student-athlete can and should however continue to practice.

Students will be placed on academic probation for the following reasons.

1. A student must maintain a minimum grade average of 70 during the marking period in all courses.
2. If a student athlete is ineligible, he may regain his eligibility at the three-week marking period. The student must not receive a failing progress report in ANY CLASS. (If they failed a math class and get a failing progress report in an English class, then they are considered ineligible.)
3. Students/athletes are expected to maintain proper behavior in school. Ineligibility for improper behavior is at the discretion of the Principals or Athletic Director or Head Coach of the sport.
4. A student may obtain a waiver one time a school year for any grade in an AP or Honors course that is above the grade of 60 and below that of 70. This waiver is a onetime event and the proper steps must be taken by the student-athlete to complete the proper paperwork to regain his/her eligibility.
TEAM RULES AND REGULATIONS

The team rules that will be established are very important to the program.

1. The classroom is the first priority of the athlete. They must be good students first. 
2. Follow the coaches instructions and guidelines for practices and meets 
4. Do not break a District Policy as set forth by the student handbook, the RRISD athletic handbook, and Track Handbook. 
5. No horseplay in a school vehicle going to and coming from a contest. 
6. Abusive language will not be tolerated. 
7. Remember if you are trying to draw attention to yourself, it may be an embarrassment to the team and be construed as an embarrassment to the school, parents, community, and coaches. This behavior will be dealt with appropriately. Be a TEAM player and not a distraction.

CARE OF EQUIPMENT

Athletes have an obligation and responsibility for all equipment issued them.

TRANSPORTATION

The school provides bus transportation, or a suitable substitute, to all “away” contests. All team members are expected to travel to and from these contests using the provided school transportation. A coach may give permission for student-athletes to ride home from a game site with their parent or guardian after a signed consent form is presented prior to leaving for the event by the parent.

*Coaches may discipline a player for breaking any of team rules. The discipline procedure may include workout conditioning, meet suspension, or expulsion from the team.
PARENT COMMUNICATION PROCESS:

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other’s position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

**Level 1:** Encourage your son/daughter to speak directly with the coach; many times this can take care of itself. If you have a specific question please wait 24hrs after a competition to contact your athlete’s coach.

**Teachable Moment:** Have your athlete visit with their head coach first. If we are preparing students for life’s lessons, this is a critical piece of their education. When you exclude your son / daughter from the process you are in essence removing her voice.

**Level 2:** If you have contacted/conference with the head coach, and wish to also have the Campus Athletic Director involved, please contact the head coach, and request that the athletic coordinator is involved. (The head coach may also request that the athletic coordinator sit in on a parent meeting.)

**Level 3:** If solutions are not reached, the campus principals are also available to sit in on a parent meeting if #1, #2, #3, and provide resolution

Athletic Office at Westwood High School (464-4032) to set up an appointment at least a day in advance.

If the coach cannot be reached, speak to the Athletic Secretary or leave a message. A return call from the coach will be arranged, or a meeting set up for you.
Suspension from Participation in Athletics

The following are examples but not limited to, reasons that may result in the suspension of a Student-athlete. The length of suspension is at the discretion of the Athletic Director, Athletic Coordinator and the Head Coach.

A. Participants **who receive off-campus suspension** for disciplinary reasons will not be allowed to participate or practice during the length of the suspension. Participants will be eligible on the next day following the suspension.

B. Ejection from a contest by an official, coach, or athletic director for unsportsmanlike or other inappropriate behavior.

C. Actions punishable by the school administration which occurs outside the normal school day but while the student-athlete is involved in his/her sports season.

D. Participants who are assigned to the ROCK campus are not allowed to participate in UIL.

Dismissal from Athletics

A student’s participation on a sports team is conditioned upon the student’s compliance with the requirements and standards of behavior set forth in the Track Handbook, the RRISD Code Of Conduct outlined in the Student-Parent Handbook and the policies of the RRISD Coaches Handbook. Students must meet UIL and RRISD eligibility requirements. Both student-athlete and parent must agree by signature to comply with behavior guidelines as set forth. The athlete has the right to discuss the dismissal with the Campus Athletic Director before final decision is made.

