

2026-2026 Westlake High School Cheerleader Handbook

The cheerleaders of Westlake High School are the athletic spirit leaders of the school. The cheerleading organization includes Varsity, and Sub-Varsity cheer squads; a Push-Up squad; mascots; and a manager. A director, coaches, some consult(s), and a parent organization support this student organization. The Cheerleading Handbook has been designed to clearly outline the policies and procedures that will guide the organization during the year. Please note that although the most common kinds of situations have been identified in this handbook, the list is not comprehensive. It is the responsibility for every member of the cheerleading program to be familiar with this handbook. A copy will be given to each parent upon request. In addition to being held responsible for the policies and procedures identified in this handbook, the members of the WHS Cheerleading organization are also responsible for abiding by the EANES Student Code of Conduct and the Extracurricular Code of Conduct. It is an honor and privilege, not a right, to be a WHS cheerleader; therefore, **excellence is expected and required**. It is important for each applicant to fully understand that cheerleading is a time consuming activity and must be a priority. It is a yearlong season; therefore, a yearlong commitment is absolutely necessary.

Why we do what we do:

We believe cheerleading should teach teamwork, discipline, setting and reaching goals, hard work, sacrifice, and determination. We believe those who have character, work hard, and have a good attitude are the most successful in whatever they do. We believe learning these qualities in high school prepare you to succeed later in life. These rules are made so we can have fun, be safe, work hard, and develop character qualities that make us successful.

1. We have discipline so everyone will be safe.

For example, we require that your hair is pinned back and tightly secured at all times. This is not an appearance/vanity issue; it is unsafe to stunt, tumble, or do other cheer activities if your hair is obstructing your vision. It is also important that everyone is quiet and attentive while coaches/captains are talking. Everyone must hear instructions and counts so we're all on the same page and no one is hurt by a mistake.

2. We have discipline to maximize the use of team time and create a team atmosphere.

We expect you to be on time and ready for every practice and event. We want to start practices on time so we can be productive, get the job finished, and go home. We respect YOUR time, please respect OURS.

3. We have discipline to foster respect and build character.

Many decisions made by the coaches are in response to desires voiced by cheerleaders, parents, and/or administration. The rest of our decisions are made from our years of experience. We want to hear your input and we promise to listen. Sometimes we will compromise on a situation, and other times we will "stick to our guns" and make the best decision for the program. We respect and trust you enough to let you have a major say in this program; you should respect us enough to follow our leadership even if you don't agree.

SECTION 1: EXPECTATIONS

1A: Attitude & Behavior

As a WHS Cheerleader, I will abide by these statements for the betterment of my team:

1. I will step into all cheerleading activities with a positive, encouraging attitude and a smile on my face. Even if I've had a horrible day, I will try my hardest to set that aside and step up for my team.
2. I will set a positive example for and be respectful to all peers, students, and parents, as well as competitors and all other affiliates. I will not be rude or disrespectful to any of these entities. I will not use foul language, show poor sportsmanship, participate in "Public Displays of Affection", or be unprofessional at any time in public.
3. I will be dedicated, accept responsibility, and maintain good public relations with every faculty member and staff, the student body, and community to ensure success and respect of the squad.

4. I will respect my squad's captains, the varsity captains, and my coaches. I will not argue with them, gossip about them, or disobey them. **I will listen and pay attention when one of them is speaking.**
5. I will be honest with the coaches about issues that really bother me. I will only discuss these matters with them in a calm, respectful, mature, and private way. I will wait until after practice (or set up a meeting) and meet in the coaches' office to be heard. **I will not throw out disagreements/opinions/concerns before or during practice or other event.** I understand that the coaches will listen to me, but if they disagree with my issue, I will respect their decision as the leaders of this program.
6. I will get along with everyone that has any part in the WHS Cheer Program. I will not intentionally exclude, be mean to, or gossip about any cheer team member. I will follow the guidelines in #5 and seek help if needed.
7. I will be on time and ready to all practices and other cheer events. I will hustle everywhere I go (to practice, onto the field, to the formation) and not be lazy.
8. I will put 110% effort in every motion, jump, dance, routine, workout, conditioning drill, and cheer event. I will not give up. I will be a team player. I will encourage all other team members to do the same. I will not whine or complain about workouts or coach/captain directions.

