



Men's Senior Baseball League – Men's Adult Baseball League

## **Recap of Modified Rules used by MABL Leagues**

1. No team water coolers or shared drinking stations.
2. Masks are recommended, not mandatory.
3. Let your players decide what they are comfortable with and go with the recommendations, within reason, and do not send a message that everything is mandatory regarding masks and distancing. Let the teams govern themselves and take ownership of their actions
4. Home Plate umpire has the choice of positioning behind the plate or behind the pitcher's mound with an appropriate distance between himself and the pitcher.
5. Catchers to wear facemasks (strongly recommended, but not mandatory).
6. Schedule games with at least 1 hour in between games to limit the amount of interaction of players between games.
7. There will be no pre-game (home plate) meeting or exchanging of lineups.
8. No post game handshakes or high fives (Will leave it up to the teams to find an appropriate form of recognition). Players finishing a game are asked to leave the area as quickly as possible.
9. Players should keep the appropriate distance (6ft) at all times including batting cages, during pre-game warm-ups, base coaches, and mound meetings.
10. When holding a meeting on the mound between the catcher, pitcher, and/or manager, all participants need to stay a safe distance from each other. The meeting would be limited to a maximum of 3 people.
11. Pitchers will NOT be allowed to go to their mouth between pitches. This will constitute an illegal ball and the ball must immediately be replaced by the pitching team.
12. Umpires will need to be advised of all these rules.
13. No more than 36 participates (players). Each team is allowed 6 spectators (distancing).
14. No spectators over the age of 60 (strongly recommended).
15. No sunflower seeds (no spitting).
16. Teams are responsible for taking out garbage after last game if requested by school.
17. If a player becomes sick or tests positive for COVID, the team manager **MUST** report it to the league. That player must be quarantined for 2 weeks. The team has the option, at their own discretion, to quarantine the entire team for two weeks as well if desired. If 3 players or more are quarantined at the same time, then the whole team must be quarantined for 2 weeks – no exception. "Quarantined" means staying home (which implies not showing up to a field or batting cage for any reason). Any games missed due to a team being quarantined will not count against that team's overall record. Any team that does not report sick players or that does not follow this guideline will forfeit all remaining games and will be ineligible for playoffs.