

	U14	U12	U10	U8
Field Size	FULL regulation size field with all appropriate markings	FULL regulation size field with all appropriate markings	FULL or across width (60X40yds) of the field; must have goal circles, 8M arc and center circle OR center mark	FULL or across width (60X40yds) of the field; must have goal circles, 8M arc and center circle OR center mark
# of Players	11 Field Players + goalie	11 Field Players + goalie	11 Field Players + goalie OR 8 (7 field + goalie on shortened field)	7 Field Players NO goalie
Goal/Goalie	6'x6'/ Goalie Required	6'x6'/ Goalie Required	6'x6'/ Goalie Required	Flipped Goal or 4'x4' goal NO GOALIE
Game Times	2 - 25 min HALVES NO STOP CLOCK EXCEPT DURING TIME-OUTS	2 - 25 min HALVES NO STOP CLOCK EXCEPT DURING TIME-OUTS	2 - 20 min HALVES NO STOP CLOCK EXCEPT DURING TIME-OUTS	2 - 20 min HALVES NO STOP CLOCK EXCEPT DURING TIME-OUTS
Score	Kept by scorekeeper	Kept by scorekeeper	Kept by scorekeeper	Optional
Sticks	Regulation stick and pocket	Regulation stick and pocket	<u>Modified</u> pocket allowed	<u>Modified</u> pocket allowed
Checking	Full Checking OR Modified checking below the shoulder. <i>*Must be determined at time of scheduling</i> 3 Second Closely guarded rule is called in MOD Games	Modified checking below the shoulder 3 Second Closely guarded rule is called	No checking 3 Second Closely guarded rule is called	No checking 3 Second Closely guarded rule is called
Time Outs	1-2 min time out per HALF	1-2 min time out per HALF	1- 1 min time out per HALF	1- 1 min time out per HALF
Mercy Rule	NO Mercy Rule - Draw after each goal is scored	May use Mercy Rule when a lead of 4 or more goals exists	May use Mercy Rule when a lead of 4 or more goals exists	May use Mercy Rule when a lead of 4 or more goals exists
Substitutions	Regular substitution rules	Regular substitution rules	Regular substitution rules	On dead balls, whistle, or goals - NO live ball substitutions
Officials	2	2	2	1 or 2
Yellow Card	Team plays short	Team plays short	Player sits out for 1 min - a SUB may enter	Player sits out for 1 min - a SUB may enter
Overtime	No Overtime	No Overtime	No Overtime	No Overtime
EMT/ATC	Required on Sideline (Medical Kit, Ice and AED recommended)	Required on Sideline (Medical Kit, Ice and AED recommended)	Required on Sideline (Medical Kit, Ice and AED recommended)	Required on Sideline (Medical Kit, Ice and AED recommended)
Game/Site Manager	Required on Sideline	Required on Sideline	Required on Sideline	Required on Sideline