

WEST KNOX LADY WARRIORS - CODE OF CONDUCT

Beginning in January of 2016, The West Knox Lady Warriors Lacrosse Club (hereinafter, "WKLW") implemented a Code of Conduct. This Code was updated in January of 2020. Each player and one of her parents or guardians will be asked to read and sign the contract as part of participation in the WKLW Lacrosse Program. This Code of Conduct has been created with the expectation that it will support these young women in becoming all that they can be, through hard work, commitment, and discipline, both on and off the field.

We believe that this Code of Conduct defines what all members of the WKLW should strive to be, and is fair to all members. We believe that no member of this team is bigger than the team itself. As such, all players, parents/guardians, and coaches will adhere to the following code of personal and team conduct:

1. The use of alcohol and/or drugs is completely prohibited at all times. Tobacco products may not be used at practice or games, or be brought on to practice or games by players or parents/spectators. Vaping of any sort will not be tolerated on or off the field.
2. Use of bad language or inappropriate language is prohibited.
3. Players must show respect for: their coaches, their teammates, officials, opposing players, and opposing coaches at all times.
4. Players will support all their teammates at all times, on and off of the field.
5. If you are arrested for any offense, you need to report the incident to the coaches at the earliest opportunity. Arrest may lead to dismissal from the team, subject to a conference between the player, the player's parents/guardians, and coaching staff.
6. If you receive any disciplinary actions at school, you need to report the incident to the coaches at the earliest opportunity. Any behavior at school that results in a suspension from school will suspend your lacrosse privileges and will subject you to possible dismissal from the team, subject to a conference between the player, the player's parents/guardians, and coaching staff.
7. Players will change their clothes for games either (1) before leaving home, in the case of a home game or local game, or (2) where necessary, in restrooms or designated locker-room facilities. Players are not permitted to change clothes on the field.
8. Players must be accompanied and driven by an adult to all games outside of Knox County, even if the player is over 18 years old, UNLESS the coaching staff receives written approval by the player's parent/guardian in advance of an away game. If a player has parental approval to drive herself to an away game, the player is PROHIBITED from transporting any other players in their vehicle. Violation of this rule results in the loss of playing privileges for that game.

9. Players will arrive at practice on time and ready to go. Arriving on time means at the field, with all equipment on, and ready to begin, 10 minutes before the scheduled start time. If you are running late, contact a coach to let them know if you can safely do so.
10. Players will show responsibility and preparedness by having all required gear at each practice and game, including: stick, uniform/practice clothes, mouthguard, goggles, cleats or turf shoes. It is strongly recommended that players have two game-ready sticks at all times, however having two sticks is not required.
11. Once practice starts, players will not be allowed to return to their cars until practice is over. Take everything you need (including water) with you to the field.
12. Use of cell phones during practice and/or games is strictly prohibited.
13. Players will keep the practice and game fields clean and are responsible for cleaning up equipment and trash at the end of practices and games. Players will show respect for all practice and game facilities and clean up after themselves. Vandalism of any kind will not be tolerated.
14. Players are only permitted on practice fields during scheduled practice times with supervision by coaching staff, unless approval from the coaches has been given.
15. Good grades are important. Players are responsible for notifying their coaches if they are having problems keeping their grades acceptable.

The following Attendance, Playing Time, and Illness/Injury policy will be followed.

1. Playing time for players in varsity games will be determined by their preparedness, ability, effort, practice attendance and participation.
2. Practices and games are mandatory. Attendance will be kept for all practices and games. In order for an absence to be excused, a player must fill out the Request for Excused Absence Form and submit it to the coaching staff via email, wklwlacrosse@gmail.com in advance to request approval. Incomplete forms will be denied. Coaches will have discretion to approve the practice absence or deny the request.
3. Any unexcused absences will result in loss of game playing time. After two unexcused absences, the parents will be contacted. After three unexcused absences, a call for review by coaches will be made as to whether the player needs to continue in the program.
2. If a player is sick, please submit the Request for Excused Absence Form.
3. If a player is injured, she should contact the coaches about attending practice (to observe and not physically participate) rather than assuming she should stay at home.
4. Coaches recognize that some players may need to work. Players will complete the Request for Excused Absence Form and submit for approval. Player's work hours that interfere with WKLW practice/game schedule may negatively impact playing time.

We believe this Code of Conduct will help further instill personal values that will carry members forward into adulthood. These values exhibited by our members also promote our team as a high quality organization and lacrosse community of the Southeastern U.S. We never expect that strong enforcement of this Code of Conduct will be necessary. However, in sincere commitment to maintain the integrity of our program, frequent and/or serious non-compliance with this Code may result in additional reviews by the coaches and the respective players/parents.

It is the policy of WKLW Lacrosse not to refund any monies already paid to the team if a player decides to leave the team, or if the player is dismissed.

If a parent/guardian has any questions or concerns, please contact the coaching staff immediately. Please allow 24 hours to receive a response. Parents/guardians can email wklwlacrosse@gmail.com, or contact a coach individually via the cell phone numbers listed below:

Coach Melissa DiRado: (248) 921-5386

Coach Jeremy Dykes: (410) 977-1632

Team Administrator and Founder - Mike Bilbrey: (865) 599-6205

As a PLAYER, I have read and understand this Code of Conduct, and my signature affirms that I agree to abide by it.

Print Player Name

Date

Player Signature

As the PARENT or GUARDIAN of a player, I have read and understood this Code of Conduct, and my signature affirms that I agree to assist in upholding this Code and abiding by it.

Print Parent/Guardian Name

Date

Parent/Guardian Signature