

Eastern Plains Youth Traveling Basketball Rules 2017-2018

League rules will be straight forward as to make games fun for the kids, a learning experience, and fast paced. We will try to play as close to regular basketball rules as possible with the following exceptions: CHSAA rules apply with these addendums:

1. Game Times: 3rd & 4th grade teams will play 5-minute quarters, 5th & 6th grade teams will play 6-minute quarters.
2. Ball Size: Boys 5th & 6th grade teams will play with a boy's regulation size ball. All others will use a girl's regulation size ball.
3. Full Court Press: **3rd grade teams may press the last 30 seconds of the game.** The 4th grade teams may press the last 2 minutes of the 4th quarter. **The 5th & 6th grade teams may press the whole game unless coaches can agree before the game on an alternate duration. This will happen during regular season only.** No pressing if a team is ahead by **10 points**. The team behind may press. If the difference is less than **10 points** the team ahead may then press again. Follow rule #4 if the team is pressing and are ahead by **10 points**.
4. If a full court press is used to soon, the offending team will receive 1 warning (more lenient with 3rd & 4th grades) per game, the next offense will be a technical foul. The technical is a 2 shot foul. **It will not be a personal foul on the player, but will count as a team foul.** Please use discretion with this as we need to teach the younger kids, but this is not a rule to follow in Junior High and High School.
5. Time Outs: Each grade will receive 3 time-outs per half. 45 seconds each.
6. Overtime Rules: 3rd & 4th Grades will shoot 5 free throws with the team on the court at the end of the game. **Both teams need to shoot at the same time.** If still tied, all 5 on each team will shoot again until there is a winner. 5th & 6th grade teams will play a three-minute overtime and receive 1 time-out. Time outs do not carry over from regulation game. 5th & 6th grade teams may continue to press the entire overtime period. If still tied the teams will shoot 5 free throws with the teams on the court at the end of the overtime until a winner emerges.
7. Free Throws: 3rd & 4th grade teams must stay behind 10 ft. line. 5th & 6th grade teams must shoot from 13 ft. or back at regulation free throw line. Free throw bonus will be in effect at 5 team fouls for 3rd & 4th grades and a two shot bonus at 7 fouls. 5th & 6th grades will be at 1 and 1 at 7 team fouls and two shots at 10 team fouls. **Please mark the 10 ft and 13 ft. free throw lines!!!!!!**

8. **When shooting free throws all grades will line up in the bottom three spots. We are not following the high school rule. Players in marked lane spaces can enter the paint on the release and do not have to wait until the ball hits the rim. (HS Rule Change 2014)**
9. 3rd & 4th Grade Shooting at the wrong basket-No points will be awarded and possession will be given to the opposing team underneath their basket.
10. No noise makers are allowed during the regular season or tournament.
11. Players may play up during the season, but not down in grade. If a player plays down the younger team will have to forfeit that game.
12. Tournament Rules: A player may not be on more than one roster for the tournament.
13. 3 seconds will be called in the entire lane for all grades.
14. Coaches need to teach players how to check-in. If a player runs onto the gym floor without checking in the team will receive 1-warning. If it happens a second time a technical foul will be called. The opposing team receives two free throws and then the ball at half court.
15. Gym Rules: Please respect each school's facilities. **No street shoes on gym floor and clean up your trash.**
16. Children must play basketball at the school they attend. If that school does not have a team in the league the child may play anywhere as long as it is approved by the local league representative where they sign up to play.
15. Officials: Each school should provide officials for all of their home games. All officials need to be familiar with the rules and be consistent for all teams. It is expected that the 3rd & 4th grade teams will have more leniency than the 5th & 6th grade. Please help the younger players to understand the calls without taking too much time to explain.
16. If a high school student is officiating Junior or Senior preferably at least one adult must be on the court officiating with them.
 - a. The goals of this league are to teach the children to play basketball while having fun. Though each team wants to be the "winner", the league will not tolerate unsportsmanlike conduct from players, coaches, officials, parents, spectators, etc. Should a situation arise that is out of hand, the official (at their discretion-may or may not want to speak to the school representative) may forfeit the game to the other team or call it at that point.
 - b. Should this league get too competitive, difficult, or out of control it will be dissolved immediately. It will be up to each school to arrange their own games. If you have any questions, suggestions, or concerns please contact your league representative.
 - c. Good Luck and have a fun and enjoyable season!!!!