



2024

2025

Parkway South Patriots Lacrosse

Kicking off the 2025 Season -
Parkway South
PATRIOTS



LAX



LET'S GO!

Looking Forward to 2025 and Building on Our Momentum.

2024

Varsity won 8 games with big victories over Summit, Lafayette and Seckman.

- 2 players MSLA Class 1 **First Team All-State**
- 2 players MSLA Class 1 **Second Team All-State**
- 3 players Suburban West **First Team All-Conference**
- 4 players Suburban West **Second Team All-Conference**



Who are we?

The Parkway South Boys Lacrosse Program was established approximately 25 years ago. We are a non-for-profit club whose mission is to promote the sport of lacrosse at Parkway South High School, to promote positive character, to provide an opportunity for kids to learn and play the sport of lacrosse with a focus on teamwork, skill development, self control.

Although we are affiliated with Parkway South High School, boys' lacrosse is not a MSHSAA-sponsored sport in Missouri, therefore we are fully responsible for the support of our team and program, not the school. Our club is a member of the Missouri Scholastic Lacrosse Association (MSLA) and plays in the Suburban West Conference along with Marquette, Lafayette, Eureka, Lindbergh and Seckman.



The Board

Mike Mullen - Co-President

Adam Irace - Co-President

Rachel Mesina - Treasurer

Sue Kindel - Secretary

Kathie Mullen - Board Member

Tom Gilreath - Board Member

Christian Morgan - Youth Co-President

Chris Brauner - Youth Co-President



Coaches

Andrew Kunkemueller

Varsity Head Coach

Coach Kunkemueller began his lacrosse career in seventh grade playing for Rockwood Summit, before playing for Purple Wave in eighth grade, where he began playing goalie. He played for four years at CBC, and in his senior season was elected team captain. After graduating from CBC he continued his lacrosse career at Lindenwood-University Belleville. While at Lindenwood he was a four-year starter, senior captain, and was a two-time First Team All Conference goalie. He received an honorable mention for All-American, and was awarded the Defensive MVP of the 2016 GRLC Conference Tournament. After graduating from Lindenwood he was a volunteer coach for the 2017 season. He has been the Varsity Head Coach at Parkway South since 2018.



Coaches

Luke Hartmann

Varsity Assistant Coach

Coach Hartmann started playing lacrosse for the Rockwood Summit Boys Lacrosse Club in 5th grade. His team for Rockwood Summit won the D2 State Championship during his junior year against John Burroughs. Winter of his senior year he played for Samurai and Coach Justin Cutter. He also made the D1 All-Conference team as a specialist in 2013.

After high school, he went to Lindenwood University-Belleville where he played with Coach Kunkemueller. His team earned a spot in the first NAIA National Tournament in 2016.

Cody Fincher–

Varsity Assistant



Coaches

Cody Fincher Varsity Assistant Coach

Cody Fincher began his lacrosse career in San Diego, CA with El Capitan High School & the East County Rebels. At El Cap, he was a varsity captain, receiving both all-conference and all-academic honors, as well as the teams MVP award his senior year. Cody then attended Lindenwood University-Belleville where he played midfield, contributing to both the man-up and man-down special teams. He played four years at LUB earning 2nd team all-conference honors for the MCLA & NAIA, as well as all-academic honors. Cody was a founding member of the LUB lacrosse program that led to the 2016 NAIA National Tournament appearance.

Post-college, Cody became the Head Men's Lacrosse Coach for Lindenwood University-Belleville. He retained this title for 3 years until receiving the unfortunate news that the University would ultimately be closing its doors. He has been a member of the Parkway South boy's lacrosse staff since 2021



Coaches

Riley Yoder

Junior Varsity Head Coach

Riley Yoder began his lacrosse career in Centerville, OH. He eventually continued his lacrosse career at Lindenwood-Belleville, becoming a teammate of Coach Kunkemueller, Hartman and Fincher. While at Lindenwood, Riley played midfield and earned 3rd Team All-Conference Midfield. Riley is looking forward to continuing his career as he begins his first season as the JV Head Coach for Parkway South Lacrosse.



Key Information

Parkway South Boys Lacrosse will field two teams for 2025

- The hope is that we have enough participation for a Varsity and Junior Varsity just as we have in recent seasons.

Communication

- GroupMe - After an initial introductory e-mail, parents and players will be asked to join the team GroupMe chats. There are two separate chats, one for parents & coaches and another one for players & coaches. This will be how the Board communicates timely information to parents and how the coaches will alert players to any changes or instructions.



Key Information

Website (pshlacrosse.org)

- All schedule information will be posted to the team web site.
- All necessary registration forms are found in the links at the top of the homepage.