A. Violations for RRISD District and or WHS team drug and alcohol policy where indicated.

B. Evidence of theft from teammates.

C. Refusal to comply after several chances on expected behavior infractions. (see 1st, 2nd, 3rd strike policy)

D. UIL No Pass – No Play policy- Students not passing two six week cycles ARE subject to dismissal. Circumstances with discipline and participation will ALSO be considered.

E. Anything the coach determined as having become detrimental to the program.
RRISD ATHLETIC CODE OF CONDUCT CONCERNING
USE OF ILLEGAL OR CONTROLLED SUBSTANCES DURING SCHOOL
AND/OR SCHOOL SPONSORED EVENTS

Participation in athletics in the Round Rock ISD is a privilege, not a right, granted to students by the school district.

The privilege of participation in athletics may be withdrawn at any time if a student athlete is found to be in violation of the standards of conduct established by the district or by the coach of a particular sport.

The consequences for the use of illegal or controlled substances by students involved in athletics will be in accordance with the guidelines listed below. This policy is intended to be a minimum standard of consequences for athletes involved in the use or possession of, or under the influence of, illegal or controlled substances (alcohol and drugs). Stricter consequences may be applied depending on the extent and circumstances of the involvement by an athlete.

1. Any athlete involved in the use or possession of, or under the influence of, a controlled or illegal substance at any athletic event or trip in which he/she represents RRISD as a member of an athletic team will be suspended from participation in athletics for a period of one (1) calendar year.

   A second offense will result in permanent removal from all athletic teams.

2. Any athlete involved in the use or possession of, or under the influence of, a controlled or illegal substance at a school function or on school premises will not be allowed to participate in any school sponsored athletic competition and practice for a minimum of six (6) weeks. Suspension will begin immediately for sports in season and will carry over to the next sport season until the six week suspension from competition and practice has been fulfilled. The six week suspension from competition and practice will begin at the start of the sport season for athletes involved in sports not currently in season. Disciplinary action will carry over from sport to sport and year to year until the athlete has missed six weeks of competition and practice.

   A second offense at a school function or on school premises will result in suspension from athletic competition for one (1) calendar year.

   A third offense will result in permanent removal from all athletic teams.

3. The discipline and/or dismissal of athletes involved in the use or possession of, or under the influence of, illegal or controlled substances at times other than when the athlete is on school premises or under school supervision will be at the discretion of the coach of the sport in which the athlete participates. The principal, campus athletic coordinator, and head coach of the sport must be involved in any decisions concerning the consequences of inappropriate behavior while not on school premises or at a school function.

   In cases involving athletes from different sports for the same offense the Principal, Athletic Coordinator, and head coaches of the sports in which the athletes participate will be involved in determining any disciplinary action.
USE OF TOBACCO

Any athlete involved in the possession or use of tobacco on school premises or at a school function will be suspended from athletic competition and practice for three (3) weeks.

A second offense will result in suspension for the remainder of the school year.

A third offense will result in permanent dismissal of the athlete from high school athletics.

During the school year (beginning with the first day of scheduled school sponsored activities and ending on the last day of scheduled school sponsored activities) a student shall not, regardless of the quantity, use, consume, possess, buy-sell, or give away any beverage containing alcohol; any tobacco product; marijuana, steroids; or any controlled substance. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her physician.
Athletic Training Room Guidelines

GENERAL RULES AND INFORMATION:

- Absolutely NO SHOES in the Athletic Training Room!!!
- Always treat Athletic Training Staff and Student Athletic Trainers with RESPECT. They are here to help you!
- Respect all of our equipment. Much of it is expensive and hard to replace. Everything we have is to make YOU better.
- Athletes WILL NOT be seen during any academic class periods. If you have an emergency, have teacher call to Athletic Training Room and have it cleared with the Athletic Training Staff.
- Injury Evaluations and Rehab for injuries are to be done before school or other scheduled treatment times.
- Athletes need to wear proper attire when coming to the Athletic Training Room for treatments or rehabilitation.
- **All athletes need to have completed all RRISD Pre-Participation Paperwork, including physicals and emergency cards prior to getting practice attire and trying out or working out with the teams.**

TREATMENTS:

- Athletic Training room is open: Monday – Friday (7:30 – 9:00 AM). Any other times by appointment with the Athletic Trainer
- If an athlete is unable to work out with their team, then an arrangement will be made with Coaching staff and Athletic Training staff to plan a workout for you. Athletes then must check in with their coaches and then come suited out and ready for a conditioning and rehab session.

