#### MASCONOMET REGIONAL SENIOR HIGH SCHOOL 2018-2019 FALL ATHLETIC REGISTRATION FORM (Registration Form Due August 3, 2018) (If applying for a Scholarship, Scholarship Form is due August 3, 2018)

Name of Student		Year of Grad.
Address		Phone
Student I.D. #	Parent EMail	

Students participating in the Athletic Program are required to pay a fee. The following sports with accompanying fee are available to Senior High School students.

FALL SPORTS				
Cheerleading, Fall (\$450)	Golf (\$500)			
Field Hockey (\$450)	Volleyball (\$550)			
Football (\$550)	X-Country, Boys (\$250)			
Soccer, Boys (\$400)	X-Country, Girls (\$250)			
Soccer, Girls (\$400)				

For Preseason start dates and times please go to <u>www.masconomet.org/athletics</u> to find your sports schedules.

**NOTE:** Students wishing to participate in High School Extracurricular Activities (Clubs) should obtain the Full Year Extracurricular Activity Form. This form is located on the Masconomet Website. This form (with payment) is due on September 30, 2018.

#### Write in the option(s) you are selecting:

If there is more than one child in a family, a separate	ACTIVITY	FEE
Registration Form should be filled		
out for each child. As well as a		
separate check for each child.		
Forms are		
located at www. masconomet.org		

Please enclose a <u>separate</u> check for each activity. The check (for a specific activity) will be returned to you if there is not sufficient enrollment for an activity to "run"; or if the student is "cut" from a team after try-outs. Because of the above, checks may be held for six-eight weeks before processing.

CHECKS ARE TO BE MADE PAYABLE TO MASCONOMET REGIONAL SCHOOL DISTRICT AND SHOULD BE MAILED TO MASCONOMET REGIONAL SCHOOL DISTRICT, SUPERINTENDENT'S OFFICE, 20 ENDICOTT ROAD, Boxford, MA 01921 OR DELIVERED TO THE SUPERINTENDENT'S OFFICE **PRIOR TO 8/03/2018**.

**POLICY ON REFUNDS**: The full amount of the specific activity fee will be refunded if (a) the student tries out and is 'cut' from a team, or (b) the student paid but never participated in the activity. Prorated refunds are available to a student who is unable to participate in an activity because of illness or injury. (<u>A physician's statement is required for this refund</u>.) No refund is available to a student who (a) becomes ineligible for academic or disciplinary reasons, (b) moves out of the District, or (c) 'drops-out' of an activity. Once a student participates in team practices, he/she is not eligible for a refund. Refund requests must occur prior to the end of the regular season for that sport.

**SCHOLARSHIP INFORMATION**: www.masconomet.org/athletics - click on "Forms and Information" to find the scholarship application. Scholarship Deadline: August 3, 2018

PLEASE NOTE: Please make sure you print out the second (back) page of this form and return it with your payment. THIS FORM MUST BE SIGNED ON THE BACK BY THE STUDENT AND THE PARENT OR GUARDIAN BEFORE THE PAYMENT CAN BE PROCESSED

## RULES AND REGULATIONS

I have read and understand all of the rules, regulations and penalties of the Masconomet Regional High School as outlined in the Calendar Handbook.

# **ATHLETIC/ACTIVITY RULES**

The following rules are school policy and apply to all students. They are presented here for **emphasis**.

## 1. Alcohol, Drugs, and Tobacco

- The school has a strict policy regarding the use, possession, or distribution of Alcohol, Drugs, and or Tobacco in school or at any school related function. Please check the Calendar Handbook for exact details.

- The Massachusetts Interscholastic Athletic Association (MIAA) has a policy regarding the use of Alcohol, Drugs, and Tobacco while not under school control. (MIAA Chemical Health Policy 62) This policy can result in exclusion from participation in athletics for a period of time. Please check the Masconomet Website regarding the details of this policy. - All students in the school who want to participate in athletics/activities *must sign this form*.

## 2. Personal Conduct

The major justification for Athletics/Activities is to build good character among members, and by example, among all students. Therefore, good conduct is expected and is a requirement of all participants at all times. Unsportsmanlike conduct, participation in vandalism or discourteous conduct, on or off campus (while representing Masconomet) that would seriously misrepresent the character and values supported by the School Committee, will result in disciplinary action and could result in the loss of the privilege of participating in the Masconomet Athletic/Activity program.

3. Attendance

If a student is absent from school or arrives at school after 8:00 a.m. on the day of an activity or on the day preceding a Saturday activity or is dismissed from school on the day of an activity, the student will not be allowed to participate without permission from the Principal or the Assistant Principal.