1B: ATTIRE

Cheerleaders will wear appropriate attire for every event:

1. Practice: designated practice outfit, running shoes, cheer shoes, no jewelry, short fingernails, and hair completely up.
2. Games/Pep-Rallies/Events: assigned cheer uniform, bow, white socks, cheer shoes, tights, no visible undergarments (including sports bras), no jewelry, short fingernails **with no polish**, and hair completely up and pinned back. May include body liners, pullovers, pants, gloves, and other accessories.

1C: PRACTICES

1. After tryouts, all cheerleaders will practice before and/or after school during the months of April and May.
2. Summer practices could continue after school ends.
3. The coaches will determine practice times. Mornings, evenings and/or weekends may be included in possible practice times.
4. During Homecoming week and/or in competition season, extra practices may be required and are mandatory.
5. Any cheerleader who must miss a practice is required to have a parent call or email the coach ASAP, PRIOR to missing (or it's an unexcused absence- no matter what the reason for missing). This includes any summer, weekend, before/after school, or during class period practices. Making contact does not dismiss any consequences for missing a mandatory practice/event. If a cheerleader must leave school early due to sickness, therefore missing cheer class and/or an event, the cheerleader parent must contact a coach immediately after the student checks out with the front office.
6. No excessive side talking, laughing, or goofing off during practice or performance; we will be stunting and doing potentially dangerous activities. Safety is a priority so it is imperative that everyone be serious and pay attention so no one is hurt.

1D: GAMES, EVENTS, & PERFORMANCES

1. At games, cheerleaders must pay attention to the game and spirit constantly.
2. During play, cheerleaders must stay in their given formation at all times.
3. If you are not performing at an event, you must not be in a cheer program uniform. If you finish performing at an event, you must immediately change out of your official cheer uniform.
4. Cheerleaders may not take a bag of any kind down to the track during football games. If there are items (medical, or personal) that a cheerleader must have it can be put in the community bag under a coaches supervision.
5. No cell phones are allowed out at games or events. Keep them in you locker.
6. Do not eat, drink, or chew gum during practice, game, or a performance. The only exception is water.
7. Cheerleaders will act professional at games and other public cheer events. Cheerleaders will follow the game etiquette rules.
8. While in uniform, cheerleaders will remain with the squad during performances. Prior to taking breaks it will be the cheerleaders' duty to meet with the coach as a squad for a report of expectations and responsibilities.

9. If knowledge or execution of a routine is severely lacking, the coach reserves the right to remove any member from the routine or event.
10. Mascots must be in full uniform and in character during all events. They may take breaks in their "nest" if needed, but must complete all events in costume until dismissed by the coach.

1E: EQUIPMENT & UNIFORMS

1. Cheerleaders will be responsible for securing, storing, and maintaining all equipment before, during and after all performances and practices.
2. The only uniforms, jackets, outfits, and warm-ups approved at events are those garments required and purchased by or provided to every squad member as an official part of the uniform. Cheerleaders must wear ONLY those uniform pieces designated by the coach to events requiring uniforms. Letter jackets are NOT a part of the official cheer uniform.
3. No part of any cheerleading uniform may be given to or worn by another student or person who is not a member of the squad AT ANY TIME without the coaches' permission.
4. Uniforms will not be bought, made, or remodeled in any way without the permission of the coach. The cheerleader is responsible for the upkeep of the uniform and all materials handed out to the cheerleader. The cheerleader will replace the part or whole depending upon the damage or loss.
5. Equipment provided by the school will remain the property of the school unless the individual cheerleader elects to purchase them and only if the option is offered by the coach.
6. Equipment assigned to cheer program members is their full responsibility. If lost, stolen, or damaged in anyway, the cheerleader must pay the cost of the repair or replacement. This includes, but is not limited to: t-shirt cannon, signs, mascot costumes, permanent breakthrough, coolers, megaphones, poms, etc.