TREATMENT AND REHAB POLICY:

1. If you’re hurt, you’re here.
2. If you’re not hurt, you’re not here.
3. If you need tape, you need treatment.
4. If you don’t do your treatment, you DON’T get taped!

Westwood High School
Athletic Training Staff
12400 Mellow Meadow Dr.
Austin, Texas 78750

John Horsley M.Ed, ATC,LAT, CSCS
512/464-4053 office
512/789-1480 cell
[John_Horsley@roundrockisd.org](mailto:John_Horsley@roundrockisd.org)

Molly Mauritz M.S., ATC, LAT
512/464-4120 office
817/564-1022 cell
[mollie_mauritz@roundrockisd.org](mailto:mollie_mauritz@roundrockisd.org)
**ATHLETIC & ADMINISTRATION NUMBERS:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anthony Wood</td>
<td>Campus Ath. Coordinator</td>
<td>512.464-4031</td>
</tr>
<tr>
<td>Tiffany Gates</td>
<td>Asst. Ath. Coordinator</td>
<td>512-464-4142</td>
</tr>
<tr>
<td>Dwayne Weirich</td>
<td>Athletic Director</td>
<td>512-464-5480</td>
</tr>
<tr>
<td>Mario Acosta</td>
<td>Principal</td>
<td>512-464-4000</td>
</tr>
</tbody>
</table>
Round Rock Independent School District Extra Curricular Code of Conduct

I. Extracurricular Activities
The term “extracurricular activities” means, without limitation, all interscholastic athletics, cheerleading, drill team, academic clubs, special interest clubs, extracurricular fine arts performances, student government, and any other activity or group that participates in contests, competitions, or community service projects on behalf of or as a representative of the District. The term includes any non-curricular event and membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district and sponsored by the district or a campus. All extracurricular activity participants, including elected and appointed officers of all campus organizations, will be subject to the provisions of this Extracurricular Code of Conduct.

II. Jurisdiction
Student participation in extracurricular activities is encouraged. Round Rock ISD makes extracurricular activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded to each student, while participation in the extracurricular program is a privilege that carries additional expectations for acceptable conduct. Students engaging in extracurricular activities represent not only themselves, but also other students and the school district when performing, competing, or participating in extracurricular activities and while wearing uniforms or other clothing that identifies the student to the community or public in any setting as Round Rock ISD students. For this reason, their behavior must be exemplary and reflect the finest attributes of the total Round Rock ISD student body at all times and places. Important goals of the extracurricular program are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits. Because participation in extracurricular activities is a privilege and not a right, Round Rock ISD is authorized to set higher standards for participants of extracurricular activities than it would for those students who choose not to participate in these activities. Therefore, this Extracurricular Code of Conduct extends beyond the Round Rock ISD Student Code of Conduct not only in types of behavior prohibited, but also in corresponding consequences and jurisdiction for imposing discipline. In case of a conflict between this Code and the activity or sport specific campus handbook, the Code will prevail.

This Extracurricular Code of Conduct will be enforced with all students grades 7th-12th participating in extracurricular activities:
• regardless of whether school is in session;
• regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs;
• regardless of whether the extracurricular activity is in-season; and
• regardless of where or when the conduct occurs.

It is possible that a student who violates the Round Rock ISD Student Code of Conduct will incur consequences from both the appropriate school administrator and from his or her coach or sponsor for the same particular violation. It is also possible that a student participating in extracurricular activities could violate the Extracurricular Code of Conduct and be subject to discipline by a coach or sponsor without having violated the Round Rock ISD Student Code of Conduct.