Coaches

- Coaches are approachable throughout the season and are happy to chat with you.
- However, no comments are to be made to any of the staff about playing time, coaching preparation or strategies.



Safety

- There is a licensed trainer in attendance for all regular season and playoff games. There is no trainer on duty for practice, however coaches do come prepared with first aid equipment and some safety training.
- Boys' lacrosse is a contact sport, and collisions sometimes do happen. Important! Players, if you think that you may have suffered a possible concussion during practice or in a game, please notify the coaches right away. We will always err on the side of caution. Coaches and trainers are experienced at spotting the signs of concussions and will not allow a player to return to lax activity until it is safe.
- Please make sure your player has a current helmet and a chest protector with the mandatory heart guard.
- Players, you must wear your mouthguards!



Program Expectations

Player responsibilities

- Be on top of your schoolwork. Grades come first & school attendance on game days is mandatory.
- Be on time for practice and games. Be committed to your teammates and your craft.
- Communicate. Let the coaches know ahead of time of any possible issues. Have conversations about how to improve and potentially earn more playing time.
- Remember the Code of Conduct that you agreed to and signed to become a PSH LAX player and abide by it.

Everybody

- All PSBLA players, parents and coaches must be respectful to the referees, opposing teams and their parents.



Program Expectations

Fundraising

- All participating players and families are expected to actively participate in the club fundraisers that are vital for the program's existence and future.

Volunteering

- Because we are a club and not a school sponsored sport, there are many things that need to happen to make this work. From coordinating fundraising, lining practice fields, recording game stats, managing uniform orders, updating web sites, video recording of games, just to name a few of the many tasks. Please take an active role and share the workload. A list of committee positions are listed on the web site. Thank you in advance for sharing your talents and for your help in growing our lax program.

Thank you!



The Fundraisers - 2025

Raise 365

- This is a new fundraiser we will be trying for 2025. The hope is that it is much easier to execute than our traditional Mulch Day fundraiser. There will be a mandatory kickoff meeting in mid-January with the Raise 365 Rep to get it started. All players must attend. Parents are asked to help their player prepare for the kick off meeting. It has great potential and if we make as much money or more than mulch then this will replace that fundraiser altogether. More details to come.

Trivia Night

- March 1, 2025. It's a great time. Families are asked to fill a table and if possible, find items for the silent auction.



RAISE365

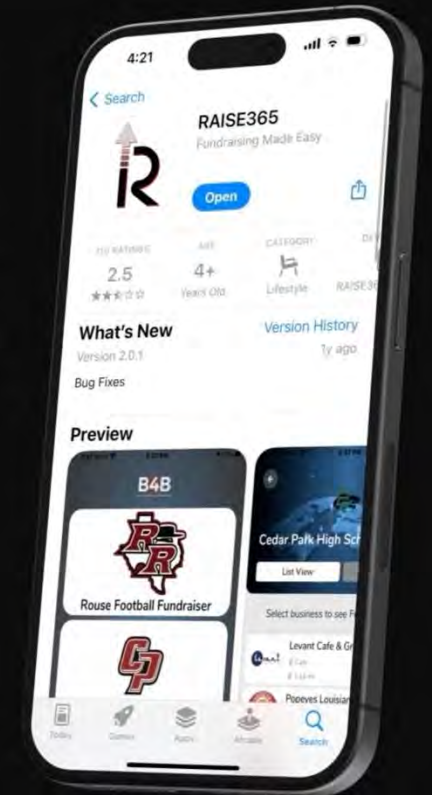
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Costs

Fall Ball (2024) – \$155

- Recently completed. Season consisted of weekly training (Sundays at Parkway South Middle or PNH), a Thursday evening 7v7 STL Lax League at Lindbergh High School (\$125) and a 7v7 tournament at Lindbergh (\$30), which PSH won!

HS Season Club Fees (2025) – \$525 (If registered by 12/31/24 deadline)

HS Season Club Fees (2025) – \$675 (If registered after 12/31/24 deadline)

- Practices begin February 17 and the season runs through May. Please pay club fees before the first practice. (Venmo@Patriot-Lacrosse or check payable to PSBLA)

US Lacrosse Membership – \$35



Equipment

White Helmet

Gloves (White Preferred. Blue acceptable)

Elbow Pads

Legal Stick (Pocket no deeper than a ball width)

Chest Protector with heart guard

Elbow Pads

Mouth Guard

Cleats

Players are responsible for purchasing all the equipment listed above. The Club will purchase a helmet wrap to match the player's helmet model and the player adheres it themselves. Board members can provide photos to show sticker placements.