1F: FINANCES

1. The costs of all uniforms and accessories are the responsibility of individual cheerleaders. Uniforms include those articles of clothing worn at games, pep rallies, camp, game days, and any other event where the squad is representing the school.
2. Any uniform or part of the uniform paid for by the individual cheerleader will remain the property of the cheerleader. Any item purchased by the school will remain the property of the school. Damaged or lost property will be replaced at the cheerleaders' expense.
3. After tryouts, each cheerleader must have paid for their uniform(s) in full and met all initial financial obligations by the given date, or the cheerleader will be removed from the squad.
4. Any member of the cheerleading program who does not pay a financial cheerleading obligation on time will be subject to consequences. This includes, but is not limited to: fundraisers, equipment, and other fees.

1G: COMMUNITY SERVICE

All members of the WHS cheer program will be required to attend community service projects chosen by the coaches. Examples would be the Veterans Day Parade, Race for the Cure, Coats for Kids, etc. The goal of doing community service is to build connections between the Austin communities and the Westlake High School community.

1H: Spirit Activities

1. Cheer program members will participate in making and hanging posters, banners, and signs as scheduled by the coach. Supplies will be provided by the school.
2. Cheer program members will participate in MANDATORY activities such as: WHS Kickoff, fall carnivals, parades, photo shoots, PR appearances at media stations, send-off's for playoff teams, and other spirit activities as assigned by the coach.

1I: SCHEDULING

1. Cheer program members will be provided a performance schedule by the coach to include all mandatory athletic events, academic functions, community events, spirit activities, fundraisers, and other functions. The schedule will be continuously updated throughout the year. Cheerleaders MUST participate in each scheduled event.
2. Cheer program members will be responsible for informing parents of schedule changes, extra practices, and rule changes.
3. Cheer program members will be responsible for all information given verbally, on the cheer website and through email.

1J: DUTIES

Varsity Cheerleaders

1. Will cheer all Varsity football games, home and away.

2. Will cheer in rotation with the other squads at all district boys and girls varsity basketball and volleyball, boy and girls varsity soccer, varsity baseball and varsity softball.
3. Will cheer ALL playoff games. These will be tentatively scheduled from the beginning of the season and confirmed with only short notice.

Sub-Varsity Cheerleaders

1. Will cheer all home district freshman / JV football games.
2. Will cheer in rotation with the other squads at district boys' and girls' varsity basketball and volleyball, boy and girls varsity soccer, varsity baseball and varsity softball.
3. Will cheer ALL playoff games. These will be tentatively scheduled from the beginning of the season and confirmed with only short notice.

All Cheerleaders and Manager

1. Will attend any designated track meets and other games/events designated by the coach.
2. Will cheer all designated playoff games
3. Will attend other games and events requested by the coach
4. Are required to attend all summer practices
5. Are required to attend summer camp at Great Wolf Lodge
6. Are required to attend the (overnight) team building retreat (if scheduled)
7. Are required to attend all practices during & outside of the school day, until release time
8. Will compete on one of two competition squads, attending three competitions starting in Nov. and ending in February.

Mascots

1. Are required to attend summer camp
2. Will perform at all Varsity football games, home and away
3. Will perform at all designated playoff games
4. Will perform at other games requested by the coach
5. Will attend other events (spirit, fundraising, community service) requested by the coach

Push-Up Squad

1. Will perform at all Varsity football games, home and away
2. Will attend other events (spirit, fundraising, community service) requested by the coach

1K: COMPETITION

Cheerleaders on a WHS squad will be placed on one of two competition teams. Competitive team(s) will be chosen AT THE SOLE DISCRETION of the coaches after summer camp. Competing is an expectation of the program and if chosen for a team it is not optional.

The Red team will compete at two UCA Regional competitions and at UCA High School Nationals.
The Blue team will compete at two UCA Regional competitions and at UIL Spirit State Championship.

Throughout the year both competition teams will perform at show-offs and participate in additional practices on weekends and school holidays.

1L: TRAVEL

All cheer program members must travel to and from all activities in transportation provided by the school or coach, unless the coach grants permission with request in writing/email from the parent 24 hours in advance of performance. Parents or approved guardian must pick up their cheerleader at the event, making sure the coach sees the contact. Requests should be limited to emergencies.