III. Prohibited Conduct
Round Rock ISD students who participate in extracurricular activities are prohibited at all times from:
• any conduct resulting in arrest and/or citations from law enforcement officers; this does not include minor traffic violations. Social media misconduct will be addressed in the handbook in the area of Athletics and Fine Arts. All extracurricular activities fall under the RRISD Student Code of Conduct.
V. Procedures
The coach, director and/or sponsor will determine whether an Extracurricular Code of Conduct violation has occurred. Upon determination of an Extracurricular Code of Conduct violation, the following individuals will be notified:

1. student
2. student’s parent(s) or guardian(s);
3. campus administrator
4. appropriate school counselor to provide counseling, support, and guidance in dealing with issues associated with alcohol, drugs, mood-altering chemicals, and other prohibited activities.

V. Disciplinary Action
Coaches, directors, campus administrators, and sponsors will review all the facts and circumstances surrounding a particular violation and impose appropriate disciplinary action. Campus administrators may remove a student who violates the Extracurricular Code of Conduct from the extracurricular activity.

Violation of any of the above-mentioned rules by a student participating in extracurricular activities will be subject to the following disciplinary action:

**Suspension from all extracurricular activities as outlined below:**

1. **1st Offense** –
The first offense will result in a three-week suspension from the extracurricular activity (ECA) that the participant is currently enrolled in. The suspension becomes effective immediately following the notification, review and confirmation of a violation. Suspension includes travel in a school vehicle to and from competition. The suspension does not include practice; however the campus administration may also impose a suspension on practice.

2. **2nd Offense** –
Removal from all extracurricular activities for one calendar year. A student who is cited for an offense while not in-season (off-season) or over the summer will receive “one strike”, with a second offense resulting in removal from extracurricular activities for one calendar year.

Re-admission into the extracurricular activity is at the discretion of the coach, director, or sponsor.

Nothing in this Extracurricular Code of Conduct limits the authority of a coach, director, or sponsor to impose reasonable sanctions, including extra workouts, and/or community service for students who breach team or organization conduct expectations but do not engage in prohibited conduct.

VI. Appeals
Questions or complaints from parents regarding disciplinary measures should be addressed to the campus administration, in accordance with Policy FNG (Local). A copy of this policy may be obtained from the principal’s office or the central administration office or through Policy On Line at the following address: www.roundrockisd.org

Disciplinary consequences will not be deferred pending the outcome of an appeal.
Round Rock ISD Athletic Team Removal Procedure

The Round Rock Independent School District (RRISD) believes in the value of extracurricular activities and the many benefits derived from participation. The RRISD also recognizes extracurricular participation is a privilege and not a right; granted to those who satisfy the University Interscholastic League, RRISD, campus, and individual program expectations regarding academic and social behavior.

A student who fails to abide by the requirements for being in good standing with an extracurricular team may be removed from the team. The removal process shall be in the best interest of the student and the team, and also be supported by documentation and review by district personnel. Coaches are required to notify parents as behavioral concerns arise (within 3 calendar days) and in all but the most sudden and serious cases this should occur prior to the initiation of a behavioral contract or request for dismissal.

The following steps shall be adhered to during a review for dismissal from a RRISD athletic team:

1. Documentation of a serious incident or series of incidents involving the failure of the student to abide by the RRISD Student Code of Conduct, the Extracurricular Code of Conduct, a Round Rock ISD Athletic Behavioral Contract, or individual team requirements for good standing. The documentation shall have been shared with the athlete and his/her parent/guardian within 3 calendar days of the incident in most cases.

2. If applicable, review of an existing Round Rock ISD Athletic Behavioral Contract previously agreed upon by campus administration, the student, and his/her parent or guardian.

3. Suspension from the team for district review of a coach’s request for dismissal, not to exceed one week in most cases.

4. Review of the documentation or evidence by at least three different district personnel. A head coach at a middle school or high school level shall make the request for review to the campus athletic coordinator, who if in agreement shall send the request to the campus principal or their designee for review and approval. It shall then be sent to the RRISD Athletic Director for review. If the campus coordinator is initiating the request, it will go directly to the campus principal or their designee for approval, and then be sent to the RRISD Athletic Director. Agreement by all shall be required for formal dismissal and shall be supported by documentation which in most cases has been previously shared with the athlete’s parent/guardian.

