

# TYPES OF FOULS

## MAJOR FOULS

### 5 Mandatory Yellow Cards

#### \*Dangerous Propelling

#### \*Dangerous Follow Through

#### \*Check to the Head

#### \*Dangerous Contact

#### \*Slash

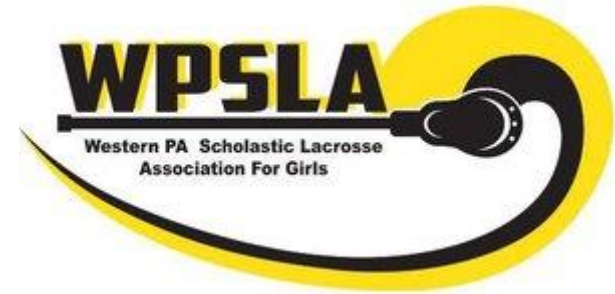
- Shooting Space
- 3 seconds in the arc
- Cross in the Sphere
- Rough/Dangerous Check
- ANY Stick to Body Contact
- Check above the shoulders
- Offside
- Dangerous Shot
- Goal Circle Violation
- Charging
- Forcing Through
- Blocking
- Reach Across the Body
- Pushing/Tripping/Holding
- Illegal Pick
- False Start
- Hooking the Crosse
- Play the Ball off an Opponent
- Dangerous Play
- Follow Through into Goal Circle

## MINOR FOULS

- Covering
- Empty Stick Check
- Warding
- Hand Ball
- Body Ball
- Improper Use of Crosse
- Illegal Draw
- Illegal Crosse
- Improper Equipment
- Resumption of Play
- Illegal Substitution
- Play From Out of Bounds
- Illegal Re-entry
- Illegal Time Out
- Illegal Stick Request
- Delay of Game

## GOAL KEEPER FOULS

- Line Up Between Restraining Lines
- Shooting
- Scoring
- Take a Draw
- Dangerous Play



## RULES GUIDE

Adapted from the

USL 2021 Youth Girls' Rulebook

### **Who to Contact:**

#### **Scheduling/Cancelations/Delays**

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[WPSLAASSIGNOR@yahoo.com](mailto:WPSLAASSIGNOR@yahoo.com)

#### **Official Concerns/Feedback/Rule Clarification/Officials Training**

Or if you can't reach Becky

Jerry Morrow

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### **League Matters**

Adriane LaRussa

WPSLA President

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### **GAME FEEDBACK IS VERY IMPORTANT TO US**

Please use the EVALUATION FORM on our homepage:

[www.WPSLAgirls.com](http://www.WPSLAgirls.com)