4. Physical Examinations

A student must have a physical examination on file with the athletic office which has been administered by a licensed Massachusetts medical physician, nurse practitioner, or physician's assistant, in order to be eligible to participate in athletics (including tryouts). A physical examination is valid for 395 days (13 months). A student whose physical exam expires during the course of a season will become *ineligible the day it expires*; they must submit a new physical prior to the start of the next day to be able to continue playing.

### 5. Student-Athlete Guidebook

Masconomet Regional High School has developed a Student-Athlete Guidebook outlining most policies and procedures dealing with the Athletic Department. This document can be found online at www.masconomet.org/athletics. Please read the guidebook and by signing this sheet acknowledging it has been read.

## 6. State Law Regarding Sports-Related Head Injury and Concussions

The state of Massachusetts now requires that all schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) rules adhere to the following law. The law requires that athletes and their parents inform their coaches about prior head injuries at the beginning of the season. The law also requires parents of student athletes and students who plan to participate in an athletic program at Masconomet High School to take a free on-line course. This free on-line course is available through the following link http://nfhslearn.com/courses/38000 (NFHS).

I understand these rules and regulations and am aware of the penalties imposed if I (my child) fail(s) to adhere to them and I hereby give my consent for my child to participate in extracurricular activities. I understand the school does not provide medical payments insurance coverage for students involved in extracurricular activities and it is my responsibility to pay all hospital and physician bills for school-related injuries. I assume responsibility for the transportation of my children to and from practice sessions and games if a bus is not provided.

I understand that most sports have a maximum participation level that may result in my child being informed following the tryout period that he/she will not be a member of the team for the sport selected. I also understand the "Refund Policy" as stated on the front of this form.

Date:

Signature - Student

#### Student Athlata Madical Information Maga

Masconomet Student-Atm	
This form is mandatory for Athletic Trainer. This must be sub	omitted with registration. Please note the School Nurse is
not available during after school athletics. If you have any co	
school you may call and speak to the nurse during regular sch	lool hours at ext 6116.
SPORT	
Name	
Address	
Home Phone	
Home Phone Please write names, relationship and current phone number of people w	who can assume responsibility for your child. List parents first.
My child has the following medical condition that may require	  re immediate attention ( <b>911</b> ) at after school
athletics Asthma Diabetes Seizures Severe allergy to _	
	(prescribed Epinephrine autoinjector)
Other: Parent/Guardian Child specific instructions (restrictions	
Has student ever experienced a traumatic head injury (a	blow to the head)? Yes No
If yes, when? Dates (month/year);	blow to the heady. Tes No
Has student ever received medical attention for a head in	njury? Yes No
If yes, when? Dates (month/year):	
If yes, please describe the circumstances:	
Was the student diagnosed with a concussion? Yes	_ No
If yes, when? Dates (month/year):	·
Duration of symptoms (such as headache, difficulty concentra	<i>iting, fatigue)</i> for most recent concussion:
After-school emergency action plans (please note student	ts are responsible for carrying their own inhalers, glucose
tabs or snacks and Epinephrine auto-injectors	
	and of providing back ups to the advisory.
Allergic Reaction: One or more of the following symptoms n	nay occur after being exposed to the allergen.
difficulty breathing, wheezing, difficulty swallowing, hives/r	
swelling of any body part.	ush, iteling of engling of model of enfoue,
<b>Action Plan</b> : Assist the student in administering the auto-in	jector and then call 911 Staff may directly
administer the auto-injector if trained.	jector and then can 911. Stan may uncerty
administer the auto-injector if trained.	
Asthma: student has difficulty breathing, wheezing, and shortm	iess of breath.
Action Plan: If the student has their inhaler, allow them to us	
no inhaler available call 911 immediately.	
<b><u>Diabetes</u></b> : Low blood sugar reaction- hunger, sweaty, pallor, fe	
Action Plan: Allow student to drink a juice box or regular soc	
snack pack. Have student test their blood glucose level and re	ecord number. If no change in symptoms in five (5)
minutes - call 911 and have child repeat all of the above.	

Seizure: Altered consciousness, involuntary muscle stiffness or jerking movements, drooling/foaming at the mouth, temporary halt in breathing, loss of bladder control.

Action Plan: protect student from falling, call 911. Never put anything into the student's mouth.

Authorization for Treatment

I hereby give permission to Masconomet and Spaulding appointed personnel and emergency responders to provide first aid and emergency transportation to my child (named above) in the event of sudden illness or injury. In the event I cannot be reached in an emergency, I hereby give permission for my child's treatment by a physician, including hospitalization, as determined by an Emergency Department or other attending physician.

Date: \_\_\_\_\_

If