1M: ATTENDANCE & ENROLLMENT

1. Cheerleaders will be on time to every practice, game, pep-rally, fundraiser, and event. The time posted is the time you are to be READY, not walking in the door, starting to stretch, fixing your hair, or hanging out in the locker room.
2. All practices and events are mandatory and attendance is required.
3. If you are absent from practice for ANY reason, the coach reserves the right to take you out of a routine, suspend you from games, or other disciplinary action.
4. All must participate in any skills classes supported by the program\booster club during the course of the year.
5. All are required to attend at least one half day of school on the day of any cheerleading event in order to participate in that particular event. If the cheer event is on a weekend, the cheerleader must attend at least one half day of school on the preceding Friday.

6. Absences that result in missing cheerleading class, practice, or any other cheer event, require a parental contact to the coaches through email or phone call PRIOR to the class period, practice, or event. No prior contact automatically deems the absence unexcused.
7. Outside appointments are expected to be scheduled around practice times whenever possible, and notification to the coach in advance of appointments is required when conflicting with practices and/or events.
8. Any cheerleader missing a game where she is able to switch with another cheerleader must do so before the game and request approval from the coach for the switch. Switches may only be made for EXCUSED absences and with the coaches' approval.
9. EXCUSED ABSENCES include illnesses confirmed by a parent/doctor, death in immediate family, another approved WHS event, and senior year college visits. UNEXCUSED ABSENCES include, but are not limited to, competitive cheer squad practice/events, jobs, tutoring, social events, vacations, trips, and/or not informing a coach about an absence before the start of a(n) practice/event. Tutoring needs to be arranged before school so as to not interfere with practices.
10. If a cheerleader has an excused absence from a WHS event, they may not attend another WHS event without prior approval from the coach.
11. If a cheerleader is participating in any other WHS activity that may interfere with any cheer activity, notice must be given to the coach after tryouts or ASAP. This includes, but is not limited to, choir, clubs, & other sports.
12. All cheerleaders must be enrolled in the cheerleading class throughout the school year in order to participate as a member of the cheerleading program. SENIORS WILL NEED TO BE ENROLLED IN THE 8TH PERIOD CHEER CLASS DURING THE SPRING SEMESTER.
13. If a cheerleader un-enrolls in the cheerleading class, therefore becoming inactive, they may not participate in any event where they represent WHS Cheer. This includes, but is not limited to, games, events, and banquets.
14. In the event that a cheerleader enrolled in the cheer class for the current year does not make a squad for the following year, that student will have two options:
 1. continue to work out every day with the class, at the discretion of the coaches*
 - or
 2. drop the class altogether

If the student elects option (a), all rules will be in effect. If the student elects option (b), the student and parents will be informed that the student will not receive PE credit for the semester. The student must inform the coaches of their chosen option within one week of tryouts. *Please note, there will be times when the "new" squads will be working on the next years' material and it will be impossible to have the student fully participate in the specific workout (ex. home poms). In this case, the student will receive differentiated instruction that fulfills the PE TEKS.

SECTION 2: DISCIPLINE SYSTEM

Discipline will be fully decided on and enforced by the coaches, at the coaches' discretion. Disobeying any cheer program rule will be punishable solely at the coaches' discretion. Punishment may consist of, but is not limited to: physical workouts, community service, benching (non-performance), and dismissal from the team.

Loss of Membership:

This is defined as a non-performing status; or if early in the semester, a transfer into a PE or alternate class.

- When a formal offense and consequence has been assigned. This includes: any assignment to (D)AEP; any home suspension assignment; participating in hazing; and/or violating the controlled substances guidelines.
- If the coach deems this action necessary due to behavior, attitude, performance, or other cheerleader activity.

Hazing:

The participation in hazing at any time while holding membership on a Westlake Cheerleading Squad is prohibited. This includes weekends, evenings, holidays, and summers. There is a **Zero Tolerance** policy in these matters and if found in violation, the member will be removed from the squad immediately.

Members are also required to sign and comply with the Student Code of Conduct, which covers consequences for participating in hazing.

Definition of Hazing: Hazing in any form, including initiation which is degrading, is strictly forbidden by Eanes ISD. Hazing is any act, occurring on or off the campus, by one person alone or acting with others, directed against a student that endangers the mental or physical health or safety of a student for the purposes of pledging, initiation into, affiliation with, holding office in, or maintaining membership in an

organization. Consent to or acquiescence in the hazing activity by the “hazed” student does not excuse the student committing the hazing of responsibility for the misconduct.