Uniforms and Apparel

Game Apparel (All items to be returned a season's end):

- 1- Reversible Jersey (white, navy)**
- 1- Pair of Game Shorts (navy)**
- 2- Shooter shirts (1-white, 1-navy)**
- 1- Lacrosse Bag with Player's # tag**

Practice Apparel (All player's to keep):

- 1- Reversible Practice Jersey (white, navy)**
- 1- Grey PS LAX Hoody**
- 1- Pair of Grey PS LAX Sweatpants**
- 1- PS LAX T-shirt (color varies from yr. to yr.)**

A check of \$200 is collected at the time of registration. This check is held during the season, but not cashed. If the player's full uniform and bag is returned at the end of the season and the family has fulfilled their fundraiser commitments, then that check is destroyed.

NOTE: Parents can order Parkway South LAX Spirit Wear with a Parkway South shop that opens for a several week window in January.



Registration

- The deadline to register is December 31. There is an official registration meeting in early December to cover details and to answer any questions, but you can register before then and we encourage it. Club fees increase \$150 for registrations after the Dec. 31 deadline. (Note: We need to order uniforms, bags, helmet wraps, etc. in early January to have them ready to go before the start of the season and fundraising begins).
- All necessary forms to register reside on our website at pshlacrosse.org. They are located in the links at the top of the page. We have also created the checklist on the right to walk you through the process. This will also be posted on the website.
- All players must apply for a US Lacrosse Membership to participate (see checklist). This membership provides valuable insurance for both the club and the player at sanctioned US Lacrosse events (HS season practices & games)



READY TO JOIN THE PATRIOTS?

Simply follow these steps to ensure you've completed everything needed to become a PSH LAX team member.

- 1 Visit pshlacrosse.org/**
All team details, costs, registration forms and key information are found here.
- 2 Complete PSH LAX Registration**
Name, age of player, parent and player contact info, uniform size, insurance information, US Lacrosse #, etc.
- 3 Pre-Participation Physical Evaluation**
The physical exam form, completed by a physician, is required to play high school sports and is valid for two years.
- 4 Complete the MSHSAA Eligibility and Authorization Statement**
This form is required to be able to participate and consists of a student agreement with expectations and responsibilities and a clear code of conduct for participants in Parkway athletics and activities.
- 5 Apply for a US Lacrosse Membership at usalacrosse.com/membership**
To be eligible to play for the PSBLA, a player must be a registered member of US Lacrosse. This membership provides important insurance coverage for the team and the players. The annual cost is \$35 and proof of membership will be required before a player can practice.

**Thank you for your interest.
We look forward to seeing you
out there on the field soon.**

★★★★★★ GO PATRIOTS! ★★★★★★

Key Events/Dates

Fall Ball

- Starts Sept. 15 and runs through end of October.

Fall High School Box League

- STL Box Lacrosse – League plays at Vetta, Concord and the season runs from October to December. (This is not a PSBLA organized activity.)

Registration

- Registration meeting will be held sometime in early December. The date will be communicated through GroupMe. Registration can be done on the website immediately and will close at the end of December.

High School Season

- Practices will begin in February and the season ends some time in May. Practice are held at Parkway South Middle, and occasionally at Parkway South Senior High. Practice times are still yet to be determined.



Key Events/Dates

Senior Night

- Last home game of the season. Senior families are honored before the game and there's a team celebratory event after the game.

Year-end Awards Banquet

- May/June, 2025 (date TBD). Players and Parents. Dinner is provided and season awards are presented afterwards.

Alumni Game

- Late May/early June (date TBD). Players from JV and Varsity are encouraged to play in this fun event and meet some of the older guys who played for past Patriot teams. This is a great bonding event and keeps some the program's biggest supporters involved in Patriot lacrosse.

Summer League

- STL LAX - Games are played at the Lou Fusz Complex. A fun, low-pressure league that's a great option for younger guys to continue to develop. (This is not a PSBLA organized event.)



Questions?

Please feel free to reach out with any questions. You can contact me, Mike Mullen, at patriotlacrosse.mo@gmail.com or by phone at 314-452-7271.

Thank you for your time and we look forward to seeing your son out there competing on the lacrosse field for Parkway South.

Go Patriots!!!!

Thank you Patriot Families!



A group of lacrosse players in white jerseys and helmets are huddled together on a field. The players are wearing white jerseys with dark blue numbers and dark blue shorts. Some players have their backs to the camera, showing numbers like 28, 46, 21, 1, and 2. They are holding lacrosse sticks. The background shows a chain-link fence and a grassy field.

BRING ON THE 2025 SEASON.
GO PATRIOTS!