5. A formal dismissal meeting invitation shall be extended to the student’s parent or guardian, and the student where the reason or reasons for dismissal will be shared. This meeting should take place within one week of the incident which has triggered the athlete’s suspension. All shall indicate by signature their attendance at the dismissal meeting. Should a meeting not take place, the head coach must have documentation of attempts to contact the parent/guardian and then personally inform the student of dismissal and document such action.

6. A copy of all documentation related to the dismissal shall be maintained by the head coach at the campus for two calendar years.

7. Any questions regarding the dismissal process shall be directed to the RRISD Athletic Director for guidance.
Round Rock ISD Athletics Behavioral Contract

The Round Rock Independent School District (RRISD) believes in the value of extracurricular activities and the many benefits derived from participation. The RRISD also recognizes that extracurricular participation is a privilege and not a right; granted to those who satisfy the University Interscholastic League, RRISD, campus, and individual program expectations regarding academic and social behavior.

Coaches of extracurricular activities may develop and enforce standards of behavior that are higher than the District-developed Student Code of Conduct and may condition membership or participation in the activity on adherence to those standards. Extracurricular standards of behavior may take into consideration conduct that occurs at any time, on or off school property. A student and his or her parent shall sign and return to the sponsor or coach a statement that they have read the extracurricular behavior standards and consent to them as a condition of participation in the activity. This formal contract is to notify all parties that continued failings to meet the requirements of extracurricular participation will result in removal from the ____________________________ team.

The recent behavior of ____________________________ has not met the standards required to be in good standing on the ____________________________ team. The specific incident or incidents and documentation of such (previously shared with parent/guardian and student) are provided below (parental/guardian contact shall have taken place within 3 days of the incident):

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______________________________(student) was made aware of his/her failure to satisfy district, school, or team standards on ____________________________(dates).

______________________________(parent/guardian) was/were notified on ____________________________(date) by the method of ____________________________, and confirmation of contact made was verified by ____________________________. (name)
Notes:

In order to regain and remain in good standing ______________________________(student) is required to satisfy the following conditions:

➢
➢
➢
➢
➢
➢

By signing below all parties acknowledge and agree to changes in behavior required for continued extracurricular participation for ______________________________(student) at ______________________________(school) and further acknowledge that failure to sign this Behavior Contract (within 3 calendar days) and/or fulfill ALL requirements may lead to removal from the extracurricular activity permanently. Any disputing of the reasons cited for the need of this contract must be scheduled for a campus discussion within 3 days of the contract being made known to the student and parent/guardian.

__________________________________________(student printed name)
__________________________________________(student signature and date)
__________________________________________(parent/guardian printed name)
__________________________________________(parent/guardian signature and date)
__________________________________________(coach printed name)
__________________________________________(coach signature and date)
__________________________________________(Campus Athletic Coordinator signature and date)
__________________________________________(District Athletic Director signature and date)
___________________________________________Campus Principal or designee signature
A condition to participating in any Round Rock ISD extracurricular activity or holding any office (elected or appointed) is to sign an acknowledgement that the student has read and understands the Extracurricular Code of Conduct. The student's parent or guardian must also sign an acknowledgement. The acknowledgement states that the signing party understands the consequences for engaging in prohibited conduct.

Date ____________________________

I have read the Round Rock ISD Extracurricular Code of Conduct and agree to adhere to these rules as a condition for my voluntary participation in Round Rock ISD extracurricular activities. I understand that failure to do so will result in disciplinary measures related to my extracurricular participation.

Student Name:  _____________________________________________

Student Signature: ________________________________

I have read the Round Rock ISD Extracurricular Code of Conduct and understand requirements for my child's voluntary participation in Round Rock ISD extracurricular activities. I understand the consequences that my child will face if he or she fails to adhere to these rules and agree to such terms.

Parent Name: _____________________________________________

Parent Signature: ________________________________