Controlled Substances:

The use or possession of tobacco, alcohol, steroids, or illegal drugs at any time while holding membership on a Westlake Cheerleading Squad is prohibited. This includes weekends, evenings, holidays, and summers. The cheerleading program follows the Student Extracurricular Athletic Code of Conduct on controlled substances matters.

Parent and Student Agreement/Acknowledgement for Anabolic Steroid Use and Random Steroid Testing:

- Texas state law prohibits possessing, dispensing, delivering or administering a steroid in a manner not allowed by state law.
- Texas state law also provides that body building, muscle enhancement or the increase in muscle bulk or strength through the use of a steroid by a person who is in good health is not a valid medical purpose.
- Texas state law requires that only a licensed practitioner with prescriptive authority may prescribe a steroid for a person.
- Any violation of state law concerning steroids is a criminal offense punishable by confinement in jail or imprisonment in the Texas Department of Criminal Justice.

SECTION 3: GRADING POLICIES

Each nine weeks grade will be based on performance. The grade may include cheerleading skills, in-class and performance participation, and completion of duties/dressing out.

SECTION 4: SELECTIONS

Participants desiring to tryout for cheerleader and mascot, or being considered for the pushup squad, manager, and any other position for the Westlake High School Cheerleading Program will follow the guidelines as stipulated:

Cheerleader Tryout Process/Team Placements

Coaches' evaluation will be the sole component of the tryout process/team placements. The coaches will take into consideration the cheerleaders work ethic, skills, attitude, stunt position and experience. For incoming 9th graders and athletes NOT currently in the program, during the tryout week the coaches will be making detailed notes on each participant. The coaching staff will compare notes and discuss each participant to determine their placement in the program. For current members of the program, coaches will discuss each athlete and their total body of work to determine their placement. We do not use a scoring system to rank tryout participants. The number of members chosen will be selected at the coaches' discretion during the tryout process.

Sub-Varsity: Will be comprised of 9th, 10th and 11th graders.

Varsity: Will be comprised of 11th and 12th graders.

Mascots: Two mascots will be selected through a tryout process held along with cheerleading tryouts. Should there be no participants for tryouts, the director/coach may select qualified persons to fill these positions. They do not need to be enrolled in the cheerleading class, but must be available to attend all cheerleading events during the season. They must abide by all the rules in the Cheerleading Handbook, as well as adhere to the Student and Extracurricular Athletic Code of Conduct.

Manager(s): The manager(s) will be chosen solely at the coaches' discretion. Participants will be chosen based on experience in the cheer program, attitude, responsibility, dependability, and their desire to continue with the WHS Cheer Program. These students must be enrolled in the class. They must abide by all the rules in the Cheerleading Handbook, as well as adhere to the Student and Extracurricular Athletic Code of Conduct.

Push-Up Squad: The push-up squad will be chosen solely at the coaches' discretion. They do not need to be enrolled in the cheerleading class, but must be available to attend all football games during the season. They must abide by all the rules in the Cheerleading Handbook, as well as adhere to the Student and Extracurricular Athletic Code of Conduct. Participants should fill out the attached application. The push-up squad will consist of students that:

Will be outstanding citizens and positive role models at WHS.

Competition Team: The competition team will be chosen solely at the coaches' discretion.

Captain(s)/Officers: The captains/officers will be chosen solely at the coaches' discretion. The coach reserves the right to appoint the captain(s)/officers and/or remove/replace the captain(s)/officers if needed.

SECTION 6: TRYOUT PROCESS

TRYOUT MEETING: There is a tryout meeting on Feb 18, 2025. An application to tryout must be completed online and submitted by **March 14, 2023**.

ELIGIBILITY TO PARTICIPATE IN CLINIC AND TRYOUTS: A cheerleader is a representative of the Westlake High School student body. The requirements for eligibility represent acceptance of this responsibility and include: physical ability, dependability, academic eligibility, and good decision making. Academic eligibility is broken down depending on the grade the cheerleader is in. Starting next fall, all 9th graders must have at least 3 credits, 10th graders must have at least 6 credits, and 11th graders must have at least 9 credits in order to participate in cheer. You must submit your application online

Tryouts: Each participant **MUST** arrive on time and attend in its entirety.

