



Interested Zimmerman JO Coaches Information

1) Coaches Applications

- Applications are used to determine experience levels to ensure we place coaches properly.
- If we end up with more than 1 head coach for the same age group, we will need to select accordingly based on coaches experience
- Completed applications can be done on our website under [JO Volleyball tab > JO Coach Application](#)
- Applications are due by November 1st for the current season

2) Tryouts are held in early-mid November

- We ask that coaches evaluate the players who are broken up into their age groups
- Each registrant will have a number pinned on their back for evaluations to be conducted
- Player evaluation form includes rating for: Setting, Hitting, Passing, Serving
 - ☐ Water breaks throughout
 - ☐ Scrimmage at end for older age groups

3) Practice Schedule:

- Practices start early December and goes until your last selected tournament/game around March/April
- 2 hour practices each week
- Two oldest teams can select up to 3 hours of practice each week if gym space allows for it
- Extra practices are available throughout season and are evenly distributed as best as possible with all teams

4) Requirements for Head coaches

- 2 years minimum experience of coaching and/or playing volleyball at Junior Olympic(JO)/similar program or high school/college level.
- 1st year coach: pay starts at \$1,000/season for each team
- 2nd year coach: pay may increase for returning coaches but not to exceed after 3rd year of returning
- Only 1 Head Coach per team
- Must be 18 years old before season starts
- Must be a member of the current **North Country Region (NCR) Adult Coach of Juniors.** This allows you to be at tryouts and continue the season as coach if we have a team for you to coach
- Zimmerman JO Volleyball Board will purchase NCR membership on coach's behalf then each coach must complete all of the following requirements prior to tryouts:
 - ☐ Must complete NCR Background (required annually) – it takes some time for results to complete
 - Region: North Country
 - Club Name: Zimmerman Juniors
 - Once cleared, submit receipt to JOThunderVolleyball@gmail.com for reimbursement on the 1st half of coach's payment.
 - ☐ Complete/renew NCR SafeSport training
 - ☐ Complete officiating training
 - ☐ If a new coach, complete Impact training(required once for lifetime)



Zimmerman JO Volleyball

5) Requirements for Assistant coaches

- Unpaid position at this time
- Must be a member of the current **North Country Region (NCR) Adult Coach of Juniors.** This allows you to be at tryouts and continue the season as assistant coach if we have a team needing an assistant coach
- Zimmerman JO Volleyball Board will purchase NCR membership on coach's behalf then each coach must complete all of the following requirements prior to tryouts:
 - Must complete NCR Background (required annually) – it takes some time for results to complete
 - Region: North Country
 - Club Name: Zimmerman Juniors
 - Once cleared, submit receipt to JOTThunderVolleyball@gmail.com for reimbursement on the 1st half of coach's payment.
 - Complete/renew NCR SafeSport training
 - Complete officiating training
 - If a new coach, complete Impact training(required once for lifetime)

6) NCR Tournaments – start in January

- Website: <https://www.ncrusav.org/ncr-sanctioned-events>
- Tournaments/Leagues will need to be chosen/confirmed prior to the teams being created

7) Jerseys

- Jerseys are customized to each player with logo, number and last name
- Coaches Uniform shirt provided with choice of name: Coach (First/Last name)

8) Online officiating – Opens December

- Required every year for all players and coaches
- Website: <https://www.ncrusav.org/page/show/6000248-officiating-training-lms->
- NCR adjusted courses to be more interactive and easier for players to complete – plan for 2-6 hours

9) Team Names

- Thunder and then the age group of team
 - Example: Thunder 12s

10) Little JOs

- Offered to Kindergarten up to 2nd or 3rd grade
- One hour for 1 night/week for 6 weeks
- Help learn basics with a coach and possibly high school volleyball players
- Season cost is about \$100 or less