If a participant is absent from any of the tryout days, a parent or doctor's note must be submitted to the coach on the day participant returns. Only illness and other emergencies excuse participants from missing any portion of the tryout process.

- Any tardiness or unexcused absence(s) to any portion of the tryout process will affect the participants' tryout.
- Videos will not be accepted in lieu of a formal tryout. If a participant is injured and cannot complete all or any portion of tryouts, a DETAILED note from a sports medicine doctor must be provided. In some situations the coaches will consider a video. The note must detail specifically what skills cannot be performed and why.
- Notification of placement for each participant will be posted on the cheerleading website (www.chapscheer.com) the Friday following tryouts after 4:00. **DO NOT CONTACT THE COACHES ABOUT RESULTS!**

SECTION 7: Varsity Limited

This position is for seniors that fall below the minimal expectation of the varsity squad but have three years of dedication in the program. It has been developed to give these committed athletes the opportunity to remain a WHS cheerleader and continue their growth. Athletes in this position will have limited participation.

Expectations and Responsibilities

Any performance/game which the Varsity squad is the only squad performing/cheering these athletes will not participate. Including but not limited to: Zenith, Home Pom, UCA Camp Champ routines/cheer and varsity games.

Any performance/game which includes the entire program or cheerleaders of mixed skill levels, these athletes will participate. Including but not limited to: All practices, UCA summer camp, Football preseason scrimmage, preseason kick-off event, pep rallies, spirit clinic, competition, and community service

projects. Additionally, athletes in this position will participate in all Varsity media, senior pictures, team dinners, big sis/lil sis and all social events.

There will be opportunities for these athletes to participate/cheer beyond their current position. Athletes that continue to progress and dedicate themselves to the program will participate in; Homecoming football game, senior night football game, and all football, volleyball and basketball playoff games.

The position of athletes in the WHS Cheer program and their level of participation are at the sole discretion of the WHS cheerleading coaching staff. If, at any time during the season an athlete exceeds or falls short of their expectations/responsibility an increased or decreased level of participation could be possible.

SECTION 8: UIL GUIDELINES

Each cheerleader is responsible for maintaining passing grades throughout the school year. Any class labeled "pre-ap" or "ap" (with the exception of Precal and Phys/Anatomy) may be eligible for a waiver. The principal has the final say for waivers. This is the cheerleader's responsibility and isn't always guaranteed to deem the cheerleader eligible. Coach Leifeste oversees all UIL eligibility issues. Each 3 and 9 week grading period, she will be checking each cheerleader's grades. If a cheerleader has a failing grade, she will be required to show that she is attending tutorials. If a cheerleader fails two consecutive 9 week grading periods, she will be at risk of loss of membership from the program. An updated UIL Eligibility calendar will be mailed out at the beginning of the school year to each parent.

Cheer activities that are affected:

- cheering/ appearing at any performance/ event in uniform;
- travel with any team (squad/ competition);
- risk of being taken out of a performance/ routine (coaches discretion)



2025-2026 Tryout Dates and Times

Tryout Meeting

Tuesday, February 18, 2025, 7:30 – Chap Room

Tryout Applications Submitted Online Due: March 14, 2025 by 4:00.

Tryout Material will be posted by March 1 to Chapscheer.com

Tryout Clinic, Day 1

Tuesday, March 24, 2025, 4:30-6:00 PM

- Wear: Red shorts/spandex, White T-Shirt, cheer/tennis shoes, hair MUST be completely secured out of your face!
- No gum or jewelry.
- Review material, Tumbling evaluations, and Jump evaluations
- Start to form stunt groups

Tryout Clinic, Day 2

Wednesday, March 25, 2025, 4:30-6:00 PM

- Wear: Red shorts/spandex, White T-Shirt, cheer/tennis shoes, hair MUST be completely secured out of your face!
- No gum or jewelry.
- Fight Song and Game Day evaluations
- Continue working with stunt groups

Tryout Clinic, Day 3

Thursday, March 26, 2025, 4:30-6:00 PM

- Wear: Red shorts/spandex, White T-Shirt, cheer/tennis shoes, hair MUST be completely secured out of your face!
- No gum or jewelry.
- Stunt evaluations

Results: Those chosen for the respective squads will be posted on the cheerleading website **on Friday, March 28.**
Please do not attempt to contact the coaches before that time.

Estimated Financial Obligations
Subject to increase and decrease as needed

Fees include, but are not limited to: *These are just estimations*

Required Purchases:		
Squad top		95.00
Squad skirt		71.00
Squad liner/sleeves		22.00
Boycut briefs (2 units)		40.00
Universal motion flex top		116.00
Universal motion flex skirt		78.00
Universal motion flex liner/sleeves		61.00
Shoes (mandatory new pair per year)		50.00
Bra (2 units)		26.00
Bow (2 units)		20.00
Bag		50.00
Fleece		100.00
Rain jacket		12.00
Leggings		24.00
Camp wear and practice wear		150.00
Game and sponsor/clinic tshirts		18.00
Eanes Activity Fee –		250.00
Big sis/Lil sis gifts		75.00
Socks - purchase your own white no-show		0.00
Total Required Purchases		1,258.00

Sales Tax will not be assessed.
Shipping and Handling will be assessed at 7% of the total bill.

Student Extracurricular Athletic Code of Conduct

Participation in extracurricular activities is a privilege and not a guaranteed right. Therefore, the following participation guidelines will apply:

- The director/coach has the right to set high standards for those who choose to participate.
- Exemplary behavior is expected **at all times**. Directors/coaches have the right to discipline their students when they do not exhibit the proper behavior expected for the extracurricular activity in which he/she is involved.
- The Student Extracurricular Code of Conduct does not limit or otherwise restrict the authority of the director/coach or principal to issue additional consequences to the penalties stated in the policies below, i.e., extra running can be added to any disciplinary action.

Violations and Consequences of the Student Extracurricular Code of Conduct

I. Students who participate in extracurricular activities are prohibited from:

A. Possession and/or Use of Illegal Drugs and/or Alcohol –

- Illegally possessing or using marijuana, alcohol, a controlled substance, or any dangerous drug;
- Illegally possessing or using drug paraphernalia;
- Committing a serious act or offense, as defined in the EISD Student Code of Conduct, while under the influence of alcohol, marijuana, a controlled substance or any dangerous drug; and/or
- Illegally possessing or using glue, aerosol paint and/or volatile, mood-altering chemicals.

First Offense

1. Three weeks suspension from extracurricular activity.
2. If the student is placed in the DAEP, the student cannot practice with the team/group.
3. The student may not be allowed to travel on overnight trips for a period of one year.
4. The student may be removed or not allowed to be a captain/officer on that current organization or team.

Second Offense

1. One year suspension from all extracurricular activity.

B. The Commitment of a Serious Act -- Punishable as a Felony --

First Offense

1. One year suspension from all extracurricular activity.

C. Possession of Tobacco –

First Offense -One week suspension with no practice with the team/group.

Second Offense - Twelve week suspension from all extracurricular activity.

II. Athletic-Infractions that occur during an “off-season,” during a time where there is no direct involvement in the athletic activity, or when school is not in session, are punishable in the next in-season sport in which the athlete participates.

Fine Arts (Band, Choir, Hyline, Speech, Debate, Drama etc.)- Since these groups are considered always in-season, a consequence of missing the next scheduled extracurricular performance/contest will be enforced if this consequence is not met during the students' placement in the DAEP.

III. For any third violation of the Student Extracurricular Code of Conduct, the student shall be suspended and prohibited from participating in extracurricular activities for the remainder of his/her enrollment in Westlake High School.

IV. The timeframe for consequences for students is as follows:

A. The beginning of the competitive season for punishing athletes for the violation of the Student Extracurricular Code of Conduct shall be defined as the first week of UIL games, meets, tournaments, competitions or match schedules.

B. The athlete can practice and participate in scrimmages (at the coach's discretion) until the first week of recognized UIL competitive games, meets, tournaments or match schedules unless the student is placed in DAEP.

C. Time served at the DAEP during the competitive season counts towards the three week suspension from competition.